

**Maryland State Management of Diabetes at School/Order Form**

This order is valid only for the Current School Year: \_\_\_\_\_ (including summer session)

**Student:** \_\_\_\_\_ **DOB:** \_\_\_\_\_  
**School:** \_\_\_\_\_ **Grade:** \_\_\_\_\_

**CONTACT INFORMATION**

Parent/Guardian: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell/pager: \_\_\_\_\_  
 Parent/Guardian: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell/pager: \_\_\_\_\_  
 Other Emergency Contact: \_\_\_\_\_

**Insulin Orders (complete only if insulin is needed at school):**

1. Insulin administration via:  
 Syringe and vial    Insulin pen    Insulin pump    Other \_\_\_\_\_  
 Insulin pump    Type of pump: \_\_\_\_\_    Basal rates: \_\_\_\_\_

2. Insulin Before Lunch/Meals: \_\_\_\_\_ Name of Insulin: \_\_\_\_\_

Routine lunchtime dose: \_\_\_\_\_

Per sliding scale as follows:

Meals	Blood Glucoseto	_____	_____	give _____ units
	Blood Glucoseto	_____	_____	_____
	Blood Glucoseto	_____	_____	_____
	Blood Glucoseto	_____	_____	_____
	Blood	_____	_____	Glucoseto _____
	give	_____	_____	units _____ Blood
	Glucoseto	_____	_____	give _____ units
	Blood Glucoseto	_____	_____	give _____ units
	Blood Glucoseto	_____	_____	give _____ units
	Blood Glucoseto	_____	_____	give _____ units
	Blood Glucoseto	_____	_____	give _____ units
	Blood Glucoseto	_____	_____	give _____ units
	Blood Glucoseto	_____	_____	give _____ units
	Blood Glucoseto	_____	_____	give _____ units

Calculated insulin dose (add carbohydrate coverage and correction dose for total insulin dose):

Carbohydrate Coverage: Insulin to carbohydrate ratio Give \_\_\_\_\_ # unit(s) insulin per \_\_\_\_\_ gms carbohydrate.

Correction:

Give \_\_\_\_\_ # unit(s) insulin per \_\_\_\_\_ mg/dl of glucose above \_\_\_\_\_ mg/dl

Subtract \_\_\_\_\_ # units for every \_\_\_\_\_ mg/dl of glucose below \_\_\_\_\_ mg/dl

Insulin may be given after lunch if \_\_\_\_\_

3. Other times insulin may be given:

Snack:	Dose: _____	Calculated as above.	Snack:	Blood Glucose	Give:	_____ units
Ketones:	If ketones are _____	Give/Add: _____ unit(s)				_____ units
	If ketones are _____	Give/Add: _____ unit(s)				_____ units

**Health Care Provider Authorization for Management of Diabetes in School**

My signature below provides authorization for the above written orders. This authorization is for a maximum of one school year. If changes are indicated, I will provide new written authorization, which may be faxed.

**Health Care Provider Name:** \_\_\_\_\_ **Signature:** \_\_\_\_\_ (original or stamped signature) \*Sign both sides.

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **Zip:** \_\_\_\_\_  
**Phone:** \_\_\_\_\_ **Fax:** \_\_\_\_\_ **Date:** \_\_\_\_\_



**Parent Consent for Management of Diabetes at School**

I (We) request designated school personnel to administer the medication and treatment orders as prescribed above. I agree

- To provide the necessary supplies and equipment
  - To notify the school nurse if there is a change in the student's diabetes management or health care provider.
- I authorize the school nurse to communicate with the health care provider as necessary.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_ \*Sign both sides.  
 \_\_\_\_\_ Date \_\_\_\_\_

Order reviewed and signed by School Nurse (per local policy): \_\_\_\_\_ Date: \_\_\_\_\_

Student: \_\_\_\_\_

**Blood Glucose Monitoring:**

Target range for blood glucose monitoring at school: \_\_\_\_\_

- Before snacks 2 hours or \_\_\_\_\_ hours after lunch
- Before meals 2 hours or \_\_\_\_\_ hours after a correction dose
- As needed for symptoms of hypo/hyperglycemia
- With signs and symptoms of illness
- Other times: \_\_\_\_\_

**Hypoglycemia – blood glucose less than \_\_\_\_\_**

Self treatment for mild low s.

Give \_\_\_\_\_ grams of fast-acting carbohydrate according to care plan. Recheck BG in 10-15 mins. Repeat treatment if BG less than \_\_\_\_\_ mg/dl. Provide extra protein & carbohydrate snack after treating low if next meal/snack greater than \_\_\_\_\_ minutes away. Suspend pump for severe hypoglycemia for \_\_\_\_\_ mins.

If student is unconscious, having a seizure or unable to swallow, presume student is having a low blood sugar and:

Call 911, notify parent

Glucagon injection (1 mg in 1 cc) \_\_\_\_\_ mg, subcutaneously or intramuscular (IM)

OK to use glucose gel inside cheek, even if unconscious, seizing.

