

SHAC MEETING MINUTES-JANUARY 11, 2024

Attendance: Ashley VanHorn, Ashley Bough, Hunter Foley, Michelle Gardner, Crystal Tebbenkamp, Marti Brown, Marcy Easterly, Vickie Collins, Noah Lyons, Lacey Ross, Christy Willis, Rolanda Lawler

Vickie discussed periodic review of Wellness Policy in the past and some changes that have been made, such as Wellness Week in the elementary instead of Red Ribbon Week. She wrote the current policy approximately 15 years ago, after much research. Rolanda mentioned perhaps adding a description about what Mrs. Grass does as a school clinician. The district has met the 50% participation requirement for the District Wellness Incentive for 2023-2024. We have 52.5% participation. Gallagher will submit a request for the district incentive.

Vickie discussed the upcoming state and USDA Administrative Review on February 15, 2024. She has sent the necessary information to the state for review. Food allergy paperwork has been provided from the nurse's office. Vicki Barnum and Vicki Tate have also supplied information as needed. After the recent review in the Early Childhood building, she has made changes to address two issues mentioned in the report. Whole grains have been listed and orange juice has been added to each day on the menu. After the elementary cafeteria visit, they will have an exit meeting with Dr. Hedger. Suggestions and a corrective action plan will be offered. Vickie Collins will make the necessary changes in order for us to be in compliance with the rules.

When asked for ideas regarding future wellness activities/challenges, Marcy Easterly suggested something related to mental health. Mr. Lyons mentioned a self-care challenge he was involved with in another workplace and gave a brief description. We would like to see more involvement from the middle and high schools. Dr. Bough suggested student involvement in the challenge, perhaps students challenge the teachers. Since people of all ages seem to enjoy smoothies, that was mentioned as an incentive. Ashley VanHorn suggested involving the Leadership Team. Mr. Lyons will talk to Mrs. Poynor about this to see if this is something that would be of interest. We agreed it needs to be a collaborative effort.