



# WINTER-SPRING 2024 REGISTRATION OPENS DECEMBER 1

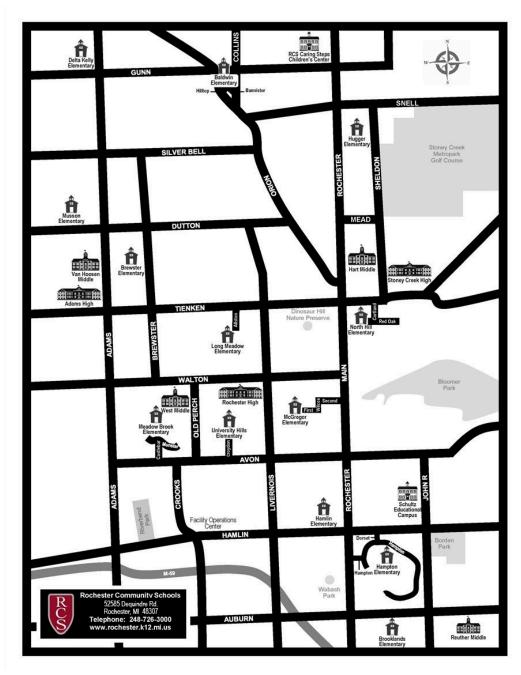
(unless otherwise noted)



**REGISTER ONLINE:** 

https://rochesteronline.ce.eleyo.com

# DISTRICT MAP



#### **Identification Statement**

Issue: Winter-Spring 2024 Title: RCS Enrichment Brochure Issue Date: December 2023 Rochester Community Schools 52585 Dequindre Rd., Rochester, MI 48307

#### **ROCHESTER COMMUNITY SCHOOLS**

Our mission is to provide a quality education in a caring atmosphere so all students can attain the necessary skills and knowledge to become lifelong learners and contribute to a diverse, interdependent and changing world.

<u>Administration</u>	
John Silveri	Interim Superintendent
Debi Fragomeni De	eputy Supt. of Teaching &
Learning	
David Murphy	Asst. Supt. Human Resources

Rochester Community Schools, pursuant to the requirements of Titles IV and VII of the Civil Rights Act of 1964, and Title IX of the Education Amendment of 1972, and Section 504 of the Rehabilitation Act of 1973, does not discriminate against applicants, employees, or students on the basis of race, color, religion, sex, handicap or national origin in its employment policies and/or education programs or activities.

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ROCHESTER AVON RECREATION AUTHORITY (RARA) (9-	47) 886-0007

#### Guidelines for Classes with Potential Commercial Content

- Within the school property boundary, the institution should not sell a product or services from which the institution can financially benefit; however, products or services may be recommended if the instructor is not affiliated with the product.
- The cost of classroom supplies sold on site by the instructor should not exceed local retail value.
- Literature, including flyers and business cards, may be made available to participants before or after class time only upon the request of the participant.
- Rochester Community Services and its administration are not responsible for any activities that take place outside of the class between the teacher and participants.

Americans with Disabilities Act
Rochester Community Services will comply with the spirit and intent
of the Americans with Disabilities Act. We will provide and make
reasonable accommodations to assist people with disabilities to access
and participate in our programs, facilities and services.

# Driver Education Countery Driving School, Juc. Driver Education held at RCS High Schools for eligible teens TO REGISTER, CALL 1-800-258-959 or (S86) 677-3881 Driver Education Indexes to 28 hours of classroom instruction and 6 hours of driving. Upon exhibition indexes to 28 hours of classroom instruction and 6 hours of driving. Upon exhibition indexes to 28 hours of classroom instruction and 6 hours of driving. Upon exhibition indexes and are to drive at least 30 practice hours with a parent during 3 months. DRIVER EDUCATION SEGMENT II Requirements: Drive 3 months and 30 hours with parents after Driver Education I. Everyone eligible, no matter where you took Driver Education I. This segment requires 6 hours lecture on defensive driving and is a one-week class. Many schedules to choose from!

#### Visit our website for additional classs information.

#### GENERAL INFORMATION & REGISTRATION PROCESS

Rochester Community Schools Enrichment Department 52585 Dequindre Rd. Rochester, MI 48307 (248) 726-3165

#### REGISTRATION OPTIONS

- Online at: http://rochesteronline.ce.eleyo.com Click on Enrichment, then start exploring.
- In Person By Appt Only: 52585 Dequindre Rd., Rochester, MI 48307 Monday-Friday 8:00am-4:00pm.
- Via Mail: Send completed registration form with payment to: Enrichment, 52585 Dequindre Rd., Rochester, MI 48307 (registration forms can be found online on our district website).

#### **ENRICHMENT INFORMATION**

- Adult classes are open to persons age 18 and older, unless otherwise indicated.
- Classes are funded by your fees. Classes that do not meet established minimums will have to be cancelled. Cancellation status is normally determined 2 business days prior to the program start date.
- Rochester Community Schools and its administration are not responsible for any activities that take place outside of the class between the teacher and participants.

#### CONFIRMATION

When you register for RCS Enrichment classes, you will receive a confirmation email and receipt. You may also receive an email if your class information has changed.

#### **MATERIAL FEES**

All material fees listed in class descriptions are paid to the instructor at the first class. Before purchasing supplies, check with the office to be sure your class will be meeting.

#### RETURNED CHECKS

A \$25 fee will be assessed for all returned checks. Your check will no longer be accepted; pay by credit card or cash.

#### PHOTO/VIDEO RELEASE POLICY

Pictures and/or video recordings are often taken at our programs. By participating in our programs you recognize and agree that Rochester Community Schools may use these photos/videos for future promotions. Please contact the Enrichment Department if you do not wish for your child to be photographed.

#### CANCELLATIONS / POSTPONEMENT

If Rochester Community Schools are closed due to weather or other emergency conditions, the Enrichment classes are also cancelled. *Whenever possible, cancelled classes will be made up. No refunds will be given if a make-up date is available. If group swim lessons are cancelled there are no make-up dates; open swim passes will be issued.* Students in the Rochester School District have priority in the use of school buildings for school functions. On occasion, classes might be relocated or suspended for a night due to building activities. We will give advance notice when possible.

# PLEASE REGISTER EARLY!

Don't let your class be cancelleddue to low enrollment!



#### **REGISTRATION & REFUND POLICIES**

#### **REGISTRATION POLICIES**

• Registration closes at 12pm two business days prior to the start of the first class (ex. classes starting Monday need to register by the prior Thursday before 12pm).

