

2023–24 Profile

Information for college admission offices, September 2023

Important information about the NMH transcripts for 2023–24:

- All classes for the 2023–24 academic year are listed on the transcript. They will be populated with grades at the end of each semester.
- You will find a student’s unweighted cumulative GPA on the transcript in bold beneath their name and address, in the upper left-hand corner.
- For the academic year 2020–21, due to COVID-19, NMH moved to a trimester model, with each student taking the equivalent of two full-year classes each trimester.

Please call or write with questions: 413-498-3434

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Key Points

- The front side of our transcript shows a student’s work in major academic courses; the bottom-front or reverse side shows other activities, including athletics, cocurriculars, and academic honors and awards.
- GPAs are calculated at the completion of each semester and at the end of each academic year. Grades are not weighted.
- Mid-year reports include final fall semester grades and are released in late December.
- NMH has transitioned away from AP courses. Our Advanced Scholars Program offers courses at the AP level and beyond (500- and 600-level).
- Every student is required to have successfully taken classes in the arts and in religious studies and philosophy in order to graduate.
- Students and families may not choose the semester in which courses fall.

Overview of NMH

Northfield Mount Hermon is an independent, coeducational boarding school for grades 9–12 and the postgraduate year. It is accredited by numerous educational associations, including the New England Association of Schools and Colleges. NMH has 630 students (including 101 day students), with a senior class of 195 (including 31 postgraduates). International students make up 23% of the student body.

The school was formed by a merger in 1971 of the Northfield School for Girls (founded in 1879) and the Mount Hermon School for Boys (founded in 1881). True to the legacy of founder D.L. Moody, who educated a diverse

group of students and encouraged the development of a spiritual life, NMH provides students with a world-class education and instills the values that will guide them through their lives.

The school fosters academic excellence and intellectual engagement with an accomplished faculty. There are 80 full-time teaching faculty with an average of 19 years of teaching experience; 63% of them hold advanced degrees.

Our rigorous curriculum consists of 170 courses, including advanced-level courses in each department. NMH has exceptional facilities and resources that rival those at many colleges.

In the Class of 2023, 100% of students who applied to four-year colleges and universities were accepted. Graduates of NMH enroll at more than 100 institutions each year. Every year, a few students decide to pursue alternative paths, such as athletics, certificate or training programs, the military, or employment.

Schedule and Curriculum

NMH uses a semester block calendar, with semesters ending in mid-December and late May.

Students take the equivalent of three major classes each semester, for a total of six credits over the course of a year. Most one-semester courses are yearlong equivalents, each earning one credit. There are several half-credit courses, offered primarily in the arts, English, and religious studies and philosophy. Students may petition for an increase of one half-credit course per semester.

All courses are college-preparatory. Seniors who have exhausted the relevant curriculum can make a proposal for a capstone project. All students participate in our workjob, athletic, artistic, and cocurricular programs.

Academic Program and Diploma Requirements

All NMH courses are taught at the college-preparatory level. The minimum diploma requirements are:

- 4 years of English.
- 3 years of mathematics.
- 2 years of world language through level 2.
- 2 years of lab science (including one year of biology).
- 2 years of history and social science (including one year of U.S. history).
- Courses in the arts, religion, and philosophy (requirements vary with years at NMH).
- Participation in physical education and athletics.
- Contribution to NMH's work program.
- Students must earn a minimum of 22 credits to graduate.

NMH Advanced Program

NMH stopped offering AP courses beginning with the 2022-23 academic year. Instead, we have developed the NMH Advanced Scholars Program, designated by a course number of 500 or 600 on the transcript. These courses allow students to complete rigorous, college-level coursework. Students apply advanced content knowledge using relevant, real-world skills in project-based assessments. These courses emphasize interdisciplinary study, equity and inclusion, and student-centered learning. The program also extends beyond traditional disciplines to include more tailored learning experiences through the Rhodes Fellowship Program in Social Entrepreneurship, the capstone program, and independent studies.

Advanced Courses

Number of advanced courses available by subject area:
English: 2; Performing arts: 1; Visual arts: 3; History/social science: 5; World languages: 8; Mathematics: 7; Science: 7

The Student's Voice

While many departmental and programmatic features of NMH are highlighted, the signature feature of our school is the power and influence of the student voice. Individually and collectively, students treat each other, faculty, and staff with respect, and they expect the same in return. Most faculty members encourage students to call them by their first names. While this may seem like a symbolic gesture, it represents the responsibility we give students to own their education.

We try to instill in students the idea that each one of them will make a difference in college and in life, just as they do at NMH. We ask that they believe in their own capability to be meaningful and contributing members of the NMH learning community.

