

SBLSD Wellness Policy Assessment

Date:	6/8/2022			
Comments: The last assessment of the wellness policy was in 2017. In years 2019-2020, 2020-2021 and 2021-2022 schools had limited operations due to the Covid-19 pandemic. This assessment addresses the area appropriate for the 2021-2022 school year.				
Area:	Strategy	Policy Compliance		Comment
		Yes	No	
Meal Applications	Distribute meal applications to all households	X		Available in Family Access
Meal Patterns/Menu Planning	Follow the USDA meal patterns	X		
Meal Times	Breakfast close to start of day, lunch between 10 and 2	X		
Meal Pricing	Board determine meal prices annually and follow PLE			n/a meals free for all since March 2020
USDA Foods	Use USDA Foods	X		USDA Foods pre-ordered not available for much of the year
Meal Charge Policy	Develop meal charge policy			n/a meals free for all since March 2020
Unpaid Meal Charges	Do not deny meals, no a la carte sales for negative balances			n/a meals free for all since March 2020
Children with Special Dietary Needs	Establish procedures, accommodate 504	X		

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		Yes	No	
Civil Rights	Follow USDA policies	X		
Procurement	Follow state and federal guidelines	X		
Smart Snack Standards	All foods sold during school day meet smart snack guidelines	X		Periodic checks on vending machines and BHS student store showed they were in compliance
Best Practices for Meal Service	Multiple areas			Returning to full time school during pandemic made some of these areas difficult to assess or achieve
Water	Free water available	X		
Celebrations and Rewards	Meet or exceed Smart Snacks in Schools			Returning to full time school during pandemic made some of these areas difficult to assess or achieve
Fundraising	Meet or exceed Smart Snacks in Schools			Returning to full time school during pandemic made some of these areas difficult to assess or achieve
Nutrition Promotion	Smarter Lunchrooms, Smart Snacks			Returning to full time school during pandemic made some of these areas difficult to assess or achieve
Staff Qualifications and Professional Development	Meet USDA Standards	X		

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		Yes	No	
Family and Community Involvement	Multiple areas			Returning to full time school during pandemic made some of these areas difficult to assess or achieve
Nutrition Education	Multiple areas			Returning to full time school during pandemic made some of these areas difficult to assess or achieve
Health and Physical Education	Multiple areas			Returning to full time school during pandemic made some of these areas difficult to assess or achieve
Physical Education and Waiver Policy	Multiple areas			Returning to full time school during pandemic made some of these areas difficult to assess or achieve
Professional Learning	Multiple areas			Returning to full time school during pandemic made some of these areas difficult to achieve
Physical Activity in Schools	Multiple areas			Returning to full time school during pandemic made some of these areas difficult to achieve
Quality Physical Education	Multiple areas			Returning to full time school during pandemic made some of these areas difficult to achieve
Physical Activity during the School Day	Multiple areas			Returning to full time school during pandemic made some of these areas difficult to achieve
Physical Activity Before and After School	Multiple areas			Returning to full time school during pandemic made some of these areas difficult to achieve

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		Yes	No	
Recess	Multiple areas			Returning to full time school during pandemic made some of these areas difficult to achieve
Family and Community Engagement	Multiple areas			Returning to full time school during pandemic made some of these areas difficult to achieve
Staff Wellness and Health Promotion	Multiple areas			Returning to full time school during pandemic made some of these areas difficult to achieve
Active Transport	Multiple areas			Returning to full time school during pandemic made some of these areas difficult to achieve
School District Facilities	Multiple areas			Returning to full time school during pandemic made some of these areas difficult to achieve