

Handbook of the Streets

Saint Paul

2020–2021
16th Edition

**A Resource Guide for
People in Need**

Quick Reference:

Food	Page 6, 9
Shelter.....	11
Public Assistance	23
Health Care	31
Education.....	45
Employment.....	46
Veterans.....	54
Legal Services.....	58

prepared by



ST. STEPHEN'S

Ending Homelessness

Hotlines/Emergency Phones

Coordinated Access to Housing and Shelter (see also p. 12)

Phone: 651-215-2262 (families)

Provides: Housing & support services for Ramsey Co. families who are homeless or at risk of becoming homeless.

Cornerstone

24-Hour Crisis Phone: 952-884-0330 or toll-free 1-866-223-1111

Provides: Crisis advocates and trained volunteers are available to talk confidentially with anyone experiencing domestic violence, sexual violence or human trafficking. Emergency housing for families and individuals in crisis who are victims of domestic abuse, sexual abuse or trafficking.

Crisis Text Line

Text MN to 741741 to be connected to a counselor who will help diffuse a crisis and help connect to local resources.

Hours: 24 hours a day, 7 days a week

Metro Shelter Hotline (see also p. 11)

Phone: 1-888-234-1329

Minnesota Food Helpline (see also p. 7)

Phone: 1-888-711-1151 (Multilingual assistance is also available)

Provides: Statewide food resource information & referral helpline. Assists in locating food resources (food shelf and/or hot meal).

Ramsey County Crisis Outreach (see also p. 40)

Phone: 651-266-7900

Provides: 24/7 assessment, referral and mobile outreach for adults in Ramsey County experiencing a mental health crisis.

SafeZone (see also p. 11)

Phone: 651-224-9644

Provides: Housing & support services for Ramsey Co. youth who are homeless or at risk of becoming homeless.

Suicide Prevention

Phone: 1-800-273-8255 or text MN to 741741.

United Way 2-1-1

Phone: 211 or 651-291-0211 (cell phone users must dial whole number)

Referrals to social services and other community resources

Women's Advocates (see also p. 56)

Phone: 651-227-8284

Battered women's shelter hotline

Youth Services Network

Website: www.ysnmn.org

Provides: Resources for youth to find shelter and services.

Table of Contents

Acknowledgments	4
Section 1. The Essentials	5
A. Clothes Closets.....	5
B. Food Shelves	6
C. Free Meals	9
D. Showers.....	10
E. Drop-in Centers.....	11
F. Overnight Shelter	11
G. Transitional & Supportive Housing	14
H. Housing Assistance	18
I. Furniture	20
J. Advocacy & Case Management.....	20
Section 2. Public Assistance	23
A. Types of Assistance	23
B. Minnesota Family Investment Program (MFIP).....	25
C. Emergency Assistance (EA).....	25
D. Energy Assistance.....	26
E. Supplemental Nutrition Assistance Program	26
F. General Assistance - GA	27
G. Medical Assistance & Minnesota Care.....	28
H. Minnesota Supplemental Aid- MSA.....	29
I. Social Security.....	29
Section 3. Health Care	31
A. Community Clinics	31
B. Health Care for the Homeless	33
Map of Downtown St. Paul	34
C. HIV / STD / Pregnancy Testing	36
D. Dental Care.....	38
E. Mental Health Services.....	39
F. Veterans	42
G. Youth.....	42
H. Alcohol/Chem Dependency Counseling & Treatment.....	43
Section 4. Education & Employment	45
A. Educational Programs.....	45
B. Job Training & Placement.....	46
C. Day and Temporary Labor	48
Section 5. Special Help & Advocacy	50
A. Youth Programs.....	50
B. Services for Immigrants.....	51
C. Help for Veterans	54
D. Victims of Abuse and Crime.....	55
E. Legal Assistance	58
F. Police Misconduct.....	60
G. Programs for Ex-Offenders	61
Index	62

Acknowledgments

St. Stephen's Human Services extends thanks to those who have helped with production of the 16th edition of the St. Paul *Handbook of the Streets*.

In these challenging days, there are many changes to regular operations. Throughout the Handbook, watch for COVID-19 service adjustments. Some agencies indicate temporary hour changes, service protocols, and services offered. If you have questions about any possible changes due to COVID, call the agency to verify before going there.

We are grateful to volunteers Jenna Fadlalla, Margaret Mary Keating, Jerry Lane, Cheryl Meyers, and Kate Neis for making many phone calls to update agency information throughout the book.

Special thanks to Terry Hildebrandt from the Salvation Army district headquarters, who once again helped update their many listings in the handbook.

If you find errors or omissions in this book, or have any other suggestions for future editions, please call me at 612-870-2283, FAX to 612-874-0313, or e-mail me at mmenner@ststephensmpls.org so that we may continue improving the handbook.

Mike Menner
St. Stephen's Human Services
October 2020



ST. STEPHEN'S

Ending Homelessness

©2020 St. Stephen's Human Services
2309 Nicollet Avenue, Minneapolis, Minnesota 55404
All rights reserved. Reproduction in whole or in part
is not permitted without the written permission
of St. Stephen's Human Services.

Section I. The Essentials

A. Clothes Closets

Alley Shoppe

1115 Greenbrier Street, St. Paul MN 55106 (*Arlington Hills Lutheran Church*)

Phone: 651-771-5501

Hours: Tuesdays 9:30 am–1:30 pm. Open September–May. Closed holidays.

Remarks: Free clothing, bedding and small household goods, toy giveaway in December. Eligibility determined by clergy, schools, social workers, financial workers, Catholic Charities, Eastside Family Center or Salvation Army.

Department of Indian Work

1671 Summit Avenue, St. Paul MN 55105

Phone: 651-789-3856

Hours: By appointment only. Monday 2–7 pm; Tuesday–Thursday 9:30 am–2:30 pm. Closed Fridays.

Remarks: Only serves Native Americans.

The Giving Rack

965 Sherwood Avenue, St. Paul MN 55106 (*Beloved Church*)

Phone: 952-679-6327

Hours: Monday, Tuesday and Wednesday 9 am–2 pm. Hours may vary. Call for info or check their Facebook page.

Remarks: Free adult and children's clothing.

Hallie O. Brown/MLK Center

270 North Kent St., St. Paul MN 55102

Phone: 651-224-4606

Hours: Monday, Wednesday and Friday 2–4 pm.

Remarks: Free clothing; open to all. Please bring your own bags.

Joseph's Coat

1107 West 7th Street, St. Paul MN 55102

Phone: 651-291-2472

Hours: Due to COVID-19, shopping will be done by appointment only. Mondays and Wednesdays. Call to schedule, and check their website for new protocol measures and possible schedule changes: www.josephscoatmn.org.

Remarks: Clothing, small household items, and personal hygiene items. Can come once a week; photo ID required.

Union Gospel Mission Twin Cities

435 University Ave E, St. Paul MN 55130

Phone: 651-789-7606

Hours: Donations received 9am–1pm Monday through Saturday

Remarks: Free clothing and personal hygiene items available for men in the emergency shelter or in pay beds only. Men may visit the Donation Center between 4–5:30 pm Monday–Friday or Saturdays 1–3:25 pm.

The following provide clothing and furniture at low cost:

Goodwill

1239 University Avenue West, St. Paul MN 55104

Phone: 651-646-0377 **Website:** www.gesmn.org

Hours: Monday–Friday 10 am–8 pm; Saturday and Sunday 10 am–6 pm. Donations accepted up to 1 hour before closing.

Remarks: Check the website or call for other locations. There are more than 30 Goodwill stores across the metro area.

St. Vincent dePaul Society

461 West 7th Street, St. Paul MN 55102

Phone: 651-227-1332 **Website:** www.svdpmpls.org

Hours: Monday–Friday 10 am–5 pm; Saturday 9:30 am–3 pm.

Remarks: Low-cost items (not free).

Salvation Army Store

1907 Suburban Avenue, St. Paul MN 55119

Hours: Monday–Saturday 9 am–9 pm.

B. Food Shelves

Most food shelves require photo ID and proof of residence (utility bill, medical card, etc.). They will serve a person only once a month. If you are unsure which food shelf to go to, call United Way 211 at 651-291-0211.

Department of Indian Work

1671 Summit Avenue, St. Paul MN 55105

Phone: 651-789-3856

Hours: By appointment only. Monday 2–7 pm; Tuesday–Thursday 9:30 am–2:30 pm.

Remarks: Only serves Native Americans.

Hallie Q. Brown/MLK Center

270 North Kent, St. Paul MN 55102

Phone: 651-224-4606

Due to COVID-19: Clients and community members are not being allowed to shop for food themselves, but may call for an appointment, and staff will shop for you.

Hours: By appointment. Monday 9 am–6 pm; Tuesday–Friday 9 am–5 pm. Fresh produce and breads available Monday, Wednesday and Friday 3–5 pm or until all is gone.

Remarks: May use once a month for those in service area. Photo ID and proof of current address required. Please bring your own bags.

Service Area: Victoria to Hamline; Pierce Butler to Grand.

Keystone Community Services

To be eligible for Keystone food shelf services, you must:

- Establish a need.
- Have an income within 200% of the federal poverty guidelines.
- Live in the Keystone service area, a large area in Ramsey County— from downtown St. Paul to Roseville, from Little Canada to the Midway and North End areas of St. Paul.
- Stand six feet apart in line. Only one household at a time will be served.
- All locations will be first come, first served.

Midway

1916 University Ave. W., St. Paul MN 55104

Phone: 651-917-3792

Hours: Walk-in only, first-come first-served; Monday–Friday 10 am–12:30 pm; 2–4:30 pm.

Rice Street

1459 Rice Street Suite 3, St. Paul MN 55117

Phone: 651-487-2792, ext. 100

Hours: Walk-in only, first-come first-served; Monday–Friday 10 am–12:30 pm; 2–4:30 pm.

Service Area: Larpenteur (N) to Pierce Butler to Como to Rice (S); Hamline (W) to Rice–Sycamore–Sylvan (E).

Merrick Community Services

Woodland Hills: 1740 Van Dyke St., Door B, St. Paul MN 55109

Phone: 651-287-2088

Hours: Wednesday and Thursday 10–11:30 am. Call to schedule an appointment.

Arcade: 1669 Arcade Street, Door 3, St. Paul MN 55106

Phone: 651-287-2088

Hours: Monday 3–5 pm; Tuesday 10–11:30 am. Call to schedule. *Services are continuing during COVID-19 by appointment only.*

Remarks: Adults must bring valid photo ID and piece of current or previous month's mail; need social security card, birth certificate or medical card for kids.

Service Area: Maplewood residents and St. Paul residents who live in Merrick's service area.

Minnesota Food Helpline

Phone: 1-888-711-1151 (*Multilingual assistance is also available*)

Hours: Monday–Friday 8:30 am–4:30 pm.

Provides: Statewide food resource information and referral helpline. Callers can be screened for SNAP eligibility and assisted with completing the application. Assists callers in locating food resources in their own community such as a food shelf and/or hot meal site. Also makes referrals for other public food programs like WIC (Women, Infants and Children and NAPS (Nutrition Assistance Program for Seniors).

Neighborhood House

179 Robie Street East, St. Paul MN 55107

Phone: 651-789-2500

COVID Temporary Hours: Monday–Friday 10 am–12 pm; 2–4 pm.

Hours: Walk-in only. Monday–Friday 9–11:30 am, 1–3:30 pm. Open until 7:30 pm on the third Wednesday of the month.

Remarks: Must meet one of the following criteria to use the food shelf: (1) be a refugee or immigrant who has been here for 5 years or less; (2) be involved in one of the Neighborhood House programs; or (3) live in ZIPs 55107 or Ramsey County side of 55118.

Ralph Reeder Center

2544 Mounds View Blvd., Mounds View, MN 55112 (*Silver View Plaza*)

Phone: 651-621-6280

Hours: Appointment only. Call Monday–Friday 9 am–3 pm to set an appointment. Appointments are available during the day Monday through Friday, as well as Tuesday evenings.

Service Area: Arden Hills, Mounds View, New Brighton, Shoreview, northern Roseville, and the Ramsey County portion of St. Anthony.

Remarks: Clients may use food shelf once a month.

Request that adults bring a photo ID and a current piece of mail for themselves and some form of ID (social security or med card, birth cert) for children.

Salvation Army-East Side

1019 Payne Avenue, St. Paul MN 55130

Phone: 651-776-2653

COVID Temporary Hours: Monday–Wednesday 9 am–2 pm. Call to place your order when you arrive at the location. Friday home delivery through Transit Link. Call Monday–Wednesday to place your order for a Friday delivery.

Service Area: Larpenteur (N) to Burlington Northern RR tracks and Grove (S); 35E (E) to English and Johnson Pkwy. (W)

Remarks: Culturally specific food available. Can use once a month, though during COVID pandemic can be used weekly.

Salvation Army-St. Paul Citadel

401 West 7th Street, St. Paul MN 55102

Phone: 651-224-6946

Hours: By appointment only. Monday and Wednesday 9–11 am; Tuesday and Thursday 1–3 pm.

Service Area: St. Paul Citadel serves the West 7th neighborhood (ZIP codes 55102, 55105, and 55116). Culturally specific food available.

Remarks: Call for an appointment. Can be used only once a month. Brown Bag for Seniors on the fourth Wednesday of the month from 1–2 pm

COVID-19 Service Adjustment: Distribution of emergency food boxes on Mondays and Wednesdays from 10 am–4 pm and Fridays from 10 am–2 pm. No paperwork required.

Salvation Army-Lakewood

2080 Woodlynn Ave., Maplewood MN 55109

Phone: 651-770-4974 (main); **Foodshelf phone:** 651-770-0282

COVID-19 Hours: Appointments preferred. Monday through Friday 9 am–2pm.

Service Area: Lakewood site serves Maplewood, Shoreview, North St. Paul, Vadnais Heights, White Bear Lake and Oakdale.

Remarks: Call for an appointment. Culturally specific food available. During COVID can be used weekly. Emergency walk-ins Monday through Friday.

Salvation Army Free Produce Distributions

Items include fresh produce and other perishable items such as meat & dairy.

Salvation Army-East Side, 1019 Payne Ave., St. Paul MN 55130

COVID-19 temporary hours: Weekdays during lunch, 11:45 am–12:45 pm; Sundays, drive through or walk up after service, 2–3 pm.

Salvation Army-St. Paul Citadel, 401 W. 7 St., St. Paul MN 55102

Program not currently active due to COVID-19. Resume date is TBA.

WIC Program (Women Infants Children)

Phone: 651-266-1300

Provides: Health and nutrition assessment; vouchers for quality food like milk, cheese, iron-rich cereal, fruit juice, peanut butter and dry beans; fruits, vegetables and whole-grain options; information and referral.

Qualifications: To be eligible, you must (1) live in Ramsey County; (2) be a woman who is pregnant, breastfeeding, or have had a baby in the last six months to a year; be an infant, or be a child less than 5 years old; (3) be income eligible. This will be determined at the WIC intake appointment.

C. Free Meals

Breakfast

Richard M. Schulze Family Foundation St. Paul Opportunity Center

422 Dorothy Day Place, St. Paul MN 55102

Serves breakfast seven days a week from 9–9:30 am. (Continental breakfast Monday-Friday, hot breakfast Saturday and Sunday.)

