FROM THE PRINCIPAL

Dear Como Park Senior High Community,

We have had quite a historic start to the school year. There continues to be so many unknowns, unforeseen changes, and challenges as we navigate this world of distance learning. I do want to take this time to say thank you as we continue to work during these challenging times. It is very important that our students, parents, and community partners continue to create a school culture that is respectful, responsible, and safe. Our goal is to ensure our students receive the excellent education that they deserve.

Please reach out and get to know your student's teachers. The family and teacher partnership is extremely important. When teachers and parents build a strong connection and relationship, students are more successful. Staff contact information can be found on our school website or on all Schoology course landing pages.

This pandemic has placed us in a situation where we are not learning in a traditional way. We have to be strategic with ways in which we support our students. Please help your student set goals. These goals can be either short-term or long-term. Students do better in school when things are consistent and predictable.

Rituals and routines are very important both at school and at home. We encourage families to support their students by helping them set a consistent school routine. Please check in with your student each day about school. If your student believes school is important to you, it will be important to them.

In partnership,

Kirk Morris

FUN FACT: There are 293 ways to make change for a dollar.

INSPIRATIONAL QUOTE: Being negative only makes a difficult journey more difficult. You may be given a cactus, but you don’t have to sit on it. ~ Unknown
Are you a student who is experiencing the economic impacts of COVID-19? (Job loss, reduced hours, change/loss in household income, future uncertainty in industry, other barrier due to COVID-19)

Breaking into the world of work comes with challenges and these unprecedented times make being prepared for the future more important than ever. Set yourself up for success by participating in JA’s workforce preparedness crash course - and get paid!

JA Career Roadmap: Drive your Financial Future provides the opportunity to build money management skills, acquire personal finance knowledge, develop a career game plan, and prepare for important decisions in your adult life.

What to Expect

- Receive $350 for full participation
- 3-week virtual fall program
- 2 hour live sessions, 2 days a week (T, Th) plus self-guided content and time
- Connect with subject-matter and career experts
- Must be a Ramsey County youth (age 16-19)
- Must be financially impacted by Covid-19

Pick a session and cohort time that works best for your schedule

<table>
<thead>
<tr>
<th>Session 1</th>
<th>Session 2</th>
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<tr>
<td>3-5 PM (T, Th)</td>
<td>3-5 PM (T, Th)</td>
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<td>Week of September 28, October 5, and 12</td>
<td>Week of November 2, 9, and 13</td>
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Register online to participate: jaum.wufio.com/forms/b1loosegOykixxq/
Minnesota Center for Diversity in Economics presents...

C-FEM: Cross-Generational Femxle Economist Mentorship Program

C-FEM is an innovative mentorship program that will connect femxle and non-binary/gender non-conforming economists.

Mentorship teams will consist of one member from each of the following groups: high school students, introductory economics college students, economics majors, and alumni.
Driver Education - Online Class + BTW

The Basics:

- Students must be 15 years of age by the first day of class.
- Course consists of State-required 30 hours of classroom instruction and 6 hours of behind-the-wheel lessons. The 30 hours of classroom instruction will be an online class.
- Students are required to attend all 30 consecutive hours of classroom instruction. The classroom prepares students for the written permit test.
- After successful completion of classroom instruction, students will be mailed their Blue Card and have 18 months to complete the Behind-the-Wheel portion of the program.
- Students are required to have their permit for six months, complete 6 hours of behind-the-wheel instruction, complete and log 40-50 hours of supervised driving, and be 16 years of age before they are eligible to take the road test for a driver's license.
- Refunds minus a $50 fee will be issued upon request for cancellation. Refunds will not be issued once the classroom course has ended.
- For more information about the licensing process and a full list of program procedures, visit www.spps.org/drivered.

Online Course:

- This class is being offered using the Google Meet online platform. Before registering, make sure your device meets the minimum requirements; view minimum requirements here: https://www.spps.org/Page/28967.
- MN State Law requires instructors to be able to see you and hear you during online classes. Make sure your device has both a camera and microphone.
- 1-2 business days before your class, you will receive an email with your online meeting information. Please see your “Class Confirmation” email for more information on joining meetings.