#### **GENERAL REFUND POLICIES**

- A full refund will be granted for all programs cancelled by the instructor/Enrichment. If a
  class is adjusted as to time, dates or location by Enrichment and you cannot attend, a full
  refund will be issued.
- Enrollee-requested refunds requested at least 7 days prior to the start of the class will be assessed a \$10 service fee. Regardless of when you have registered.
- Enrollee-requested refunds requested 6 days or less and prior to the start of the second class will be assessed a \$25 service fee, unless otherwise noted below. Regardless of when you have registered.
- Refunds, transfers, or cancellations WILL NOT be allowed after the SECOND class has been held, regardless of attendance or sign-up date.
- Camps (programs meeting 3 days or more in the same week), Private Music
  Lessons, and Lifeguard Training Courses: Enrollee-requested refunds requested at
  least 7 days prior to the start of the program will be assessed a \$10 services fee. There will
  be <u>NO</u> refunds, transfers, or cancellations if requested less than 7 days prior to the program
  start date. Regardless of when you have registered.
- Substitution of participants is NOT allowed.
- Cancellations made due to an emergency will receive a pro-rated refund, minus a \$10 service fee if approved by the Enrichment Department.
- Punch cards will not be refunded or replaced for any reason, as they have no expiration date.

#### Enrichment Services

(248) 726-3165

Sarah Mallets	Supervisor
Lisa Kwasek	Enrichment Secretary
Michelle Akers-Berg	BASES/Intramural Secretary
Ernie Thomas	Aquatics Programmer
TBD	Enrichment Clerk

#### REGULAR OFFICE HOURS

Monday-Friday: 8:00am-4:00pm In-person registration by appointment only.

Register online anytime: https://rochesteronline.ce.eleyo.com

www.rochester.k12.mi.us Click-Enrollment, then Enrichment, use the "Register Here" button, then "Start Exploring" under Enrichment.

# BASES GENERAL INFO/ADDT DETAILS PAGE 4-5

#### REGISTRATION INFORMATION

Registration is easy via online or on the phone. Please do not send registrations to your child's school. If you would like your child to attend a BASES class at a different school, parents are responsible for providing transportation between schools. Classes do fill quickly, so register early to avoid disappointment! Registration closes at 12pm two business days prior to the start of the first class. There are NO late registrations.

#### FINANCIAL AID (see page 20)

Financial aid may be available. Call (RAYA) Rochester Area Youth Assistance at 248-656-3558 as soon as possible, as the process takes some time.

#### **CLASS MAKEUP**

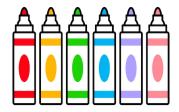
No refunds or transfers will be given if a child cannot attend a scheduled session. In the event a class cannot be held due to an instructors absence, building/technology issue, etc. a make-up session will be added to your class schedule.

#### SNACK POLICY

Do not bring any food items of any kind to our BASES classes, unless medically necessary and approved by the Enrichment department prior to the program start date.

#### LATE PICKUP

Children cannot walk home from BASES classes. You must be on time to pick-up children. BASES cannot guarantee supervision after class. If parents are late picking up their child, they will be charged \$20 for the first 15 minutes, and \$10 for each 15 minutes thereafter. An invoice will be emailed and full payment must be paid prior to attending the next schduled session.



#### DRAWING WITH YOUNG REMBRANDTS (AGES 5-10)

YR artists are in for a treat with a lineup of ALL NEW drawing lessons. We will have so much fun drawing a Unicorn, Robots and a Dazzling Pop Art Dog filled with brilliant colors and whimsical patterns. Renowned artist Pablo Picasso will be the focus of our art history lesson. We will draw cartoons too. Have fun Learning while Drawing with Young Rembrandts! • Instructor: Young Rembrandts • Classes will be held in the the art room.

• 6 Session(s) — \$135

```
Course #9116-01 Wed 3:20 PM - 4:20 PM • Jan. 24-Feb. 28 • Baldwin
Course #9116-06 Thur 3:20 PM - 4:20 PM • Jan. 25-Feb. 29 • Hampton
Course #9116-07 Wed 3:20 PM - 4:20 PM • Jan. 24-Feb. 28 • Hugger
Course #9116-08 Mon 4:05 PM - 5:05 PM • Jan. 22-March 4 • Long Meadow • No class Feb. 19
Course #9116-10 Thur 4:05 PM - 5:05 PM • Jan. 25-Feb. 29 • Meadow Brook
Course #9116-11 Mon 4:05 PM - 5:05 PM • Jan. 22-March 4 • Musson • No class Feb. 19
Course #9116-12 Tue 4:05 PM - 5:05 PM • Jan. 23-March 12 • North Hill • No class Feb. 20 & 27
Course #9116-13 Mon 3:20 PM - 4:20 PM • Jan. 22-March 4 • University Hills • No class Feb. 19
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#### YOUNG REMBRANDTS DRAWING AND CARTOONING (AGES 5-12)

YR Springtime activities are filled with drawings that reflect the season. Creativity will spark as we draw a whimsy Hummingbird approaching a tulip, the life cycle of a Butterfly and a Sailboat. We will draw cartoons too. Encourage your child's creativity as they have fun learning and drawing!

 $\bullet$  Instructor: Young Rembrandts  $\bullet$  Classes will be held in the the art room.  $\bullet$  4 Session(s) — \$90

```
Course #9118-14 Thur 3:20 PM - 4:20 PM • April 18-May 9 • Baldwin Course #9118-15 Wed 3:20 PM - 4:20 PM • April 17-May 8 • Brewster Course #9118-16 Thur 4:05 PM - 5:05 PM • April 18-May 9 • Brooklands Course #9118-17 Mon 3:20 PM - 4:20 PM • April 18-May 6 • Delta Kelly Course #9118-20 Tue 3:20 PM - 4:20 PM • April 16-May 7 • Hugger Course #9118-21 Wed 4:05 PM - 5:05 PM • April 17-May 8 • Long Meadow Course #9118-22 Tue 4:05 PM - 5:05 PM • April 16-May 7 • McGregor Course #9118-25 Thur 4:05 PM - 5:05 PM • April 18-May 9 • North Hill
```

**BASES** 

#### SNAPOLOGY: GAME BOTS (AGES 6-11)

Have a blast creating robotic games each week while learning about robotics. Students will learn about gear ratios, sensors, and programming as they create fun to play games out of LEGO WeDo Robotics kits. Whether building a robotic hockey player or a ring toss game, your child is sure to have fun while building, learning, and playing. **Due to the advanced work in this class, please make sure that students have completed Kindergarten.** • Instructor: Snapology of Troy-Macomb • 6 Session(s) — \$108

• Classes will be held in the the art room.

