



What is a Lunch Meal?
Lunch includes 5 components:
Grain, Meat/Meat Alternate, Fruit, Vegetable & Milk
Students Must choose at least 3 components and 1 must be 1/2 cup fruit or vegetable.
Choose all 5 for a nutritious meal!



Kemblesville ELC Lunch Menu 2023

Lunch \$2.75

AVON GROVE CHARTER SCHOOL

MONDAY

Breaded Chicken Patty on Roll
Cheese Tortellini W/ Meat Sauce & Roll
Yogurt/Cheese Stick/Mini Cinni

Steamed Corn, Fresh Cauliflower
Orange Wedges, Fruit Juice
Daily Milk Selection

TUESDAY

Chicken Quesadilla
Sausage, Egg & Cheese on English Muffin
Yogurt/Cheese Stick/Mini Cinni
PBJ Uncrustable/Cheese Stick/ Goldfish Pretzels (2nd & 3rd Grade Only)

Steamed Green Beans
Celery Sticks, Apple Sauce
Sour Raisins
Daily Milk Selection

WEDNESDAY

Grilled Cheese Sandwich
Hot Dog on Roll
Yogurt/Cheese Stick/Mini Cinni
Ham & Cheese on Roll

Tomato Soup, Baked Beans
Grapes, Fruit Juice
Daily Milk Selection

THURSDAY

Hamburger/ Cheeseburger on Roll
Mac & Cheese w/ Dinner Roll
Yogurt/Cheese Stick/Mini Cinni
Turkey/Cheese/Cracker Pack

Potato Smiles, Broccoli Salad
Apple Slices, Fruit Juice
Daily Milk Selection

FRIDAY



WELCOME
BACK TO SCHOOL

To make a payment to your child's lunch account, please send in check or cash with the student's name. Checks can be made payable to "AGCS". Visit SchoolCafe.com for online payments and Free/Reduced price meal application.

Daily Milk Selection includes:
1% White Milk
Non-Fat Chocolate Milk



Breakfast is free for all students during the 2023-2024 School year!

Kemblesville ELC Breakfast Menu 2023

AVON GROVE CHARTER SCHOOL

MONDAY

Muffin
Yogurt

Fruit Juice
Clementine
Daily Milk Selection

TUESDAY

Pop Tart
Yogurt

Fruit Juice
Sour Raisins
Daily Milk Selection

WEDNESDAY

Cereal Bar
Yogurt

Fruit Juice
Craisins
Daily Milk Selection

THURSDAY

Banana Bread

Fruit Juice
Apple Slices
Daily Milk Selection

FRIDAY

Whole Grain
Glazed Donut

Fruit Juice
Banana
Daily Milk Selection

Students must choose at least 3 items for a complete breakfast meal and 1 must be 1/2 cup of fruit or fruit juice.

***Ala Carte Items are charged at \$1.00 each**

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