Fee: $360
GREAT THINGS HAPPENING AT COMO

VIRTUAL NORTH AMERICAN BIATHLON SUMMER NATIONALS 2020

CONGRATULATIONS SAYLOR LANDRUM!!!

Saylor Landrum, 11th grader, won the U.S. 2020 Summer Biathlon Nationals. If you don't know, it is a combination of roller skiing and target shooting. https://www.teamusa.org/US-Biathlon/Results/Links-to-Race-Results

Como High MCJROTC program honored again!

Como Park High School's Marine Corps JROTC (Junior Reserve Officer Training Corps) program has been recognized as a National Honor School Program for 2020. The award is reserved for only 20% percent of all the MCJROTC programs across the nation. Last year Como Park's MCJROTC was in eighth place and this year they moved themselves up to incredible fourth place nationally. "We never really understood just how well we were actually doing because for our team this is normal," said Commanding Officer Lieutenant Colonel Ever Bless. "It's normal for the cadets to be working, pushing, competing, serving, traveling, and just doing what we do, so to see our vision come true for a third year in a row was shocking to all of us even under these turbulent times." The ranking is based on several factors, including volunteer campaigns, leadership camps, competition performances, grade-point averages, attendance, MCJROTC academies, extra-curricular activities, guest speakers, and comradery. Sergeant Major James C. Kirkland is currently serving as the Senior Marine Instructor for his eighth year and constantly see's the foundation of a strong cadet staff. The impact of the entire cadre of cadets speaks highly to the leadership potential of our future. "There was a level of maturity that was built in and the 'take charge' and 'perseverance' attitude of the cadets with overwhelming motivation was just kind of refreshing under these overwhelming and turbulent times." Semper fi - We're Still Alive!
The Art Department has supply kits for kids to pick up:
Ms. Miller's Drawing classes, Mr. McIntyre's Photography and Painting classes, and Sydney's Painting, Mixed Media Picture Book and Drawing classes
If you have not yet picked up your kit, contact your art teacher to collect your art supplies. Thank you.

STAFF SPOTLIGHT

PLEASE WELCOME NEW FAMILY & CONSUMER SCIENCE TEACHER MS. JOAN WIKRE

**Subject area:** Family Consumer Science (FCS) with a focus on independent Living and Culinary Arts and I love having a competitive team in Culinary Arts.

**Previous schools:** Washington Technology Magnet and Highland Park High School.

**Interests:** I love canning and I am a master canner. My favorite thing to make is stocks and soups and with a course you have to make great bread.

I love going to the family cabin, swimming, and I love fishing with my husband.

**Feelings about working at Como:** I am excited to work with students and look forward to helping students with Culinary Arts. I love the hospitality industry. It has a lot of fun people to work with. I look forward to sharing my professional career in the medical field as a nutritionist and my foodservice backroom which gives students real world experiences they need for their future.
Updates from the Counseling Department and the Como Career & College Center (CCC)

NEW! CCC COORDINATOR + WEBSITE
Ms. Bridgette Kelly, Como’s new Career & College Center Coordinator, is ready and available to support your students with their career, college, and post-secondary plans. Check out the NEW Como Career & College Center website at https://sites.google.com/stpaul.k12.mn.us/comoccc for information on student career opportunities, college planning, scholarships, or to schedule a one-on-one meeting with Ms. Bridgette.

OCTOBER CCC EVENTS FOR SENIORS
October is College Knowledge Month and the CCC is hosting weekly evening events to support students and their families with the application process:

- Monday, October 5, 5-7 PM - Senior Parent and Family Night
- Monday, October 12, 5-7 PM - College Application Night I
- Monday, October 19, 5-7 PM - FAFSA Night
- Monday, October 26, 5-7 PM - College Application Night II
For more details and to register for the events, visit the CCC Event Calendar on the homepage of the CCC website.

