






Chartwells School Dining Services: Rochester Elementary Schools Lunch Menu January 2024

A full student lunch includes a choice of entrée supplying protein and grain, 3/4 cup vegetable side dishes, 1/2 cup fruit side dish, and milk.

Milk choices include 1% white and 1% chocolate.

Delta Kelly and Baldwin



Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 No School	3 No School	4 No School	5 No School
8 WG Pancakes with Syrup Scrambled Eggs Fruit & Veggie Bar	9 WG Cheese Quesadilla Seasoned Black Beans Fruit & Veggie Bar	10 WG French Bread Pizza Seasoned Potato Wedges Fruit & Veggie Bar	11 Global Eats! WG Popcorn Chicken w/ Sweet & Sour & Fried Rice Roasted Carrot Coins WG Fortune Cooke 	12 WG Classic Cheese Pizza Seasoned Green Beans Fruit & Veggie Bar
15 No School 	16 Walking Taco (Beef) with Doritos Seasoned Pinto Beans Fruit & Veggie Bar	17 WG Boneless Chicken Wings Buffalo Ranch on Side Fluffy Breadstick Potato Smiles Fruit & Veggie Bar	18 WG Grilled Cheese Sandwich Seasoned Broccoli Fruit & Veggie Bar	19 WG Classic Cheese Pizza Seasoned Cauliflower National Cheese Day 1/20! Fruit & Veggie Bar
22 WG Pancakes with Syrup Scrambled Eggs Fruit & Veggie Bar	23 WG Pizza Crunchers with Dipping Sauce Crispy Tater Tots Fruit & Veggie Bar	24 Global Eats! Albondigas Con Arroz (Chicken Meatballs with Rice)  Fruit & Veggie Bar	25 Homemade Mac and Cheese with Fluffy Breadstick Seasoned Cauliflower Fruit & Veggie Bar	26 WG Classic Cheese Pizza Seasoned Peas Fruit & Veggie Bar
29 Waffles with Syrup Turkey Sausage Fruit & Veggie Bar	30 Nachos with Queso Blanco & Taco Meat (Turkey) Seasoned Pinto Beans Fruit & Veggie Bar	31 WG Popcorn Chicken Bites with Baked Potato & Gravy Fluffy Breadstick Seasoned Corn Fruit & Veggie Bar		
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk):				
Mondays B. Cereal Fun Lunch: WG Cereal, Yogurt Cup, WG Crackers & String Cheese C. WG Chicken Nuggets with WG Breadstick	Tuesdays B. Yogurt Parfait with Strawberreis & WG Granola C. Hot Dog (Beef) on WG Bun	Wednesdays B. Cereal Fun Lunch: WG Cereal, Yogurt Cup, WG Crackers & String Cheese C. Grilled Chicken Sandwich on WG Bun	Thursdays B. Yogurt Parfait with Strawberries & WG Granola C. Cheeseburger on WG Bun	Fridays B. Cereal Fun Lunch: WG Cereal, Yogurt Cup, WG Crackers & String Cheese C. WG Chicken Patty on WG Bun

A student must select 1/2 cup of fruit or vegetable to make a complete meal or a la carte pricing is applied.

QUESTIONS? CALL:

Food Service Director: Marsha Dziewit

Asst. Food Service Directors: Tamara Brazelton and Marci Flaherty

Questions? Contact Food Service Office: 248-726-4602

This institution is an equal opportunity employer.



This month's food focus is: The Great American RoadTrip
Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.



Alert



Calm



Confident



Smart



Strong

Meet the Moodies!



Happy

This Month's Fruit and Vegetable Bar Featured Selections: Apples, Oranges, Celery and Carrots Available Every Day

Monday	Tuesday	Wednesday	Thursday	Friday
January 1st-January 5th				
January 8th-January 12th				
Grape Juice	Chilled Peaches	Chilled Mandarin Oranges	Tossed Romaine Salad	Fresh Cut Seasonal Fruit
Craisins	Fresh Orange Wedges	Raisins	Chilled Pineapple	Chilled Mixed Fruit
Chilled Mixed Fruit	Chilled Peas	Fresh Baby Carrots	Fresh Pears	Sugar Snap Peas
Fresh Baby Carrots	Salsa	Fresh Apple	Broccoli Florets	Tossed Romaine Salad
January 15th-January 19th				
	Chilled Rosy Applesauce	Chilled Mixed Fruit	Tossed Romaine Salad	Fresh Cut Seasonal Fruit
	Salsa	Red Pepper Strips	Fresh Pears	Sugar Snap Peas
	Raisins	Chilled Mandarin Oranges	Cucumber Coins	Fresh Banana
	Celery Sticks	Broccoli Florets	Chilled Pineapple	Tossed Romaine Salad
January 22nd-January 26th				
Apple Juice	Salsa	Craisins	Chilled Peaches	Cucumber Coins
Cinnamon Bananas	Fresh Orange Wedges	Chilled Mandarin Oranges	Chilled Green Peas	Fresh Cut Seasonal Fruit
Broccoli Florets	Red Pepper Strips	Green Pepper Strips	Chilled Pineapple	Tossed Romaine Salad
Grape Tomatoes	Chilled Peaches	Fresh Baby Carrots	Tossed Romaine Salad	Chilled Cinnamon Applesauce
January 29th-January 31st				
Orange Juice	Salsa	Chilled Pineapple		
Craisins	Celery Sticks	Cinnamon Applesauce		
Broccoli Florets	Chilled Applesauce	Red Pepper Strips		
Grape Tomatoes	Raisins	Fresh Baby Carrots		