Union Gospel Mission Twin Cities

435 East University Ave., St. Paul MN 55130

Breakfast served 6:30–7:30 am.

Lunch

Richard M. Schulze Family Foundation St. Paul Opportunity Center

422 Dorothy Day Place, St. Paul MN 55102

Serves lunch seven days a week from 11:45 am–12:45 pm.

Salvation Army-East Side

1019 Payne Avenue, St. Paul MN 55130

Hours: Serves lunch Monday–Friday 11:45 am–12:45 pm.

COVID-19 Service Adjustment: Meals are served "to go" at Lawson Street door.

Union Gospel Mission Twin Cities

435 University Avenue East, St. Paul MN 55130

Lunch served 12–1 pm.

Dinner

Richard M. Schulze Family Foundation St. Paul Opportunity Center

422 Dorothy Day Place, St. Paul MN 55102

Serves dinner seven days a week from 4:30–5:15 pm.

St. Andrew's Community Resource Center

900 Stillwater Road, Mahtomedi MN 55115

Due to COVID-19, this meal is currently not being served.

Regular Hours: Serves dinner Thursday nights from 6–7 pm.

St. Matthew's Church

510 Hall Avenue, St. Paul MN 55107

Phone: 651-224-9793

Serves dinner Monday–Friday 5–6 pm in the social hall below the church. (During Lent, Monday-Thursday only.)

Union Gospel Mission Twin Cities

435 University Avenue East, St. Paul MN 55130

Dinner served 5:30–6:30 pm.

D. Showers

Richard M. Schulze Family Foundation St. Paul Opportunity Center

422 Dorothy Day Place, St. Paul MN 55102

Showers available during drop-in (9:45–11:30 am and 2–4 pm. Need to sign up for a Dorothy Day Center ID card at front desk first.

Union Gospel Mission Twin Cities

435 East University Avenue, St. Paul MN 55130

Showers available from 10 am–2 pm for men, whether or not they are staying at UGM, and in the evenings and mornings for men staying there. Showers are not available for women.

E. Drop-in Centers

Richard M. Schulze Family Foundation St. Paul Opportunity Center

422 Dorothy Day Place, St. Paul MN 55102

Phone: 651-647-2552

Hours: Seven days a week, 9 am–5:15 pm.

Provides: See pages 9–10 for meals.

Physical, mental and chemical health care services are available at clinic; employment training programs and job search assistance; Coordinated Entry housing assessments; access to veterans benefits, SNAP, Medical Assistance and other supports; showers and storage; laundry available Monday–Friday at 9:45 am. Cost is \$1 for a wash/dry load.

COVID-19 Note: Agency is encouraging clients to wear masks.

Listening House of St. Paul

464 Maria Avenue, St. Paul MN 55106

Phone: 651-227-5911

Hours: Monday, Tuesday, Thursday 9 am–4:15 pm; Wednesday and Friday 9–11:30 am. *During COVID-19 Listening House remains open. Call for an appointment or ring the doorbell.*

Provides: A drop-in center providing hospitality and practical assistance, spiritual and emotional support, information and referrals, free local phone, voice mail boxes through Open Access Connections, referrals to mental health outreach counselors; assistance obtaining state ID and birth certificates, twice a month. Socks Project gives socks to those who need them daily; and clothes/hygiene products available daily.

SafeZone

130 7th Street East, St. Paul MN 55101

Phone: 651-224-9644

Hours: Monday through Friday 10 am–6 pm. If you need shelter after 8 pm, call 651-215-2262.

Provides: SafeZone drop-in center, assistance with immediate needs, personal care items, case management, housing, jobs, and much more.

F. Overnight Shelter

Metro Shelter Hotline

Phone: 1-888-234-1329 (toll free)

Remarks: Provides information about emergency shelter and transitional housing for metro-area single adults, families, and youth.

Single Adults

Coordinated Entry for Single Adults:

Single adults who are 18 years or older and seeking immediate shelter can call Catholic Charities Higher Ground (*formerly the Dorothy Day Center*) at 651-647-2350 and choose option #7. Youth should call SafeZone at 651-244-9644.

Catholic Charities Higher Ground St. Paul Shelter

435 Dorothy Day Place, St. Paul MN 55102

Phone: 651-647-2350

Provides: Dignified shelter for 80 women and 276 men in safe, secured space. The women's shelter (80 bunks) and men's shelter (220 bunks) open at 5 pm and close at 9:30 am; curfew is 10 pm. Each bunk comes with an attached locker. *Due to COVID-19, capacity may be reduced.*

Men's Pay-for-Stay shelter (56 bunks) opens at 4 pm and you must be off the floor by 10 am. *Due to COVID-19, Pay-for-Stay is currently open 24 hours a day.*

Salvation Army Harbor Light Center

1010 Currie Avenue, Minneapolis MN 55403

Phone: 612-767-3100

Intake Phone (Adult Shelter Connect): 612-248-2350

Must be referred to shelter through Adult Shelter Connect.

Emergency Housing: Provides shelter, personal hygiene items and meals for homeless single adults who are receiving GA, social security or other benefits. *Open to men and women.*

Sally's Place: A secure shelter for single homeless women. *Open to women only.*

SafeBay: A secure shelter for single homeless men. *Open to men only.*

Union Gospel Mission Twin Cities

435 University Avenue East, St. Paul MN 55130

Phone: 651-789-7599

Remarks: Sign up for emergency shelter between 5–6 pm and attend evening service at 7:30 pm. Showers are mandatory between 2:30–5 pm. Evening meal and breakfast provided. Must leave bed by 7:30 am, but may stay on the premises. Sign up every day. Free clothing is available 4–5:30 pm.

Individuals can pay for their own beds at Union Gospel Mission Twin Cities in order to keep them as far ahead of time as they want to stay. When you pay for beds, you can enter at 2:30 pm; chapel attendance is required once a week as part of this program. Beds cost \$7 a night, which includes breakfast, lunch, and evening meal.

Families

Coordinated Entry for Families:

Coordinated Access to Housing and Shelter

1740 Van Dyke Street, Maplewood MN 55109 (Woodland Hills Church)

Intake: Call United Way 211 at 651-291-0211 to complete an initial eligibility review.

Phone: 651-215-2262 **Hours:** 7 am–4:30 pm.

Remarks: Specialists will conduct a further intake assessment to help determine the most appropriate referral for housing / shelter for each family based on the needs of each individual family, and also based on openings as they are available.

St. Andrew's Community Resource Center

900 Stillwater Road, Mahtomedi MN 55115

Phone: 651-762-9124

Intake Hours: Monday–Thursday 8:30 am–3:30 pm.

Due to COVID-19 there are limitations to services offered. Call for info.

Provides: Shelter and support services for families with dependent children in both Washington Co. and suburban Ramsey Co.

Victims of Abuse and Crime

Casa de Esperanza

24-Hour Crisis/Intake phone: 651-772-1611 (bilingual)

Provides: Safe shelter for women and children. Support for LGBT community members.

Services: Will help find transitional housing as well as apply for welfare assistance if needed. Community advocacy programs for Latinas also available. Bilingual (English/Spanish) staff.

Cornerstone

24-Hour Crisis Phone: 952-884-0330 or toll-free 1-866-223-1111

Provides: Emergency housing for individuals or families in crisis who are victims of domestic abuse, sexual abuse or trafficking. Clients also have access to full range of supportive services, including legal, parenting, therapy and transitional housing.

Women of Nations—Eagle's Nest Shelter

24-Hour Crisis/Intake phone: 651-251-1609 or 1-877-209-1266

Safe shelter for 44 women and children who are victims of domestic violence. Can provide referrals if needed.

Services: Community Advocacy Program provides assistance obtaining Orders for Protection, housing, food, support groups and children's programs.

Women's Advocates

24-Hour Crisis/Intake phone: 651-227-8284

Shelter for women and children who are victims of domestic violence. Call directly for intake information.

Services: Support groups for women and children; assistance in obtaining other housing; referrals for counseling and orders for protection. Some legal services are offered.

Remarks: Services are for shelter residents only. Some service referrals available by phone.

Youth

Ain Dah Yung

1089 Portland Avenue, St. Paul MN 55104

Phone: 651-227-4184

Website: www.adycenter.org

Shelter for runaway and homeless youth, ages 5–17. Space for 5 boys and 5 girls. Youth may refer themselves, be referred by family members or a county child welfare agency.

Services: In-house counseling is offered for residents and families.

The Bridge

1111 West 22nd Street, Minneapolis MN 55405

24-Hour Crisis Phone: 612-377-8800

Remarks: Space for 10–17 year olds. Call to see if space is available.

Services: Youth support groups, individual, and family counseling. Teen parenting program for 16–20 year olds with one child age 0-2.

LSS Safe House

Phone: 651-644-3446

Provides: Safe shelter for youth ages 16–20 (all genders) who do not have a safe place; referrals can be from community youth workers or by self-referral; open from 6 pm–9 am Monday–Friday, and open 24 hours Saturday and Sunday.

Intake procedures: Call the Ramsey County Joint Shelter Line at 651-444-5757 between the hours of 10 am and 10 pm.

Salvation Army Booth Brown House

1471 Como Avenue West, St. Paul MN 55108

Phone: 651-646-2601 **Ramsey Co. Joint Shelter Line:** 651-444-5757

Provides: Shelter, personal hygiene items for homeless single youth, ages 18–21. Call Joint Shelter Line for bed availability.

G. Transitional & Supportive Housing

Beverly A. Benjamin Youth Lodge

1212 Raymond Avenue, St. Paul MN 55108

Phone: 651-632-8923

Provides: Transitional housing promoting self-sufficiency for up to 6 youth ages 16–21. Geared for Native American youth (but open to all) in need of long-term housing. Independent living skills and job search assistance provided. Youth must be either in school or working to participate in the program.

Remarks: Sober living facility. Street outreach available.

Catholic Charities Higher Ground St. Paul Residence

235 West 5th Street, St. Paul MN 55102

Phone: 651-647-2330

Provides: Permanent housing for long-term homeless adults with disabilities, mental illness, chemical dependency, and housing barriers. Social services provided by Catholic Charities and Radial Health. 193 furnished Single Room Occupancy (SRO) units for homeless men and women with shared kitchens and baths. 10 units are medical respite. Permanent housing with supportive services for late-stage chronic alcoholic women (12 units).

Intake: Begin by calling Coordinated Entry for Single Adults, 651-647-2350 and choose option #7.

Catholic Charities St. Anthony Residence and St. Paul Residence

902 Hersey Street, St. Paul MN 55114

Phone: 651-647-2320

St. Anthony Residence: A board-and-lodge facility for chronic inebriate men. Must be referred by county to guarantee MSA payment.

St. Paul Residence: Permanent, affordable, and supportive housing in St. Paul for low income adults experiencing long-term homelessness desiring to live in a sober environment (60 SROs).

Intake: Contact St. Anthony Residence for referral and assessment sources.

Emma Norton Services

670 North Robert Street, St. Paul MN 55101

Phone: 651-224-1329

Provides: Housing for women who have no children living with them.

Intake Procedures: Walk-in intakes are done Wednesday from 9 am–12 pm. Must have access to Professional Statement of Need, but not required for interviews.

Services: 3 meals a day; case management; peer support; one-on-one counseling to address basic living skills and other needs, and to plan where to go next; harm reduction facility.

Emma's Place

2163 Van Dyke, Maplewood MN 55109

Phone: 651-747-8766

Provides: Permanent housing for single parents with 3 or more children who are homeless. One or more in the household must be disabled. There are thirteen 3- or 4-bedroom townhomes available. Also offers supportive case management services and after school youth programming.

Juel Fairbanks Chemical Dependency Services

806 North Albert Street, St. Paul MN 55104

Phone: 651-644-6204

Hours: Monday–Friday 8 am–4 pm.

Provides: Residential stepdown treatment program for males; two GRH housing facilities for men with treatment services and case management; rule 25 assessments.

Remarks: Some services not currently available. Call first.

LSS Life Haven

325 Jenks Avenue East, St. Paul MN 55130

Phone: 651-776-9805

Provides: Transitional living program for homeless teen mothers, ages 16 & 17, and their children. Residents must have a child that is in their custody or be in their third trimester of pregnancy.

Intake Procedures: Assessment is needed for intake through Streetworks Coordinated Entry. Visit www.streetworks.org for information or call Life Haven.

Services: Parenting & life skills classes, meals, private room.

LSS Rezek House & Transitional Living Program

501 Asbury Street, St. Paul MN 55104

Phone: 651-644-7739

Provides: Two-year transitional living program for homeless youth in Ramsey County, ages 16–24.

Intake Procedures: Assessment is needed for intake. Go to Youth Services Network for information, ysn.mn.org, or call Rezek House.

Services: Case management & independent living skills education.

Rent: 30% of income; some rental subsidies are available.

Naomi Family Residence

77 9th Street East, St. Paul MN 55101

Phone: 651-228-1800

Provides: A woman's and children's program that offers a holistic approach to care for up to 2 years. Rent depends on the size of family. An accredited preschool primarily designed for Naomi Family Residence families cares for younger children while school-aged children attend school and moms participate in programming.

Remarks: For women age 18 & up facing crisis; residents may have up to four children who are 10 years of age or younger.

Salvation Army Booth Brown House

1471 Como Avenue West, St. Paul MN 55108

Phone: 651-251-3502

Provides: Transitional housing for youth ages 16–20. Call for more information, or go online to <http://salvationarmynorth.org/community/booth-brown-house/community-pages/foyer-housing/> for information on program openings.

Salvation Army Harbor Light Center

1010 Currie Avenue, Minneapolis MN 55403

Phone: 612-767-3109; **Veterans should call** 612-767-3100 x3144

Provides: Transitional housing and structured sober living for men and women recovering from chemical dependency or chronic homelessness. Housing is offered at Harbor Light Center as well as at offsite locations. Additional programming provided for veterans.

Remarks: Veterans must apply through the VA's Front Porch meeting at VA Med Center Thursdays at 7:30 am, or at Veteran's Community Resource & Referral Center (1201 Harmon Place, Minneapolis) Monday-Friday at 7:30 am.

Theresa Living Center - Caroline Family Services Rapid Rehousing

917 East Jessamine Avenue, St. Paul MN 55106

Phone: 651-774-5594

Intake: Single parent families, benefited and seeking housing in Ramsey Co. First call United Way 211, 651-291-0211 for a qualifying housing assessment. A more detailed assessment is done through the Family Housing Assessment team. All referrals are received through this process when openings occur. You must be homeless, have a source of income, and able to sign a lease with a landlord to be referred to the program.

Provides: Rapid rehousing for up to 24 months for single parent families 18 years old and up. Housing is in scattered site rental properties determined by the program and participants.

Rent: Based on scattered site landlord requirements in Ramsey Co. The program provides rental assistance and case management for families as they work towards self-sufficiency and independence.

Remarks: Participants should participate in case management and goal setting. We help participants seek permanent housing, which is all dependent upon their housing history, criminal history, and financial ability. *Not an emergency shelter.*

Theresa Living Center Residential Transitional Housing

917 East Jessamine Ave., St. Paul MN 55106

Phone: 651-774-5594

Intake: Single women, single expecting moms less than 7 months pregnant should call coordinated entry for singles to complete a housing assessment. 651-647-2377 If you are an expecting mom and more than 7 months pregnant the assessment process will be handled through United Way 211 651-291-0211. All referrals are received through this process when openings occur. You must be homeless to be in the program and have minimum income of general assistance.

