



# THE KING'S ACADEMY

## TKA Student Time Management Worksheet

FILL THIS OUT FOR YOUR BUSIEST SEMESTER

### School Activities Average Hours/Week

School (5 days x 7 hours)	35
<i>Estimated homework by course</i>	
Bible:	
English:	
Math:	
Science:	
Social Studies:	
World Language:	
Electives:	
Commute Time:	
<b>Total school-related hours:</b>	

### Extra-Curricular Activities Average Hours/Week

Church / Youth Group	
Community Service	
Hobbies / Interests	
Music / Performances	
Paid job	
Sports	
Other	
<b>Total extra-curricular hours:</b>	

### Necessary Daily Living Activities for Health & Well-Being Average Hours/Week

Sleep (7 days x 9 hours)	
Necessities (eating, showering, chores, etc.)	
Family Time	
Free Time	
<b>Total daily living hours:</b>	

### Total Hours Available Hours/Week

School-related Hours = _____ Extra-Curricular Hours = _____ Daily Living Hours = _____	<b>Maximum Hours</b>	
<b>Your total hours:</b> <input style="width: 100px; height: 20px;" type="text"/>	<b>vs.</b>	<b>168</b>