



Downingtown Middle school menu

Week of January 15th, 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY


| | | | | | |
|-----------------|--|--------------------------------|---|---------------------------------|-------------------------------------|
| feature | School Closed | bbq chicken sandwich | penne & marina w/ meatballs or broccoli | oven fried chicken w/ a biscuit | french toast or pancakes w/ sausage |
| grill | On January 15th 2024 | black bean & cheese quesadilla | spicy chicken sandwich | grilled cheese | vegetable fried rice |
| sandwich / wrap | <u>ham & cheese sandwich</u> (ham & american cheese on pullman bread) <u>hummus pack</u> (hummus, bell peppers, cucumbers, carrots & flatbread) | | | | |
| Salad | veggie baja salad (romaine salad mix, grape tomatoes, black beans, corn & cheddar cheese) | | | | |
| daily options | <p>Grill Station: Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger & Veggie Nuggets</p> <p>Pizza Station: Cheese Pizza or Pepperoni Pizza</p> <p>Grab & Go: Uncrustable</p> <p>Fruit: Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice</p> <p>Vegetable: Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, & Vegetable of the Day</p> <p>Milk: 1% White Milk, Skim Chocolate</p> | | | | |

more info

Pricing:
 Lunch - \$2.80
A la Carte items – Additional charge

Lunch Meals:
 Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!

Additional options may be offered on a school-by-school basis

Scan here for Nutritional Info!




Downingtown Middle school menu

Week of January 22nd, 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

feature

pizza crunchers

beef or black bean walking tacos

pizza max sticks

popcorn chicken parm sandwich

boneless chicken wings

grill

buffalo chicken quesadilla

mini corn dogs

bacon cheeseburger

mac & cheese

egg & cheese on bagel

sandwich / wrap

turkey & cheese wrap
(turkey & american cheese with lettuce & tomato in a wrap)
hummus pack
(hummus, hb egg, celery sticks, carrots & flatbread)

Salad

egg chef salad
(hard boiled eggs, mozzarella and cheddar cheese on a bed of romaine mix)

daily options

Grill Station: Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger & Veggie nuggets
Pizza Station: Cheese Pizza or Pepperoni Pizza
Grab & Go: Uncrustable
Fruit: Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice
Vegetable: Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, & Vegetable of the Day
Milk: 1% White Milk, Skim Chocolate

more info

Pricing:

Lunch - \$2.80

A la Carte items – Additional charge

Lunch Meals:

Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!

Additional options may be offered on a school-by-school basis

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Menus are subject to change, as supply chain disruptions continue to disrupt the





Downingtown Middle school menu

Week of January 29th, 2024

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------|--|------------------------------|---|---|-------------------------------------|
| feature | chicken parm. sand. (vegetarian option available) | penne alfredo with broccoli | oven fried chicken drumstick & stuffing | burger melt | french toast or pancakes w/ sausage |
| grill | beef cheesesteak | spicy chicken patty sandwich | corn dog | pizza crunchers | vegetable & fried rice |
| sandwich / wrap | <u>cheese hoagie</u> (american & cheddar cheese, lettuce tomato on a club roll) | | | | |
| Salad | buffalo chic pea salad (romaine mix garbanzo beans tossed in hot sauce, mozzarella cheese & tomatoes) | | | | |
| daily options | <p>Grill Station: Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger & Veggie Nuggets</p> <p>Pizza Station: Cheese Pizza or Pepperoni Pizza</p> <p>Grab & Go: Uncrustable</p> <p>Fruit: Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice</p> <p>Vegetable: Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, & Vegetable of the Day</p> <p>Milk: 1% White Milk, Skim Chocolate</p> | | | | |
| more info | <p>Pricing: Lunch - \$2.80</p> <p>A la Carte items – Additional charge</p> <p>Lunch Meals: Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!</p> <p>Additional options may be offered on a school-by-school basis</p> | | | <p>Scan here for Nutritional Info!</p>  | |

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Downingtown Middle school menu

Week of February 5th, 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

feature

**pizza
burger**

**beef
walking
tacos**

**chicken
mashed
potato bowl**

**penne &
sauce w/
vegetables**

**grilled
cheese**

grill

**boneless
chicken
wings**

**buffalo
veggie
quesadilla**

**spicy
popcorn
chicken**

**chicken
cheesesteak**

**french toast
& sausage**

sandwich
/ wrap

bbq chicken wrap
(diced chicken tossed in bbq sauce with cheddar cheese lettuce & tomato in a tortilla wrap)

hummus pack
(hummus, bell peppers, hb egg, celery sticks & flatbread)

Salad

garbanzo bean caesar salad
(garbanzo beans, romaine lettuce, shredded mozzarella & croutons)

daily
options

Grill Station: Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger & Veggie Nuggets

Pizza Station: Cheese Pizza or Pepperoni Pizza

Grab & Go: Uncrustable

Fruit: Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice

Vegetable: Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, & Vegetable of the Day

Milk: 1% White Milk, Skim Chocolate

more
info

Pricing:

Lunch - \$2.80

A la Carte items – Additional charge

Lunch Meals:

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Nutritional
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Downingtown Middle school menu

Week of February 12th, 2024

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------|--|--|--|---|--|
| feature | pizza crunchers | beef soft tacos | teriyaki chicken & rice bowl (vegetarian option available) | buffalo chicken stromboli | boneless chicken wings |
| grill | chicken parm. melt | black bean & cheese burrito | spicy chicken sandwich | bbq chicken tenders | chicken dumpling & fried rice |
| sandwich / wrap | <u>club wrap</u> (ham, turkey & cheese w/ lettuce tomato in a wrap) <u>hummus pack</u> (hummus, flatbread, apples, cucumbers, carrots) | | | | |
| Salad | egg chef salad (romaine salad mix, hard boiled egg, mozzarella cheese, tomato & cucumbers) | | | | |
| daily options | <p>Grill Station: Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger & Veggie Nuggets</p> <p>Pizza Station: Cheese Pizza or Pepperoni Pizza</p> <p>Grab & Go: Uncrustable</p> <p>Fruit: Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice</p> <p>Vegetable: Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, & Vegetable of the Day</p> <p>Milk: 1% White Milk, Skim Chocolate</p> | | | | |
| more info | <p>Pricing: Lunch - \$2.80 <u>A la Carte items – Additional charge</u></p> <p>Lunch Meals: Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!</p> <p>Additional options may be offered on a school-by-school basis</p> | | | <p>Scan here for Nutritional Info!</p>  | |

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