QUARTER 4 PARENT-TEACHER CONFERENCES

When: Thursday May 12th

Time: 4:00pm-7:00pm

Where: Como Park Senior High School

If you need transportation, please contact Jamie Hoffman at 651-744-5529 or jamie.hoffman@spps.org

Important Upcoming Dates

May 6- Family Fun Night 5:00-8:00pm
May 12- Parent-Teacher Conferences 4:00-7:00pm
  Last day to submit work for mid-quarter
May 20- Prom at Landmark Center 7:00-11:00pm
May 24- Spring choir concert at Como Lake Pavilion 7:00pm
May 26- Spring band concert 7:00pm
May 27- Last day for seniors to submit work for Quarter 4
May 30- No School- Memorial Day
June 2- Seniors last official day at Como
June 3- Senior celebration and cap & gown pick up
June 7- HS Graduation Roy Wilkins Auditorium 8:00-9:00pm
June 10- Last day of school for students grades 9-11
**Student Arrival Reminder**

Students will not be allowed to enter the building until 8:10 each morning. Please plan accordingly.

**AP Testing Schedule**

AP testing will take place at Como the weeks of May 2-May 6 and the weeks of May 9-May 13. Tests will be administered at 8:00am and at 12:00pm. Students should be prepared to arrive early and are not permitted to bring any electronic devices into the testing space (leave the phone, smart watch, headphones etc. at home!)

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**Como Park Senior AP Exams Calendar**

<table>
<thead>
<tr>
<th>Date</th>
<th>8:00am Exam</th>
<th>12:00pm Exam</th>
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</thead>
<tbody>
<tr>
<td><strong>Monday</strong> May 2, 2022</td>
<td>United States Government and Politics</td>
<td>Chemistry</td>
</tr>
<tr>
<td><strong>Tuesday</strong> May 3, 2022</td>
<td>Environmental Science</td>
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<tr>
<td><strong>Wednesday</strong> May 4, 2022</td>
<td>English Literature and Composition</td>
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<tr>
<td><strong>Thursday</strong> May 5, 2022</td>
<td>Human Geography</td>
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<td></td>
<td>Macroeconomics</td>
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<tr>
<td><strong>Friday</strong> May 6, 2022</td>
<td>United States History</td>
<td>Art History</td>
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<tr>
<td><strong>Monday</strong> May 9, 2022</td>
<td>Calculus AB</td>
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<td></td>
<td>Calculus BC</td>
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<tr>
<td><strong>Tuesday</strong> May 10, 2022</td>
<td>English Language and Composition</td>
<td></td>
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<tr>
<td><strong>Wednesday</strong> May 11, 2022</td>
<td>Biology</td>
<td></td>
</tr>
<tr>
<td><strong>Thursday</strong> May 12, 2022</td>
<td>World History</td>
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**News:**

MackinVia has hundreds of new fiction and nonfiction books! There are so many new books to read over the summer! MackinVia also has a new look! To make finding books that inspire and interest you easier, we have new “Featured Groups”! They will change periodically, but right now you can find books under the topics of: Serial Killers, Sex & Health, and Mental Health.
You can also find new collections by selecting “Groups”:

Featured Group: Sex & Health

Featured Group: Mental Health

Top Resources

You can also find new collections by selecting “Groups”:
DUES:
The end of the school year is approaching.

This summer be sure to take advantage of the eBooks on MackinVia.

Please note the following due dates for your library books:

- Last day for book checkout: MAY 13th
- Seniors must return all library books by MAY 27th
- 9th - 11th grade students must return all library books by JUNE 3rd.
St. Catherine University, School of Business, Katie Leadership Impact

WOMEN LEARNING TO LEAD AND INFLUENCE INSTITUTE

BEGINS SUMMER 2022
DATE: TUESDAY, JUNE 21 - 24, 9AM - 1PM

"Empowering women to realize their potential as leaders and building meaningful careers." - KLI

