



What is a Lunch Meal?
 Lunch includes 5 components:
 Grain, Meat/Meat Alternate, Fruit, Vegetable & Milk
 Students Must choose at least 3 components and 1 must be 1/2 cup fruit or vegetable.
 Choose all 5 for a nutritious meal!



State Road Lunch Menu 2023

Lunch \$2.75 (4-8)
 Lunch \$3.25 (9-12)

AVON GROVE CHARTER SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breaded Chicken Patty on Roll 28 Cheese Tortellini W/ Meat Sauce & Roll Yogurt/Cheese Stick/Mini Cinni Ham & Cheese on Roll Steamed Corn, Cauliflower, Orange Wedges, Fruit Juice Daily Milk Selection	Chicken Quesadilla 29 Sausage, Egg & Cheese on English Muffin PBJ Uncrustable Chef or Garden Salad w/ Dinner Roll Steamed Green Beans Celery Sticks, Apple Sauce Sour Raisins Daily Milk Selection Grades 9-12 Grandma Cookie	Grilled Cheese Sandwich 30 Hot Dog on Roll Yogurt/Cheese Stick/Mini Cinni Chicken Caesar Wrap Tomato Soup, Baked Beans Grapes, Fruit Juice Daily Milk Selection	Hamburger/ Cheeseburger on Roll 31 Mac & Chesse w/ Dinner Roll Turkey/Cheese/Cracker Pack Chef or Garden Salad w/ Dinner Roll Potato Smiles, Broccoli Salad Apple Slices, Fruit Juice Daily Milk Selection Grades 9-12 Scooby Graham	1 

WELCOME
BACK TO SCHOOL

To make a payment to your child's lunch account, please send in check or cash with the student's name. Checks can be made payable to "AGCS". Visit Schoolcafe.com for online payments and Free/Reduced price meal application.

Daily Milk Selection includes:
 1% White Milk
 Non-Fat Chocolate Milk



Breakfast is free for all students during the 2023-2024 School year!

State Road Breakfast Menu 2023

AVON GROVE CHARTER SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Muffin Yogurt Fruit Juice Clementine Daily Milk Selection	Pop Tart Banana Bread Yogurt Fruit Juice Sour Raisins Daily Milk Selection	Cereal Bar Benefit Bar Yogurt Fruit Juice Craisins Daily Milk Selection	Whole Grain Funnel Cake Fruit Juice Apple Slices Daily Milk Selection	Plain Bagel Whole Grain Donuts Fruit Juice Banana Daily Milk Selection

Students must choose at least 3 items for a complete breakfast meal and 1 must be 1/2 cup of fruit or fruit juice.

*Ala Carte Items are charged at \$1.00 each