

**Athletic Participation
Agreement**



The Sayre Athletic Department plays an important role in delivering on the school's educational mission. We strive to offer competitive, challenging and inclusive education based athletic opportunities for all interested student athletes. Our ability to deliver on this mission hinges in part on forging an effective partnership between the Department of Athletics, student athletes and parents. As with any partnership, effective communication and clear expectations are critical to our success. Our goal and expectation is to establish and maintain an athletic culture and tradition we can all be proud of and one that provides the best opportunities for our student athletes.

*For a complete description of Upper School and Athletic Department guidelines please use the links located on the Sayre web site and Athletics home page <http://www.sayreschool.org>

Student Agreement

- As a student athlete I recognize that I represent not only myself but also my teammates, coaches and Sayre School. I will display good sportsmanship and treat all players, coaches, officials and fans with respect.
- I will consistently strive to give my best effort and support my teammates and coaches with my actions and my words.
- I understand that any form of hazing or harassment is inconsistent with Sayre's athletic culture and I will not only refrain from engaging in any form of hazing or harassment but understand my obligation to prevent and report any incidents involving myself or my teammates.
- I understand that as a student athlete I am responsible for knowing and adhering to policies outlined in both the Sayre Student Athlete Handbook and the Sayre Upper School Handbook and that violations to policies in either may have repercussions to both my athletic standing and in the Upper School.
- I understand that a commitment to my team is important and I will attend scheduled practices and games during the season. If a conflict arises, I will contact my coach directly and in advance to request that I be excused.
- I will care for Sayre facilities, equipment and uniforms and I will return any issued equipment/uniforms to the school in good condition at the end of the season.
- I understand that the Sayre Acceptable Use and Social Media Policies are in effect and applicable to athletics. Negative and inappropriate use or social media can be damaging and I will refrain from using social networks in a way that could reflect negatively on my team, coaches, Sayre Athletics or Sayre School. I also understand that use of cell phones or other recording devices during games or practices is inappropriate and that use of such devices is also expressly forbidden in locker rooms and bathrooms
- Competitive sports consistently tests and challenges athletes. The challenges you encounter can be some of the most meaningful and rewarding athletic experiences. They will also to test your ability to respond positively and pro-actively with team mates and coaches in times of stress. When confronted with challenges, I agree to address them in a positive way that reflects the best of the Spartan tradition and to discuss issues that arise directly with my coach.
- As an athlete, I recognize the importance of caring for my body. I understand that the use of drugs and alcohol are illegal, harmful to my body, and undermine my performance and commitment to my team and I will refrain from using drugs and/or alcohol.
- I understand that being an athlete extends beyond practices, games or a given season. I will:
 - a. Remain diligent with my schoolwork and my performance in the classroom. I will organize my time and prioritize my studies in a way that allows me to also honor my commitment to teammates and coaches.
 - b. Eat, sleep and otherwise care for my body properly so that I am ready to perform at my best.
 - c. Maintain my training, fitness and flexibility between seasons by attending as many off season training sessions as I am able to and/or engaging in training and fitness activities on my own.

As a student athlete desiring to compete for Sayre School, I agree to uphold this agreement and abide by the guidelines outlined herein and in the Student Athlete Handbook. I acknowledge and understand that if I do not conduct myself in a way that is consistent with this agreement and the Student Athlete Handbook that it could significantly impact my standing on a team and has the potential to result in both athletic and school consequences.

Student's Name: _____ **Date:** ____/____/____

Student's Signature: _____