Other: \_\_\_\_\_

**Hyperglycemia – blood glucose greater than \_\_\_\_\_**

Check urine ketones, follow care plan, administer insulin as per orders. For pumps, insulin may be given by syringe or pen if needed.

Encourage sugar free fluids, at least \_\_\_\_\_ ounces per \_\_\_\_\_.

If student complains of nausea, vomiting or abdominal pain; check urine ketones & check insulin administration orders.

Other: \_\_\_\_\_\*

Transport to local Emergency Room may be needed with vomiting and large ketones.

**Meal Plan**

AM snack, time: \_\_\_\_\_ PM snack time: \_\_\_\_\_ Avoid snack if blood glucose greater than \_\_\_\_\_ mg/dl. Lunch: \_\_\_\_\_

Extra food allowed; Parent's discretion; Student's discretion

**Exercise (check and/or complete all that apply)**

Fast-acting carbohydrate source must be available before, during and after all exercise.

With student \_\_\_\_\_ With teacher \_\_\_\_\_

If most recent blood glucose is less than \_\_\_\_\_, exercise can occur when blood glucose is corrected and above \_\_\_\_\_.

Eat \_\_\_\_\_ grams of carbohydrate Before \_\_\_\_\_ Every 30 mins during \_\_\_\_\_ After vigorous exercise

Avoid exercise when blood glucose is greater than \_\_\_\_\_ or ketones are \_\_\_\_\_

**Bus Transportation**

Blood glucose monitoring not required prior to boarding bus

Check blood glucose 15 minutes prior to boarding bus

Allow student to eat on bus if having symptoms of low blood glucose

Provide care as follow s: \_\_\_\_\_

**Health Care Provider Assessment**

Student can self-perform the following procedures (school nurse and parent must verify competency):

Blood glucose monitoring \_\_\_\_\_ Measuring insulin \_\_\_\_\_ Injecting insulin \_\_\_\_\_ Determining insulin dose \_\_\_\_\_

Independently operating insulin pump \_\_\_\_\_

Other: \_\_\_\_\_

**Disaster Plan (if needed for lockdown, 24 hr shelter in place):**

Follow insulin orders as on Management Form

Additional insulin orders as follow s: \_\_\_\_\_

Administer long acting insulin as follow s: \_\_\_\_\_

Other: \_\_\_\_\_

**Other instructions:**

\_\_\_\_\_

Health Care Providers Signature: \_\_\_\_\_

Phone: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_

Phone: \_\_\_\_\_ Date: \_\_\_\_\_

Order reviewed by School Nurse (per local policy): \_\_\_\_\_

Date: \_\_\_\_\_

**Maryland State Supplemental Form for Students with Insulin Pumps**

This order is valid only for the Current School Year: \_\_\_\_\_ (including summer session)

**Student:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **School:** \_\_\_\_\_  
**Grade:** \_\_\_\_\_

**CONTACT INFORMATION:**

Parent/Guardian: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell/pager: \_\_\_\_\_  
 Parent/Guardian: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell/pager: \_\_\_\_\_  
 Pump Resource Person: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Other Emergency Contact: \_\_\_\_\_

**Pump Management**

Type of pump: \_\_\_\_\_ Start Date for Pump Therapy: \_\_\_\_\_ Type  
 of Insulin in pump: \_\_\_\_\_

Basal rates: \_\_\_\_\_ 12am to \_\_\_\_\_ Comment: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Insulin/carbohydrate ratio: \_\_\_\_\_ Check Management of Diabetes at School Order or correction factor  
 Hyperglycemia: \_\_\_\_\_  
 \_\_\_\_\_ Pump site should be changed if BG greater than \_\_\_\_\_ times \_\_\_\_\_  
 \_\_\_\_\_ Insulin should be given by syringe or pen if needed \_\_\_\_\_

**Management Skills of Student**

• As verified by school nurse, health care provider and parent  
 Independent?

Count carbohydrates	__yes	__no
Calculate an insulin dose	__yes	__no
Bolus an insulin dose	__yes	__no
Reset basal rate profiles	__yes	__no
Set a temporary basal rate	__yes	__no
Disconnect pump	__yes	__no
Reconnect pump at infusion set	__yes	__no
Prepare infusion set for insertion	__yes	__no
Insert infusion set	__yes	__no
Troubleshoot alarms and malfunctions	__yes	__no
Give self injection if needed	__yes	__no
Change batteries	__yes	__no

\_\_\_ Student is non-independent Child Lock On? Yes No

**Pump Supplies**

Extra supplies needed include: Infusion sets, reservoir/cartridges, insertion device, insulin vial & syringes, batteries  
 Location of supplies: \_\_\_\_\_

**Disaster Plan (If needed for lockdown, etc):**

Follow Insulin orders as on Management Form  
 Insulin doses as follows: \_\_\_\_\_  
 Other: \_\_\_\_\_

**Health Care Provider's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Order reviewed by School Nurse (per local policy):** \_\_\_\_\_ **Date:** \_\_\_\_\_