

DAISY Meeting 11/12/13

Members Present: Lisa Jones, Sue Ellen Cottle, Karen Levings, Bonnie Johnson, Sue Sloan, Janie Rouse, Lindsey Reaves, Beth Lanier, Danna Westerbeek, Maria Romero, Lawan Corbett, Lynn Pate, Angie Partin, Lauren Lewis, Kristen Riddle, Alice Bland, Edie Barfield, Karen Pacheco, Shelton Graham, Tom Fife, Jasmine Williams, Shawn Johnson, Darryl McCaster, Ben Thigpen & Dawn Smith

Welcome and approval of minutes:

Edie Barfield called meeting to order and welcomed everyone.

Minutes were read and approved.

Kristen Little a representative from the American Heart Association shared with DAISY that 10 of our schools participate in the American Heart Association's Jump Rope and/or Hoops for Heart fundraiser every year. The American Heart visits all of our schools to share educational material with the students. Last year these schools raised about \$24,000.00.

Lindsey Reaves reported on the CFST program.

CFST reg. meeting will be on Friday, Nov. 15th.

Data collection is moving along and we are still waiting to hear from Duke to see if they will be working with the CFST Data.

Maria Romero, Duplin County Health Department - presented information about the Care Coordination for Children Program (CC4C) which is an at-risk population management program that serves children from birth to 5 years of age who meet certain risk criteria. The main goals of the program are to improve health outcomes and reduce costs for enrolled children. This program links families to services within the county that the family may not be aware of. Referral forms and the referral process was discussed. Participation is the free program and voluntary. A similar program OBCM-Obstetric Care Management was also discussed. This model serves mothers-to-be who are eligible for Medicaid and at-risk for poor health outcomes or are having high risk pregnancies.

Lisa Jones-Heath and PE Teacher shared a copy of the Post Survey for the Making Proud Choices! Program. The Making Proud Choices! program presents abstinence as the best way to avoid HIV, other STDs, and pregnancy. The program also discusses condom use as an important option for reducing risks for sexually active teens. Other key messages are that participants should be proud of themselves and their community and that they should consider how taking risks today could prevent them from attaining their future goals. Ms Jones asked the group to review the wording for Question # 8 on the survey. The committee felt that the survey needed to remain as written.

Ben Thigpen, Director of Support Services (DCS) reported that the Move to Improve walking program for staff members is going great. He reported that 89,400.00 miles were walked over the last month and that 50-60 % participation rate in all of our schools. Dr. Thigpen commended the Nurses and Social Workers for making this happen and thanked them for their hard work.

Sue Ellen Cottle, RN Lead School Nurse commented that the Mighty Milers walking program for the students began on Nov. 1st for Kindergarten through 5th graders. Schools will be tracking how many miles participants walk in the Mighty Milers database. Various incentives are available when goals are met. Each elementary school has at least 50 students participating at this time. At the end of the school year there will be a celebration for the students who have participated.

Belinda King, RN (DCS) –reported on Project Lazarus which is a coalition of different county wide agencies who are meeting to address prescription drug abuse issues and concerns within our county. Mrs. King is hopeful that meeting together will allow agencies to collaborate more productively to combat prescription drug abuse in our adolescent population.

Agency Sharing

Karen Pacheco-DC Partnership for Children reported that the Coat Project will be taking referrals until Nov. 22nd. She stated that everyone is eligible. Packets detailing the program and a referral form were distributed. They will be glad to take any new or slightly used coats at this time. She also stated that they would be sponsoring a food and clothes bank drive to help replenish the local agencies in the spring.

Jasmine N. Williams shared that Red Ribbon Week was a success. 12 schools were contacted and 4975 students participated. This was an increase of 2000 plus from last year.

Sue Ellen Cottle, RN Lead School Nurse for DCS gave an update of the activities within the school system:

- Staff Walking Program in progress

- Student Walking Program in progress

- Staff Wellness -Vidant providing free blood sugar screenings for staff in

Nov

- School nursing positions at EES & WARE will be filled pending Board approval tonight

- The NC Asthma Alliance program will provide staff development for school nurses on – 12/11

- Vision and hearing screenings have been completed and nurses are in the process of completing referrals and securing care for identified students

Sue Sloan, School Nutrition Program - Concerns were expressed about the school breakfast menu options. A representative from Pre-K felt that some of prepackaged menu options are very high in both sugar and carb content. BMIs are monitored in the Pre-k program. For example, 21 out of 54 or 39% of Pre-K students at one of the pre-k sites have BMIs greater than the 85 percentile making educating them on healthy food choices a priority. A question was raised about whether the transition to universal free breakfast is affecting the quality and the kinds of menu options that are now available at breakfast. Additional concerns were expressed regarding not having a menu choices both at breakfast and at the lunch meal. The School Nutrition Director answered that they do have other choices and the staff have access to the menus and can choose other items. Mrs. Sloan also answered that the school's food vendors do not offer food fairs anymore where products could be sampled to determine possible new menu items.

Laren Lewis -advised the group that the Duplin Co. Health Depart. does accept referrals for children up to 18 years old who have been identified as being overweight and obese. A team approach which includes nutrition information is offered to participants. For more information contact Duplin Co. Health Dept.

Lawan Corbett, Vocational Rehab reported that they have a program that requires the student participants to complete community service volunteer hours in order to learn job skills. She is seeking to collaborate with Duplin County organizations to identify sites for the students to meet this requirement. Student can earn up to \$80 a week and their pay is based on their job performance reports.

Lynn Pate reported that they had received their Wii Fitness system at NDE and they are in the process of unpacking the boxes and getting it setup and operational. Funding for the program was made possible by Vidant.

Tom Fife, Vidant, reported that the Community Benefit Grants Program Letters of Intent are due by 11/22/2013. This process is completely online this year and can be accessed at the Vidant website. Program goals have been adjusted, some based on the community assessment.

Next Daisy meeting with Jan 14th here in the Board Room.

Meeting is adjourned.