



**CARROLLWOOD DAY SCHOOL
ELEMENTARY COED TRACK & FIELD
2024**

Dear Parents,

Your child is interested in participating in the elementary coed track & field program. The elementary coed track & field program is for 1st & 2nd grade and 3rd-5th grade students. The season starts March 4 and ends May 9. Coach Tippett and Coach Hawkins will be the coaches and they are also the middle school track coaches. The events we will cover are sprints, mid distance, relays, standing and running long jumps, shot put and discus (3rd-5th). We will finish the season with a track meet placing top 3 boys and top 3 girls in each category.

There is a \$150.00 athletic fee to participate in coed track & field. SIGN UPS are through Veracross. Please wear CDS appropriate workout shorts and shirt with tennis shoes. The athletes will receive a dry fit athletic shirt during the season. The dry fit shirt can be worn to practice or to school on Spirit Day Friday. Track & Field will be on south beach and the Pavilion. Pick up for track will be the elementary carline.

In order to participate in coed track & field students and parents should understand eligibility requirements and information.

- Athletes must demonstrate a cooperative, motivated, well-behaved spirit in all school areas.
- Our goal is developing skills, teamwork, good sportsmanship, and having fun!
- **TeamSnap is the way that CDS athletics communicates with the teams. You will receive an invitation to TeamSnap. Please download the app and accept the invite.**

3rd-5th Grade Coed Track & Field Schedule Practice time: 3:30-4:30

March 4, 5, 18, 19, 25, 26,

April 2, 8, 9, 15, 16, 22, 23, 29, 30

May 6

1st-2nd Grade Coed Track & Field Schedule Practice time: 3:30-4:30

March 6, 7, 20, 27, 28,

April 3, 4, 10, 11, 17, 18, 24, 25

May 2, 8, 9

Please pick up your athletes at the elementary carline at 4:30 pm. Athletes who are not picked up within 10-15 minutes of the designated pick-up time will be signed into *After Care*. A parent/guardian must pick them up from *After Care*. There is a separate hourly fee for *After Care* and you will be billed at the end of the month.

We look forward to a super season! Thanks for supporting our elementary athletic program.

Nayda Hawkins

Elementary A.D./PE Teacher

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