

# **Puyallup High School**

Grades 6-12 Fall 2023



Report created by Panorama Education





#### Summary

Topic Description	Results	Comparison	
<b>Emotion Regulation</b> How well students regulate their emotions.	57% - 3 since last survey	<b>57</b> %	Puyallup School District
<b>Growth Mindset</b> Student perceptions of whether they have the potential to change those factors that are central to their performance in school.	<b>53%</b> <b>0</b> since last survey	52%	Puyallup School District
<b>Learning Strategies</b> How well students deliberately use strategies to manage their own learning processes generally.	<b>43%</b> • 4 since last survey	<b>45</b> %	Puyallup School District
<b>Self-Management</b> How well students manage their emotions, thoughts, and behaviors in different situations.	84% ~7 since last survey	86%	Puyallup School District
<b>Social Awareness</b> How well students consider the perspectives of others and empathize with them.	<b>36%</b> •5 since last survey	39%	Puyallup School District
<b>Supportive Relationships</b> How supported students feel through their relationships with friends, family, and adults at school.	81% 1 since last survey	82%	Puyallup School District

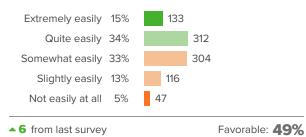
915 responses



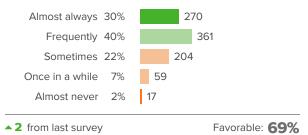
### **Emotion Regulation**



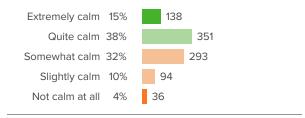
Q.1: When you are feeling pressured, how easily can you stay in control?







# Q.3: When things go wrong for you, how calm are you able to remain?



▲ 3 from last survey

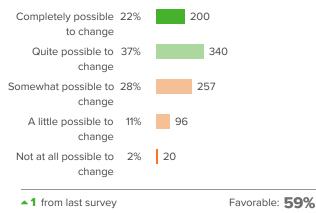




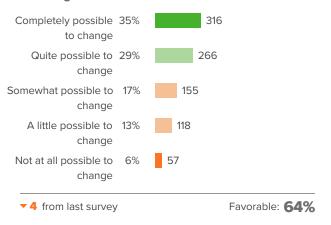
#### **Growth Mindset**



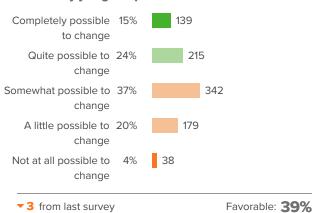
Q.1: In school, how possible is it for you to change: Putting forth a lot of effort



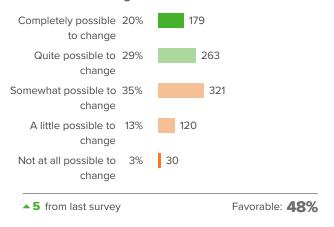
Q.2: In school, how possible is it for you to change: Behaving well in class



#### Q.3: In school, how possible is it for you to change: How easily you give up



#### Q.4: In school, how possible is it for you to change: Your level of intelligence

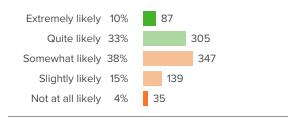




# **Learning Strategies**



Q.1: When you get stuck while learning something new, how likely are you to try a different strategy?



▲ 4 from last survey

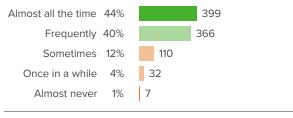
Favorable: 43%



#### Self-Management



## Q.1: During the past 30 days...How often did you come to class prepared?



7 from last survey

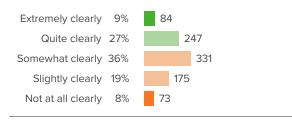
Favorable: 84%



#### **Social Awareness**



# Q.1: During the past 30 days...How clearly were you able to describe your feelings?



▲ 5 from last survey

Favorable: 36%



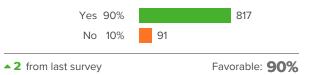
# **Supportive Relationships**



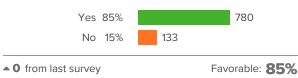
Q.1: Do you have a teacher or other adult from school who you can count on to help you, no matter what?



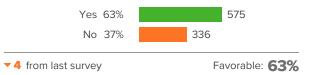
Q.2: Do you have a family member or other adult outside of school who you can count on to help you, no matter what?



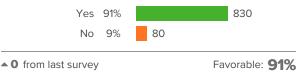
Q.3: Do you have a friend from school who you can count on to help you, no matter what?



Q.4: Do you have a teacher or other adult from school who you can be completely yourself around?



Q.6: Do you have a friend from school who you can beurselfcompletely yourself around?



Q.5: Do you have a family member or other adult outside of school who you can be completely yourself around?

