Guidelines for Outdoor Recess

At AGCS we will make every attempt to send our elementary students out for daily recess, as we know exercise increases a student's capacity for learning. As the seasons change, please plan for outdoor recess by sending in the appropriate clothing. Please label all coats and hats.

We will use the following guidelines to determine indoor/outdoor recess:

- **Below 20 degrees- Indoor recess**
- **Below 25 degrees- Shortened recess (5 to 10 minutes)**
- **Below 32 degrees- Gloves and hats to go outside**
- **Below 50 degrees- Coat and long pants are recommended**
- **Below 60 degrees- Jackets or long sleeves suggested**

The below process will be used to locate the "actual" temperature outside AGCS:

1. **Go to www.weather.com (The Weather Channel)**
2. **Enter zip code**
3. **Underneath the large temperature reading is the "Feels Like" temperature. This is the temperature that we will use to guide our decision for recess.**