



La Vega ISD PAC/SHAC/SDFSC Committee Meeting
Parent Advisory Committee (PAC)
School Health Advisory Committee (SHAC)
Safe and Drug Free School & Communities (SDFSC)
Held In-Person November 02, 2023 ~ 11:30 am – 12:30 pm

Chairperson: Dr. Peggy Johnson

Members Present: Amy Winkleman, Grace Rodriguez, Jenna Buckner, Monica Arechiga, Patrick Shade, Sonia Lopez, Robert Glynn, Monica Zavala, LaToya Beavers, Maurea Crain, Yesenia Lizama, Brandy Stratton, Courtney Smith, Robert Arcehiga, Blanca, Escobedo

Other(s) Present: Andrea Montoya (Minutes), Dr. Sharon Shields, Richard Lopez

Dr. Johnson called the meeting to order at 11:30 AM.

Welcome

Ms. Beavers had members of the group introduce themselves and what position they held within the committee.

Discussion Items

- Dr. Johnson discussed the current District Improvement Plan (DIP).

She explained the requirements from the federal government because La Vega ISD receives federal funds. She went through a slide explaining what the Vision in Action (VIA) Committee is working on with the current DIP. Dr. Johnson expressed that these committees should be filled with parents, community members, and other diverse stakeholders to help improve the quality of education at La Vega ISD.

Dr. Johnson stated that in her experience in education when you have parents involved in their child's education they learn better. The goal is to inform parents how to be involved, they then want to be involved and feel welcomed.

There was a pause for questions or comments.

Ms. Beavers then called Monica Zavala to discuss Parent Family Engagement.

- Ms. Zavala went over a handout with the group. She highlighted some activities that she and Ms. Drafaehl are working on for the year. Ms. Zavala gave the group a task to invite one parent in the next two weeks to the next SHAC meeting. She gave some tips on making parents feel more comfortable and welcome.

Ms. Beavers then discussed Student Services Activities.

- Ms. Beavers divided the committee into three groups and had them play a game "The Journey of the Egg." Group members had to put in order 6 different cards of the egg or sperm cycle. She said this is one activity they do with their students after a lesson. She said they discuss appropriate touch and the right to say NO. Ms. Beavers said she encourages every student to go home and discuss what they have talked about in class with a trusted adult.

Ms. Beavers called Rich Lopez to discuss Telehealth.



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- Mr. Lopez from Waco Family Medicine discussed Telehealth in La Vega ISD.
 - He stated that WFM will not turn down a family with no insurance or low income.
 - He went over the benefits of TeleHealth and how it can also be used for Mental health or behavioral problems.
 - He gave the group a phone number 313-4610 and encouraged them to send students needing medical, dental, or mental health assistance to them.
 - Dr. Shields asked Dr. Johnson to share more about the TeleHealth program.
 - Dr. Johnson explained that a sick child would be sent to the nurse and the nurse could then set up a Zoom health appointment with a Dr. some things cannot be diagnosed over Zoom but they are encouraged to send the parents or families to the clinic.
 - Dr. Johnson also shared that in the summer months, children and families are welcome to continue health benefits in the office.

Ms. Beavers paused for questions or concerns.

Mr. Robert Archiega questioned why parents were notified of a mass evacuation drill in the upcoming months and what the purpose of that was.

Dr. Shields, Superintendent, stated that safety at La Vega ISD is the number one priority. She informed the group that this is a drill for evacuation, to practice in case there was ever a reason we needed to evacuate. The district would have the experience and knowledge of what to do, after the drill they discuss what worked and what needs improvement.

“We take safety very seriously around here”- Dr. Shields.

She stated that we would rather be proactive rather than reactive. Dr. Shields encouraged all parents with questions of that nature to always call the school and request to speak with the Principal or assistant Principal who can discuss the reasoning behind any drills that are being presented to students. She thanked Mr. Archiega for his questions.

Ms. Beavers asked if there were any additional questions.

She informed the group of the next upcoming meeting.

The meeting was adjourned at 12:25 p.m.