

KENNEDY HS (PREP) PREP Grades 6-12 Breakfast (Subject to Change) - Jan, 2024



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Winter Break 2023				
8	9	10	11	12
Cinnamon Pan Dulce Deluxe Cereal Bowl Yogurt 4 oz Food and Nutrition Crackers Fresh Apple Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	Cinnamon French Toast FRESH APPLE CINNAMON TOPPING Prep Yogurt 4 oz Food and Nutrition Crackers Orange Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	Beef and Cheese Mini Bagel Deluxe Cereal Bowl Yogurt 4 oz Food and Nutrition Crackers Fresh Apple Slices Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	Fiesta Bean and Cheese Burrito FRESH SALSA Prep Yogurt 4 oz Food and Nutrition Crackers Fresh Banana Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	Cafe LA Coffee Cake Deluxe Cereal Bowl Yogurt 4 oz Food and Nutrition Crackers Fresh Fruit Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free
15	16	17	18	19
	Maple Waffle Fresh Apple Yogurt 4 oz Food and Nutrition Crackers Deluxe Cereal Bowl Orange Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	YOGURT FRESH FRUIT MIX PARFAITCRACKERS Prep Deluxe Cereal Bowl Belvita Cinnamon Crackers Fresh Apple Slices Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	Egg and Cheese Croissant Sandwich Deluxe Cereal Bowl Yogurt 4 oz Food and Nutrition Crackers Fresh Banana Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	Chocolate Chip Muffin Deluxe Cereal Bowl Yogurt 4 oz Food and Nutrition Crackers Fresh Fruit Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free
22	23	24	25	26
Cinnamon Swirl IW Deluxe Cereal Bowl Yogurt 4 oz Food and Nutrition Crackers Fresh Apple Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	Cinnamon French Toast FRESH APPLE CINNAMON TOPPING Prep Yogurt 4 oz Food and Nutrition Crackers Orange Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	Morning Beef Sausage Sandwich Deluxe Cereal Bowl Yogurt 4 oz Food and Nutrition Crackers Fresh Apple Slices Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	Fiesta Bean and Cheese Burrito FRESH SALSA Prep Yogurt 4 oz Food and Nutrition Crackers Fresh Banana Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free	Cafe LA Coffee Cake Deluxe Cereal Bowl Yogurt 4 oz Food and Nutrition Crackers Fresh Fruit Fruit Juice Breakfast Milk Options Milk Low Fat Milk NonFat Milk Lactose Free
29	30	31		

Menus are Subject to Change