Signature Features of NMH

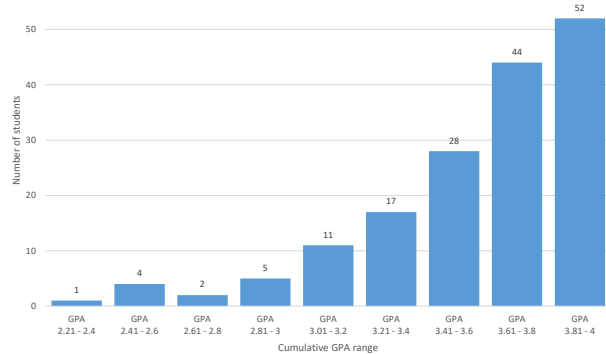
Multicultural Education

NMH has a long tradition of diversity and inclusion, which we believe is one of our strengths and essential to excellence. Since its founding, NMH's mission has

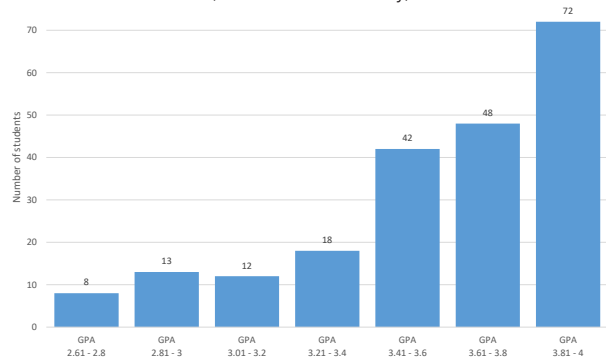
2022-23 Distribution of Grade Averages

The grade average distribution is cumulative only by year. The distributions for the junior and senior/postgraduate classes in 2022-23 are shown here.

Junior GPA Distribution 2023
(Grades from NMH only)



Senior and Postgraduate GPA Distribution 2023
(Grades from NMH only)



AP Exam Results

Because NMH's Advanced Scholars Program stresses the importance of process rather than the end result, students may or may not elect to sit for the AP exam.

been to provide an education for the head, heart, and hand for qualified students from a range of identities and backgrounds. Our earliest graduates came from across the nation and globe.

NMH explores a yearly theme centered on social citizenship. There are more than 15 cultural and religious affinity groups on campus to support our students' diverse identities. In collaboration with departments across campus, the dean of equity and social justice is responsible for leading the school's work around inclusivity and belonging.

In 2014, the Diversity and Social Justice (DSJ) course was added to our 10th-grade curriculum. All sophomores take the class, which seeks to build awareness about self and others and the importance of taking steps to reduce biases. In addition to the 10th-grade seminar, all students have opportunities in academic, residential, and advisory spaces to take up topics of local, national, and global importance.

The Visual and Performing Arts

NMH has a rich artistic tradition. We have a challenging academic curriculum in the arts, including academic and cocurricular courses in dance, music, theater, drawing,

painting, design, photography, video, ceramics, and sculpture. Students may participate in the school's 10 musical performance groups, two dance companies, or multiple theater productions, or on the design and production teams.

The Rhodes Arts Center is one of the finest arts facilities in New England. Many alumni have distinguished themselves in college and in the professional world with the foundation laid at NMH.

Athletics

NMH provides our students with one of the broadest and most inclusive athletic programs in the nation while competing in the highly competitive New England Preparatory Schools Athletic Council (NEPSAC).

We offer 32 varsity sports, with opportunities for students at all levels to participate in athletics. NMH has claimed recent New England championships in alpine skiing, basketball, cross-country, track and field, ultimate, volleyball, soccer, and wrestling.

Each year, 22-25% of our graduating students go on to compete in NCAA collegiate athletics.

Sustainability

NMH has a long tradition of employing sustainable practices.

We serve our own farm products in the dining hall, and the dining services staff buys local and organic food and plans seasonally sensitive menus. Our faculty members include sustainable principles throughout the academic curriculum.

The 63,000-square-foot Rhodes Arts Center is LEED gold-certified, while the Gilder Center, home to our math and science programs, was designed to meet the strict sustainability standards of the global "2030 Challenge." In 2016, NMH converted to biofuel to heat its buildings. This, along with a campuswide commitment to reducing our carbon input, has reduced NMH's carbon footprint by 75% since 2005.

Student Ecoleaders organize and run campus sustainability programming to educate the community about best practices. NMH was one of three founding schools of the Green Cup Challenge, an interscholastic challenge to reduce electricity consumption. Now in its 14th year, the challenge has been adopted by hundreds of schools domestically and abroad. NMH hosts a Food Systems Teach-In and Farmers' Market that brings more than 40 local farms, restaurants, food banks, and food distributors to our campus each spring.

The NMH Workjob Program

Our "workjob" program is designed to teach responsibility and foster appreciation for the value of labor. All students at NMH are required to spend three hours each week contributing to the operation of the school in more than 40 areas, including the library, the dining hall, student residences, and the farm. Our graduates express genuine appreciation for the program as they look back on their experiences.

Spiritual Life

Religious studies and philosophy courses at NMH are academic, interdisciplinary, and nonsectarian rather than devotional. The spiritual life culture outside of the NMH classroom is pluralistic and supportive of religious and spiritual diversity. There are numerous religious and spiritual life groups and an interfaith council that encourages students to share with authenticity and respect for others.

