



Saint Paul Public Schools  
 2019-2020 Core Counseling Objectives – Elementary School  
 Aligned with ASCA Mindsets & Behaviors for Student Success

|   | Academic  | Career  | Social Emotional   | Bully Prevention  | Personal Safety  |
|---|---|---|--|---|--|
| K | <p><i>Topic: People at School Help me Learn</i><br/> <b>Learning Objective:</b><br/>           I can create relationships with adults that support success. (B-SS 3)<br/>           Quarter 2</p> | <p><i>Topic: Understanding What Work Is</i><br/> <b>Learning Objective:</b><br/>           I can identify long- and short-term academic, career and social / emotional goals. (B-LS 7)<br/>           Quarter 3</p> | <p><i>Topic: Identifying Feelings</i><br/> <b>Learning Objective:</b><br/>           I can demonstrate effective coping skills when faced with a problem. (B-SMS 7)<br/>           Quarter 1</p> | <p><i>Topic: Refusing Bullying</i><br/> <b>Learning Objective:</b><br/>           I can demonstrate advocacy skills and ability to assert self, when necessary. (B-SS 8)<br/>           Quarter 1 or 2</p>                                      | <p><i>Topic: Always Ask First Rule</i><br/> <b>Learning Objective:</b><br/>           I can demonstrate personal safety skills. (B-SMS 9)<br/>           Quarter 4</p>   |
| 1 | <p><i>Topic: Importance of coming to school</i><br/> <b>Learning Objective:</b><br/>           I can demonstrate ability to assume responsibility (B-SMS 1)<br/>           Quarter 2</p>          | <p><i>Topic: My interests</i><br/> <b>Learning Objective:</b><br/>           I can identify long- and short-term academic, career and social / emotional goals. (B-LS 7)<br/>           Quarter 3</p>               | <p><i>Topic: Self-Management</i><br/> <b>Learning Objective:</b><br/>           I can demonstrate effective coping skills when faced with a problem. (B-SMS 7)<br/>           Quarter 1</p>      | <p><i>Topic: Understanding the difference between bullying &amp; conflict</i><br/> <b>Learning Objective:</b><br/>           I can create positive and supportive relationships with other students. (B-SS 2)<br/>           Quarter 1 or 2</p> | <p><i>Topic: Eight Never Nevers</i><br/> <b>Learning Objective:</b><br/>           I can demonstrate personal safety skills. (B-SMS 9)<br/>           Quarter 4</p>      |
| 2 | <p><i>Topic: Being confident as a learner</i><br/> <b>Learning Objective:</b><br/>           I can apply self-motivation and self-direction to learning. (B-LS 4)<br/>           Quarter 2</p>    | <p><i>Topic: Understanding My Strengths</i><br/> <b>Learning Objective:</b><br/>           I can identify long and short term academic, career and social / emotional goals. (B-LS 7)<br/>           Quarter 3</p>  | <p><i>Topic: Making Friends</i><br/> <b>Learning Objective:</b><br/>           I can create positive and supportive relationships with other students. (B-SS 2)<br/>           Quarter 1</p>     | <p><i>Topic: Reporting Bullying</i><br/> <b>Learning Objective:</b><br/>           I can demonstrate advocacy skills and ability to assert self when necessary. (B-SS 8)</p>  | <p><i>Topic: Safe and Unsafe Touches</i><br/> <b>Learning Objective:</b><br/>           I can demonstrate personal safety skills. (B-SMS 9)<br/>           Quarter 4</p> |

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|   |   |   |   | Quarter 1 or 2  |   |
| 3 | <p><i>Topic: Working hard at school</i><br/> <b>Learning Objective:</b><br/> I can demonstrate ability to overcome barriers to learning.. (B-SMS 6)<br/> Quarter 2</p>  | <p><i>Topic: Career Fields &amp; Clusters</i><br/> <b>Learning Objective:</b><br/> I can demonstrate perseverance to achieve long and short term goals. (B-LS 5)<br/> Quarter 3</p>               | <p><i>Topic: Accepting Differences</i><br/> <b>Learning Objective:</b><br/> I can demonstrate empathy. (B-SS 4)<br/> Quarter 1</p>  | <p><i>Topic: Bystander Power</i><br/> <b>Learning Objective:</b><br/> I can demonstrate advocacy skills and ability to assert self when necessary. (B-SS 8)<br/> Quarter 1 or 2</p>     | <p><i>Topic: The Touching Rule</i><br/> <b>Learning Objective:</b><br/> I can demonstrate personal safety skills. (B-SMS 9)<br/> Quarter 4</p>      |
| 4 | <p><i>Topic: Successful learning strategies</i><br/> <b>Learning Objective:</b><br/> I can demonstrate ability to overcome barriers to learning. (B-SMS 6)<br/> Quarter 2</p>   | <p><i>Topic: Different jobs require different training</i><br/> <b>Learning Objective:</b><br/> I can demonstrate perseverance to achieve long and short term goals. (B-SMS 5)<br/> Quarter 3</p> | <p><i>Topic: Resolving Conflicts</i><br/> <b>Learning Objective:</b><br/> I can demonstrate self-discipline and self-control. (B-SMS 2)<br/> Quarter 1</p>                                    | <p><i>Topic: Understanding Cyberbullying</i><br/> <b>Learning Objective:</b><br/> I can demonstrate ethical-decision making and social responsibility. (B-SS 5)<br/> Quarter 1 or 2</p> | <p><i>Topic: The Power to Stay Safe</i><br/> <b>Learning Objective:</b><br/> I can demonstrate personal safety skills. (B-SMS 9)<br/> Quarter 4</p> |
| 5 | <p><i>Topic: Transition to Middle School</i><br/> <b>Learning Objective:</b><br/> I can demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities. (B-SMS 10)<br/> Quarter 4</p> | <p><i>Topic: Career Goal Setting</i><br/> <b>Learning Objective:</b><br/> I can apply self-motivation and self-direction to learning. (B-LS 4)<br/> Quarter 3</p>                                 | <p><i>Topic: Peer Pressure</i><br/> <b>Learning Objective:</b><br/> I can demonstrate social maturity and behaviors appropriate to the situation and environment. (B-SS 9)<br/> Quarter 1</p> | <p><i>Topic: Responding to Cyberbullying</i><br/> <b>Learning Objective:</b><br/> I can demonstrate ethical-decision making and social responsibility. (B-SS 5)<br/> Quarter 1 or 2</p> | <p><i>Topic: Ways to Stay Safe</i><br/> <b>Learning Objective:</b><br/> I can demonstrate personal safety skills. (B-SMS 9)<br/> Quarter 4</p>      |