Leadership, Business, Social Justice, and Sustainability

Free Breakfast and lunch Eligibility: Sophomores and juniors in high school

Contact Namibia Little, Director of KLI
kli@stkate.edu to learn more

APPLY NOW

https://forms.gle/a7UoEA3yDiSp7kaT9
LEADERSHIP, SUSTAINABILITY AND SOCIAL JUSTICE IN BUSINESS
4 - HALF DAYS IN A FUN SUMMER CAMP AT ST. CATHERINE UNIVERSITY

Join us for a FREE academic and career exploration opportunity for female high school students entering their junior or senior year in the fall of 2022. During this program you will:

- Learn about Leadership & Influence as well as your personal strengths and how to use them
- Learn about the key components of profit & non-profit businesses
- Learn about careers in Business Management, Marketing, Sales, Accounting, Finance and More
- Understand the importance of sustainability and social justice in business success
- Connect with business professionals, university professors as well as student mentors
- Work on a mini-project with your peers
- Tour Campus

How to register
Space is limited to 30 students. Sign up quickly. We are hosting a family information session. To earn a seat at the camp, please submit in this application

https://forms.gle/a7UoEA3yDiSp7kaT9

About St. Catherine University
Sustained by a legacy of strong, visionary women, St. Catherine University has been educating women to lead and influence for over 120 years. We are committed to excellence, aiming to develop leaders who act with integrity. Located in the heart of the Minneapolis/St. Paul area, St. Catherine University is surrounded by culture and activities, including theater, music, sports and outdoor adventures.
Academic Enrichment Program
SUMMER CAMP

Have fun while enhancing your love of learning with academic summer camp! Get Ready is offering scholarships for students currently in grades 9 - 11, who would like to attend.

Contact the Get Ready Coordinator at your school for more information about the summer camp you’re interested in attending, and assistance on completing the application process. Documents you will need to complete include:

- Get Ready Student Application
- Get Ready Guardian Form
- Transcripts
- MARSS Number
- Free/Reduce Lunch Eligibility Form (if applicable)

SUMMER CAMP OPPORTUNITIES

MN INSTITUTE FOR TALENTED YOUTH, MACALESTER COLLEGE
June 13 - 17 (virtual); June 20 - July 1; July 11 - 22, 2022

MITY’s Expand Your Mind program offers more than 30 unique STEM, humanities, and fine arts courses specifically designed to challenge and inspire bright and motivated students from around the Twin Cities and beyond.

www.mity.org
CONCORDIA LANGUAGE VILLAGE, UNIVERSITY OF MN/BEMIDJI
June 13 - 17: Startalk (UMN/virtual hybrid)
June 13 - August 27: Language Camps (Bemidji/virtual)
Our immersion approach to language teaching provides students with a culturally-authentic setting full of natural opportunities to hear and speak language, as well as the support of language teachers experiencing ongoing training in a unique blend of teaching methodologies.
www.concordialanguagenvillages.org

THREESIXTY JOURNALISM, ST. THOMAS UNIVERSITY
June 13 - 17: Essay Boot Camp (virtual)
June 21 - 24; June 17 - July 1: News Reporter Camp
ThreeSixty’s program offers the chance to discover and share your voice and story, enhance your critical thinking, and develop college readiness. Whether you dream of pursuing journalism, digital media arts, strategic communication, or you’re just exploring, ThreeSixty prepares you for success.
www.threesixty.stthomases.edu

MN BUSINESS VENTURE, ST. THOMAS/ST. CLOUD UNIVERSITY
July 10 - 15 (STU); July 24 - 29, 2022 (SCU)
MBV is a business and career development camp that brings together students grades 9-12 to learn business, leadership, and financial literacy skills. This is a great opportunity to network with students across the country, hear from business owners, build skills, learn information for college applications, and explore career options you’d like in the future!
www.bestprep.org/minnesota-business-venture

SCRUBS CAMP, ST. PAUL COLLEGE
July 25 - 28, 2022
Come and learn all about healthcare careers through fun, hands-on activities! Students will take part in a variety of activities related to healthcare, lead by experts in the field. Scrubs Camp is a fun and exciting way for those interested in pursuing a career in the growing field of healthcare!
www.saintpaul.edu/wtce/ighschoolcamps