```
Course #9001-05 Wed 3:20 PM - 4:20 PM • Jan. 24-Feb. 28 • Hamlin

Course #9001-06 Tue 3:20 PM - 4:20 PM • Jan. 23-March 12 • Hampton • No class Feb. 20 & 27

Course #9001-11 Wed 4:05 PM - 5:05 PM • Jan. 24-Feb. 28 • Musson

Course #9001-12 Mon 4:05 PM - 5:05 PM • Jan. 22-March 4 • North Hill • No class Feb. 19
```

#### SNAPOLOGY: POKEMANIA (AGES 5-10)

In Snapology's Pokemania program, students will explore the Pokemon world and practice their Pokemon training skills! They will create their own training gyms, unique battles, and even their very own generation of Pokemon, all out of LEGO bricks. Your student will explore some real-world science as they examine the habitats, characteristics and needs of different Pokemon. They will do so much more than catch them all. Please Note: Students are not to bring their personal Pokemon trading cards or other toys. Only materials supplied by Snapology will be used. • Instructor: Snapology of Troy-Macomb • 6 Session(s) — \$108 • Classes will be held in the the art room.

```
Course #9018-02 Tue 3:20 PM - 4:20 PM • Jan. 23-March 12 • Brewster • No class Feb. 20 & 27 Course #9018-04 Thur 3:20 PM - 4:20 PM • Jan. 25-Feb. 29• Delta Kelly Course #9018-08 Thur 4:05 PM - 5:05 PM • Jan. 25-Feb. 29 • Long Meadow Course #9018-09 Mon 4:05 PM - 5:05 PM • Jan. 22-March 4 • McGregor • No class Feb. 19
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#### SNAPOLOGY: CASTLES & KINGDOMS (AGES 5-10)

In Snapology's Castles & Kingdoms program, students will have the opportunity to use LEGO bricks to design their medieval fantasies while also bringing the real history to life! Your student will dive into the world of kings, queens, knights, dragons, and wizards all while learning to collaborate and create new things. • Instructor: Snapology of Troy-Macomb • 4 Session(s) — \$72 • Classes will be held in the the art room.

```
Course #9020-15 Mon 3:20 PM - 4:20 PM • April 15-May 6 • Brewster Course #9020-16 Tue 4:05 PM - 5:05 PM • April 16-May 7 • Brooklands Course #9020-23 Wed 4:05 PM - 5:05 PM • April 17-May 8 • Meadow Brook Course #9020-24 Thur 4:05 PM - 5:05 PM • April 18-May 9 • Musson
```

