

# PARENTS AS TEACHERS

## Julia Goldstein Early Childhood Education Center

737 Kingsland Avenue • University City, MO 63130 • 314-290-4391

[www.ucityschools.org/PAT](http://www.ucityschools.org/PAT)

Julia Goldstein Early Childhood Education Center is a partner with Parents As Teachers (PAT). PAT is a national program that offers free parent education program through home visits and activities for families with children up to the age of five years old. Visits can begin during the prenatal stage. Utilizing research-based neuroscience information on child development, PAT enables parents to maximize their child's learning potential.

### PAT families receive

- **Personal Visits:** Parent educators share age-appropriate, child development and parenting information, help parents learn to observe children and address parenting concerns.
- **Parent Group Meetings:** Parents learn and support each other, observe their children with other children, practice parenting children and share information about parenting issues and child development.
- **Screenings:** Children's overall development including health, hearing and vision are assessed.
- **Resource Network:** Families are linked to local community services and resources.

### PAT in University City

- Provides an initial visit and screenings to all families. Additional visits are based upon qualifications such as income, children in the home with special needs, children with very low birth weight, military status and other special circumstances.
- Offers home or center visit options with experienced parent educators.
- Involves families in preschool activities in conjunction with Early Childhood classes to encourage parent/child interaction.
- Gives post-screening support to children and families.
- Prepares students and families for the preschool and elementary school experience.
- Encourages early literacy by providing books to participating families.
- Independent evaluations show PAT benefits children throughout their school years.

If interested, call 314-290-4276 or email [ccauley@ucityschools.org](mailto:ccauley@ucityschools.org).

*Join us on our journey of **Learning Reimagined**, a path to Humanize, Personalize and Problematize student education through modern, rigorous and relevant learning experiences.*

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