

Menu



Mayfield Girls School

WEEK 2	Monday 15/01	Tuesday 16/01	Wednesday 17/01	Thursday 18/01	Friday 19/01	Saturday 20/01	Sunday 21/01
Cooked Breakfast	Fried egg, hash bites, plum tomatoes & baked beans	Bacon, poached egg, mushrooms	Smoked salmon scrambled egg, bagels & wilted spinach	Sausage, herby diced potato & grilled tomatoes	French toast with Greek yoghurt, maple syrup & berries	Bacon, scrambled egg, mushrooms & baked beans	Pancakes in houses
Lunch Main Meal	Roast thyme chicken with a pancetta & leek cream sauce	Macaroni cheese	Beef bourguignon	Chinese style pulled pork bao buns with spring onions & sesame	Battered fish with tartare sauce	Nigerian inspired chicken stew	Braised beef & root vegetable pie
Lunch Vegetarian	Spaghetti putanesca	Sweet potato topped with black bean chilli & sour cream	Set polenta with mushroom ragu	Thai vegetable yellow curry	Spiced ratatouille with halloumi croutons	Tomato & aubergine stew	Mushroom stroganoff
Lunch Side Dishes	Parsley buttered new potatoes with broccoli & peas	Garlic bread, roasted sweetcorn & green beans	Mashed potato, savoy & cauliflower	Rice & mixed Asian greens	Chips and lemony greens	Jollof rice & fried plantain	Mashed potato & seasonal vegetables
Salad Bar Specials	Caesar salad	Salsa Verde pasta salad	Curried cauliflower, kale & lentil salad	Roasted squash, red onion & rocket salad	Roast broccoli quinoa super food salad	Salad of the day	
	Second daily salad will be a sustainable salad						
Jacket Potato & Topping	Baked beans	Baked beans	Baked beans	Baked beans	Baked beans		
	Birthday cupcakes	Tuna & Sweetcorn		Coronation chicken			
Lunch Dessert	Birthday cupcakes	Banana sponge & custard	Vanilla pannacotta with fresh fruit	Apple & mixed berry pie with cream	Raspberry trifle	Dessert of the Day	Dessert of the Day
Supper Main Meal	Italian pork loin with mushroom sauce	Sweet & sour chicken	Pork meatballs with a tomato sauce	Shepherds pie	Roasted mediterranean vegetable lasagne	Pork Kaprow	Turkey fajita
Supper Vegetarian	Spiced squash ravioli with creamy pumpkin sauce	vegetable gyoza with sweet chilli & soy noodle stirfy	Vegan meatballs in tomato sauce	Vegetarian sausage with onion gravy		Quorn Kaprow	Halloumi taco's
Supper Side Dishes	Roasted new potatoes & broccoli	Rice & stir fried vegetables	Spaghetti & broccoli	Mixed vegetables	Garlic bread and green salad	Pad Thai noodles	Spiced rice & sweetcorn
Salad Bar	A variety of salads available daily, including mixed side salads, pasta salads, grain salads & meat & cheese boards See separate salad bar menu for daily offerings						
Jacket Potatoes	Jacket potatoes or baked sweet potatoes with beans served daily						
Dessert	Fresh fruit & jellies served everyday. Ice cream will be served one evening a week.						
Dietary Requirements	All our food is made fresh on site every day. We always make sure we have gluten free and dairy free options on both our hot counters and cold counters. Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.						