#### SNAPOLOGY: SPACE WARS ROBOTICS (AGES 6-12)

In this robotics program, your student will build LEGO robotic models inspired by the Star Wars films and space travel! Send your student on a space adventure full of building, programming and imagination using LEGO bricks and unique building instructions that you won't find anywhere else. **Due to the advanced work in this class, please make sure that students have completed Kindergarten.** • Instructor: Snapology of Troy-Macomb • 4 Session(s) — \$72 • Classes will be held in the the art room.

```
Course #9021-14 Tue3:20 PM - 4:20 PM • April 16-May 7 • Brewster Course #9021-17 Wed 3:20 PM - 4:20 PM • April 17-May 8 • Delta Kelly Course #9021-18 Thur 3:20 PM - 4:20 PM • April 18-May 9 • Hamlin Course #9021-21 Mon 4:05 PM - 5:05 PM • April 15-May 6 • Long Meadow
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Visit our website for additional classs information.

#### **BASES**

#### CHALLENGE ISLAND: MONSTERS & MYTHS ISLAND (AGES 5-11)

In this special afterschool series, prepare to enter an enchanted island filled with mythological monsters, legendary creatures, and things that go bump in the night. You and your friends will take on engineering challenges from Godzilla to Dragons to Medusa to Phoenixes, as we experiment with STEAM concepts to create and test flying birds, golf courses, roller coasters, playgrounds and more! This is a perfect class for smart & curious kids who enjoy STEAM, working together, and creating cool stuff with just a touch of scariness! • Instructor: Challenge Island (Oakland County East) • Classes will be held in the the art room.

• 6 Session(s) — \$120

Course #9019-02 Thur 3:20 PM - 4:20 PM • Jan. 25-Feb. 29 • Brewster

Course #9019-03 Mon 4:05 PM - 5:05 PM • Jan. 22-March 4 • Brooklands • No class Feb. 19

Course #9019-04 Tue 3:20 PM - 4:20 PM • Jan. 23-March 12 • Delta Kelly • No class Feb. 20 & 27

Course #9019-09 Wed 4:05 PM - 5:05 PM • Jan. 24-Feb. 28 • McGregor

4 Session(s) — \$80

**Course #9019-18** Tue 3:20 PM - 4:20 PM • April 16-May 7 • Hamlin

**Course #9019-24** Wed 4:05 PM - 5:05 PM • Åpril 17-Máy 8 • Musson **Course #9019-25** Mon 4:05 PM - 5:05 PM • April 15-May 6 • North Hill

Course #9019-26 Thur 3:20 PM - 4:20 PM • April 18-May 9 • University Hills



#### MAD SCIENCE: CRAZY CHEMWORKS (AGES 5-11)

Calling all Jr Scientists! Step into the lab and unravel the mysteries of science. Identify physical and

chemical changes and tap into the pH scale! Discover the world of luminescence! This class includes take-home equipment so students can continue to experiment! \*\*Please note, once this class has begun no refunds will be issued for cancellations.

• Instructor: Mad Science • Classes will be held in the art room.

• 6 Session(s) — \$161

Course #9155-07 Mon 3:20 PM - 4:20 PM • Jan. 22-March 4 • Hugger • No class Feb. 19

Course #9155-08 Tue 4:05 PM - 5:05 PM • Jan. 23-March 12 • Long Meadow • No class Feb. 20 & 27

• 4 Session(s) — \$130

Course #9155-22 Thur 4:05 PM - 5:05 PM • April 18-May 9 • McGregor

**Course #9155-23** Mon 4:05 PM - 5:05 PM • April 15-May 6 • Meadow Brook

Course #9155-24 Tue 4:05 PM - 5:05 PM • April 16-May 7 • Musson

Course #9155-25 Wed 4:05 PM - 5:05 PM • April 17-May 8 • North Hill



#### OU FILMMAKING WORKSHOP (4-5th GRADE)

LIGHTS! CAMERA! ACTION! Join the Oakland University Filmmaking Workshop to explore the art of visual storytelling. Oakland University Film Studies & Production students and alumni will lead five, 2-hour sessions in which students will learn to write, storyboard, shoot, and edit a short movie. Through watching and discussing famous movie scenes from the silent era through current animated features, students will be introduced to visual storytelling concepts that they will then apply to their own work. Watching and making films can be a great way for

kids to develop their analytical and creative abilities. This class is hosted at Meadow Brook Elementary but is open to 4th and 5th grade students at all 13 Rochester Community Schools' elementary schools.

• Instructor: Zachary Tse • 5 Session(s) — \$125

Course #9141-01 Tue 4:00 PM - 6:00 PM • April 30-May 28 • Meadow Brook/Media Center

#### **BASES**

#### SABRE FENCING WITH COACH TODD (AGES 6-11)

The modern Olympic sport of fencing engages both mind and body. Fencing is physically and mentally demanding and teaches problem solving as well as improving reflexes and agility. Fencing is unique in that a certain body type is not required; rather fencing encourages different styles based on size and strength. Wear t-shirt, sports stretchy pants and sneakers. No jeans, crocs, boots or sandals are permitted.

• Instructor: Renaissance Fencing Club • Classes will be held in the gym.

6 Session(s) — \$160

Course #9120-06 Wed 3:20 PM - 4:20 PM • Jan. 24-Feb. 28 • Hampton

Course #9120-13 Tue 3:20 PM - 4:20 PM • Jan. 23-March 12 • University Hills • No class Feb. 20 & 27

4 Session(s) — \$104

Course #9120-15 Tue 3:20 PM - 4:20 PM • April 16-May 7 • Brewster

Course #9120-18 Mon 3:20 PM - 4:20 PM • April 15-May 6 • Hamlin



#### TGA GOLF (AGES 5-11)

TGA makes it convenient and fun for your child to learn to play golf right at their school! Children learn swing fundamentals, putting, rules, etiquette and life values in a safe, nurturing environment. All equipment is provided and TGA guarantees a student-coach ratio of 8-1 or better. First-time students receive a TGA cap and Student Handbook on the first day, plus a yellow-level hat clip on the final day. Children who have advanced to the orange, red, blue or black level receive a gift for their level on the first day, plus a hat clip on the final day. • Instructor: TGA of Southeast Michigan • Classes will be held in the gym.

• 6 Session(s) — \$149

Course #9117-01 Tue 3:20 PM - 4:20 PM • Jan. 23-March 12 • Baldwin • No class Feb. 20 & 27

Course #9117-02 Wed 3:20 PM - 4:20 PM • Jan. 24-Feb. 28 • Brewster

