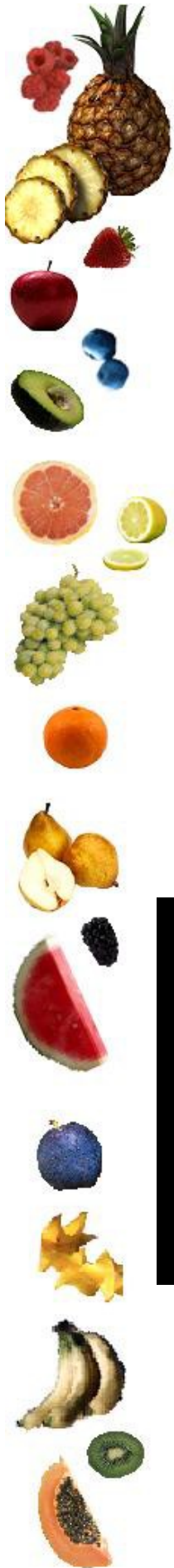


Grape Tomatoes



When Grape Tomatoes first hit the market in the late nineties, they were a novelty available only in specialty food stores. But it didn't take long for people to fall in love with these tiny, tasty treats. Grape tomatoes have a sweet flavor, a firm texture, and less juice, so there's no need to worry about any squirting when you bite into one. Averaging between one-half and three-quarters of an inch in length, they're perfect for popping whole into your mouth like candy, which is probably why kids like them, too! They are low in calories and high in vitamin C, potassium, antioxidants, and lycopene, so what's not to like?!

*Did you know
the tomato is a
fruit and not a
vegetable?*



The early Aztecs (700 A.D.) named the small yellow-pink fruit 'xitomatl' (pronounced zee-toe-ma'-tel), meaning "plump thing with a navel".

Fun Facts

- Originally developed in the 1990's, these tiny tomatoes have become popular because of their sweetness and one-bite size.
- Some varieties of grape tomatoes are named Elfin, Rosalita, and Sprite.
- The very first tomatoes of this type are thought to have been grown in Southeast Asia.
- Originally tomatoes were considered poisonous by Europeans. It was thought if you ate a tomato, its poison would turn your blood to acid—aren't we glad that turned out to be just a myth!