Provides: Transitional Housing for up to 24 months for single women 18 years old and up. You may be an expecting mom or have one child less than a year old.

Rent: 30% of household income, minimum rent of \$61 monthly. **Remarks:** Residents should participate in goal setting, purchase and preparation of their own food, and perform household chores. Each resident has their own private bedroom, but shares bathrooms and other common spaces. We help residents seek permanent housing, which is all dependent upon their housing history, criminal history, and financial ability. *Not an emergency shelter.*

Union Gospel Mission Twin Cities

435 University Avenue East, St. Paul MN 55130

Phone: 651-292-1721

Remarks: There are transitional housing rooms available at Union Gospel Mission Twin Cities. Room fees vary between \$200–350 a month depending on room size. Guests may stay for up to one year. There are some program requirements and there may be a waiting list. Call for more details.

YWCA St. Paul

375 Selby Avenue, St. Paul MN 55102

Phone: 651-215-2262

Provides: Permanent and transitional housing for homeless families with at least one dependent child age 17 or under (eligible family composition and number of family members varies depending on available unit sizes/program).

Intake Procedure: All intake is done through the Ramsey County Coordinated Access to Housing and Shelter program. For shelter, call 651-291-0211 to begin the intake process.

Services: Case management and assistance becoming self-sufficient. Assistance finding child care, education, transportation, etc. Services offered vary depending on program.

H. Housing Assistance

Ramsey County Coordinated Access to Housing and Shelter

1740 Van Dyke Street, Maplewood MN 55109 (*Woodland Hills Church*)

Intake and Info: Call United Way 211 at 651-291-0211 to complete an initial eligibility review. CAHS specialists will conduct a further intake assessment to help determine the most appropriate referral for housing /shelter for each family based on the needs of each individual family, and also based on openings as available.

Eligibility: Families must be at or below 30% of the area median income, lack financial resources and support networks needed to secure or maintain stable housing.

Services: Eviction prevention assistance, case management, damage deposits, referrals to community resources, and short-term rent and utility assistance.

HOME Line Tenant Hotline

Phone: 612-728-5767; toll free 1-866-866-3546

Hours: Monday–Thursday 9 am–6 pm; Friday 9 am–3 pm.

During COVID-19 the telephone hotline remains open, but the physical office is closed.

Provides: Provides free legal, organizing, education, and advocacy services so that tenants can solve their own rental housing problems. The HOME Line hotline advocates provide free advice regarding Minnesota tenant/landlord law. Tenants may email and find an attorney by going to the website www.homelinemn.org.

Remarks: Staff available who speak both Spanish and Somali.

Minnesota Attorney General's Office

Phone: 651-296-3353

Hours: Monday through Friday 8 am–5 pm.

Provides: Information about housing law and tenant rights to anyone in Minnesota; information and directions to other agencies.

Open Access Connections

Phone: 651-643-0883

Provides: Through community outreach sites and a network of community agencies, they provide free individual voice mail phone number for low income people to receive messages as they look for jobs, housing, and maintain contact with health care and social services. It also can be a safe phone number for victims of domestic abuse. Call for a referral to a participating agency or visit <http://tinyurl.com/OACOutreach> for updated outreach locations.

Remarks: Open Access Connections also provides Lifeline supported cell phones through a partnership with EnTouch Wireless. There is a one-time fee for the cell phone, but monthly service will be free and includes 1,000 units of talk, unlimited text, and 100mb of data. You can visit one of our outreach sites to complete Lifeline phone application. Please bring a state issued photo ID and proof of low-income status, such as an EBT card or Medicaid card.

Salvation Army Booth Brown House

1471 Como Avenue West, St. Paul MN 55108

Phone: 651-251-3502

Provides: Permanent supportive housing for youth ages 18–25. Call for more information, or go online to <http://salvationarmynorth.org/community/booth-brown-house/community-pages/foyer-housing/> for information on program openings.

Salvation Army HOPE Harbor

53 Glenwood Avenue, Minneapolis MN 55403

Phone: 612-659-0705

Provides: Permanent supportive housing for single adults. Efficiency unit includes own bathroom, kitchen, bed, dresser and desk.

Remarks: Call for more information regarding eligibility and to find out if applications are being accepted.

Salvation Army Social Services

Eastside (*East St. Paul and surrounding areas*)

1019 Payne Avenue, St. Paul MN 55130

Phone: 651-776-2653

St. Paul Citadel (*Downtown St. Paul and surrounding areas*)

401 West 7th Street, St. Paul MN 55102

Phone: 651-224-6946

Lakewood (*Northeast Ramsey County*)

2080 Woodlynn Ave, Maplewood MN 55109

Phone: 651-770-4974

Hours: Monday through Friday 8 am–noon and 1–4 pm.

Provides: Rental assistance.

Remarks: Call first for eligibility and to find out if they are accepting applications. Applications may be picked up at front desk.

Southern Minnesota Regional Legal Services (SMRLS)

55 East 5th Street #400, St. Paul MN 55101

Phone: 651-222-5863

Intake Phone: 651-222-4731 **Seniors Intake:** 651-224-7301

Intake: Monday–Friday 9 am–3 pm.

During COVID-19 services are being provided remotely, so there are no walk-in appointments.

Provides: Legal assistance for individuals with housing-related problems, government benefits, and family law (i.e., contested custody, domestic violence, etc.). Hmong, Somali, and Spanish interpreters available at downtown office, and other languages can be interpreted as needed.

I. Furniture

Salvation Army Social Services

Eastside (*East St. Paul and surrounding areas*)

1019 Payne Avenue, St. Paul MN 55130

Phone: 651-776-2653

St. Paul Citadel (*Downtown St. Paul and surrounding areas*)

401 West 7th Street, St. Paul MN 55102

Phone: 651-224-6946

Remarks: Can provide referrals to Bridging. \$60 for appointment; \$240 if client would like furniture delivered to their home. Agency does not cover cost of this program.

Lakewood (*Northeast Ramsey County*)

2080 Woodlynn Avenue, Maplewood MN 55109

Phone: 651-770-4974

Bridging only: need referral and must pay with a money order.

Hours: Monday–Friday 8 am–noon and 1–4 pm.

Provides: Call for appointment. Clients need to provide a photo ID and piece of current mail at the appointment. Must be moving out of a shelter, new from out-of-town or had a recent crisis.

St. Vincent dePaul Society

461 West 7th Street, St. Paul MN 55102

Phone: 651-227-1332

Hours: Monday–Friday 10 am–5 pm; Saturday 9:30 am–3 pm.

Remarks: Low-cost items (not free).

J. Advocacy & Case Management

Keystone Community Services

2000 St. Anthony Avenue, St. Paul MN 55104

Phone: 651-645-0349

During COVID-19, building and program hours may be changed quickly and without much advance notice.

Provides: Case management to homebound disabled to improve living skills & current situation. Referrals and follow-up. See page 7 for food shelf information.

Metropolitan Center for Independent Living

530 Robert Street North, St. Paul MN 55101

Phone: 651-646-8342

Hours: Monday–Friday 8 am–4:30 pm.

Provides: Works with people with disabilities to help them gain a more independent life through life skills classes and one-on-one meetings to discuss goals and develop plans to accomplish the goals; PCA choice agency.

Natalis Outcomes – Case Management and Mental Health Services

1821 University Ave W Suite #155

Phone: 612-800-6500

Hours: Monday–Friday 8 am–4 pm

Provides: Offers case management services that are free for clients, and helps them gain access to various supports like medical, mental health, social opportunities, housing access, transportation, navigating county resources and much more. There is also a nurse to help with physical health issues, as well as psychologists to do DAs and psychological evaluations.

Remarks: Currently doing most services via telehealth, but still serving entire metro area.

Neighborhood House

179 Robie Street East, St. Paul MN 55107

Phone: 651-789-3602

Hours: Monday–Friday 9 am–5 pm by appointment only; some evening appointments are available.

Intake process: Done by staff person whenever one uses any of the programs at Neighborhood House to assess needs.

Provides: Individual and family case management to meet basic needs. Assessment and referrals. Life skills classes are held regularly.

St. Paul Public Library

90 West 4th Street, St. Paul MN 55102 (*George Latimer Central Library*)

Due to COVID-19, walk-in assistance is limited at this time.

Provides: Social Service Outreach is available Wednesdays from 1:30–3 pm. Agencies, including Radias Health Access and People Incorporated, offer drop-in assistance.

Remarks: A social worker also is available on a rotating basis at the Arlington Hills, Rice Street, Rondo, and Sun Ray library branches. Call the Rondo library for info, 651-266-7400.

St. Stephen's Human Services

2309 Nicollet Avenue, Minneapolis MN 55404

Website: Visit www.ststephensmpls.org for latest program news
Assistance obtaining Birth Certificates and Voice Mail

Phone: 612-870-2283

Provides: Assistance sending for U.S. birth certificates. Can provide referrals to assist with fees. Also provides voice mail boxes for those without a phone of their own.

Representative Payee Service

Phone: 612-874-0311

Provides: Handles funds for people receiving Social Security/ Disability benefits. Makes certain rent and bills are paid, then disburses personal needs funds throughout the month.

Salvation Army Social Services

Eastside (*East St. Paul and surrounding areas*)

1019 Payne Avenue, St. Paul MN 55130

Phone: 651-776-2653

St. Paul Citadel (*Downtown St. Paul and surrounding areas*)

401 West 7th Street, St. Paul MN 55102

Phone: 651-224-6946

Lakewood (*Northeast Ramsey County*)

2080 Woodlynn Avenue, Maplewood MN 55109

Phone: 651-770-4974

Hours: Monday–Friday 8 am–noon and 1–4 pm.

Provides: Pathways of Hope, case management services to help families with dependent children move toward self-sufficiency.

zAmya Theater

Phone: 612-760-4804

Website: www.zamyatheater.org

Remarks: If you have experienced homelessness and are interested in participating in workshops or performance to educate and entertain the community about homeless issues, please call, email, or find us on Facebook at ZAMYA Theater Project.

Section 2. Public Assistance

Everyone has the right to apply for public assistance. Public assistance is available to persons who do not have the financial resources to pay for necessities such as food, housing, and medical care. There are different kinds of public assistance, and each has its own eligibility requirements and income/asset limits.

A. Types of Assistance

Minnesota Family Investment Program (MFIP)

Emergency Assistance (EA)

Energy Assistance

Supplemental Nutrition Assistance Program (SNAP)

General Assistance (GA)

Medical Assistance (MA)

Minnesota Supplemental Aid (MSA)

Social Security - Supplemental Security Income (SSI)

What you need: An original photo ID or a birth certificate, and your Social Security number. For General Assistance you must have a Social Security Card *and* one of the following: driver's license, state ID, passport or visa, alien registration card or certificate of naturalization, military photo ID or DD214, school ID, correctional facility photo ID (not from jail or a mug shot), release/parole agreement (with confirming contact with facility or parole officer), operator's occupational license with photo, employee ID with photo, date of birth and signature; certified or original birth certificate, notarized copy of a birth record from a Minnesota Indian reservation, or a Tribal Decree card.

Descriptions of the assistance programs mentioned on this page are found on pages 25-30.

Note: When applying always ask about other forms of assistance for which you may be eligible.

Your Rights:

- to apply or reapply at any time
- to know the eligibility requirements
- to know how your grant was determined
- to choose where and with whom you live (with certain limitations)
- to appeal any decision or failure to act
- to file a complaint if discriminated against

Your Responsibilities:

- to provide truthful information
- to inform the proper agency of changes such as address, income, persons living with you, and other factors which can affect your assistance

Appeals:

Appeals are available for persons who disagree with or question decisions that have been made. You have the right to appeal any decision made which affects benefits which you feel you are entitled to. You must appeal a decision within 30 days. You must appeal a decision in writing. Appeal to your worker or the worker's supervisor.

You may want to seek the advice of a lawyer. See "Legal Assistance" on page 58.

Where to Apply for Public Assistance Programs:

Ramsey County Human Services Dept. Locations:

Phone: 651-266-8500

Hours: Monday–Friday 8 am–4:30 pm.

Downtown St. Paul

160 East Kellogg Blvd., St. Paul MN 55101

Maplewood

3025 Southlawn Dr., Maplewood MN 55109

Roseville

180 Hamline Avenue North, Roseville MN 55113

Shoreview

4560 Victoria Street North, Shoreview MN 55126

West Side (St. Paul)

90 Plato Blvd. West, St. Paul, MN 55107

Hours: Monday–Friday 8 am–4:30 pm.

For information on any programs, call 651-266-4444.

EBT cards:

People receiving cash assistance are issued EBT cards with the name of the head of household printed on the card. The card includes the following statement: "It is unlawful to use this card to purchase tobacco products or alcoholic beverages." All EBT cards will be mailed via US Postal Service, with the exception of households qualifying for SNAP benefits. These households will have the option of getting an EBT card issued at the local county office. All replacement EBT cards (lost, stolen, damaged and undeliverable) will be charged a \$2.00 fee. The replacement EBT card will be mailed to the client.

To find out about your balance or to order a replacement card, call 1-888-997-2227.

B. Minnesota Family Investment Program (MFIP)

MFIP provides monthly assistance for families who have little or no income. This includes relative caretakers and pregnant women without any children. Applicants must meet eligibility requirements. Parents are expected to work, and are supported in working with both cash and food assistance. Most families have a lifetime limit of 60 months on MFIP.

When applying, ask about other assistance you may qualify for such as *Emergency Assistance* (to prevent eviction, mortgage foreclosure and help pay utility bills), *SNAP*, & *Medical Assistance*.

Where to apply:

[Ramsey County Human Services](#)

See page 24 for locations.

Online Application: <https://ApplyMN.dhs.mn.gov>

You may also request that an application be mailed to you.

C. Emergency Assistance (EA)

Emergency Assistance provides emergency financial assistance for those experiencing a crisis such as eviction or utility shut-off which threatens to displace a person or family from a home or apartment. Persons must meet income and resource eligibility requirements. All income and savings are counted when determining eligibility and must be applied to help meet the emergency expenses. Housing expenses must meet affordable guidelines based on income. Persons can use EA only once in a 12-month period.

Expedited Appeal: If your application for Emergency Assistance is denied, you may appeal the decision. If you request an expedited appeal, a hearing can be granted within a few days See *Appeals*, page 24. You may want to consult with a lawyer, page 58.)

Emergency General Assistance (EGA)

Emergency General Assistance provides emergency financial assistance for those experiencing a crisis such as eviction or utility shut-off which threatens to displace a person or family from home or apartment. Income, assets and current living expenses of each household member will be considered in determining eligibility for EGA. Issuance of EGA funds must be anticipated to produce long-term (at least three months) resolution of the emergency.

EGA issuance is limited to once in a 12-month period.

D. Energy Assistance

Where to Apply:

Community Action Partnership-Ramsey & Washington Counties

450 Syndicate Street North Suite 122, St. Paul MN 55104

1101 Geneva Avenue, Oakdale

Phone: 651-645-6470

Hours: Monday–Friday 8 am–5 pm.

COVID-19 Update: *There are no in-person services. Call if you need instructions or other information about the online application process.*

Energy Assistance provides financial assistance with payment of heat and utility bills to renters and home owners for the period beginning October 1 through May 31. Need documentation of public assistance benefits, wages, or other income received in the past 3 months to apply. No appointments; first come, first served.