**Course #9117-04** Mon 3:20 PM - 4:20 PM • Jan. 22-March 4 • Delta Kelly • No class Feb. 19 **Course #9117-07** Thur 3:20 PM - 4:20 PM • Jan. 25-Feb. 29 • Hugger

• 4 Session(s) — \$100

Course #9117-19 Tue 3:20 PM - 4:20 PM • April 16-May 7 • Hampton

Course #9117-22 Wed 4:05 PM - 5:05 PM • April 17-May 8 • McGregor

Course #9117-23 Thur 4:05 PM - 5:05 PM • April 18-May 9 • Meadow Brook

Course #9117-26 Mon 3:20 PM - 4:20 PM • April 15-May 6 • University Hills

#### CHESS WIZARDS (AGES 6-11)

Chess Wizards is one of the nation's premier chess education companies. Our interactive, discover-based curriculum inspires students to think ahead, visualize their goals, treat others with respect and to learn from mistakes. Our classes are geared to suit children of all skill levels; from chess-ling to checkmate artist, students will build upon their knowledge through lessons, tournaments, variation games and more! More than just a game of winning and losing, we make learning chess FUN!. Instructor: Chess Wizards

• Classes will be held in the the art room.

• 6 Session(s) — \$138

Course #9193-01 Mon 3:20 PM - 4:20 PM • Jan. 22-March 4 • Baldwin • No class Feb. 19

Course #9193-03 Thur 4:05 PM - 5:05 PM • Jan. 25-Feb. 29 • Brooklands

Course #9193-05 Thur 3:20 PM - 4:20 PM • Jan. 25-Feb. 29 • Hamlin

Course #9193-09 Tue 4:05 PM - 5:05 PM • Jan. 23-March 12 • McGregor • No class Feb. 20 & 27

**Course #9193-10** Wed 4:05 PM - 5:05 PM • Jan. 24-Feb. 28 • Meadow Brook **Course #9193-13** Wed 3:20 PM - 4:20 PM • Jan. 24-Feb. 28 • University Hills

4 Session(s) — \$92

**Course #9193-16** Wed 4:05 PM - 5:05 PM • April 17-May 8 • Brooklands **Course #9193-17** Tue 3:20 PM - 4:20 PM • April 16-May 7 • Delta Kelly

Course #9193-19 Wed 3:20 PM - 4:20 PM • April 17-May 8 • Hampton

**Course #9193-20** Mon 3:20 PM - 4:20 PM • April 15-May 6 • Hugger **Course #9193-21** Thur 4:05 PM - 5:05 PM • April 18-May 9 • Long Meadow

Visit our website for additional classs information.

#### **BASES**

#### LITTLE V's SPORTS (AGES 5-11)

In our Little V's Sports Program your child will have a fantastic time working with our coaches who will deliver fun, energetic sessions in a positive learning environment. The program focuses on the development of basic motor skills, body mechanics and basic skills. Sessions involve fun activities, games and an introduction to a game. Overall this is a great foundational program for your child to learn more about the game. All equipment is provided, just wear athletic/gym shoes. • Instructor: Morris Lupenec & Staff

• Classes will be held in the gym.

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Soccer:
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6 Session(s) — \$99

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Course #9100-04 Wed 3:20 PM - 4:20 PM • Jan. 24-Feb. 28 • Delta Kelly
Course #9100-05 Tue 3:20 PM - 4:20 PM • Jan. 23-March 12 • Hamlin • No class Feb. 20 & 27
Course #9100-07 Tue 3:20 PM - 4:20 PM • Jan. 23-March 12 • Hugger • No class Feb. 20 & 27
Course #9100-08 Wed 4:05 PM - 5:05 PM • Jan. 24-Feb. 28 • Long Meadow
Course #9100-11 Tue 4:05 PM - 5:05 PM • Jan. 23-March 12 • Musson • No class Feb. 20 & 27
Course #9100-13 Thur 3:20 PM - 4:20 PM • Jan. 25-Feb. 29 • University Hills

    4 Session(s) — $79

Course #9100-14 Mon 3:20 PM - 4:20 PM • April 15-May 6 • Baldwin
Course #9100-15 Thur 3:20 PM - 4:20 PM • April 18-May 9 • Brewster
Course #9100-16 Mon 4:05 PM - 5:05 PM • April 15-May 6 • Brooklands
Course #9100-19 Thur 3:20 PM - 4:20 PM • April 18-May 9 • Hampton
Course #9100-22 Mon 4:05 PM - 5:05 PM • April 15-May 6 • McGregor
Course #9100-23 Tue 4:05 PM - 5:05 PM • April 16-May 7 • Meadow Brook
Course #9100-25 Tue 4:05 PM - 5:05 PM • April 16-May 7 • North Hill
Basketball:

    6 Session(s) — $99

Course #9102-01 Thur 3:20 PM - 4:20 PM • Jan. 25-March 7 • Baldwin • No class Feb. 29
Course #9102-02 Mon 3:20 PM - 4:20 PM • Jan. 22-March 4 • Brewster • No class Feb. 19
Course #9102-03 Tue 4:05 PM - 5:05 PM • Jan. 23-March 12 • Brooklands • No class Feb. 20 & 27
Course #9102-06 Mon 3:20 PM - 4:20 PM • Jan. 22-March 4 • Hampton • No class Feb. 19
Course #9102-09 Thur 4:05 PM - 5:05 PM • Jan. 25-Feb 29 • McGregor
Course #9102-10 Mon 4:05 PM - 5:05 PM • Jan. 22-March 4 • Meadow Brook • No class Feb. 19
Course #9102-12 Wed 4:05 PM - 5:05 PM • Jan. 24-Feb. 28 • North Hill
• 4 Session(s) — $79
Course #9102-17 Thur 3:20 PM - 4:20 PM • April 18-May 9 • Delta Kelly
Course #9102-18 Wed 3:20 PM - 4:20 PM • April 17-May 8 • Hamlin Course #9102-20 Wed 3:20 PM - 4:20 PM • April 17-May 8 • Hugger
Course #9102-21 Tue 4:05 PM - 5:05 PM • April 16-May 7 • Long Meadow
Course #9102-24 Mon 4:05 PM - 5:05 PM • April 15-May 6 • Musson
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#### LANGUAGE ADVENTURES: SPANISH (AGES 6-11)

Course #9102-26 Wed 3:20 PM - 4:20 PM • April 17-May 8 • University Hills

Learn Spanish the fun way! Students enjoy learning useful Spanish vocabulary and phrases for daily conversation. Our engaging curriculum includes games, songs, stories, some writing, coloring, and moving our bodies as we practice. Topics vary so that sessions don't repeat. • Instructor: Language Adventures • Classes will be held in the art room.

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• 6 Session(s) — $129

Course #9220-03 Wed 4:05 PM - 5:05 PM • Jan. 24-Feb. 28 • Brooklands

Course #9220-05 Mon 3:20 PM - 4:20 PM • Jan. 22-March 4 • Hamlin • No class Feb. 19

Course #9220-10 Tue 4:05 PM - 5:05 PM • Jan. 23-March 12 • Meadow Brook • No class Feb. 20 & 27

Course #9220-12 Thur 4:05 PM - 5:05 PM • Jan. 25-Feb. 29 • North Hill
• 4 Session(s) — $86

Course #9220-14 Wed 3:20 PM - 4:20 PM • April 17-May 8 • Baldwin

Course #9220-19 Mon 3:20 PM - 4:20 PM • April 15-May 6 • Hampton

Course #9220-20 Thur 3:20 PM - 4:20 PM • April 18-May 9 • Hugger