Off-Campus Study

NMH offers opportunities for students to engage in enriching travel programs, both internationally and domestically.

Our travel programs are aligned with our mission and values of inclusivity, learning for life, and service. Cultural exchanges, academic opportunities, and service learning are integral to the experience. Our programs are designed around a variety of topics, such as the arts, literature, history, religion, world languages, and environmental, socio-economic, and political issues. In the 2023-24 academic year, students will have the opportunity to travel to Brazil through the sophomore interdisciplinary academic program, to Belize for a March break service trip, or to Peru for Spanish-language immersion.

Social Entrepreneurship Program

The Rhodes Fellowship Program in Social Entrepreneurship is a competitive program in which selected students work collaboratively for their entire junior year, researching and considering social issues through a systems approach. The course culminates in a proposal to develop a social enterprise that offers innovative solutions to specific social issues. In the second year of the program, students may elect to continue the development of those enterprises. Students work with community partners to fully implement their proposals, considering factors such as the scalability and sustainability of their enterprises.

Capstone Program

Seniors may engage in an intensive independent capstone project to pursue an advanced area of interest not typically available in the curriculum. Capstone projects culminate with a tangible product that serves as the final assessment. Student performance is evaluated and graded by a panel of faculty on a high pass/low pass/fail basis. In general, capstone projects are inquiry-based, experiential, and/or interdisciplinary in nature.

Reporting Discipline to Colleges

NMH maintains and benefits from relationships with other institutions of learning based on openness and trust. When a college or university asks on the admission application about a student's disciplinary history during their high-school career (grades 9-12/PG), students must answer the question honestly in a written statement to the admission office. We encourage students to share their statement with the college counseling office prior to sending it to colleges.

Awards, Honors, and Leadership

On the back of the transcript, certain student accomplishments and responsibilities are listed. The Moody Award recognizes outstanding preparation and engagement in all areas of school life. This award was suspended for the 2020-21 academic year. Honors, High Honors, the Dean's List, and the Head of School's List are academic honors.

College Matriculation (2018-2023)

Northfield Mount Hermon graduates attend a wide range of colleges and universities, across the United States and abroad. Each year, members of the graduating class enroll at more than 100 institutions.

Over the past five years, our students have enrolled at schools including:

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| American University | Georgia Tech University | Rhode Island School of Design | University of Illinois Urbana-Champaign |
| Amherst College | Georgetown University | Rice University | University of Massachusetts Amherst |
| Babson College | Gettysburg College | Rochester Institute of Technology | University of Miami (Frost School of Music) |
| Barnard College | Greenfield Community College | Rutgers University - New Brunswick | University of Michigan |
| Bates College | Harvard College | Santa Clara University | University of New Hampshire (Durham) |
| Bentley University | Harvey Mudd College | Savannah College of Art and Design | University of North Carolina at Chapel Hill |
| Boston College | Hobart and William Smith Colleges | Sarah Lawrence College | University of Oxford |
| Boston Conservatory | Indiana University at Bloomington | St. Lawrence University | University of Pennsylvania |
| Boston University | Johns Hopkins University | St. Olaf College | University of Rochester |
| Bowdoin College | Kenyon College | Skidmore College | University of San Francisco |
| Brandeis University | King's College London | Smith College | University of St. Andrews |
| Brown University | Lafayette College | Stanford University | University of Southern California |
| Bucknell University | Lawrence University | Swarthmore College | University of Texas at Austin |
| Carnegie Mellon University | Lehigh University | Syracuse University | University of Toronto |
| Carleton College | Loyola Marymount University | Texas Christian University | University of Vermont |
| Case Western Reserve University | Massachusetts College of Art and Design | The New School | University of Virginia |
| Chapman University | Massachusetts Institute of Technology | Trinity College | University of Washington |
| Clemson University | McGill University | Tulane University | University of Wisconsin-Madison |
| Colby College | Miami University, Ohio | Tufts University | Vanderbilt University |
| Colgate University | Middlebury College | Union College, New York | Vassar College |
| College of the Holy Cross | New England Conservatory of Music | United States Naval Academy | Villanova University |
| College of William and Mary | New York University | University of British Columbia | Washington University in St. Louis |
| Colorado College | Northeastern University | University of California, Berkeley | Wellesley College |
| Columbia University | Northwestern University | University of California, Davis | Wesleyan University |
| Connecticut College | Oberlin College | University of California, Los Angeles | Williams College |
| Cornell University | Pennsylvania State University | University of California, San Diego | Worcester Polytechnic Institute |
| Dartmouth College | Pitzer College | University of Cambridge | Yale College |
| Davidson College | Princeton University | University of Chicago | |
| Denison University | Purdue University | University of Colorado Boulder | |
| Duke University | Rensselaer Polytechnic Institute | | |
| Elon University | | | |
| Emerson College | | | |
| Emory University | | | |
| Fordham University | | | |
| Franklin & Marshall College | | | |
| George Washington University | | | |



Education for the Head, Heart, and Hand

Northfield Mount Hermon engages the intellect, compassion, and talents of our students, empowering them to act with humanity and purpose.

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