



FARNBOROUGH HILL

WHOLEHEARTEDLY

Menu - Week Four

(weeks beginning 15 January, 19 February, 18 March)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS	Chicken Katsu Sweet and sour chicken Butternut squash and red onion Katsu	Baked beef meatballs in tomato sauce with fusilli pasta Macaroni cheese	Pork sausages Vegetarian sausages	Honey roast gammon Roast chicken Veggie sausages	Battered fish Tomato pasta bake
ON THE SIDE	Prawn crackers Boiled rice	Carrots and petit pois	Mashed potatoes Peas and carrots Gravy	Roast potatoes Carrots and green beans Gravy	Chips Peas Mushy peas Lemon wedge Tartar sauce
DAILY FAVOURITES	Jacket potato with a selection of fillings - Soup of the day - Salad - Sandwiches - Pasta and sauce				
HOT DESSERTS	Pear and blackberry crumble and custard	Chocolate sponge and chocolate custard	Rice pudding with jam		Chocolate brownie
DAILY SWEET TREATS	Assorted cold desserts - Yoghurt - Fresh fruit				