

Our Schools and Programs

Kofi *(serving students of African descent)*

- Battle Creek Middle School
- Benjamin E. Mays IB World School
- Capitol Hill Gifted and Talented Magnet
- Central High School
- Crossroads Elementary Science and Montessori Schools
- Global Arts Plus Upper Campus
- High School for the Recording Arts
- Humboldt Middle and Senior High School
- Maxfield Elementary
- Minnesota Math & Science Academy
- Obama Elementary
- Ramsey Middle School

Hlub Zoo *(serving Southeast Asian students):*

- Mississippi Elementary
- Harding Senior High School
- Jackson Elementary
- Phalen Lake Elementary
- Community School of Excellence

Sembrando *(serving Latinx students):*

- Wellstone Elementary

Generalists *(serving all cultural backgrounds):*

- Cherokee Heights Elementary
- Dayton's Bluff A+ Elementary
- John A. Johnson A+ Elementary
- Riverview West Side School of Excellence
- Saint Paul Music Academy
- Washington Technology Magnet School

School-Based
Mental Health

Cherokee Heights Elementary

To learn more visit
www.wilder.org

The Amherst H. Wilder Foundation combines knowledge, compassion and action to improve lives today and for generations to come. We create lasting, positive change rooted in people through direct services, research and community building.



Amherst H. Wilder Foundation
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School-Based Mental Health Services



The Wilder Foundation has collaborated with St. Paul Public Schools since 1991 in order to provide holistic mental health care for students and families.

Wilder's School-Based Mental Health providers deliver culturally-affirming, holistic therapeutic services and consultation for children and families in school, home, and community.

Our School-Based Mental Health programs include:

Kofi: a culturally specific program for African-American youth

Hlub Zoo: a culturally focused program for Hmong and Southeast Asian youth

Sembrando: a culturally specific program for Latinx youth.

Generalists: serve youth of all cultural backgrounds.

Wilder School-Based Mental Health providers offer:

- Comprehensive evaluations
- Individual and family therapy
- Trauma-informed treatment
- Intensive school-based and in-home interventions
- Care coordination services
- Ongoing consultation for teachers and school staff

We also work with families to coordinate access to additional services, including:

- Child and adolescent psychiatry
- Medication management
- Psychological testing
- Basic needs support

Cherokee's Provider

Charlotte Huffaker, MA is excited to be starting her first year at Cherokee Heights. Charlotte has previous experience doing preschool autism intervention, case management, and mental health work as a school based therapist at South High in Minneapolis. Charlotte is a relational, developmental, and attachment oriented therapist working to build secure and safe relationships with her clients. Charlotte is passionate about school based mental health work and in therapy as a form of social justice. She prioritizes care coordination and holistically supporting clients and their families. In her spare time, Charlotte enjoys being outdoors, reading, and cooking.

