



LEWISTOWN PUBLIC SCHOOLS
Lewistown Community Resources 2023-2024

ORGANIZATION	GENERAL INFORMATION / WEBSITE	PHONE NUMBER	ADDRESS
FOOD			
Central Montana Community Cupboard	<p>The Central Montana Community Cupboard exists to collect and distribute food to families and individuals facing emergency situations. Our policy is to provide adequate food for three days' sustenance. Our friends can use this assistance up to six times each six month period. Our store hours are Monday-Friday from 9:00 am till noon and Thursday night from 5:30-8:00 pm.</p> <p>https://www.centralmontanacommunitycupboard.org/</p>	(406) 535-2015	318 W Broadway St. Lewistown MT 59457
CLOTHING			
St. Leo's Church	<p>Coat Closet – provided one coat per person per one time per year. Hours may vary.</p> <p>https://www.stleoscatholicchurch.org/</p>	(406) 538-9306	102 W Broadway St. Lewistown, MT 59457
HEALTH			
Central Montana Medical Center	<p>From outpatient surgery, to rehab, to home-care, CMMC offers a full spectrum of health care services with state-of-the-art equipment and a professional, caring medical team on-hand.</p> <p>https://www.cmmc.health/services/</p>	(406) 535-7711	408 Wendell Ave. Lewistown, MT 59457
Fergus County Nurse's Office	<p>Provides immunizations for children and adults.</p> <p>http://www.co.fergus.mt.us/nurses-office</p>	(406) 535-7433	712 W. Main St. Suite #102, Lewistown, MT 59457-2510



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Health Department – Family Planning	<p>A Title X Family Planning Clinic who strives to provide non-judgmental reproductive healthcare in a confidential, compassionate environment for the men, women and teens of Central Montana regardless of age or income.</p> <p>https://co.fergus.mt.us/health-department-family-planning</p>	(406) 535-8811	300 1st Ave. North, Suite 202, Lewistown, MT 59457
Montana Mental Health Nursing Care Center	<p>Licensed mental health, nursing care facility, providing nursing, social services, support services, and more.</p> <p>https://dphhs.mt.gov/healthcarefacilities/mmhnc/</p>	(406) 538-7451	800 Casino Creek Drive, Lewistown, MT 59457
OneHealth Lewistown	<p>This is a community-based, outpatient primary health care center designed to serve the whole communities of Fergus County. Services include primary care, behavioral health resources, obstetrics, dental, and a pharmacy.</p> <p>https://www.onechc.org/lewistown</p>	(406) 535-6545	311 West Main St. Lewistown MT 59457
Salvation Army	<p>Assistance with medical travel expenses and emergency medical expenses. Can also help with other emergency situations such as housing and utilities.</p>	(406) 366-2982	
SAVES, Inc. (Spouse Abuse Victim Emergency Services)	<p>Provides a hotline for victims of domestic and sexual abuse, safe homes, referral, and advocacy. Also maintains an outlet for physical resources.</p>	<p>(406) 535-2303 (800) 535-2303</p>	505 W. Main St. #405 Lewistown, MT 59457
SCL Health	<p>This location offers family medicine, geriatrics, internal medicine, pediatric care, and primary care.</p> <p>https://intermountainhealthcare.org/locations/lewistown-clinic-family-medicine</p>	(406) 535-7070	70 Cattail Dr. Lewistown, MT 59457



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MENTAL, EMOTIONAL, & BEHAVIORAL HEALTH			
Aspen Assessment & Counseling Services	Dual license for mental health and substance use disorder. Adults and adolescents over age 12. Anger management, offender intervention program (for male batterers), turning points (for female batterers), and thinking for a change (for individuals on probation). Substance abuse assessments and outpatient treatments. Referral for inpatient treatment, continuing care/relapse prevention, and DOT violation assessments. Peggy Albee, LCPC, LAC, CART, NCAC-1, SAP, MHPP, CRC Jenni Strnad, PCLC, LAC	(406) 366-4134	505 W Main St, Suite 316 Lewistown, MT 59457
Be Balanced Counseling	Couples and adults, anxiety, depression, self-care, phase of life concerns, stress, burnout workplace stress, relational/family stress, or looking for deeper self-reflection. Katie d'Autremont, MS https://bebalancedcounseling.org/	(406) 707-0041	Telehealth only.
Christine Tremain, LCPC	Treatment of trauma in the body resulting in anxiety, panic or post-traumatic stress, depression, grief, and disconnection, perfectionism, codependency, and addiction. https://www.christremain.com/	(406) 366-1828	Telehealth only.
CMMC Behavioral Health	The behavioral health department's mental health services can help you discover workable solutions to the problems that affect you and your family's health and	(406) 535-1515	310 Wendell Ave, Suite 202, Lewistown, MT 59457