Remarks: Applications are available online at www.caprw.org.

Salvation Army Social Services

Eastside

1019 Payne Avenue, St. Paul MN 55130

Phone: 651-776-2653

St. Paul Citadel

401 West 7th Street, St. Paul MN 55102

Phone: 651-224-6946

Lakewood

2080 Woodlynn Avenue, Maplewood MN 55109

Phone: 651-770-4974

Hours: Monday-Friday 8 am–noon and 1–4 pm.

Provides: Assistance with emergency utility bills for Ramsey County residents.

E. Supplemental Nutrition Assistance Program

Monthly grants of SNAP can be used at a grocery store. The amount of the grant depends on the monthly income of each person in the family/household and costs for shelter. Most

persons who receive another form of assistance such as MFIP, GA, or SSI are also eligible to receive SNAP. Working persons with low incomes may also qualify for SNAP. Since eligibility is based on family or household income, you must provide truthful information about the income of all persons in your family/household who purchase and prepare food together.

Where to Apply:

Ramsey County Human Services

See page 24 for locations.

Online Application: <https://ApplyMN.dhs.mn.gov>

You may also request that an application be mailed to you.

You can also apply for SNAP at:

Salvation Army Social Services

Eastside

1019 Payne Avenue, St. Paul MN 55130

Phone: 651-776-2653

St. Paul Citadel

401 West 7th Street, St. Paul MN 55102

Phone: 651-224-6946

Lakewood

2080 Woodlynn Avenue, Maplewood MN 55109

Phone: 651-770-4974

Hours: Monday–Friday 8 am–noon and 1–4 pm.

Provides: SNAP application assistance, information and referral.

Minnesota Food Helpline

Phone: 1-888-711-1151 (*Multilingual assistance is also available*)

Hours: Monday–Friday 8:30 am–4:30 pm.

Provides: Statewide food resource information and referral helpline. Callers can be screened for SNAP eligibility and assisted with completing the application. Assists callers in locating food resources in their own community whether it be a food shelf and/ or hot meal site. Also makes referrals for other public food programs like WIC (Women, Infants and Children), and NAPS (Nutrition Assistance Program for Seniors).

Second Harvest Heartland SNAP Application Assistance

Phone: 651-209-7963

Provides: Screening for SNAP eligibility and assistance completing application; follow-up as needed; assistance with recertification.

F. General Assistance - GA

General Assistance provides monthly assistance to single persons and childless couples who have little or no income and who meet eligibility requirements. Families ineligible for MFIP are not eligible for GA. Applicants must meet eligibility requirements.

Examples:

(1) persons applying must be unable to work because of certified illness or injury, advanced age which makes it difficult to gain employment, inability to read and write well enough to hold employment, etc. (There are approximately 14 categories of eligibility; those mentioned above are among them.) People who were disqualified from SSI because they were categorized as “DAA” (Drug & Alcohol Addicted) may be eligible for General Assistance. (2) persons cannot have assets worth more than \$10,000.

Where to apply:

Ramsey County Human Services

See page 24 for locations.

Online Application: <https://ApplyMN.dhs.mn.gov>

You may also request that an application be mailed to you.

G. Medical Assistance & Minnesota Care

These health care programs help people who have little to no income as well as people who work but do not have access to affordable health insurance.

People who have a disability or are over the age of 64 will generally need to complete a paper application form and submit this at a Ramsey County office. See page 24 for these locations and hours. The county office can help you fill out the form. You can also contact the Senior Linkage Line at 1-800-333-2433, or the Disability Hub at 1-866-333-2466.

People who do not have a disability and are under the age of 65 will generally file an online application using the mnsure.org website. For this population, online applications are reviewed faster than are paper applications. You can get a paper or online application at mnsure.org or by calling 651-539-2099. You can also call this number with enrollment questions. Health care navigators can also help you fill out the application, and submit it for you. This is a free service. To set up an appointment with a navigator, call:

- Portico Healthnet at 866-489-4899
- Health Access MN at 651-645-0215

Navigators in many other organizations can be found on this webpage: mn.gov/dhs/medical-assistance-signup.

Be sure to search for a *navigator* not a *broker*, as only navigators assist with applying for MA and MinnesotaCare. Search for the language, as well as the zipcode or city that works best for you.

Where to Apply:

Ramsey County Human Services

See page 24 for locations.

Online Application: <https://ApplyMN.dhs.mn.gov>

H. Minnesota Supplemental Aid- MSA

A state-sponsored program that provides additional monthly funding to those persons who are receiving SSI or Social Security. The amount of an MSA grant depends on several different factors, such as how much you pay in rent, if you live alone or with other people, and what your total income is. (Income includes Social Security and SSI.) Because it is a state program, the county—not the Social Security office—manages it.

I. Social Security

Social Security Administration

332 Minnesota Street, Suite N650, St. Paul MN 55101

Phone: 1-800-772-1213

Hours: Monday–Friday from 9 am–4 pm.

Supplemental Security Income (SSI)

SSI is a federal needs based program providing benefits to anyone who is aged (age 65 or older), blind, or disabled. Disabled under SSI rules means a person has a medically determinable physical or mental impairment, which: results in the inability to do any substantial gainful activity, and has lasted or can be expected to last for a continuous period of not less than 12 months. Substantial gainful activity is defined as the ability to work and earn \$1,130 per month. If someone is working, there are ways that could lower the monthly gross wages below \$1,130. The Social Security Administration no longer recognizes drug addiction and alcoholism (DA & A) as disabling conditions. Someone with another impairment should still file. If the DA & A does not contribute to the impairment, they could be found to be disabled. Anyone who is disabled, should be encouraged to file for benefits.

To determine SSI eligibility and payment amounts, SSA considers the applicant's income and resources. Income could include money earned from work, benefits from other sources, such as; Social Security, workers compensation, Veterans Affairs, friends or relatives, free food or shelter. Resources are things which a person owns such as; cash, bank accounts, land, vehicles, personal property, life insurance, anything that can be converted to cash and used for food and shelter. A single person is limited to \$2,000.00 and a married couple has a \$3,000.00 resource limit. There are many exceptions/exclusions regarding income and resources. Anyone that is disabled should be encouraged to file for SSI.

To be eligible for SSI, an applicant must be a citizen or one of certain alien categories. There are many categories of lawful aliens that would be eligible for SSI. Contact a Social Security Office or the National 800 number 1-800-772-1213 to inquire.

Anyone applying for SSI will be asked about their medical history; doctors, tests, and medications. The claim representative (CR) will ask questions about the person's income, resources, and living arrangements. The CR will ask the applicant to attest to the truthfulness of their answers. SSA will also consider eligibility for other Social Security programs (RSDI).

More information may be found at the Social Security website www.ssa.gov. SSA also offers online services for beneficiaries and the general public <https://www.ssa.gov/onlineservices/>

Appeals:

If an application is denied, there is a 65 day appeals period (60 days plus 5 days mailing). If an appeal is requested after 65 days, the applicant must show good cause for late filing of the appeal. If the late appeal is not accepted, a new application can be filed, but there is a potential loss of benefits. The Social Security Office can provide a referral list for free legal services.

Assistance applying for SSI benefits:

Cooper Law Firm

825 Nicollet Mall, #925, Minneapolis MN 55402 (Medical Arts Bldg.)

Phone: 612-568-4529

Hours: Call for an appointment. *Due to COVID-19 all appointments are conducted over the phone.*

Provides: Free attorney assistance filing Social Security applications, reconsiderations and appeals for recipients of GA, MFIP, DWP, and FSS. Sliding fee available for those not on public assistance.

Remarks: Does not handle overpayment matters, POAs, criminal law, or pro bono cases.

Salvation Army Social Services

St. Paul Citadel

401 West 7th Street

Phone: 612-659-0711

Provides: If you are unable to work due to a mental or physical disability, staff can assist with applications for Social Security Disability benefits.

Remarks: Ask for an appointment with a Salvation Army employee at the Minneapolis Center City office, though they can also meet at the St. Paul Citadel office.

Section 3. Health Care

A. Community Clinics

East Side Family Clinic & Health Start

895 East 7th Street, St. Paul MN 55106

Phone: 651-602-7500

Hours: Monday & Friday 8 am–5 pm; Wednesday & Thursday 8 am–8 pm; Saturday 8 am–noon. Same day appointments are possible.

Remarks: MA & most insurance accepted. Sliding fee available. Spanish and Hmong translators.

Other Services: On-site lab and x-ray department; chiropractic services; Wednesday evening teen clinic, dental clinic.

Family Tree Clinic

1619 Dayton Avenue, St. Paul MN 55104

Phone: 651-645-0478

Hours: By appointment only. (Some same-day appointments available.) Monday 8 am–8:30 pm; Tuesday and Wednesday 8 am–5 pm; Thursday 1–5 pm; Saturday 10 am–2 pm. Counseling services are available on walk-in, first-come-first serve basis on Mondays and Wednesdays from 5-7 pm.

Remarks: Sliding scale for all services except HIV testing.

Other Services: Reproductive health care: HIV testing (free for uninsured); STD testing & treatment; pregnancy testing and counseling; mammogram referrals made for women 40 and older; support for women dealing with menopause issues; routine pelvic and breast exams; annual routine health exams; colposcopies; UTI and vaginal infection treatment; trans-hormone care; all options pregnancy counseling.

Minnesota Community Care: La Clinica (Formerly West Side Health Center)

153 Cesar Chavez Street, St. Paul MN 55107

Phone: 651-602-7500

Hours: Monday, Tuesday and Friday, 7:30 am–5 pm; Wednesday and Thursday, 7:30 am–8 pm; Saturday 8 am–noon.

Remarks: MA accepted, sliding fee scale

Services: AIDS/STD testing and counseling; dental services, behavioral health and substance abuse; tri-lingual clinic (English, Spanish, Hmong all spoken) Immunization clinics are held regularly.

Open Cities Health Center

409 Dunlap Street North, St. Paul MN 55104

Phone: 651-290-9202

COVID-19 Temporary Hours: Monday–Friday 8 am–5 pm.

Regular Hours: Monday, Wednesday and Friday 8 am–5 pm; Tuesday and Thursday 8 am–8 pm; Saturday 10 am–2 pm. Walk-ins and same day appointments available.

Open Cities Health Center, continued

916 Rice Street, St. Paul MN 55117

Phone: 651-290-9202

COVID-19 Temporary Hours: Monday, Wednesday 8 am–5 pm.

Regular Hours: Monday-Friday 8 am–5 pm. Walk-ins and same day appointments available.

Remarks: Sliding fee scale; MA and other insurance accepted.

Other Services: Dental care; HIV/STD counseling & testing, early intervention for HIV+; pre-natal care programs; family planning; OB/GYN and mental health services.

Portico Healthnet / 489-CARE Referral Line

Phone: 651-489-2273; toll free 866-489-4899

Provides: Assistance finding health care services, including care available to those who are uninsured or underinsured. They can refer you to affordable medical, dental and mental health care; also provides health insurance information and can provide assistance in applying for insurance.

St. Mary's Health Clinics

Phone: 651-287-7777

Provides: Six clinics throughout Twin Cities provide some primary and preventive health care services at no cost to adults and children without access to health care coverage.

Eligibility: If you are on MA, MinnesotaCare, or have access to any form of health care coverage, you are not eligible to use these clinics' services.

Intake procedure: If you fit one of the above categories, call 651-287-7777 between 8 am–4 pm Monday–Friday to make an appointment. There is no cost for services if you are eligible, though donations are accepted.

St. Paul-Ramsey County Public Health-Clinic 555

555 Cedar Street, St. Paul MN 55101

Phone: 651-266-1255

Hours: Call for hours. *During COVID-19, no walk-in appointments are available.*

Remarks: Free- to low-cost services depending on income-based sliding fee scale. MA and major insurance plans are accepted.

Other Services: Teen and adult reproductive services; all birth control methods available; emergency contraception; pregnancy testing and counseling; STD/HIV testing and treatment; HIV counseling; annual health exams, breast exams and pap smears; colposcopy; mammogram referral for women 40 and older or those younger women with suspicious breast mass.

St. Paul-Ramsey County Public Health-Clinic 555

Clinic 555 Syringe Services Program

555 Cedar Street, St. Paul MN 55101

Phone: 651-266-1295

Website: www.clinic555.org

Hours: Monday 10 am–2 pm; Tuesday 1–6:30 pm; Wednesday 1–4:30 pm; Thursday 10:30 am–6:30 pm; Friday 10 am–1 pm.

During COVID-19, no walk-in appointments are available.

Remarks: Services are provided in a safe and nonjudgmental setting. These include anonymous syringe exchange and disposal; Narcan (overdose reversal medication); wound care; HIV and Hepatitis C testing; connection to community resources..

United Family Medicine

Peter J. King Family Health Center

1026 West 7th Street, St. Paul MN 55102 (Randolph & W. 7th)

Phone: 651-241-1000 **Website:** www.unitedfamilymedicine.org

Hours: Monday–Friday 8 am–5 pm.

Remarks: Accepts many insurance plans, including MA, Medicare, MinnesotaCare and private insurance. For patients without insurance, offers a sliding fee scale based on family size and income. Spanish translators and social work advocates also available.

B. Health Care for the Homeless

Minnesota Community Care: Downtown Clinic

(Formerly West Side Health Care for the Homeless)

424 Dorothy Day Place, St. Paul MN 55102

Phone: 651-793-2219

Hours: Monday–Friday 9 am–5 pm.