SCRUBS CAMP, ST. CLOUD UNIVERSITY
July 26 - 28, 2022
Participate in fun and challenging team building activities, field trips to healthcare related agencies, and experience hands-on simulation activities while exploring health science professions such as nursing, radiology, surgery, and public health!
www.stcloudstate.edu/chwp/scrubscamp

GEAR UP/GetReady Room 2614-Contact Mr. Steve or Ms. Mai Chue at 651-744-2529
MICHIGAN TECH - SUMMER YOUTH PROGRAMS

SCHOLARSHIP DEADLINE EXTENDED

ENGINEERING SCHOLARS PROGRAMS
WOMEN IN ENGINEERING

Join us at Michigan Tech this summer to explore careers in engineering through Summer Youth Programs' Women in Engineering or Engineering Scholars Program. You will spend a week on campus, in classrooms and labs, learning about nine different types of engineering. Scholarships covering tuition and transportation are available thanks to 3M.

APPLICATIONS DUE 5/1

Scan Me!
Minnesota Business Venture (MBV), our week-long summer business camp for High School students, is back in-person! This is a great opportunity for students to network, build skills needed for their resume and future job, learn information they'll need for college applications, and do some Career Exploration. Find more information Here.

EARN AS YOU LEARN

- **Earn As You Learn: Career Certification Opportunities!**
- **Are you in 9th-12th grade in SPPS?**
- **Are you interested in earning money from home?**
- **Do you have time over Spring Break?**
- **Do you have 30-40 hours to expand your financial literacy skills, learn about possible careers, gain skills to prepare you for future jobs/careers, and earn certifications to bring you closer to those careers?**

SPPS is offering an opportunity for students to earn a $300 stipend to learn financial literacy skills, earn a certificate and/or credential to show work readiness. Students complete the work asynchronously.

Please see this [website](#) to learn more about the program and certifications being offered. It'll likely take between 30-40 hours to complete the work depending on the certification you select and your work style. The program can be completed in English and/or Spanish.

Some certifications include:

- First Aid/CPR/AED
- OSHA General, Construction, Agriculture, Automotive, Healthcare, Manufacturing, and or Public Safety (EMS)
- Microsoft Word, PowerPoint, and/or Excel
- Others

If you'd like to participate, please complete the [Student Interest Form](#).
Fairview

Spring Career Fair

Wednesday, May 11th 1:00 – 5:00 pm

Bring your resume, meet with recruiters, and connect with leaders from sites across our system for on the spot interviews and job offers.

Positions we are hiring for at multiple locations include:

- RNs and LPNs
- Nursing Assistants
- Resident Assistants
- Environmental/Housekeeping
- Nutrition Services
- Laboratory
- Pharmacy Technicians
- Security
- EMT and Paramedics
- Medical Assistants
- And more

FULL TIME AND PART TIME POSITIONS AVAILABLE

1700 University Ave W
Saint Paul, MN 55104

View additional details & register in advance here:

fairview.org
Sophomores!
Interested in joining College Possible?
Scan the QR code or go to collegepossible.org/join

Apply Today!

+ Priority Deadline: May 1st, 2022
  + guaranteed interview
+ Application Deadline: June 1st, 2022

Questions?
Go to collegepossible.org or contact Riley Nelson or Tou Her.
Room 277
Riley – rnelson@collegepossible.org
Tou – ther@collegepossible.org

What is College Possible?
+ Free college access program that supports students to and through college graduation!
+ Provides services to help you navigate your college journey by connecting you with resources and a dedicated coach
  + ACT prep
  + FAFSA support
+ Includes after-school sessions your Junior and Senior years of high school
Como Park Senior High School

FAMILY FUN NIGHT

FRIDAY, MAY 6, 2022
5:00 P.M. - 8:00 P.M.

