

Principal's News

MAY 1, 2023

A MESSAGE FROM DR. THERESA THAO-YANG

Belonging and being a part of a community is something that I have always valued as a leader. In the Fall, students in grades 3-5 took an anonymous Climate survey, sharing how they felt about school. The data gathered from this helped us determine ways to acknowledge and support your child so they feel cared for and welcomed. This week, May 1-5, your child(ren) in grades 3-5 will be participating in the survey again. It is anonymous and should take no more than 10-15 minutes to complete. The data collected will be compared to the fall results and used to identify and improve how students feel at school. This survey will be administered at all Saint Paul Public Schools and you can view the surveys at this link:



https://drive.google.com/file/d/1KW0DBkHbARVvFL_NfdN12kRvv3GIPo32/view?usp=sharing
If you do not want your child to participate in this survey or have questions about the survey, please contact the school at 651-744-7440 or Ms. Ann Tuhy at ann.tuhy@spps.org.

Also, I have just finalized our School budget and would like to share what will be happening next year with you, staffing wise and program wise. I will be presenting this information at our next PTO meeting on Mon., May 8th and hope to see you there.

MAY - MENTAL HEALTH AWARENESS MONTH

May is [Mental Health Awareness Month](#), a time to raise awareness and reduce stigma surrounding mental and behavioral health. This is also a time to remember to pause and engage in some self-reflection around your own mental wellness.

- 1 in 5 American adults experience a mental health issue within their lifetime.
- 1 in 10 young people experienced a period of major depression.
- 1 in 20 Americans live with a serious mental illness, such as schizophrenia, bipolar disorder, or major depression.

Mental health problems are a product of biological, psychological, social, and situational factors. Stress, whether temporary, like the stress at the end of the school year; or chronic stress, like the stress of juggling busy professional and personal lives, can exacerbate and trigger mental health problems.

<https://m.signupgenius.com/#!/showSignUp/30e0f4fa8a62ba1fb6-stem>

More information about the activities can be found here:

<https://www.bellmuseum.umn.edu/stemnights/>

DISCOVERY CLUB

Discovery Club Registration is now open for next school year! Families from Nokomis North are served at EC Hub East Discovery Club, located at the Early Childhood Hub East building. Care is provided for students in grades PreK through 5th grade.

For more information on Discovery Club, families can also go to their website at

www.SPPS.org/DiscoveryClub.

Families can also reach out to bethany.rohde@spps.org with questions.

SCHOOL-AGE CHILDCARE

Grades
PreK-5

Welcome to Discovery Club! We provide school-aged childcare to a diverse population in an environment that supports student learning and development through guided recreational activities. Available to all students attending Saint Paul Public Schools.



REGISTER AT SPPS.ORG/DISCOVERYCLUB
*Fall registration opens in April. Check our website for specific dates.
Sites may fill quickly.*

QUESTIONS CALL 651-632-3793

Discovery Club Locations

Adams: 651-744-6594 615 South Chatsworth St., 55102	Highland Park*: 651-744-2611 1700 Saunders Ave., 55116	Randolph Heights: 651-744-2004 348 Hamline Ave. South, 55105
EC Hub East*: 651-290-8320 1305 Prosperity Ave., 55106	Horace Mann: 651-744-4281 2001 Eleanor Ave., 55116	Rondo*: 651-325-2680 560 Concordia Ave., 55103
EXPO: 651-290-8318 540 Warwick St. South, 55116	JJ Hill: 651-744-6898 998 Selby Ave., 55104	St. Anthony Park*: 651-293-5332 2180 Knapp St., 55108

*Hub Sites: Transportation provided between these sites and the elementary schools that they serve.
Find your Discovery Club location on the back.

SAVE THE DATES!

- Mon., May 1 - Student Climate Survey Opens
- Mon., May 1 - Culver's Fundraiser (Sun Ray Shopping Center), 5-7 pm
- Thurs., May 4 - STEM Night, 5-7 pm
- Fri., May 5 - Student Climate Survey Closes
- Mon., May 8 - Fri., May 12 - Teacher Appreciation Week
- Mon., May 8 - PTO Meeting @ 5:30 pm
- Tues., May 23 - New Student Orientation/Open House, 5:30-6:30 pm
- Mon., May 29 - No School, Memorial Day
- Thurs., June 1 - Spring Festival, 5-8 pm; 5-6 pm - Music Concert inside the Gym, 6-8 pm - Fun and Games



ABOUT US

- Our school is based on the Montessori method: students learn at their own pace in multi-grade classrooms, independently cultivating their interests and natural abilities. Teachers help students choose their work in carefully prepared, peaceful environments; students use beautifully designed hands-on materials to practice and understand skills and concepts. Teachers are Montessori certified and use the Montessori philosophy to guide instruction.

📍 985 Ruth Street, Saint Paul, M... 📞 (651) 744-7440

🌐 spps.org/nokomisnorth