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	<p>well-being. Timely and cost-effective assistance for people who need counseling and personal or family support is offered by mental health professionals and care coordinators without a need for referrals.</p> <p>Becky Nachtigal, PMHNP https://www.cmmc.health/service/behavioral-health/</p>		
Cornerstone Counseling	<p>Children, teens, adults, play therapy, grief/loss, relationships, depression, anxiety, & trauma therapy. Eye Movement Desensitization & Reprocessing (EMDR) trained. Faith-based if desired. CMMC employee assistance program provider.</p> <p>Monica Braulick, LCPC</p>	(406) 380-2258	Telehealth only
Cottonwood Counseling	<p>Teens and adults. Trauma therapy, depression, anxiety, grief/loss, trauma therapy, EMDR and TF-CBT trained. Faith based.</p> <p>Teresa Majerus, LCPC Kimberly Kristoff, Registered Mental Health Intern</p>	(406) 350-0016 / (406) 350-3637	
Counseling Associates	<p>At Counseling Associates, we provide a safe and supportive environment for our clients to receive individual and group therapy. Our goal is to help our clients through their own personal journey. We offer various treatment approaches for all areas in your life.</p> <p>Deanna Stevenson, LCPC Lisa Gilbert, LCPC Megan Assenmacher, LCPC https://www.counselingassociatesmt.com/</p>	(406) 535-5990	505 W Main St. Suite 225, Lewistown, MT 59457



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Deborah Hayes Therapeutic Services	Deborah is a Licensed Clinical Professional Counselor who brings many years of professional therapeutic services to her Telemed practice. She specializes in treating anxiety, depression, stress, and trauma including PTSD. By focusing on a whole body and nervous system integrative approach Ms. Hayes uses CBT, DBT, EMDR and Somatic Experiencing approaches. As a PATH professional member, in warmer months, she offers Equine Assisted therapy on a case by case basis.	(406) 350-0928	Telehealth only
Mental Health Center	Mental health and chemical dependency services are available to adults and teens in private and group settings. LAC services and telehealth are available as well as ACT Class. Adults, couples and individuals 18 years old and up. Depression, anxiety, trauma. Trained in EMDR, and cognitive behavioral therapy. Wendy Goffena, LCSW Gerri Gremaux, LAC https://mhcbillings.org/locations/	(406) 538-7483	212 Wendell Ave. Lewistown, MT 59457
OneHealth Integrated Behavioral Health Services	These services promote mental health, resilience, and well-being; the treatment of mental and substance use disorders, and the support of those who experience and or are in recovery from these conditions, along with their families and communities. Patients ages 5 and older are accepted for in-person or virtual behavioral health appointments. Ty LaFountain, Peer Support Specialist Amanda Reininger, Youth Prevention Specialist Julie Kirsch, LAC Melody Lark, LCPC	(406) 535-6545	311 W Main St. Lewistown, MT 59457



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	Chelsea Solberg, RN https://www.onechc.org/behavioralhealth		
Passages to Peace	Dual License for mental health and addiction. All ages and diagnoses. Post-traumatic stress disorder, co-dependency, grief, counseling, pain management, domestic violence, anger management, sports enhancement, and sexual assault/abuse. EMDR Trained. Substance abuse counseling and evaluations. Lance Eller, LCPC, LAC, MHPP	(406) 535-6614	
Renewed Hope, LLC	State-approved addiction treatment provider, treating adults with a recovery oriented approach to care. Recovery is not a one-size-fits-all and Laurie will help you find the path that's right for you. Laurie Sweeney, LAC	(406) 707-0735	
Roots Counseling, LLC	Adults, adolescents, and children coping with a variety of mental health issues related to family violence, depression, anxiety, poverty, divorce, substance abuse within families, grief, loss, and other behavioral difficulties. Kelli Berg, LCPC	(406) 707-0233	
Yellowstone Boys and Girls Ranch (YGBR)	A nonprofit organization specializing in mental health care for children and their families, as well as other services such as a clothing closet. https://www.ybgr.org/programs/community-based-services/program-locations/975-2/	(406) 535-4418	481 Lower Airport Road, Lewistown MT 59457



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CHILD SERVICES			
Boys and Girls Club	<p>Inspires and enables all young people, especially those from disadvantaged circumstances to realize their full potential as productive, responsible and caring citizens. Snacks and meals provided. Hours: Monday thru Friday after school; 7:50 am to 5:10 pm non-school days. Limited scholarships available.</p> <p>https://bgclublewistown.com/</p>	(406) 535-2257	134 Park St. Lewistown, MT 59457
Human Resources Development Council (HRDC)	<p>Provides a wide variety of services, including rental assistance, child care food program, employment and training, Women-Infant-Children (WIC) program, emergency services and child care assistance, and referrals.</p> <p>http://www.hrdc6.org/</p>	(406) 535-7488	300 1st Avenue N. Suite 203 Lewistown, MT 59457
Inspire Pregnancy Outreach Center	<p>We are committed to helping women and men who may be facing an unexpected pregnancy or are struggling in life while pregnant by mentoring, training, and coaching. All of our services are confidential and free, regardless of income level.</p> <p>https://inspireoutreachcenter.org/</p>	(406) 535-3511	108 6th Ave N. Lewistown, MT 59457
Klovstad Child Care	<p>Licensed childcare provider.</p> <p>Facebook: Klovstad Child Care</p>	(218) 298-1130	418 W. Virginia Lewistown MT 59457 (home-based)
Lewistown Public Schools	<p>Information about our school district can be found at the district office.</p> <p>https://www.lewistown.k12.mt.us/</p>	(406) 535-8777	215 7th Avenue S. Lewistown, MT 59457