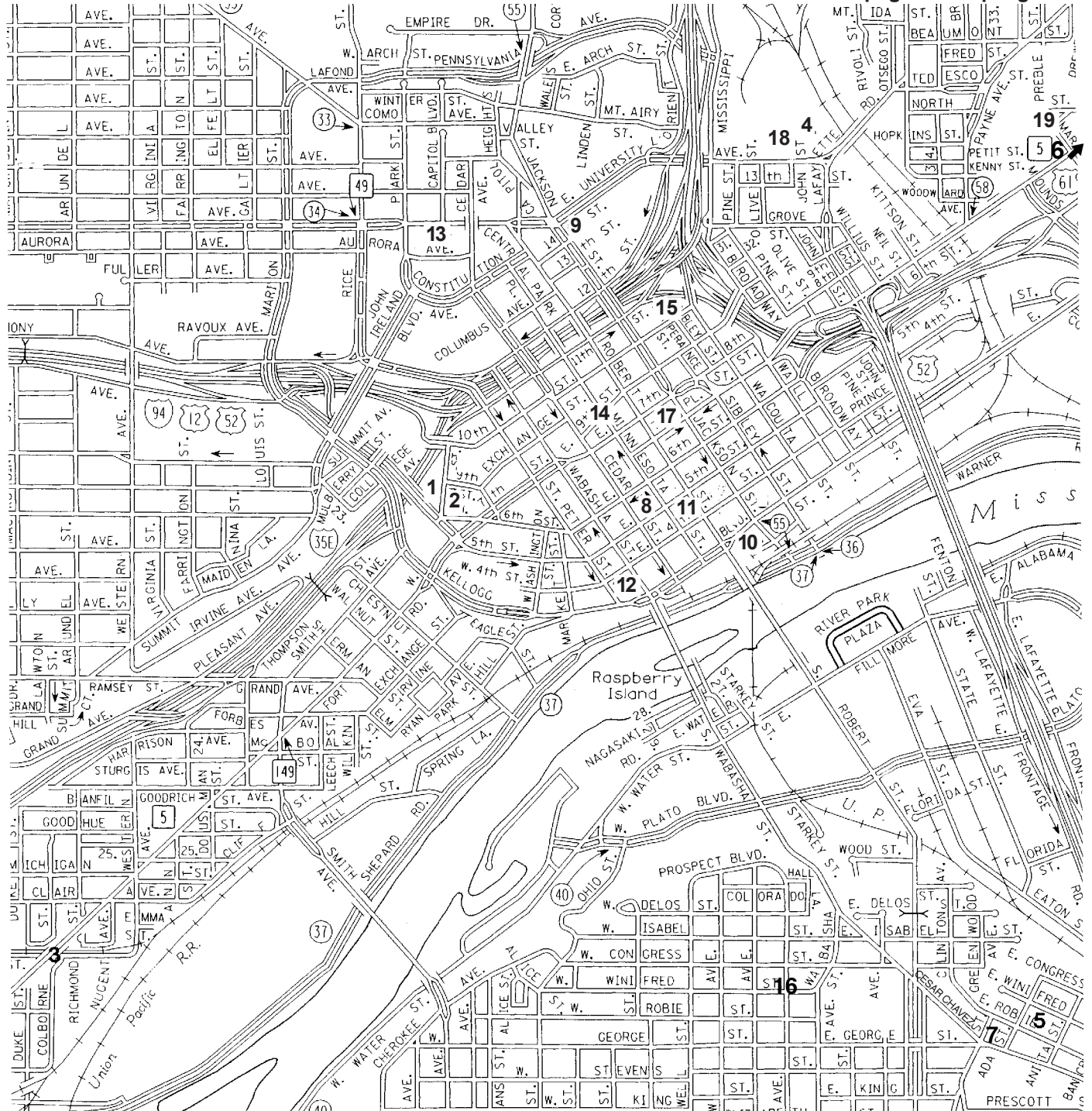
Provides: General medical, mental health, CD/NA counseling, Rule 25 assessments, medication support, chiropractic services, dental services, optometry services, nutrition, and referrals.

Health care services for homeless men, women, and children in Ramsey County shelters and drop-in centers. A multi-disciplinary team of medical, mental health and social service providers staff clinics at several different homeless shelter and drop-in centers each week. When appropriate, staff helps homeless patients connect to other care clinics.

If you are staying in a shelter in Ramsey County, check with shelter staff for clinic times and services. MA accepted; however, if you do not have insurance, you do not have to pay.

Map of Downtown St. Paul

See next page for map legend



Map Legend: Downtown St. Paul

1. Catholic Charities Higher Ground St. Paul
2. Richard M. Schulze Family Foundation Opportunity Ctr.
3. Salvation Army–St. Paul Citadel
4. Union Gospel Mission
5. Neighborhood House
6. Chicanos Latinos Unidos en Servicios (CLUES)
Mexican Consulate/Consulado de México
7. Minnesota Community Care: La Clinica
8. Southern Minnesota Regional Legal Services
(Legal Aid)
9. Regions Hospital
10. Ramsey County Human Services
11. Social Security Administration
12. City Hall/Courthouse
13. State Capitol
14. Naomi Family Center
15. Family Place
16. St. Matthew's Church (*Loaves & Fishes meal*)
17. Safe Zone
18. Ramsey County Chemical Health
Ramsey County Detox
19. Listening House of St. Paul

C. HIV / STD / Pregnancy Testing

Face to Face Health & Counseling Service

1165 Arcade Street, St. Paul MN 55106

Phone: 651-772-5555

Hours: Monday and Wednesday 10 am–6 pm; Tuesday and Thursday 10 am–7 pm; Friday 10 am–4 pm. *Due to COVID-19, hours are by appointment only.*

Remarks: Services are for youth ages 11-24 years old only.

Services: Birth control education, safer sex education, healthy relationships education, and free HIV testing (all ages). Help applying for insurance. Video and phone appointments available.

Family Tree Clinic

1619 Dayton Avenue, St. Paul MN 55104

Phone: 651-645-0478

Hours: By appointment: Monday 8 am–8:30 pm; Tuesday and Wednesday 8 am–5 pm; Thursday 1–5 pm; Saturday 10 am–2 pm. Some same-day appointments available.

Remarks: Sliding scale. MA accepted.

Services: Free family planning with yearly exams and birth control; morning-after/plan B emergency contraception (\$25, no appointment necessary, but ID is required); trans-hormone care; all options pregnancy counseling.

Just Us Health

2577 Territorial Road, St. Paul MN 55114

During COVID-19 the clinic remains open with social distancing; most services are provided remotely.

Phone: 612-341-2060; **AIDSLine:** 612-373-AIDS / 1-800-248-AIDS. Text AIDSLINE to 839863, and chat at justushealth.org.

Hours: Monday–Friday 9 am–5 pm. **AIDSLine:** Mon–Fri 9 am–5 pm.

Provides: Information about HIV, referral to community resources and HIV testing. Also provides HIV case management, legal services; benefits counseling; housing services for HIV+ people; transportation for medical appointments; emergency financial assistance; chemical health services, behavioral health services (see page 39), and a syringe exchange; Positive Link, a social support program for HIV+ gay and bisexual men; HERR Day Out, a social support group for HIV+ women; BlaQue Alive offers culturally-specific HIV linkage service for Black and Latino individuals ages 18-19 years old.

Open Cities Health Center

409 Dunlap Street North, St. Paul MN 55104

Phone: 651-290-9202

COVID-19 Temporary Hours: Monday–Friday 8 am–5 pm.

Regular Hours: Monday, Wednesday and Friday 8 am–5 pm; Tuesday and Thursday 8 am–8 pm; Saturday 10 am–2 pm. Walk-ins and same day appointments available.

916 Rice Street, St. Paul MN 55117

Phone: 651-290-9202

COVID-19 Temporary Hours: Monday, Wednesday 8 am–5 pm.

Regular Hours: Monday-Friday 8 am–5 pm. Walk-ins and same day appointments available.

Remarks: Sliding fee scale for those without insurance; MA, GAMC and other insurance plans accepted.

Services: HIV/STD counseling & testing; early intervention for HIV+.

St. Paul-Ramsey County Public Health Clinic 555

555 Cedar Street, St. Paul MN 55101

Phone: 651-266-1255

Hours: Call for hours and appointments. *During COVID-19, no walk-in appointments are available.*

Remarks: Free- to low-cost services depending on income-based sliding fee scale. MA and major insurance plans are accepted.

Other Services: Teen and adult reproductive services; all birth control methods available; emergency contraception; pregnancy testing and counseling; STD/HIV testing and treatment; HIV counseling; annual health exams, breast exams and pap smears; colposcopy; mammogram referral for women 40 and older or those younger women with suspicious breast mass; pre-exposure prophylaxis program (PrEP) and post prophylaxis (PEP).

D. Dental Care

Hope Dental Clinic

800 Minnehaha Avenue East, Ste 465, St. Paul MN 55106

Phone: 651-789-7605

During COVID-19: there are no walk-ins and they are performing emergency treatments only.

Hours: Monday through Thursday 8 am–5 pm (closed 12:30–1:00) and 6–9 pm.

Provides: Dental care to those without dental insurance. Services include exam, cleaning, fillings, extractions, and education.

Minnesota Community Care: Dental Clinic

(Formerly West Side Dental Clinic)

478 South Robert Street, St. Paul MN 55107

Phone: 651-602-7575

Hours: Monday, Tuesday and Friday 8 am–5 pm; Wednesday 8:30 am–8 pm; Thursday 8 am–5 pm.

Remarks: Most insurance accepted, including MA, MnCare, Health Partners and Delta Dental; discount available.

Open Cities Health Center

409 North Dunlap, St. Paul MN 55104

Phone: 651-290-9202

COVID-19 Temporary Hours: Monday–Friday 8 am–5 pm.

Regular Hours: Monday, Wednesday and Friday 8 am–5 pm; Tuesday and Thursday 8 am–8 pm; Saturday 10 am–2 pm. Walk-ins and same day appointments available.

916 Rice Street, St. Paul MN 55117

Phone: 651-290-9202

COVID-19 Temporary Hours: Monday, Wednesday 8 am–5 pm.

Regular Hours: Monday-Friday 8 am–5 pm. Walk-ins and same day appointments available.

University of Minnesota Dental School

515 Delaware St. SE, Minneapolis MN 55455 (Moos Tower–7th Floor)

Call Center: 612-625-2495

Hours: Monday through Friday 9 am–4 pm.

Remarks: Comprehensive dental care provided by supervised students. Children's clinic also available. Payment required at time of visit. Must call for an appointment.

University of Minnesota Dental School

Oral Surgery Clinic, 515 Delaware St. SE, Minneapolis MN 55455

Phone: 612-624-8600

Remarks: Screenings by appointment only. (Referrals accepted.) An appointment would be set up for tooth removal or other surgery.

E. Mental Health Services

Children's Crisis Response

Crisis Phone: 651-266-7878 (24 hours)

Provides: Crisis intervention for Ramsey County youth (ages 0–18) and their families.

Intake: Call 24-hour crisis line for youth and their families; diagnostic assessments, and in-home crisis intervention available.

Comunidades Latinos Unidos en Servicios (CLUES)

797 East 7th Street, St. Paul MN 55106

COVID-19 Hotline: 651-768-0000 for program updates and info. Due to COVID-19, offices are closed to the public to reduce person-to-person contact. Call hotline for program information. Programs and services are being offered by phone and videoconferencing services.

Phone: 651-379-4200 **Website:** www.clues.org

Hours: Monday 8:30 am–6 pm; Tuesday 8:30 am–5 pm; Wednesday and Thursday 8:30 am–7 pm; Friday 8:30 am–5 pm.

Provides: Bilingual family therapy in addition to individual, couples, child and adolescent therapy.

Face to Face Health & Counseling Service

1165 Arcade Street, St. Paul MN 55106

Phone: 651-772-5555

Hours: Monday and Wednesday 10 am–6 pm; Tuesday and Thursday 10 am–7 pm; Friday 10 am–4 pm. Due to COVID-19, hours are by appointment only. Video and in-home appointments.

Remarks: Services are for youth ages 11–24 years old only.

Provides: Culturally competent outpatient and in-home family therapy. Providers have expertise in trauma, sexual orientation and gender identity, and youth. No one turned away if they can't pay. Help applying for insurance.

Just Us Behavioral Health

1000 University Avenue West, St. Paul MN 55104

Appointments: 612-373-9160

During COVID-19: Services are provided remotely.

Provides: Individual, couple/family, and group therapy for LGBTQ+, people who are HIV+, people who are high risk for HIV and other underserved populations. All services will be provided by dual licensed mental health/chemical dependency counselors, board approved clinical supervisors, and/or supervised interns.

Love Lines Crisis Center

2855 St. Anthony Lane Suite 115, St. Anthony MN 55418

Phone: 612-379-1199

Hours: Hours vary.

Provides: Phone line most days for crisis ministry; in-person counseling is available by appointment Tuesday and Saturday 3–5 pm.

Remarks: Counseling is free, but donations accepted. "Believe in God's love and work of the Holy Spirit."

Lutheran Social Services-East Metro

700 Snelling Avenue South, St. Paul MN 5516 (*Gloria Dei Lutheran Church*)
During COVID-19: This office is currently closed. Services are provided remotely. See website for Telehealth info: <https://www.lssmn.org/services/mental-health/locations>.

Intake Phone: 612-879-5320

Hours: Call for appointments, which are available on Tuesdays 11 am–2 pm and Thursdays 12–3 pm.

Provides: Individual, couples, and family counseling, support for victims of abuse, and referral for longer-term counseling.

Remarks: If no insurance, fees determined based on monthly gross income and number of persons in household. MA accepted.

My Home Inc.

651 University Avenue West, St. Paul MN 55104

Phone: 651-659-0359

Hours: Monday 9 am–5 pm; Tuesday–Friday 9 am–8 pm.

Provides: Programs for men and women to address issues that affect family relationships and ability to parent; chemical dependency, self-esteem and educational development. Culturally specific programs include domestic violence program, anger management program, and educational programs. New chemical dependency program; relapse prevention, aftercare support.

COVID-19 Update: During the COVID-19 pandemic, relapse prevention is being done online. Email llabelle@myhomeincaati.com for more information.

Natalis Outcomes – Case Management and Mental Health Services

1821 University Ave W Suite #155

Phone: 612-800-6500

Hours: Monday–Friday 8 am–4 pm

Provides: Offers case management services that are free for clients, and helps them gain access to various supports like medical, mental health, social opportunities, housing access, transportation, navigating county resources and much more. There is also a nurse to help with physical health issues, as well as psychologists to do DAs and psychological evaluations.

Remarks: Currently doing most services via telehealth, but still serving entire metro area.

Ramsey County Crisis Outreach

Phone: 651-266-7900

Hours: Seven days a week, 24 hours a day.

Walk-in Hours: Monday–Friday 8 am–4:30 pm.

Provides: Assessment, referral and mobile outreach for adults in Ramsey County experiencing a mental health crisis.

Remarks: Insurance not required for services.

Ramsey County Mental Health Center

1919 University Avenue West Suite 200, St. Paul MN 55104

Phone: 651-266-7890

Hours: Monday through Friday 8 am–3 pm. Walk-ins welcome.

Provides: Group and individual counseling; case management intake; partial hospitalization program, and personal recovery services. Psychiatrist on site. Intensive outpatient mental health peer recovery program; MI/CD intensive outpatient program.

Regions Hospital Emergency Department

640 Jackson Street, St. Paul MN 55101

Phone: 651-254-1000

Intake procedures: Walk-in to Emergency Dept. Fees vary, although no one will be denied services for inability to pay.

Provides: Risk assessment, psychiatric evaluation, referral, or admission, and connection to resources, for adults (ages 18 and over) who are experiencing a mental health or chemical health crisis; resources and support to victims of sexual assault or domestic abuse.

Walk-in Counseling Center

Phone: 612-870-0565

Website: www.walkin.org

Clinic Hours: Monday and Wednesday 1–3 pm and 5–8:30 pm; Tuesday 6–8:30 pm; Thursday 6:30–8:30 pm; Friday 1–3 pm. Please call or log in to Zoom only during clinic hours.

Provides: Counseling for people with urgent needs and few resources; serves individuals, couples and families.

Remarks: Services are anonymous, no appointment is necessary for walk-in clinics; no paperwork; no fee, although donations are accepted. Call to make arrangements for counseling in Spanish and Hmong.

COVID-19 Service Changes: All services are provided online or by phone via Zoom. Website has an "easy click" option, but to join by phone, numbers are listed below. When prompted by Zoom, enter the Meeting ID #: 458-270-804. To join by computer during clinic hours, go to zoom.us/j/458270804. Open Zoom on drop-down list and press "Join a Meeting." Please turn your computer camera on.

Zoom Phone numbers: (These are not toll-free phone numbers.) 929-205-6099; 312-626-6799; 301-715-8592; 346-248-7799; 669-900-6833; 253-215-8782.

Tubman

4432 Chicago Avenue South, Minneapolis MN 55407

Phone: 612-871-0118 **TTY for hard-of-hearing:** 612-824-2780

Hours: Monday–Thursday 9 am–8 pm; Friday 8:30 am–12 pm.