Course #9220-26 Tue 3:20 PM - 4:20 PM • April 16-May 7 • University Hills
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#### **AQUATICS - YOUTH SWIM LESSONS**

**TINY TOTS (AGES 6-24MO.)** Guided practice sessions that help kids learn elementary swimming skills, including water entry, bubble blowing, front kicking, back floating, underwater exploration and more. Adult participation is required.

COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES	
1901-01	Sat	11:20am-12:00pm	Jan. 20-March 2	Feb. 17	
*1901-02	Sat	11:20am-12:00pm	March 16-May 4	March 23 & 30	

**TINY TOTS 2** (**AGES 24MO.-3YRS**) Toddlers who are comfortable in the water and are ready to advance their skills with the help of their parent. An instructor will lead the parent and child through more structured exercises and activities that prepare them for future group lessons. Adult participation is required.

COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1902-01	Sat	12:15pm-12:55pm	Jan. 20-March 2	Feb. 17
*1902-02	-02 Sat 12:15pm-12:55pm		March 16-May 4	March 23 & 30

**COURSE FEES:** 

**6 SESSION CLASSES - \$98** 

# All swim classes will be held at ADAMS HIGH SCHOOL-Athletic Entrance by tennis courts.

\* Registration will open February 1 for these sessions.

ONCE COURSES ARE FULL PLEASE JOIN THE WAITING LIST.

WE WILL CONTACT YOU VIA PHONE & EMAIL IF SPACE BECOMES AVAILABLE.

#### **LIFEGUARD TRAINING BLENDED LEARNING**

This blended learning course combines online knowledge acquisition and in-person water, first aid and CPR/AED skills training.

Prerequisites:

- 1) Must be age 15 by last day of class
- 2) Swim 300 yards continuously using front crawl with rhythmic breathing and breaststroke
- 3) Swim 20 yards using front crawl or breaststroke, surface dive to a minimum depth of 7 feet, retrieve a 10-pound object, return to the surface and swim 20 yards back to the starting point with the object in less than 100 seconds
- 4) Tread water without hands for two minutes.

You will need internet access for course material and email. After registering with Enrichment, email instructor ethomasl@rochester.kl2.mi.us for the American Red Cross direct link for course content. Students must successfully complete the first online content homework prior to the first class and **bring the progress report certificate to the first class.** 

You must attend all classes and pass exams to be certified. No exceptions. No make-ups or late attendance allowed. Swim suit required for all classes. No refunds unless cancelled 1 week to the exact date of 1st class. No refunds for course record fee. Give email at time of registration.

Upon successful completion, students receive certification for American Red Cross Lifeguard Training/First Aid/ CPR AED.

COURSE#	DAY(S)	TIME	DATES	COURSE FEE:
1922-01	Tue-Fri	6:00pm-9:15pm	May 28-31	\$255 (Non-RCS Enrichment Staff)
	Sat	9:15am-5:00pm	June 1	\$215 (RCS Enrichment Swim Staff)

Visit our website for additional classs information.

# **AQUATICS - YOUTH SWIM LESSONS**

**TADPOLE** (**AGES 3-5YRS**) It will help young children adjust to the water and introduce beginner skills such as water entries, blowing bubbles, floating with assistance, gliding with assistance, safety skills, and exiting the water. Skills are age-appropriate, allowing students to achieve success on a regular basis. No adult participation required.

**GUPPY** (**AGES 4**+) It reinforces Tadpole skills and introduces other fundamental skills such as front floats and glides, arm strokes and kicking, combining arm and leg actions, going underwater, and safety skills. No adult participation required.

TADPOLE COURSE #	GUPPY COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1903-01	<b>1 1904-01</b> Sat		9:30am-10:20am	Jan. 20-March 2	Feb. 17
1903-02	-	Sat	10:25am-11:15am	Jan. 20-March 2	Feb. 17
-	1904-02	Sat	11:20am-12:10pm	Jan. 20-March 2	Feb. 17
1903-03	1904-03	Mon & Wed	6:00pm-6:50pm	Jan. 17-Feb. 7	Feb. 5
1903-07	1904-07	Mon & Wed	6:00pm-6:50pm	Feb. 14-March 6	Feb. 19
1903-04	1904-04	Tue & Thur	6:00pm-6:50pm	Jan. 16-Feb. 1	None
1903-08	1904-08	Tue & Thur	6:00pm-6:50pm	Feb. 13-March 5	Feb. 20
*1903-05	*1904-05	Sat	9:30am-10:20am	March 16-May 4	March 23 & 30
*1903-06	-	Sat	10:25am-11:15am	March 16-May 4	March 23 & 30
-	*1904-06	Sat	11:20am-12:10pm	March 16-May 4	March 23 & 30
*1903-09	*1904-09	Mon & Wed	6:00pm-6:50pm	March 13-April 8	March 25 & 27
*1903-11	*1904-11	Mon & Wed	6:00pm-6:50pm	April 15-May 1	None
*1903-13	*1904-13	Mon & Wed	6:00pm-6:50pm	May 8-29	May 27
*1903-10	*1904-10	Tue & Thur	6:00pm-6:50pm	March 7-April 2	March 26 & 28
*1903-12	*1904-12	Tue & Thur	6:00pm-6:50pm	April 9-25	None
*1903-14	*1904-14	Tue & Thur	6:00pm-6:50pm	May 2-21	None

**COURSE FEES:** 

6 SESSION CLASSES - \$98

All swim classes will be held at ADAMS HIGH SCHOOL-Athletic Entrance by tennis courts.

ONCE COURSES ARE FULL PLEASE JOIN THE WAITING LIST.
WE WILL CONTACT YOU VIA PHONE & EMAIL IF SPACE BECOMES AVAILABLE.

<sup>\*</sup> Registration will open February 1 for these sessions.

#### **AQUATICS - YOUTH SWIM LESSONS**

**CLOWN FISH (AGES 5+)** It focuses on coordinating arm and leg movements and improving upon skills learned in Tadpole and Guppy classes. Students should feel very comfortable in the water at this point. They will learn how to develop positive attitudes and safe practices around the water. Exercises include bobbing, rhythmic breathing, front and back glide (with and without kick), combined stroke on front & back finning, treading water and safety skills are taught. No adult participation required.

CLOWN FISH COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1905-01	Sat	10:25am-11:15am	Jan. 20-March 2	Feb. 17
1905-02	Sat	12:15pm-1:05pm	Jan. 20-March 2	Feb. 17
1905-03	Mon & Wed	6:00pm-6:50pm	Jan. 17-Feb. 7	Feb. 5
1905-07	Mon & Wed	6:00pm-6:50pm	Feb. 14-March 6	Feb. 19
1905-04	Tue & Thur	6:00pm-6:50pm	Jan. 16-Feb. 1	None
1905-08	Tue & Thur	r 6:00pm-6:50pm Feb. 13-March 5		Feb. 20
