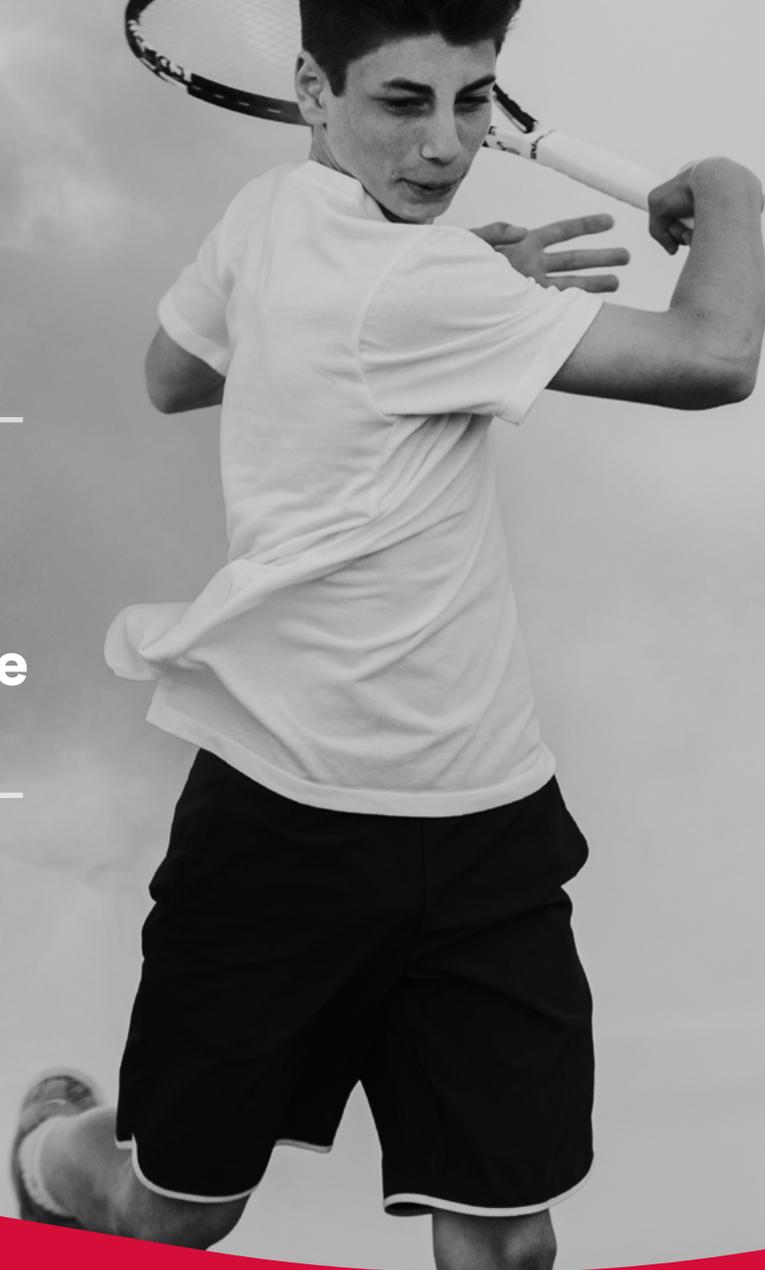


CATALUNYA TENNIS
ACADEMY

**Join our High
Performance
Tennis Academy:
train, study and live
at the same place!**



**Agora Barcelona
International School**
Shaping the world

Tennis, Boarding & School all in one place



Method

The difference between the TOP 100 and the TOP 300 is in the mindset, not the game.

Professional tennis players say that the most important thing is the mental and emotional control of the game. Our unique Emotional Tennis System method builds on this potential gap by providing you with a program fully tailored to you, in order to help you reach the mindset needed to move up in competitive tennis.

Program

The "Emotional Tennis Program" has a primary focus on mental strength. The elements included in the program are:

- Mental Training
- On-Court Training
- Physical Preparation
- Personal Tutor
- Coaching Service
- International School

School & Boarding

Students who want to combine their studies with tennis training have the ideal situation at Agora Barcelona International School.

They can train, go to school, and sleep without leaving the school grounds.

Benefits



- You will get the most out of yourself! Everyday you are going to manifest positive thoughts (happiness, confidence, attention, enthusiasm...).

- You will make the best decisions in every match by being mentally prepared.

- You will enjoy the competition! You will learn to have a positive state of mind that will take away your fear of losing.



**CATALUNYA TENNIS
ACADEMY**

**Join us for 3 days for FREE
& Get 70% OFF training**
(Limited spots available)

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**Agora Barcelona
International School**
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