



FARNBOROUGH HILL

WHOLEHEARTEDLY

Menu - Week Two
(weeks beginning 29 January, 4 March)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS	Chicken fillet Vegetable burger in a bun	Moroccan lamb tagine Chickpea and butternut squash tagine	Chicken tikka naan Lentil, spinach and courgette madras naan	Honey roast gammon Roast chicken and stuffing Cauliflower and broccoli cheese	Battered fish Tomato focaccia
ON THE SIDE	Beef tomato platter Sweet potato fries Sweetcorn and garden peas Coleslaw	Wholegrain vegetable rice Minestrone vegetables	Boiled rice Naan bread Mango chutney Raita Indian inspired salads	Roast potatoes Carrots and green beans Gravy Yorkshire pudding	Chips Peas Mushy peas Lemon wedge Tartar sauce
DAILY FAVOURITES	Jacket potato with a selection of fillings - Soup of the day - Salad - Sandwiches - Pasta and sauce				
HOT DESSERTS	Chocolate sponge Chocolate custard	Baked lemon pudding	Forest fruit crumble and custard		Crispy cake
DAILY SWEET TREATS	Assorted cold desserts - Yoghurt - Fresh fruit				