

USDA Wellness Committee
10/19/23 (Thursday) at 3:30 am
Via Zoom

MINUTES

In attendance: Amy Cassidy, Linda Lannin, Jennifer Rocheleau, Stacie Sanborn, Emmie White, Paula Izbicki and Kelly Seeley

1. FY24 Committee Membership Update

- Several other open positions: One food service position, one Allied Health Position, one PE teacher (preferably elementary) and two students
- Linda might have someone to fill the Allied Health position
- Amy C. will work on the food service staff

2. Updated Policy

- With each district's school board for review/approval

3. One Page Staff Education Document-Allie

- On hold
- Amy C. also suggested looking at a flyer that HUES created that we could use the format in addition to what Allie is creating.

4. Status of USDA Timeline for Updating the School Menu Standards-Amy

- Amy reported that there was no news yet but perhaps in January

5. FY24-New Policy, New Procedures

- A giant thank you to Paula and Amy C. for their work in helping to create the baseline assessment draft. The Committee's goal for the meeting was to finalize the draft baseline assessment tools – one for elementary, one for middle and high. They reviewed the draft and offered feedback/changes. They also reviewed the two CDC documents that were used to create the baseline assessment tool draft: Wellness Policy in Action Tool (Elementary & Middle and High)

The Committee also reviewed the process for the rest of the year:

- Wellness Coordinators will use the assessment tool to gather the data for their school in November
- Principals' will be given the results of their assessment in December so they know what improvements need to be made January through May
- Wellness Coordinators will use the assessment tool to gather the data for their school again in May
- Wellness Committee will review the baseline data in January
- Wellness Committee will review in June the data gathered in May to analyze the improvements made from the baseline assessment done in November

- The Committee approved the baseline assessment and was in agreement with the process
- Amy asked if she could get the names of the Wellness Coordinators
- Linda asked if biking to school was not included as a goal because of the safety concerns. Kelly let her know that she was correct.

6. Next Meeting: January 18th – 3:30 pm via Zoom

7. FY24 Meetings:

- January 18th
- April 18th
- June 6th