Hello! We can’t believe we are already a month into the school year!

This month, Capitol Hill is focusing on Kindness. Each week in October, classes will spend some time participating in a variety of Kindness related activities:

- October 2nd - 6th - Going Beyond Kindness
- October 9 - 13 - Community Service
- October 16 - 18 - Unity Day (Wear Orange on Oct 18!)
- October 23 - 27 - Kindness Door Decorating Contest
- October 30 - 31 - Gratitude

Check in with your child throughout October to see what they are learning about kindness!
What's going on in Elementary School this month?

- Biweekly classroom lessons grades 1-5.
- Topics this month include:
  - Starting our academic/social emotional learning success unit

- 5th grade parents, we will continue academic advising meetings with your children as part of their Personal Learning Plans. Check Xello to see what students are up to!

What's going on in Middle School this month?

- 8th graders will start their Academic Advising Meetings as part of their Personal Learning Plan with Mr. Fomafung.

- 6th grade will have Mental Health/Bullying Prevention Lessons.

- 7th & 8th graders will have their Bullying Prevention Lessons.

Quote of the Month

“Joy is the most magnetic force in the universe.”

- Danielle LaPorte

Resources

- Capitol Hill School Counselor Website
- Unity Day Website

Good to Know

- Electronics Policy
- Middle School Bell Schedule
- How to open a combination lock
- Parent Campus and Schoology Quick Access

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