Ping Pong * Face Painting/Tattoos * Basketball Trivia/Kahoots * Relay Races * Knitting Demos Obstacle Course * Double Dutch * Volleyball Corn Hole * Selfie-Station * DJ * Bingo Golf * Ultimate Frisbee * Yoga

Como Wear * Concessions * Raffles * Food

Como Booster Club

GET READY
GREAT THINGS HAPPENING AT COMO

Congratulations to Ms. Teefy for being awarded a $3300 grant from the Fund for Teachers to attend two teacher workshops (one on Francophone cultures and diversity, and another on the multicultural region of southern France) in Montpelier, France this August.

Fund for Teachers recognizes Ms. Teefy as a “thought leader, role model (for students and her peers) and an agent of change.”

Génial Mme. Teefy! 🇫🇷

Well done MCJROTC cadets. It was a grueling day for the 105 MCJROTC cadets on Monday who stood their IG inspection by the visiting MCJROTC Regional Director. It consisted of a day-long event in which the cadet leadership (Seniors) and the Regional Director inspected the CPSHS MCJROTC’s core knowledge, grooming standards, uniform regulations, logistics, and mountains of administrative paperwork needed to pass the event with flying colors. For the strength of the Pack is the Wolf, and the strength of the Wolf is the Pack. OOH RAH cadets.
The MCJROTC Cadets attack the French Regional Park in Plymouth Minnesota to develop their Orienteering Leadership skills with the Minnesota National Orienteering Club Saturday. Nine cadets were led by their Orienteering Captain, Cadet Lance Corporal Cooper Westrum and Freshman Cadet Lance Corporal Sam Hunt placed first, defeating more than 38 other JROTC cadets running the 2.8 mile orange course. Ooh Rah!

Staff and students are so happy to have Cupcake Wars back! Here are the Cupcake War Champions:

2022 Cupcake Wars Champions

5th Hour
Nalee Vang
Lisa Truong
Anthony Ososki
Elliot Larsen
Sam Koushik
Sig Isaacson

7th Hour
Tenia Childs
Kayla James
Kiki Ruddy
Zhane Singer
Como’s 2022 Athena Award Winner!!

This year’s class of female student-athletes was exceptional and proved difficult to select only one for our Athena Award. As usual, we had our coaches of our female sports nominate and vote. And the winner is......Saylor Landrum! She has earned 17 letters in three different sports: cross country (6); nordic (6); and track (5>>will be six after this season). She was all conference in cross country, track, and nordic. Saylor also qualified for state this year in Nordic. She is a fantastic representative for Como Park!

Saylor was honored at a ceremony Mc’d by Randy Shaver on Wednesday April 20th, 2022.

AVID 11 students and teacher Madame Teefy toured the University of Minnesota with student guides on April 12th. They learned about the different colleges, majors and the many student groups that the U of MN offers. Another highlight was lunch at the student union and seeing student life as they visited the campus.
Ms. Angie from our school’s Braided Journey’s program took a group of Como students in the program to Hoćokata Ti which is the Shakopee Mdewakanton Sioux Community Culture center. They experience many of the Dakota traditions and stories with fun activities and educational lessons. They went through a museum where they learned the creation story. They also had a nature walk to spot local animals and plants in the area. They got to feel animal pelts and play games like traditional lacrosse. They made medicine bags out of leather and stitched it to make a pouch which can hold sacred medicines like Sweetgrass, or Sage.

In the photo above was a section of the museum where they sat in a room surrounded by screens and speakers like a planetarium and learned in an immersive experience The Dakota Creation Story.

The Photo on the right is a lineup of students and faculty from the trip.
The museum also held pieces of history like on the left “The Haircut” exhibit depicting the importance of being forced to lose their hair which was a key piece in Dakota identity to have things like jobs or when they were forced to go boarding schools.

The photo on the right is a Regalia used by Jingle Dress Dancers in traditional dances, it was donated by Ms. Angie’s niece, Rosema Lafferty. A wonderful piece of art and culture.

