

# Muenster ISD

## Student Health Advisory Council

Meeting Minutes - Tuesday, October 10, 2023 - 07:30 A.M.

- 1. Call to Order @ 07:34 A.M. by Brandi Richardson**
- 2. Sign-In/ Welcome & Thank You! by Brandi Richardson. Members present as follows:**

Brandi Richardson	Tiffany Lutkenhaus
Jackie Reynolds	Kay Schroeder
Shelley Wylie	DJ Yarbrough
Amy Dangelmayr	Stevie Maas
Scott Bicknell	Monte Sewell
Debra Sicking	
- 3. Approve minutes from the previous meeting on April 10, 2023 - Amy Dangelmayr made a motion to approve minutes. Shelley Wylie seconded the motion. Minutes approved.**
- 4. Overview of the purpose/ role of the SHAC - Brandi Richardson gave an overview to the members of the purpose and role of the local School Health Advisory Council (SHAC). Texas law requires the establishment of a SHAC for every school district. A SHAC is a school district created advisory group, consisting of members from different areas of the community and school district. The majority of members must be parents who are not employed by the district. The job of the SHAC is to make sure that the school district's school health programs reflect local community values. The SHAC assists in promoting school health. One of the main roles of any SHAC is to make school health recommendations to the school board. Some of the physical and mental health topics addressed by the SHAC include: obesity prevention, cardiovascular disease, Type 2 diabetes, suicide, opioid addiction and abuse, human sexuality, child abuse, family violence, dating violence, and sex trafficking, etc. Although SHACs are similar in their general purpose and functioning, no two SHACs are the same.**
- 5. Review of health related employee training held during inservice - Brandi Richardson gave a review of all health related employee training that took place during inservice. Muenster ISD employees completed required online health-related compliance trainings that included: Diabetes Overview; Seizure Overview; Mental Health Overview; Sexual Harassment; Suicide Prevention; Bullying Prevention; Bloodborne Pathogens; Child Abuse, Trafficking, & Maltreatment; Anaphylaxis & Epinephrine Use; & Teen Dating Violence & Healthy Relationships. Employees at Muenster ISD (29 employees) completed CPR/ AED & STOP the Bleed certifications during inservice. Training was provided for MISD staff with assistance from Darla Styles and Crystal Tuggle (with Muenster Memorial**

Hospital). A list of current student food allergies was shared by Nurse Richardson with all cafeteria staff and with any staff members directly involved with those students throughout the school day/ year. During inservice, MISD staff directly involved with students with food allergies were trained individually about the signs and symptoms of anaphylaxis and EpiPen administration. MISD staff were also trained in the admin. of enteral feedings (if applicable). MISD does have unassigned Epinephrine on all campuses and in the cafeteria, if needed.

**6. Review of current and upcoming student/ employee health related programs planned for this semester** - Nurse Richardson is in the process of completing all vision, hearing, acanthosis, and spinal screenings for the Fall semester. Peace Officer training, CPR training, and STOP the Bleed training is also planned for JH/HS students upcoming school year. Sexual Risk Avoidance instruction will be conducted this school year for all students that opt-in in grades 6th, 7th, 8th, and 9th. There is a Flu Vaccination Clinic scheduled for tomorrow, 10/11/2023, at MISD with assistance from Muenster Family Medical Clinic. There is also an upcoming Little Hornet Fun Run, but the exact date has not been set yet (being rescheduled from a previous date).

**7. Future goals and objectives of the SHAC; Suggestions from members on ways to improve overall school health** - Nurse Richardson spoke with the members about Youth Equipped to Succeed (YES!) and about the possibility of utilizing some of its positive youth development programs. The members will do some research about the various programs that YES! offers so that decisions can be made about future utilization of services. YES! offers programs for students in grades K-12.

**8. Update on Narcan** - Muenster ISD now has Narcan nasal spray available on all campuses, if needed. The school's Narcan policy is currently being updated to reflect latest updates and information.

**9. Open Forum/ Discussion** - The council members discussed student drug testing implementation concerns. Mr. Sewell addressed the members and told them that his door is always open if parents have questions or concerns. There were also some questions asked by parent members about the current Guardian program and about the possibility of having a School Resource Office (SRO) in the future. Those questions were addressed and discussed by Mr. Sewell.

**10. Meeting Schedule/ Dates for the 2023-2024 School Year** - the following meeting dates were discussed and approved by council members. No changes have been made at this time. If the members feel that additional meetings are needed, those dates and times will be discussed at that time.

- December 11, 2023
- February 12, 2024
- April 8, 2024

11. **ADJOURN** - Meeting adjourned at 08:25 A.M.

Posted to Website: October 20, 2023

**Co-Chair**\_\_\_\_\_