Provides: Referral by telephone; counseling for individuals and groups, as well as for families and couples; anger management groups for men and women.

Community Outreach & Drop-in Centers

People Incorporated Mental Health Outreach

317 York Avenue #5, St. Paul MN 55130

Phone: 651-774-0011

Hours: Monday–Friday 9 am–4 pm; drop-in center open 9–11 am.

Due to COVID-19, currently open by appointment only.

Provides: Outreach case managers provide direct street outreach and case management to people who are unsheltered (camping outside, in their car, etc.) in Hennepin and Ramsey Counties.

Services: Case managers reach out into the community by going to camps, drop-in centers, and other locations where unsheltered people stay. After first contact, individuals may be enrolled in the outreach case management program which provides connection to benefits, health care, and housing resources.

RADIUS Health-Homeless Outreach

166 4th Street East, Ste 200, St. Paul MN 55101

Main Outreach Phone: 651-783-5427

Outreach Email: radiashomelesservices@radiashealth.org

Services: Outreach services to individuals experiencing unsheltered homelessness with a mental health and/or substance use disorder; providing help with basic needs, support, resource navigation and referrals to community providers. Provides outreach to the Safe Space Emergency Shelter, Listening House, Opportunity Center, and outside encampments regularly.

F. Veterans

VA Medical Center

One Veterans Drive, Minneapolis MN 55417 (E 54th St & 48th Ave S)

Phone: 612-725-2000 **24-Hour Vets Crisis Line:** 1-800-273-8255

Remarks: veterans with an honorable discharge may receive treatment; veterans enlisting after 1980 need to have completed two years of active duty; does need an assessment for payment. See p. 54 for info about other assistance available for veterans.

G. Youth

Face to Face Health & Counseling Service

1165 Arcade Street, St. Paul MN 55106

Phone: 651-772-5555

Hours: Monday and Wednesday 10 am–6 pm; Tuesday and Thursday 10 am–7 pm; Friday 10 am–4 pm. *Due to COVID-19, hours are by appointment only.*

Remarks: Services are for youth ages 11–24 years old only. General medical: only if under 18, a parent must accompany client. There is a sliding fee scale for patients who do not have insurance.

Services: Basic medical care, reproductive and sexual health care, prenatal care, and health insurance navigation. No one turned away if they can't pay. Video, phone, and in-person appointments available.

H. Alcohol/Chemical Dependency Counseling & Treatment

Juel Fairbanks Chemical Dependency Services

806 North Albert Street, St. Paul MN 55104

Phone: 651-644-6204

Hours: Monday–Friday 8 am–4 pm.

Provides: Residential stepdown treatment program for males; two GRH housing facilities for men with treatment services and case management; rule 25 assessments.

Remarks: Some services not currently available.

Minnesota Adult & Teen Challenge

3231 1st Avenue South, Minneapolis MN 55408

Information Line: 612-500-4211

Lobby hours: Monday–Friday 8 am–4 pm.

Info Line Hours: Monday–Friday 8 am–4:30 pm.

Provides: For almost 30 years, Mn Adult & Teen Challenge has been restoring hope to people struggling with mental health issues, drug and alcohol addiction. In addition to our effective and affordable shorter-term residential and outpatient programs and our distinctive long-term faith-based recovery program, we have extensive prevention and transitional/aftercare services.

People Incorporated Project Recovery

317 York Avenue #5, St. Paul MN 55130

Phone: 651-774-0011

Drop-in Hours: Monday–Friday 9–11 am. *Due to COVID-19, currently open by appointment only.*

Provides: Project Recovery is a drop-in center and case management service on the east side of St. Paul that provides a safe space for individuals who are homeless and have a history of chemical use. Sobriety is not a requirement but drugs and alcohol are not allowed on the property.

Services: Non-clients can access drop-in services such as Recovery and Harm Reduction Groups, referrals to case management, community activities, shower facilities, and a pool table. Individuals who are homeless and have chemical health needs may be eligible for enrollment into Project Recovery's case management program. Clients and case managers work together to access benefits, treatment, health care, shelter, and housing resources.

Ramsey County Chemical Assessment & Referral Unit

402 University Avenue East, St. Paul MN 55130

Phone: 651-266-4008

Hours: Monday–Friday 8 am–5 pm.

Provides: Rule 25 assessment and referral for individuals seeking treatment or counseling for chemical dependency. Must be a resident of Ramsey County. There is no fee for assessment. There is some funding available for treatment programs if there is no other insurance. Some resources and referrals provided.

Ramsey County Detox

402 University Avenue East, St. Paul MN 55130

Phone: 651-266-4009

Hours: Seven days a week, 24 hours a day.

Provides: Detoxification services for Ramsey, Dakota, Anoka, and Washington County residents, as well as members of Mdewakan-ton Sioux community primarily.

St. Joseph's Mental Health and Addiction Clinic

69 Exchange Street West, St. Paul MN 55102

Phone: 651-232-3640

Intake: Call for appointment and to see if new patients are being accepted.

Provides: Services to patients with drug and alcohol problems. In addition to seeing physicians routinely, “nurse only” visits occur on a loosely-scheduled basis to provide additional structure and case management. Physicians provide holistic care that encompasses addiction, mental health problems and general medical conditions. Patients are often required to complete inpatient CD treatment at St. Joseph’s to be eligible for certain clinic services.

Remarks: MA and private insurance accepted.

Tubman

4432 Chicago Avenue South, Minneapolis MN 55407

Phone: 612-871-0118

TTY for deaf/hard-of-hearing: 612-824-2780

Hours: Hours vary. Call for more information.

Provides: Counseling and assessment for chemical dependency; outpatient treatment may include mental health counseling.

Remarks: Various payment options are accepted.

Union Gospel Mission Twin Cities Christ Recovery Center

435 East University Avenue, St. Paul MN 55130

Phone: 651-789-7598

Provides: Addiction recovery for men that incorporates the 12 Steps of Alcoholics Anonymous with biblical principles. Education, job training, and support groups provide a holistic approach to care.

Remarks: Designed for those facing late-term addiction who are committed to recovery.

Section 4. Education & Employment

A. Educational Programs

Adult Literacy Hotline

Phone: 1-800-222-1990

Hours: Monday through Friday 8:30 am–4:30 pm.

Provides: Referrals to literacy programs, GED, basic reading, English and ESL in Minnesota; computer skills, citizenship classes, adult diploma math classes; and distance learning.

Face to Face Academy

1165 Arcade Street, St. Paul MN 55106

Phone: 651-772-5544

Website: www.f2faceacademy.org

Provides: Charter high school for students who have not experienced success in more traditional school settings. Students must be between 15 and 19 and have completed the 8th grade.

International Institute of Minnesota

1694 Como Avenue, St. Paul MN 55108

Phone: 651-647-0191

During COVID-19: Building is closed to the public, but classes and services are offered remotely.

Hours: Monday–Friday 8:45 am–5 pm.

Provides: English as a Second Language (ESL) classes Monday–Thursday; morning and evening classes. College Readiness classes, job skills training classes in Hospitality and Certified Nursing Assistance Monday–Friday.

Neighborhood House

179 Robie Street East, St. Paul MN 55107

Phone: 651-789-3602

Provides: English as a Second Language (ESL) classes Monday–Friday; morning, afternoon and evening classes. *Due to COVID-19, ESL classes are being held online at this time.*

Remarks: Must register before beginning of each quarterly session. Classes are free and open to people of any languages, especially Somali, Hmong and Spanish. Call to register.

Open Door Learning Center

(a program of the Minnesota Literacy Council)

Provides: FREE English as a Second Language (ESL), GED, Citizenship, and Computer classes Monday–Friday; morning, afternoon, and evening classes; times and class offerings vary by site.

Rondo, 461 Dale Street, St. Paul MN 55103

Phone: 651-266-7421 *in Rondo Community Outreach library

Arlington Hills, 1115 Greenbrier Street, St. Paul MN 55106

Phone: 651-793-4423 *in Arlington Hills Lutheran Church

Open Door Learning Center, continued

Midway, 553 Fairview Avenue North, St. Paul MN 55104

Phone: 612-567-9095 *in Goodwill Easter Seals

Remarks: Reach out to sites directly for more information or call the Adult Literacy Hotline for more details on class offerings at each site 1-800-222-1990

St. Paul Public Schools Placement Center

2102 University Avenue West, St. Paul MN 55114

Phone: 651-632-3700

Remarks: This is the main contact number for enrolling children into St. Paul Public Schools, and for school record requests. Information and referral can be given for such additional school programs as Early Childhood education, special education, and others. Spanish, Hmong and Somali translators are available, as is a Karen support person.

Vietnamese Social Services of Minnesota

277 University Avenue West, St. Paul MN 55103

Phone: 651-632-8927 **Website:** www.vssmn.org

Hours: Monday–Friday 8:30 am–4 pm.

Provides: ESL classes, numeracy, workplace English and computer instruction classes. Classes are MFIP eligible.

Veterans

Veterans Welcome Center—MCTC

1501 Hennepin Avenue South #H.2300, Minneapolis MN 55403

Phone: 612-659-6580

Hours: Monday through Thursday from 8:30 am–4 pm.

Provides: Connects veterans and prior service members with preparatory classes in math, writing, reading, and skills for success in college at no cost. Veterans can also get information about how to access any entitled benefits.

Remarks: Free for veterans and military service members.

B. Job Training & Placement

CareerForce (formerly Minnesota Workforce Center)

540 Fairview Avenue North Suite 100, St. Paul MN 55104

Phone: 651-539-4100

Hours: Monday through Friday 8 am–4:30 pm.

Provides: Computerized job listings. Career lab includes library of employment publications, interviewing and resumes; on-line job banks, child care information, and the Minnesota Career Information System are available on computers.

Goodwill/Easter Seals

553 Fairview Avenue North, St. Paul MN 55104

Phone: 651-379-5837

Provides: Goodwill-Easter Seals provides NO COST, hands-on training to eligible students along with job placement assistance. Eight- to twelve-week classes offer certification in Automotive Service, Business Professional Pathways, IT Core Skills, and Construction. Students learn the technical skills needed for their new career and receive assistance with resumes, applications, interviewing, job search, retention and advancement. In addition we offer College and Career Navigation to support students interested in additional post-secondary education options.

Remarks: For more information or to apply, visit www.gesmn.org/training, email outreach@gesmn.org or call 651-379-5837 to learn more.

HHH Job Corps Center

1480 Snelling Avenue North, St. Paul MN 55108

Phone: 651-642-1133

Enrollment Phone: 1-800-733-5627

Office Hours: Monday–Friday 8 am–5 pm.

During COVID: On-center operations are suspended to protect health of students. Distance learning is in progress.

Provides: Vocational training for persons ages 16–24 who are generally low or moderate income. Training is in areas of: culinary arts, health occupations, transportation industry, painting and wallpapering, facility maintenance, medical office administration, building and apartment maintenance, and office occupations. GED and basic skills classes, job placement assistance, a residential living program and on-site health & wellness services available. It is a zero-tolerance campus.

Open Access Connections

Phone: 651-643-0883

Provides: Through community outreach sites and a network of community agencies, they provide free individual voice mail phone number for low income people to receive messages as they look for jobs, housing, and maintain contact with health care and social services. It also can be a safe phone number for victims of domestic abuse. Call for a referral to a participating agency or visit <http://tinyurl.com/OACOutreach> for updated outreach locations.

Remarks: Open Access Connections also provides Lifeline supported cell phones through a partnership with EnTouch Wireless. There is a one-time fee for the cell phone, but monthly service will be free and includes 1,000 units of talk, unlimited text, and 100mb of data. You can visit one of our outreach sites to complete Lifeline phone application. Please bring a state issued photo ID and proof of low-income status, such as an EBT card or Medicaid card.

Ramsey County Community Career Labs

Phone: 651-266-8500

Downtown St. Paul: 160 East Kellogg Blvd., St. Paul MN 55101

Maplewood: 3025 Southlawn Dr., Maplewood MN 55109

Roseville: 180 Hamline Avenue North, Roseville MN 55113.

Provides: Services for COVID-19 impacted job seekers by reservation. All sites follow Public Health Guidelines for COVID-19.

Book online: www.ramseycounty.us/covid-19-info/employment-assistance/community-career-labs.

Salvation Army Social Services

St. Paul Citadel, 401 West 7th Street, St. Paul MN 55102

Phone: 651-224-6946

Provides: Resume-writing assistance, access to Twin Cities job postings, referral service and more.

St. Paul Public Library

Phone: 651-266-7000

Due to COVID-19, walk-in assistance is limited at this time.

Provides: 13 locations throughout the city that offer free job search help and computer skills classes. This includes walk-in, one-to-one help with job search assistance counselors as well as Internet, email, and Microsoft Word classes. Our programs, classes and services are free, and all are welcome. Call or visit www.sppl.org/workplace, or stop in at any Saint Paul Public Library to learn more.

C. Day and Temporary Labor

Note: persons who apply to work at a day or temporary labor firm will be asked to provide a picture ID and social security card; and for those who are not US citizens, a “green card” will be required.

Adecco Personnel Services

7401 Metro Blvd., Edina MN 55439

Phone: 952-544-0044 **Website:** www.adeccousa.com

Hours: Monday–Friday 8 am–5 pm; call for appointment.

Type of work: Clerical and light industrial

Remarks: Some testing and previous experience is required.

AppleOne

2 Meridian Crossings, Ste 160, Richfield MN 55423

Phone: 952-897-0887 **Website:** AppleOne.com

Hours: Monday–Friday 7:30 am–5:30 pm.

Type of work: Administrative Assistants, Data Entry, Customer Service, Light Industrial, Warehouse, Assembly, Human Resources. (1st and 2nd shift)

Remarks: Complete career profile online or call to schedule an interview. Background check and drug screen will be done if client requires it. Interview and resume required for all positions; some testing required for clerical and assembly.

Atlas Staffing

189 7th Place East, St. Paul MN 55101

Phone: 651-222-5894 **Website:** www.atlasstaffinginc.com

Hours: Monday–Friday 5 am–6 pm.

Type of work: Light industrial, warehouse, packaging, food service, assembly, moving

Doherty Staffing

1546 Woodlane Drive, Woodbury MN 55125

Phone: 651-771-2368 **Website:** www.doherty.com

Hours: Monday–Friday 8 am–5 pm.

Type of work: Light industrial, food service, clerical, administrative, and some technical positions.

Remarks: An interview and skills testing are required. Clerical assignments are handled at a different office. Call 651-489-5000.

Midwest Staffing

1885 University Avenue West Suite 121, St. Paul MN 55104

Phone: 651-641-0442

Hours: Monday–Friday 7 am–5 pm. Call to make an appointment to apply.

Type of Work: Light industrial, clerical

People Ready

1201 Robert Street South, West St. Paul MN 55118

Phone: 651-774-9675

COVID-19 Temporary Hours: Monday–Friday 7 am–4 pm; Saturday 9 am–3 pm.

Regular Hours: Monday–Saturday 7 am–6 pm; Sunday 8 am–5 pm.

Type of Work: light industrial, heavy industrial, machine/assembly, packaging, general labor, and hospitality.

Remarks: Call for an appointment for application and interview. They work with felony-friendly employers. Download the “Jobstack” app to apply. After a successful application, work assignments could begin the next day.