SENIORS! COMPLETE THE SENIOR COLLEGE & CAREER ASSESSMENT
We are checking in with seniors about their post-secondary needs by distributing an online college and career assessment. This assessment is NOT required but is strongly recommended to effectively help seniors stay on track, make a plan, and reach their goals. BONUS, every senior that completes the assessment by 10/2 will be entered for a $10 gift certificate to DoorDash Food Delivery. Visit the CCC website or find the assessment listed under your "Assignments" section in Xello. For questions, email Ms. Bridgette at bkelly.cap@spps.org.

VIRTUAL COLLEGE FAIRS
NACAC: Log in on these fair dates to meet with 600+ colleges and universities. They'll be online to talk with high school juniors and seniors. Find out when they're having Zoom sessions and drop in to attend!
- Monday, Oct. 12 (or download PDF version) 1 - 9 p.m. ET
- Sunday, Oct. 18 (or download PDF version) 12 - 8 p.m. ET
- Sunday, Nov. 8 (or download PDF version) 2 - 10 p.m. ET
Each virtual fair is a free, one-day event. Attend as often as you like. Parents invited, too.

Simply sign up at virtualcollegefairs.org now and register for one or more fairs. On the event date, use your phone or computer to log in. Learn, connect, ask questions, and discover your best college fit!

Education Canada: Oct. 5 from 12-3 pm for 1-1s with counselors, and Oct. 6 from 4-9 pm for students. For more info, contact Ali Kilmlinger, Trade Commissioner Assistant with Consulate General of Canada in Minneapolis at 612-772-4196, alison.kilmlinger@international.gc.ca.

JOB + CAREER RESOURCES
Virtual Youth Job Exploration: Goodwill Easter Seals is offering virtual classes and individualized career counseling in English and Hmong. Ramsey County residents ages 16-19 can get a $125 stipend for participating.

Hmong American Partnership (HAP) Customized Job Training: HAP offers opportunities to explore different career pathways in which participants can obtain certifications and hands-on-training all at no charge to them. They have two programs: Youth Job Skills Training for youth ages 16 – 24 and Adult Job Skills Training for young adults ages 25+. See this flyer for more information. In addition, they offer IT Salesforce Administration training. Contact Ongers at 651-495-1625 or maiongh@hmong.org for more information.

FAMILY RESOURCES
TechPaks: COVID-19 impacted Ramsey County residents can apply to receive computers, internet and digital literacy training. Find more information and deadlines here.

Northeast Youth and Family Services: is offering 3 free mental health listening sessions.

OTHER UPDATES
ACT National Test Updates: This blog post from ACT includes updated information on when students will receive scores, how to use their score reports, what's happening with superscoring, and the opportunity for up to 4 fee waivers.
Como Parents

JOIN THE COMO PARK BOOSTER CLUB!

Como Park Senior High School Booster Club is a non-profit parent-led organization that raises funds in order to ‘boost’ school activities and clubs in need of supplemental financial support. Become a Booster Club member today!

Learn more about us on our website: http://bit.ly/CPBooster

Email us at comoparkboosterclub@gmail.com

URBAN BOATBUILDERS APPRENTICESHIP - Fall 2020

Apply for a job where you:
- Get paid to build woodworking skills
- Learn job-readiness skills for the future
- Earn money while learning new skills

Urban Boatbuilders’ Apprenticeship pays $10.00/hour to 16-21 year old to build two to three individual projects and attend workshops to prepare for a future job. Upon completion of one cohort, there is opportunity for continued employment and increased pay.

**Work Schedule:** September 28, 2020 - January 13, 2021

**Mandatory 3-Day unpaid Training:** Week of September 21, 2020, or upon hire

**Mondays, Tuesdays, Wednesdays** or **Wednesdays, Thursdays, Fridays**

3:00 - 6:00 pm

*All Wednesdays will be delivered online*

**Apply:** Urban Boatbuilders Website

**Questions? Contact:** Alphonso Le, Apprenticeship Program Coordinator

651-644-9225 or alphonso@urbanboatbuilders.org

2288 University Avenue West, St. Paul, MN 55114

near the Raymond Greenline station