*1905-05	Sat	10:25am-11:15am	March 16-May 4	March 23 & 30
*1905-06	Sat	12:15pm-1:05pm	March 16-May 4	March 23 & 30
*1905-09	Mon & Wed	6:00pm-6:50pm	March 13-April 8	March 25 & 27
*1905-11	Mon & Wed	6:00pm-6:50pm	April 15-May 1	None
*1905-13	Mon & Wed	6:00pm-6:50pm	May 8-29	May 27
*1905-10	Tue & Thur	6:00pm-6:50pm	March 7-April 2	March 26 & 28
*1905-12	Tue & Thur	6:00pm-6:50pm	April 9-25	None
*1905-14	Tue & Thur	6:00pm-6:50pm	May 2-21	None

\* Registration will open February 1 for these sessions.

ONCE COURSES ARE FULL PLEASE JOIN THE WAITING LIST.

WE WILL CONTACT YOU VIA PHONE & EMAIL IF SPACE BECOMES AVAILABLE.



**COURSE FEES:** 

6 SESSION CLASSES - \$98

Visit our website for additional classs information.

# **AQUATICS - YOUTH SWIM LESSONS**

**NEON FISH (AGES 6+)** It introduces children to basic, unassisted water skills. This includes floating and gliding (front & back), front crawl swim stroke, backstroke swim stroke, rhythmic breathing, jellyfish float, and basic safety skills. No adult participation required.

**RAINBOW FISH** (**AGES 7**+) Students continue to learn unassisted swimming skills such as front crawl and backstroke, turning over, changing directions, treading water, and rhythmic breathing. They also begin their introduction to deep water skills and more advanced safety skills. No adult participation required.

NEON FISH COURSE #	RAINBOW FISH COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1906-01	1907-01	Sat	10:25am-11:15am	Jan. 20-March 2	Feb. 17
1906-02	1907-02	Sat	12:15pm-1:05pm	Jan. 20-March 2	Feb. 17
1906-03	1907-03	Mon & Wed	6:55pm-7:45pm	Jan. 17-Feb. 7	Feb. 5
1906-07	1907-07	Mon & Wed	6:55pm-7:45pm	Feb. 14-March 6	Feb. 19
1906-04	1907-04	Tue & Thur	6:55pm-7:45pm	Jan. 16-Feb. 1	None
1906-08	1907-08	Tue & Thur	6:55pm-7:45pm	Feb. 13-March 5	Feb. 20
*1906-05	*1907-05	Sat	10:25am-11:15am	March 16-May 4	March 23 & 30
*1906-06	*1907-06	Sat	12:15pm-1:05pm	March 16-May 4	March 23 & 30
*1906-09	*1907-09	Mon & Wed	6:55pm-7:45pm	March 13-April 8	March 25 & 27
*1906-11	*1907-11	Mon & Wed	6:55pm-7:45pm	April 15-May 1	None
*1906-13	*1907-13	Mon & Wed	6:55pm-7:45pm	May 8-29	May 27
*1906-10	*1907-10	Tue & Thur	6:55pm-7:45pm	March 7-April 2	March 26 & 28
*1906-12	*1907-12	Tue & Thur	6:55pm-7:45pm	April 9-25	None
*1906-14	*1907-14	Tue & Thur	6:55pm-7:45pm	May 2-21	None

<sup>\*</sup> Registration will open February 1 for these sessions.

#### OPEN SWIM POOL PROGRAM AND SCHEDULE

Pool cards are available for purchase only through the Enrichment Office

PLEASE CALL AHEAD TO MAKE AN APPOINTMENT (248) 726-3165

No expiration date.

Admission by Pool Card only - No Refunds for Pool Cards

**OPEN/FAMILY** \$50/10 visits (One punch admits a family of up to 5 people)

ADULT LAP \$40/10 visits

SENIOR LAP \$32/10 visits (60 and over)

Open to anyone in the community. Children under 6 years of age and/or 48" tall must be accompanied in the water by a parent. Only water toys and swim aids used in Enrichment lessons are permitted at supervisor's discretion. Diving boards only available at supervisor's discretion.

#### ADULT LAP SWIM (AGES 16+)

Adams HS Pool: Tue/Thur 7:30pm - 8:40pm • Jan. 16-May 21

• No Swim: Feb. 20, March 26 & March 28

#### **OPEN & FAMILY SWIM**

Adams HS Pool: Sat 2:45pm - 4:45pm • Jan. 20-May 25

• No Swim: Feb. 17, March 9, March 23 & March 30

# AQUATICS - YOUTH SWIM LESSONS

**FLAG FISH** Students build on previous skills through additional guided practice. They continue to develop their front crawl and backstroke with rhythmic breathing. They learn new skills such as jumping into deep water, dolphin kicks, scissors kicks, elementary backstroke. Students must be able to perform front crawl with very good, consistent rhythmic breathing before moving to the next level. No adult participation required.

FLAG FISH COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1908-01	Sat	9:30am-10:20am	Jan. 20-March 2	Feb. 17
1908-02	Sat	1:10pm-2:00pm	Jan. 20-March 2	Feb. 17
1908-03	Mon & Wed	6:55pm-7:45pm	Jan. 17-Feb. 7	Feb. 5
1908-07	Mon & Wed	6:55pm-7:45pm	Feb. 14-March 6	Feb. 19
1908-04	Tue & Thur	Tue & Thur 6:55pm-7:45pm		None
1908-08	Tue & Thur	6:55pm-7:45pm	Feb. 13-March 5	Feb. 20
*1908-05	Sat	9:30am-10:20am	March 16-May 4	March 23 & 30
*1908-06	<b>*1908-06</b> Sat		1:10pm-2:00pm   March 16-May 4	
*1908-09	Mon & Wed	6:55pm-7:45pm	March 13-April 8	March 25 & 27
*1908-11	Mon & Wed	6:55pm-7:45pm	April 15-May 1	None
*1908-13	*1908-13 Mon & Wed 6:55pm-7:45pm May		May 8-29	May 27
*1908-10	Tue & Thur	6:55pm-7:45pm March 7-April 2		March 26 & 28
*1908-12	Tue & Thur	6:55pm-7:45pm April 9-25		None
*1908-14	Tue & Thur	6:55pm-7:45pm	May 2-21	None

\* Registration will open February 1 for these sessions.



ONCE COURSES ARE FULL PLEASE JOIN THE WAITING LIST.
WE WILL CONTACT YOU VIA PHONE & EMAIL IF SPACE BECOMES AVAILABLE.

**COURSE FEES:** 

**6 SESSION CLASSES - \$98** 

All swim classes will be held at ADAMS HIGH SCHOOL-Athletic Entrance by tennis courts.

#### **AQUATICS - YOUTH SWIM LESSONS**

**PARROT FISH** This class refines previously learned strokes and improves overall swimming skills. Students will be expected to perform the front crawl and backstroke with rhythmic breathing for 15 yards each. They will also work on developing the elementary backstroke, sidestroke, and treading water. They will learn new skills such as the survival float, sitting dive, and kneeling dive. No adult participation required.

PARROT FISH COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1909-01	Sat	9:30am-10:20am	Jan. 20-March 2	Feb. 17
1909-02	Sat	1:10pm-2:00pm	Jan. 20-March 2	Feb. 17
1909-03	Mon & Wed	7:50pm-8:40pm	Jan. 17-Feb. 7	Feb. 5
1909-06	Mon & Wed	7:50pm-8:40pm	Feb. 14-March 6	Feb. 19
*1909-04	Sat	9:30am-10:20am	March 16-May 4	March 23 & 30
*1909-05	Sat	1:10pm-2:00pm	March 16-May 4	March 23 & 30
*1909-07	Mon & Wed	7:50pm-8:40pm	March 13-April 8	March 25 & 27
*1909-08	Mon & Wed	7:50pm-8:40pm	April 15-May 1	None