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Montana Childcare Alliance	Do not provide direct services, but support childcare services and provide information. www.mtchildcarealliance.org	(406) 366-4777	
Play World Childcare	Group-based childcare facility.	(406) 380-0654	Corner of 1 st and Brassey Lewistown MT 59457
Small Wonder	Small Wonder is helping develop the next generation of Central Montanans through high-quality child care. Our innovative approach is centered on child development and education. https://smallwonderchildcare.org/	(406) 538-8936	512 W. Broadway Lewistown, MT 59457
Woodland Friends Playschool	A licensed childcare facility that meets the needs of children from ages 1 through 5 Facebook: Woodland Friends Preschool	(406) 366-0132	Corner of 5 th and Boulevard Lewistown MT 59457

FINANCIAL

Fergus County Office of Public Assistance	Economic assistance through TANF, FAIM, SNAP, Medicaid, and others. https://dphhs.mt.gov/hcsd/officeofpublicassistance	(406) 538-7468	312 Birch St. Lewistown MT 59457
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RELIGIOUS SERVICES

Central Montana Pastor's Fellowship	Association of pastors who meet needs as needed.	(406) 366-1472	103 12th Ave. S. Lewistown, MT 59457
Celebrate Recovery	Celebrate Recovery is a 12-step Christ-centered program that works with individuals struggling with any Hurt, Habit,	(406) 535-7095	515 7th Ave. N. Lewistown, MT 59457



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	<p>or Hang-ups, including: the need to control alcohol, pride, divorce, drugs, rage, resentment, relationships, guilt, overworking, overeating, lying, fear, procrastination, anxiety, grief, shame, hurt, pornography, depression, codependency. Meeting times vary.</p> <p>https://www.ltlife.org/celebrate-recovery</p>		
Ministerial Association	Association of pastors who meet needs as needed.	(406) 538-5151	

OTHER SERVICES			
Cares Portal	<p>This portal can provide a variety of resources to students and their families. To make a request, please contact the school counselor for your child's school.</p> <p>https://www.careportal.org/</p>	<p>(406) 535-2366 (406) 535-2555 (406) 535-2811 (406) 535-5419 (406) 535-2321</p>	<p>Garfield Highland Park Lewis and Clark Lewistown JH Fergus HS</p>
Central Montana Shuttle	<p>The Fergus County Council on Aging provides a variety of transportation services.</p> <p>https://www.fccoa.net/services</p>	(406) 535-7486	307 W Watson St, Lewistown, MT 59457
Fergus County Local Advisory Council	<p>The FCLAC seeks to promote mental health wellness and improve accessibility to services in Central MT.</p> <p>https://co.fergus.mt.us/local-advisory-council</p>	406-794-6625	712 W Main, Suite 110 Lewistown, MT 59457
Fergus County Sheriff's Office	http://www.co.fergus.mt.us/sheriffs-office	(406) 535-3415	121 8th Ave. South Lewistown, MT 59457
Job Service MT	<p>Provides tools to help Montanans seek employment.</p> <p>Facebook Page: Job Service Lewistown</p>	(406) 708-7024	773 Airport Rd. Lewistown, MT 59475



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Lewistown Police Department	https://lewistownmtpolice.com/	(406) 535-1800	305 W Watson St. #2, Lewistown, MT 59457
Lewistown Public Library	Offers youth and adult programs. https://lewistownlibrary.org/	(406) 538-5212	701 W. Main St. Lewistown, MT 59457
Love INC	We cooperate with churches, community agencies, other nonprofits, and community businesses to provide effective help for anyone facing a tough time. By speaking with individuals on the phone, we hope to hear their story and verify their need, then prayerfully discern how best to meet that person where they're at. https://heartofmontanaloveinc.org/	(406) 535-5683	214 West Main St. Suite 207 Lewistown, MT 59457
TORCH Recovery Center	Local non-profit organization whose primary mission is to support people in or seeking recovery from substance use disorders as well as their loved ones. https://torchlewistown.org/	(406) 538-6724	517 W Janeaux Lewistown MT 59457
Your Neighbor Cares	We are a non-profit organization that relies on neighbors in Lewistown and surrounding areas to fulfill requested needs. https://yourneighborcares.com/	(406) 366-4596	P.O. Box 3672 Lewistown, MT 59457
Other Resources	https://www.hrdc6.org/content/docs/Referral_Guide_2023.pdf https://co.fergus.mt.us/images/local-advisory-council/FergusCtyLAC-ResourceList.pdf		