The students all had both a very educational and fun experience going on this trip and being surrounded by other native youth. Games and learning things like fire keeping and other parts of what life used to be like to help connect students to an older time and culture.

Written by,

Josue Rocha M. (Student of Como and the Braided Journey’s program.)

In collaboration with Ms. Angie (Braided Journey’s Coach)
Parents/Guardians,

The Get Ready program, in collaboration with the University of Minnesota’s Extension program, is offering an online family engagement workshop *Mental Health and School Success*, on Tuesday, May 10th, 6:30 – 8:00 PM. This event will provide parents and guardians tips on how to support their children and increase their mental well-being to succeed in school.

Register: [https://tinyurl.com/GetReadyMN9](https://tinyurl.com/GetReadyMN9)
7 Ways to Live Happily With Your Financial Opposite

Financial opposites attract – trouble! Can these 7 tips save your relationship

When you first started dating, the way he overspent on dinner was kind of cute, especially in contrast to your frugal ways. You complemented each other, you said.

Lately, though, your sweetheart’s views on money are nearly as grating to you as the clink of those dimes dropping into your piggy bank is to him. Is your relationship as doomed as the Susan B. Anthony dollar? Maybe not.

1. Talk about money

While it’s easier to avoid the subject of money than to argue, eventually, something will happen that begs discussion. Credit card debt is mounting. A bill doesn’t get paid. One of you runs out of money a week before payday. Then it’s on.

How can you work out financial differences if you’re afraid to talk about them? Don’t wait for a financial crisis to discuss your views on saving, spending, and other personal finance matters.

2. Create a budget that works for both of you

If one of you clings to every penny and the other rarely glances at the checking account, it’s a challenge to come up with a monthly budget. However, a budget is just what you need to keep the peace.

With no budget goals, if one person in the couple overspends, how was that person to know any better? At the same time, with a budget, the more frugal person can loosen up when it’s clear the budget allows.

3. Do your share of compromising

Of course, the best way to get along is if the other person changes his or her personal finance habits to become more like you. That’s probably not going to happen, though. So, you both must compromise.
For example, even if you like to go out to eat every night, be open to cooking a few meals at home each week. If you’re the one who thinks dining out is an extravagance you can’t afford, find ways to cut expenses elsewhere to allow at least a few restaurant nights every month.

4. Try not to judge

Maybe your wife grew up poor so she worries that the two of you will never have enough savings. Or, your boyfriend learned to be secretive about spending from his dysfunctional family.

Whatever the case, maybe it’s time for a conversation about lessons you each learned about money while growing up. Knowing more about the reasons behind each other’s relationship with money may help you find patience with the other person when anger is your first impulse.

5. Set reasonable expectations

When your household and finances mingle, it’s natural to have reasonable expectations. The rent must be paid on time, for example. You have to hold down a job. You’ll each deposit a certain amount in savings every month.

However, just as your thrifty wife shouldn’t expect you to match her every savings account deposit, don’t expect her to withdraw a huge sum from savings to finance a cruise for next year’s vacation.

6. Offer an incentive

If you’re a saver but your spouse struggles to save money, show him or her all the ways that cutting back on spending can improve your lives over the next year.

Will you be able to take an extra vacation, thanks to a fatter bank account? Get closer to buying a better vehicle? That incentive may be just the motivation needed for him to take lunch to work occasionally or for her to stay home and watch Netflix instead of going to a movie.

7. Keep talking honestly about money

Whatever you do, don’t let conversations about money disappear from the relationship. You are financial opposites, after all. No matter what you do, money will always be an issue.

So, make sure you don’t slip into old habits, like waiting until a crisis erupts to get serious about working out financial differences. When you slip up, admit it. When your partner fails, forgive it. Then get to work on next month’s budget.

For the Spanish version, click [here](#).
Visit the Health Start Clinic on Tuesday, May 3rd from 12-3 to learn more about STI's!

What are STI's? How do you protect yourself? Free testing!

COME IN and enter for a drawing of a Target gift card, play some games and get prizes!


ALL STUDENTS WELCOME!!!

NO appointment needed!