

## Peb Txoj Cai



### 4 tus muv Paub Sib Hwm Paub Dej Num Paub Xyuam Xim Paub Rau Siab Kawm

<i>Paub Sib Hwm</i>
Ua raws xib fwb hais
Mloog lus kom zoo
Ua neeg siab zoo

<i>Paub dej num</i>
Npaj tuaj kawm
Ua ntawv kom tiav
Siv cov khoom kom yog

<i>Paub xyuam xim</i>
Xav kom zoo
Xaiv ua qhov zoo
Cia tes taw nyob ntawm tus kheej
<i>Paub rau siab kawm</i>
Yog xav tau kev pab nug
Koom tes
Rau siab ntso

### Koj yuav pab koj tus me nyuam li cas?

- Tham txog 4 txoj cai rau me nyuam. Vim li cas thiaj tseem ceeb qhov uas koj kom zoo li no hauv tsev kawm ntawv, hauv tsev thiab hauv zej zog?
- Kom nws hais ib qho seb txhais li cas yog nws Paub dej num, Paub sib hwm, Paub xyuam xim thiab Paub rau siab kawm.
- Nug koj tus me nyuam, “Hnub no koj kawm tau ib yam dab tsi nram tsev kawm ntawv?”
- Nug koj tus me nyuam, “Hnub no muaj yam dab tsi zoo tshaj rau koj?”
- Qhuas qhov nws siv zog rau siab kawm. Lees tias kawm txuj ci yuav siv sij hawm thiab yuav maj mam tshaj lij.

Yog xav paub ntxiv nkag mus saib hauv peb lub vas sab (website):

<https://www.spps.org/phalen>

Hu los yog tuaj tsham peb lub tsev kawm ntawv ntawm:

1089 Cypress, Saint Paul, Minnesota 55106

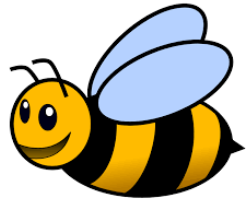
Xov tooj: 651-293-8935



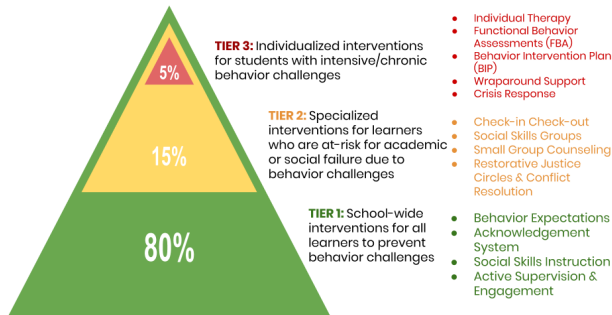
**Phalen Lake Hmong Studies Magnet School**

*Daim taw qhia PBIS rau tsev neeg:*

**Positive Behavior Interventions & Supports**

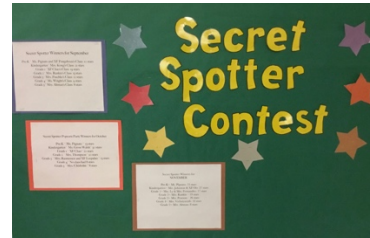


***Peb coj raws peb txoj cai!***



***Peb tus qauv txhawb kev coj xeeb ceem zoo***

- \*Txhua tus npaj coj zoo ib yam
- 1. Paub sib hwm 2. Paub dej num 3. Paub rau siab kawm 4. Paub xyuam xim
- \*Sib tham txhua hnuv hauv txhua chav
- \*Qhia cov xeeb ceem zoo rau cov me nyuam, ua qauv zoo thiab tswj txoj cai
- \*Muaj ib pab tuav kev ruaj ntseg
- \*Txhua hli muab khoom plig qhuas rau cov coj zoo
- \*Txhua hnuv qhuas cov me nyuam coj zoo hauv txhua chav
- \*Txhua tus saib muaj nuj nqis
- \*Khaws kev soj ntsuam los pab txhim kho peb txoj kev coj zoo
- \*Tham nrog cov me nyuam, cov xib fwb thiab txhua tsev neeg
- \*Kev pab hauv zej zog los hauv pab pawg



***Kev qhuas thiab paj tshab rau cov mloog lus thiab coj zoo***

- \*Xaiv cov me nyuam coj tau zoo sawv cev txhua hli
- \*Qhuas cov me nyuam uas ua tau zoo
- \*Kawm tau tshaj lij, Kawm tau zoo, Coj xeeb ceem zoo, Paj tshab rau kev tuaj kawm txhua hnuv
- \*Cov coj zoo hauv kis tsev- Noj paj kws qhuas cov chav mloog lus thiab nyob ntsiag to
- \*Ua kev zoo siab hauv txhua chav
- \*Kev tuaj kawm ntawv txhua hnuv
- \*Xyuam xim thiab sib hwm hauv npav

***Kev tswj raws cov cai***

- \*Qhia cov cai thiab kev coj hauv chav kom meej, nrog rau kev ntaus phooj ywg thiab hloov chav
- \*Kev cob qhia me nyuam hauv txhua chav
- \*Cov ntawv sau rau tus tsis mloog lus
- \*Sau ntawv rau tus tsis mloog lus
- \*5R chav nyob xav hloov ua kom zoo
- \*Soj ntsuam thiab luj kev coj zoo hauv rooj sab laj txhua hli thiab npaj kev txhawb ntxiv
- \*Xib fwb qhia, ua qauv thiab tswj kev mloog thiab lus zoo
- \*Counselor qhia kev coj zoo (K-5)
- \*Txhawb kev coj xeeb ceem zoo
- \*Pab SAT tuav kev ruaj ntseg



Minnesota  
**PBIS**  
 Minnesota PBIS  
 Sustaining Exemplar  
 Recognition

***Phalen Lake Hmong Studies Magnet School yog ib lub ua tau tus qauv PBIS Program zoo nyob hauv lav Minnesota rau xyoo 2015, 2016, 2017 thiab 2018 los ntawm Department of Education.***

“Sustaining Exemplar Schools” are leaders in supporting positive behavior, improving school

climate and increasing student achievement.