Section 5. Special Help & Advocacy

A. Youth Programs

Face to Face Academy

1165 Arcade Street, St. Paul MN 55106

Phone: 651-772-5544 **Website:** www.f2academy.org

Provides: Charter high school for students who have not experience success in more traditional school settings. Students must be between 14 and 19 and have completed the 8th grade.

Goodwill/Easter Seals YouthBuild!

635 Prior Avenue North, St. Paul MN 55104

Phone: 612-424-1050

Provides: GED prep or online high school support, hands-on construction training and leadership development at no cost to young adults ages 16-24 not currently enrolled in school. Students have assistance preparing for work or further schooling and support in their next step. Students can earn a stipend (up to \$125 per week!) based on program attendance and bonuses for milestones achieved.

Remarks: For more information, call or text 612-424-1050, email youthbuild@gesmn.org or visit us online at gesmn.org/youthbuild.

Ober Community Center

376 Western Avenue, St. Paul MN 55103

Phone: 651-209-6512

Provides: Homework help, activity clubs, athletics, FAITHMedia video and audio recording studios, discipleship programming for children and youth during the school year and summers.

Remarks: For students elementary through high school who live primarily in Frogtown, Rondo, or St. Anthony neighborhoods

SafeZone

130 7th Street East, St. Paul MN 55101

Phone: 651-224-9644

Hours: Monday through Friday 10 am–6 pm.

Provides: Homeless youth programs for youth ages 14–24 who are experiencing homelessness or at risk of being homeless. SafeZone drop-in center, assistance with immediate needs, personal care items, case management, housing, jobs, and much more.

B. Services for Immigrants

African

African Community Services

1305 East 24th Street, Minneapolis MN 55404 (Lower level)

Phone: 612-721-9984

Hours: Monday–Friday 9 am–5 pm

Provides: Services for newly arrived refugees including: employment assistance (application/resumé preparation, job search skills, interview preparation), refugee social service programming including assistance finding child care, housing, MNSure, home furnishings (Bridging referral agency) and other supportive referrals.

Remarks: Call program manager to determine program eligibility. Staff speaks nine African languages.

Karen

Karen Organization of Minnesota

2353 Rice Street, Suite 240, Roseville MN 55113

Phone: 651-788-7593 **Website:** www.mnkaren.org

During COVID-19 the office is closed to the public. Find updates from them on their Facebook page: www.facebook.com/mnkarenorg/.

Hours: Monday–Friday 8:30 am–5 pm.

Provides: Support and services for Karen and all refugees from Burma in Minnesota. Services include employment training and job search assistance, referrals to social services, health care, and housing. Youth programs include academic tutoring, socialization education, mental health referral, leadership training, and vocational training.

Vietnamese Social Services of Minnesota

277 University Avenue West, St. Paul MN 55103

Phone: 651-632-8927 **Website:** www.vssmn.org

Hours: Monday–Friday 8:30 am–4 pm.

Provides: Services for Karen refugees. Karen Support Project: access to medical, social, and economic services. Karen Youth Support: Social and recreational activities, workshops on crime, drugs and alcohol, access to tutoring programs, parent support. Elders: individual help in accessing medical and social services, Social Security, transportation, ESL classes open to anyone, and US citizenship classes. Self-sufficiency: employment and job search/ placement services and follow-up. Health Education: preventive health education and information; classes on topics such as chemical dependency, cancer, nutrition, and diabetes; and access to cancer screening; Karen mental health–classes and referrals to mental health services. Literacy: English and Workplace English classes. There are also MNSure navigators to assist with health insurance questions. Translators available in Karen, Vietnamese, and Burmese.

Korean

Korean Service Center

630 Cedar Avenue South #B-1, Minneapolis MN 55454

Phone: 612-49-0009

Provides: Advocacy and support for Korean families, individuals and seniors; translation services, public housing application, and meals for senior citizens; information and referrals to other social service agencies; assisted living program for residents of Cedar Square.

Latino

Comunidades Latinos Unidos en Servicios (CLUES)

797 East 7th Street, St. Paul MN 55106

COVID-19 Hotline: 651-768-0000 for program updates and info. Due to COVID-19, offices are closed to the public to reduce person-to-person contact. Call hotline for program information. Programs and services are being offered by phone and videoconferencing services.

Phone: 651-379-4200 **Website:** www.clues.org

Hours: Monday 8:30 am–6 pm; Tuesday 8:30 am–5 pm; Wednesday and Thursday 8:30 am–7 pm; Friday 8:30 am–5 pm.

Provides: Classes in English, computers, citizenship, and literacy; employment advocacy; small business assistance; women's program; seniors program; chemical health and mental health assistance. Legal rights clinic, call 651-752-6677. The Minneapolis CLUES office has additional vocational, counseling, chemical dependency, health related programs, and GED preparation classes. Call 612-746-3500 for more information.

Mexican Consulate/Consulado de México

797 East 7th Street, St. Paul MN 55106

Phone: 651-772-4084

Emergency/Protection Phone: 651-772-4417

Hours: Monday–Friday from 8 am–1 pm.

Provides: The Mexican consulate serves to protect Mexicans and assist them with US government relations within its jurisdiction (MN/SD/ND/Western WI). It can assist with acquiring important documents like passports, birth certificates, military cards, and protection of rights.

Traducción de español

Comunidades Latinos Unidos en Servicios (CLUES)

797 East 7th Street, St. Paul MN 55106

Coronavirus Línea Directa: 651-768-0000 Debido a la gravedad de la crisis de salud de COVID-19, las oficinas de CLUES están temporalmente cerradas al público para reducir el contacto de persona a persona. Durante este tiempo, los programas y servicios de CLUES están disponibles a través de servicios telefónicos y de videoconferencia.

Teléfono: 651-379-4200 **El sitio web:** www.clues.org

Horas: de Lunes de 8:30 am–6 pm; Martes de 8:30 am–5 pm; Miércoles y Jueves de 8:30 am–7 pm; Viernes de 8:30 am–5 pm.

Servicios: Consejería para jóvenes que tienen dependencia química; clases de inglés, computadores, y ciudadanía; asistencia a pequeñas empresas. Consejería de Derechos Legales llámame 651-752-6677. La oficina de CLUES en Minneapolis tiene otros programas como: empleo, dependencia química, programas de salud y clases de GED. Llamar a 612-746-3500.

Mexican Consulate/Consulado de México

797 East 7th Street, St. Paul MN 55106

Teléfono: 651-772-4084

Emergencia: 651-772-4417

Horas: Lunes a Viernes, 8 am–1 pm.

Servicios: Trámites, Nacionalidad, Acta de Nacimiento, Documentos y Apostilla, y servicios de Protección Consular. La salvaguarda y defensa de sus derechos fundamentales e intereses en sus relaciones de naturaleza civil, penal, laboral, administrativa, migratoria y judiciales con autoridades extranjeras y/o particulares. La jurisdicción del consulado es los estados de Minnesota, South Dakota, North Dakota, y el oeste de Wisconsin.

Vietnamese

Vietnamese Social Services of Minnesota

277 University Avenue West, St. Paul MN 55103

Phone: 651-632-8927 **Website:** www.vssmn.org

Hours: Monday–Friday 8:30 am–4 pm.

Provides: Services for Vietnamese refugees and immigrants. Elders: social/recreational activities for seniors and individual help in accessing medical and social services, Social Security, transportation, ESL classes, and US citizenship classes. Self-sufficiency: employment and job search/placement services and follow-up. Youth: Serves students in several Twin Cities public schools, providing workshops on crime prevention, chemical dependency prevention, and tutoring, social/recreational/cultural activities, as well as workshops for parents. Health Education: preventive health education and information; classes on topics such as chemical dependency, cancer, nutrition, and diabetes; and access to cancer screening. Literacy: English and Workplace English classes. There are also MNSure navigators to assist with health insurance questions. Translators available in Karen, Vietnamese and Burmese.

C. Help for Veterans

Minneapolis VA Community Resource & Referral Center (CRRC)

1201 Harmon Place, Minneapolis MN 55403

Phone: 612-313-3240

Hours: Monday through Friday 7 am–5 pm.

Provides: Counseling, medical care, employment services, housing referrals, veteran benefits information, and substance abuse services. Laundry and shower facilities are available as well as other on-site community services, including a computer lab.

Minnesota Assistance Council for Veterans (MAC-V)

1100 University Ave. W. Ste 110, St. Paul MN 55104

Phone: 612-726-1327

Hours: 8 am–5 pm. Call to set up an appointment.

Provides: Transitional housing, rental assistance, employment and legal services for veterans. Call for information about eligibility.

Minnesota Department of Veterans Affairs

1 Federal Dr., Rm. G220, St. Paul MN 55111 (*Henry Whipple Bldg.*)

Phone: 612-970-5662 (claims only); Vet LinkageLine is toll-free 1-888-546-5838. Outreach supervisor: 218-209-0110.

Provides: Assistance in securing benefits for all veterans. Outreach department locates and assists minorities, female, and homeless veterans in an effort to meet the unique needs of these specific members of Minnesota's veterans community.

Ramsey County Veterans' Service

90 West Plato Blvd. Suite 210, St. Paul MN 55107

Phone: 651-266-2545

COVID-19 Service Adjustment: *At this time offices are closed to the public, but services may be arranged by phone.*

Hours: Monday–Friday, 8 am–4:30 pm.

Provides: Assistance to all veterans, veterans' dependents and survivors to apply for state, federal or county benefits. Veteran Service Office will help veterans access medical benefits and housing assistance through the VA Medical Center. If veterans benefits are not available staff can provide referrals to other sources of services.

Email: askveteransservice@co.ramsey.mn.us.

St. Paul Vet Center

101 5th Street East, Suite 101, St. Paul MN 55101

Phone: 651-644-4022

Hours: Monday–Friday from 8 am–4:30 pm. Call for an appointment. Evening hours available by appointment.

Provides: Readjustment counseling services to Veterans, actively-serving military and their families who have experienced deployment to a warzone or area of hostility, military sexual trauma, or as part of a drone crew, and bereavement services. Vet Centers offer support services for employment, Veteran Benefits explanation, and therapies to help clients struggling with Substance Abuse, Anger Management, MST, PTSD, Depression, Anxiety and more.

Salvation Army Harbor Light Center

1010 Currie Avenue, Minneapolis MN 55403

Phone: 612-767-3100 x3144

Provides: Two new housing facilities for homeless veterans have been opened by the Salvation Army and its partners. Call for info.

Remarks: Additional programming provided for veterans. Veterans must apply through VA's Front Porch meetings at VA Medical Center on Thursdays at 7:30 am, or at the Veteran's Community Resource and Referral Center (1201 Harmon Place, Minneapolis) Monday through Friday at 7:30 am.

U.S. Department of Veterans Affairs

Mental Health Homeless Program outreaches to homeless veterans and provides information and counseling about benefits, chemical & mental health treatment, housing and other medical services.

Phone: 612-313-3240 (Monday–Friday 7 am–5 pm)

Outreach locations: Call for outreach schedule at these sites. Minneapolis: Catholic Charities Opportunity Center, Salvation Army Harbor Light Center, Simpson Shelter. St. Paul: Dorothy Day Center, Union Gospel Mission, Listening House.

Veterans Welcome Center—MCTC

1501 Hennepin Avenue South #H.2300, Minneapolis MN 55403

Phone: 612-659-6580

Hours: Monday through Thursday from 8:30 am–4 pm.

Provides: Connects veterans and prior service members with preparatory classes in math, writing, reading, and skills for success in college at no cost. Veterans can also get information about how to access any entitled benefits.

Remarks: Free for veterans and military service members.

D. Victims of Abuse and Crime

Women & Children

Casa de Esperanza

Crisis/Intake phone: 651-772-1611 (24-hours; bilingual)

Provides: Safe shelter for women and children. Support for LGBTQ community members.

Services: Will help women find transitional housing as well as apply for welfare assistance if needed; community advocacy program for Latinas also available. Bilingual (English/Spanish) staff.

Cornerstone

24-Hour Crisis Phone: 952-884-0330 or toll-free 1-866-223-1111

Provides: Crisis advocates are available to talk confidentially with anyone experiencing domestic violence, sexual violence or human trafficking. Emergency housing for families and individuals in crisis who are victims of domestic abuse, sexual abuse or trafficking. Clients also have access to full range of supportive services.

Remarks: Can provide a variety of resources to those seeking information, including referrals to support groups, possible transitional housing and options for legal advocacy.

PRIDE / The Family Partnership

4123 East Lake Street, Minneapolis MN 55406

COVID-19 Temporary Phone: 612-886-5529

Phone: 612-728-2065

24-hr crisis line: 612-728-2062 / 1-888-PRIDE99

Remarks: PRIDE serves women and sexually-exploited youth who are victims of sex trafficking/sex exploitation. They have support groups for individuals who are at risk or involved in prostitution. Case management and court advocacy, and LGBTQ services are provided.

Women of Nations—Eagle's Nest Shelter

24-Hour Crisis/Intake phone: 651-251-1609 or 1-877-209-1266

Provides: Safe shelter for 44 women and children who are victims of domestic violence. Can provide referrals if needed.

Services: Community Advocacy Program provides assistance with Orders for Protection, housing, food, support groups and childrens programs. Emergency center for domestic abuse victims.

Women's Advocates

Phone: 651-227-8284

Hours: 24 hours a day.

Provides: Assistance in obtaining safe shelter; referrals and information. Some legal services provided.

Men and Women (Adults and Youth)

Cornerstone

24-Hour Crisis Phone: 952-884-0330 or toll-free 1-866-223-1111

Provides: Emergency housing for families and individuals in crisis who are victims of domestic abuse, sexual abuse or trafficking. Clients also have access to full range of supportive services. Male victims receive safe and comfortable alternative housing while also accessing comprehensive services.

Domestic Abuse Project, Inc.

1121 Jackson Street NE, Suite 105, Minneapolis MN 55413

Phone: 612-874-7063

Hours: Monday–Thursday 9 am–8:30 pm; Friday 9 am–4 pm.

Due to COVID-19, all intake services are being handled virtually.

Provides: Crisis counseling, intervention, long term counseling and support groups; therapy for families, and a support group for veterans. Legal and community advocacy programs are offered, as well as groups for children and adolescents who witness domestic violence.

Remarks: Services are for individuals who use abusive behaviors, victims/survivors of domestic violence, and children witnesses. All services are on a sliding scale based on ability to pay.

OutFront Minnesota

310 East 38th Street #209, Minneapolis MN 55409

Phone: 612-822-0127 or toll-free 1-800-800-0350

24-hour crisis hotline: 612-822-0127, Option 3

Provides: Advocacy, information, support, counseling and safe-house referrals for victims of domestic violence. Serves the whole LGBTQ community. Offers free support groups for survivors of partner violence.

Order for Harassment Restraining—Ramsey County

Room B122 Juvenile & Family Justice Center

25 West 7th Street, St. Paul MN 55102

Phone: 651-266-5130

Hours: Mon–Fri 8 am–4:30 pm; walk-in available.

Remarks: For anyone who has experienced repeated or single-incident words, gestures or behavior that would threaten their safety, security, and privacy. No relationship need exist between persons. There is a fee to file (\$300), but it can be waived sometimes, so bring proof of income with you. If interpreter is needed, call to make an appointment.

Order for Protection—Ramsey County

25 West 7th Street Room B122, St. Paul MN 55102

Phone: 651-266-5130

Hours: Mon–Fri 8 am–4:30 pm; walk-ins available.

Remarks: For people living together (or have lived with), who are related by blood, married, divorced, or who have a child in common. There must be actual or threatened violence or imminent fear in the recent past. There is no fee to file. If interpreter is needed, call to make an appointment.

Order for Protection—Metro Area

Hennepin County: 612-348-5073

Washington County: 651-770-0777 (24-hour crisis line)

Dakota County: 952-891-7256

Note: County Clerks who file these Orders can only provide some basic assistance. You may want to speak to an advocate who could help you throughout the entire process of obtaining an Order. Advocates have good knowledge of all parts of the legal system that a victim of domestic abuse may encounter. They can help prepare the forms for Orders, as well as accompany a petitioner to court or help locate child care for the hearings.

Open Access Connections

Phone: 651-643-0883

Provides: Through community outreach sites and a network of community agencies, they provide free individual voice mail phone number for low income people to receive messages as they look for jobs, housing, and maintain contact with health care and social services. It also can be a safe phone number for victims of domestic abuse. Call for a referral to a participating agency or visit <http://tinyurl.com/OACOutreach> for updated outreach locations.

Remarks: Open Access Connections also provides Lifeline supported cell phones through a partnership with EnTouch Wireless. There is a one-time fee for the cell phone, but monthly service will be free and includes 1,000 units of talk, unlimited text, and 100mb of data. You can visit one of our outreach sites to complete Lifeline phone application. Please bring a state issued photo ID and proof of low-income status, such as an EBT card or Medicaid card.

E. Legal Assistance

Immigrant Law Center of Minnesota-Oficina Legal

450 North Syndicate Street, Ste 200, St. Paul MN 55104

Intake Phone: 651-641-1011 **Toll-free Intake:** 800-223-1368

Intake hours: Monday, Tuesday, Wednesday 9 am–4 pm; Thursday 1–7:30 pm. *During COVID physical office is closed. Intake via phone only.*

Provides: Legal representation, brief services, and advice in various immigration matters to low-income immigrants and refugees of all nationalities.

Remarks: No fee for services for those who qualify; interpreter services are available as needed.

Neighborhood Justice Center

500 Laurel Avenue, St. Paul MN 55102

Phone: 651-222-4703

Hours: Monday–Friday 8:30 am–4:30 pm; Call for appointment.

Provides: Legal representation for people who are charged with crimes in Ramsey, Dakota and Washington Counties who cannot afford an attorney. Also does expungement for those three counties.

Remarks: No fee for services, if you qualify; representation also available for Hmong, Spanish-speaking, and Somali people.

OutFront Minnesota

310 East 38th Street #209, Minneapolis MN 55409

Phone: 612-822-0127 **Website:** www.outfront.org/legal-help

Provides: The Legal Advocate can help you determine if you need legal assistance on LGBTQ-related issues, can answer legal questions and/or refer you to someone who can answer your questions or represent your interest. Areas of legal issues addressed include: family law, housing, employment law, and civil rights. There is no fee for information or referrals, however attorneys may charge for the services they provide.

Southern Minnesota Regional Legal Services (SMRLS)

55 East 5th Street, #400, St. Paul MN 55101

Phone: 651-222-5863

Intake Phone: 651-222-4731; **Seniors Intake:** 651-224-7301

Intake Line Hours: Monday-Friday 9 am–3 pm.

Due to COVID-19, there is no walk-in intake.

Provides: Legal assistance for individuals with housing-related problems, government benefits, and family law (i.e., contested custody, domestic violence, etc.). Hmong, Somali, and Spanish interpreters are available at downtown office, and other languages can be interpreted as needed.

SMRLS Refugee Immigrant Legal Services

450 North Syndicate #285, St. Paul MN 55104

Phone: 651-291-2837

Tubman Legal Services

4432 Chicago Avenue South, Minneapolis MN 55407

Phone: 612-871-0118 **TTY for hard-of-hearing:** 612-821-4757

Hours: Hours vary. Call for more information.

Provides: Legal advice and referrals to attorneys for family law matters. They also have informational workshops on family law-related topics. Limited resources for employment and family law.

Remarks: Fees vary based on services. Half hour individual appointments available.

Your right to file a charge of discrimination is protected by law. If you are a victim of a reprisal or further harassment because you have filed a complaint, you should notify the Department of Human Rights immediately.

Minnesota Department of Human Rights

625 Robert Street North, St. Paul MN 55155

Phone: 651-296-5663 or toll-free 1-800-657-3704

Website: www.humanrights.state.mn.us

Hours: Monday through Friday 8 am–4:30 pm, excluding holidays.

Remarks: Takes complaints of discrimination.

F. Police Misconduct

If you are the victim of police misconduct or abuse you should do several things:

- seek medical attention
- write down the details right away
- photograph the injuries
- contact witnesses, if any

If you think you were discriminated against on the basis of age, ancestry, color, creed, gender, national origin, religion, or sexual preference, contact:
St. Paul Dept. of Human Rights and Equal Economic Opportunity
15 West Kellogg Blvd. Room 280 (City Hall-Courthouse)

Phone: 651-266-8966

Hours: Monday–Friday 8 am–4:30 pm.

Federal Bureau of Investigation (FBI)

1501 Freeway Blvd., Brooklyn Center MN 55430

Phone: 763-569-8000

The FBI investigates cases of police misconduct as they relate to the Federal Civil Rights Law. If you should witness or be a victim of police misconduct, call the FBI and ask to speak to someone about a civil rights matter.

Remarks: You may also make an online complaint at www.ic3.gov or at www.fbi.org.

St. Paul Police-Civilian Internal Affairs Review Commission

15 West Kellogg Blvd. Room 280, St. Paul MN 55102

Phone: 651-266-8970 **Website:** www.stpaul.gov/pciar

Hours: Monday-Friday, 8 am–4:30 pm.

Remarks: The Police-Civilian Internal Affairs Review Commission is a partnership between the community and the St. Paul Police Dept. The City established the commission to receive and review complaints concerning the conduct of St. Paul peace officers.

Procedure: If you feel you or someone else has been treated improperly or unfairly by a St. Paul peace officer, you can file a complaint with the Commission. To file a complaint, you must have been a victim of the misconduct or witnessed it. You must also sign a complaint. The complaint must concern misconduct of a peace officer in their work as an officer.

Citizen Complaint Centers can also assist with filing a complaint:

1. NAACP 651-649-0520

2. Neighborhood Justice Center 651-222-4703

3. District 2 Community Council 651-774-2220

4. West Side Community Organization 651-293-1708

G. Programs for Ex-Offenders

VOA-MN/Amicus

3041 4th Avenue South, Minneapolis MN 55407

Phone: 612-877-4250

Hours: Monday–Friday 9 am–12 pm and 1–3 pm.

Remarks: “Reconnect,” is a referral program for re-entering offenders who are searching for jobs, housing, family services, transportation, clothing, sobriety supports and other needs. Available to offenders in all Minnesota facilities (state and federal) and all ex-offenders, whether just out or years after release. Amicus Ex-Offenders support group held on Wednesdays from 5:30–7 pm with a light meal served.

Index

A

Adecco Personnel Services 48
Adult Literacy Hotline 45
African Community Services 51
Ain Dah Yung 13
Alley Shoppe 5
Amicus/VOA-MN 61
AppleOne 48
Atlas Staffing 49

B

Beverly A. Benjamin Youth Lodge 14
The Bridge 14

C

CareerForce 46
Casa de Esperanza 13,55
Catholic Charities Higher Ground St. Paul 12
Catholic Charities Higher Ground St. Paul Residence 14
Catholic Charities St. Anthony Residence–St. Paul Residence 15
Children's Crisis Response 39
Community Action Partnership–Ramsey & Washington Cos. 26
Comunidades Latinos Unidos en Servicios (CLUES) 39,52,53
Cooper Law Firm 30
Coordinated Access to Housing and Shelter 12
Cornerstone 13,56
Crisis Connection 39

D

Dakota County 58
Department of Indian Work 5,6
Doherty Staffing 49
Domestic Abuse Project, Inc. 57

E

East Side Family Clinic & Health Start 31
Emergency Assistance 25
Emma's Place 15
Emma Norton Services 15
Energy Assistance 26

F

Face to Face Academy 45,50
Face to Face Health & Counseling Service 36,39,42
Family Tree 31,36
Federal Bureau of Investigation (FBI) 60

G

General Assistance 27

The Giving Rack 5
Goodwill 6
Goodwill/Easter Seals 47,50

H

Hallie Q. Brown/MLK Center 5,6
Hennepin County 58
HHH Job Corps Center 47
HOME Line 18
Hope Dental Clinic 38

I

Immigrant Law Center of Minnesota-Oficina Legal 58
International Institute of Minnesota 45

J

Joseph's Coat 5
Juel Fairbanks Chemical Dependency Services 15,43
Just Us Behavioral Health 39
Just Us Health 37

K

Karen Organization of Minnesota 51
Keystone Community Services 7,20
Korean Service Center 52

L

Listening House of St. Paul 11
Love Lines Crisis Center 39
LSS Life Haven 15
LSS Rezek House 16
LSS Safe House 14
Lutheran Social Services-East Metro 40

M

Medical Assistance 28
Merrick Community Services 7
Metropolitan Center for Independent Living 21
Metro Shelter Hotline 11
Mexican Consulate/Consulado de México 52,53
Midwest Staffing 49
Minneapolis VA Community Resource & Referral Center 54
Minnesota Adult & Teen Challenge 43
Minnesota Assistance Council for Veterans (MACV) 54
Minnesota Attorney General's Office 18
Minnesota Community Care: Dental Clinic 38
Minnesota Community Care: Downtown Clinic 33
Minnesota Community Care: La Clinica 31
Minnesota Department of Veterans Affairs 54
Minnesota Family Investment Program 25
Minnesota Food Helpline 7,27

Minnesota Supplemental Aid 29
Minnesota Department of Human Rights 59
My Home Inc. 40

N

Naomi Family Residence 16
Natalis Outcomes 21, 40
Neighborhood House 8, 21, 45
Neighborhood Justice Center 58

O

Ober Community Center 50
Open Access Connections 19, 47, 58
Open Cities Health Center 31, 37, 38
Open Door Learning Center 45
Order for Harassment Restraining—Ramsey County 57
Order for Protection—Metro Area 58
Order for Protection—Ramsey County 57
OutFront Minnesota 57, 59

P

People Incorporated Mental Health Outreach 42
People Incorporated Project Recovery 43
People Ready 49
Portico Healthnet / 489-CARE Referral Line 32
PRIDE / The Family Partnership 56

R

RADIAS Health-Homeless Outreach 42
Ralph Reeder Center 8
Ramsey County Chemical Assessment & Referral Unit 43
Ramsey County Community Career Labs 48
Ramsey County Coordinated Access to Housing and Shelter 18
Ramsey County Crisis Outreach 40
Ramsey County Detox 44
Ramsey County Human Services 25, 28
Ramsey County Mental Health Center 41
Ramsey County Veterans' Service 54
Regions Hospital Emergency Department 41
Richard M. Schulze Family Foundation St. Paul Opportunity
Center 9, 10, 11

S

SafeZone 11, 50
Salvation Army 22, 26, 27
Salvation Army Booth Brown House 14, 16, 19
Salvation Army-East Side 8, 9
Salvation Army Harbor Light Center 12, 16, 55
Salvation Army HOPE Harbor 19
Salvation Army-Lakewood 9
Salvation Army-St. Paul Citadel 8, 9

Salvation Army Social Services 19, 20, 30, 48
Salvation Army Store 6
Second Harvest Heartland 27
SMRLS Refugee Immigrant Legal Services 59
Social Security Administration 29
Southern Minnesota Regional Legal Services 20, 59
St. Andrew's Community Resource Center 10, 13
St. Joseph's Mental Health & Addiction Clinic 44
St. Mary's Health Clinics 32
St. Matthew's Church 10
St. Paul Dept. of Human Rights 60
St. Paul Police-Civilian Internal Affairs Review Commission 60
St. Paul Public Library 21, 48
St. Paul Public Schools 46
St. Paul-Ramsey County Public Health 32, 33, 37
St. Paul Vet Center 54
St. Stephen's Human Services 22
St. Vincent dePaul Society 6, 20
Supplemental Nutrition Assistance Program (SNAP) 26

T

Theresa Living Center 17
Theresa Living Center-Caroline Family Svcs. Rapid Rehousing 17
Tubman 41, 44, 59

U

Union Gospel Mission Twin Cities 9, 10, 12, 17, 44
University of Minnesota Dental School 38
U.S. Department of Veterans Affairs 55
United Family Medicine 33

V

VA Medical Center 42
Veterans Welcome Center—MCTC 46, 55
Vietnamese Social Services of Minnesota 46, 51, 53
VOA-MN/Amicus 61

W

Walk-in Counseling Center 41
Washington County 58
WIC Program (Women Infants Children) 9
Women's Advocates 13, 56
Women of Nations—Eagle's Nest Shelter 13, 56

Y

YWCA St. Paul 18

Z

zAmya Theater Company 22

**Order Form for the 2020-2021
St. Paul Handbook of the Streets:**

Name _____

Agency _____

Address _____

City, ST ZIP _____

Phone: _____

Email: _____

2020-2021 St. Paul Handbook of the Streets

_____ copies for staff/service providers

@ \$6 = (A) \$ _____

***After you have ordered some books at the staff rate, you may order copies to distribute at the following rate. For orders of 100 books or more, call for alternate pricing. ***

_____ copies for client distribution

@ \$1 = (B) \$ _____

Total number of copies: _____

Postage and handling (C) (see chart below): \$ _____

Amount due:

(A) Staff copies: \$ _____

+ (B) Client copies: + \$ _____

+ (C) Postage: + \$ _____

= TOTAL DUE = \$ _____

Total Copies	Add Postage
1	\$2.50
2-5	\$5.00
6-20	\$7.00
21-50	\$9.00
51-75	\$14.00
76-100	\$18.00
101-150	\$25.00
151+	Call for total

Check made payable to:
St. Stephen's Human Services

Mail to:
St. Stephen's Human Services
Attn: Handbook
2309 Nicollet Avenue
Minneapolis, MN 55404
Phone: 612-870-2283

About St. Stephen's Human Services

The mission of St. Stephen's Human Services is ending homelessness. We progress toward this goal through Street Outreach, shelter, and housing programs for individuals and families. We envision a community in which housing instability is rare, brief and non-recurring, ending homelessness as we know it.

Street Outreach

St. Stephen's Street Outreach team works with people sleeping outside or in places unfit for human habitation. The team provides on-the-spot services to ensure safety and survival for people experiencing unsheltered homelessness, while helping clients address their barriers to housing.

Shelter

St. Stephen's provides emergency shelter to up to 94 individuals experiencing homelessness each night. In addition to providing meals, access to showers, and a safe place to sleep, staff at our two shelter locations provide coordination of services to assist guests in meeting their long-term goals.

Housing

St. Stephen's housing programs provide access to scattered-site, affordable housing for single adults and families experiencing and emerging from homelessness. Staff provide support in locating, accessing, and maintaining housing as our clients work toward personal goals and self-sufficiency.



ST. STEPHEN'S

Ending Homelessness

St. Stephen's Human Services

2309 Nicollet Avenue

Minneapolis MN 55404

612-874-0311

www.ststephensmpls.org