*1909-09	Mon & Wed	7:50pm-8:40pm	May 8-29	May 27

**COURSE FEES:** 

6 SESSION CLASSES - \$98

\* Registration will open February 1 for these sessions.

MARLIN This class is intended to coordinate and refine previously learned swim strokes. Students will be introduced to the butterfly & breaststroke, feet first surface dive, and head first dive. This class will also build endurance in front crawl and backstroke, treading water, and underwater. No adult participation required

**SAILFISH** This class will polish strokes and help students swim with more ease, efficiency, and power for greater distances. Students will learn front-flip turn and back-flip turn as well as pike and tuck surface dives and sculling. Students will also learn to perform a shallow angle dive from the side. Students will be expected to perform the front crawl and backstroke for 100 yards each, and the breast stroke, side stroke, and butterfly for 50 yards each, surface dive for retrieval of diving brick in 8 feet of water, and a 500 yard swim.

MARLIN COURSE #	SAILFISH COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1910-01	1911-01	Sat	11:20am-12:10pm	Jan. 20-March 2	Feb. 17
1910-02	1911-02	Mon & Wed	7:50pm-8:40pm	Jan. 17-Feb. 7	Feb. 5
1910-04	1911-04	Mon & Wed	7:50pm-8:40pm	Feb. 14-March 6	Feb. 19
*1910-03	*1911-03	Sat	11:20am-12:10pm	March 16-May 4	March 23 & 30
*1910-05	*1911-05	Mon & Wed	7:50pm-8:40pm	March 13-April 8	March 25 & 27
*1910-06	*1911-06	Mon & Wed	7:50pm-8:40pm	April 15-May 1	None
*1910-07	*1911-07	Mon & Wed	7:50pm-8:40pm	May 8-29	May 27

ONCE COURSES ARE FULL PLEASE JOIN THE WAITING LIST.
WE WILL CONTACT YOU VIA PHONE & EMAIL IF SPACE BECOMES AVAILABLE.

#### **AQUATICS - TEEN & ADULT LESSONS**

**BARRACUDA** (**AGE 10+**) Front crawl–100 yards, Backstroke–100 yards, Butterfly–50 yards, Elementary backstroke–50 yards, Breaststroke–50 yards, Sidestroke–50 yards. Demonstrate the following turns while swimming: front crawl open turn, backstroke open turn, sidestroke turn, front flip turn, backstroke flip turn, breaststroke turn, butterfly turn. Students will perform the Cooper 12-minute swim test (swim for 12 minutes to cover the greatest distance possible, using whatever stroke is preferred. Rest as necessary, but go as far as possible) and will compare the results over the length of the course.

BARRACUDA COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1912-01	Sat	11:20am-12:10pm Jan. 20-March 2		Feb. 17
1912-03	Mon & Wed	7:50pm-8:40pm Jan. 17-Feb. 7		Feb. 5
1912-04	Mon & Wed	7:50pm-8:40pm	Feb. 14-March 6	Feb. 19
*1912-02	Sat	11:20am-12:10pm	March 16-May 4	March 23 & 30
*1912-05	Mon & Wed	7:50pm-8:40pm	March 13-April 8	March 25 & 27
*1912-06	Mon & Wed	7:50pm-8:40pm	April 15-May 1	None
*1912-07	Mon & Wed	7:50pm-8:40pm	May 8-29	May 27

**COURSE FEES:** 

6 SESSION CLASSES - \$98

ONCE COURSES ARE FULL PLEASE JOIN THE WAITING LIST.
WE WILL CONTACT YOU VIA PHONE & EMAIL IF SPACE BECOMES AVAILABLE.

\* Registration will open February 1 for these sessions.

**TEEN SWIM** (**AGES 13-17**)/**ADULT SWIM** (**AGES 18+**) **Beginner:** Whatever your ability, this small group instruction for ages 13 and up will help you improve your skills and self-confidence. The lessons are designed for those who have little or no experience in the water. Students will learn submersion into the water, front & back floats, and beginner swim strokes.

**Intermediate:** The lessons are designed for those who are able to swim at least one length (25 yards) of the pool. Students will focus on endurance and beginner stroke perfection. We will also introduce more advanced swim strokes.

TEEN COURSE #	ADULT COURSE #	DAY(S)	TIME	DATES	NO CLASS DATES
1913-01	1914-01	Sat	1:10pm-2:00pm	Jan 20-March 2	Feb. 17
1913-03	1914-03	Tue & Thur	7:50pm-8:40pm	Jan. 16-Feb. 1	None
1913-04	1914-04	Tue & Thur	7:50pm-8:40pm	Feb. 13-March 5	Feb. 20
*1913-02	*1914-02	Sat	1:10pm-2:00pm	March 16-May 4	March 23 & 30
*1913-05	*1913-05 *1914-05		7:50pm-8:40pm	March 7-April 2	March 26 & 28
*1913-06	*1914-06	Tue & Thur	7:50pm-8:40pm	April 9-25	None
*1913-07	1914-07	Tue & Thur	7:50pm-8:40pm	May 2-21	None

<sup>\*</sup> Registration will open February 1 for these sessions.

All swim classes will be held at ADAMS HIGH SCHOOL-Athletic Entrance by tennis courts.

# YOUTH ENRICHMENT

#### **NFL FLAG FOOTBALL**



#### **ROCHESTER SCHOOL OF MUSIC**



# YOUTH ENRICHMENT - PIANO/GUITAR



12745 23 Mile Rd., Shelby Township Register with RCS Enrichment at http://rochesteronline.ce.eleyo.com

#### MUSIC FOR LITTLE MOZARTS (AGES 4 1/2-6)

Music for Little Mozarts was created to provide appropriate piano instruction for 4 1/2 to 6 year-olds. The materials in the course combine to create an exciting and imaginative atmosphere both in the lesson and at home. Parent participation with child is required. Please no siblings in the lab. Book fee of \$21.20 at 1st class. • 8 Session(s) — \$160 • Kawai Music

Course #1618-01 Sat 11:15 AM - 12:00 PM • Jan. 20-March 9 Course #1618-02 Sat 11:15 AM - 12:00 PM • April 6-May 25

#### YOUTH BEGINNER PIANO! (AGES 7-11)

This introductory class is a great way for children to discover what it is like to play the piano. Students will benefit by using our "Piano Lab System" which will help them to focus on learning the basics of playing the piano in a group setting. Book fee of \$9.54 at 1st class. • 8 Session(s) — \$160 • Kawai Music

Course #1621-01 Sat 10:15 AM - 11:00 AM • Jan. 20-March 9 Course #1621-02 Wed 7:15 PM - 8:00 PM • Jan. 24-March 13 Course #1621-03 Sat 10:15 AM - 11:00 AM • April 6-May 25 Course #1621-04 Wed 7:15 PM - 8:00 PM • April 10-May 29



#### GROUP VOICE: LEARN TO SING! (AGES 6-14)

Are you the next "American Idol"? Come and find out. Learn the fundamentals of good vocal technique. This music program requires no previous musical knowledge. Book fee of \$27.56 at 1st class.

• 8 Session(s) — \$160 • Kawai Music

Course #1623-01 Wed 6:00 PM - 6:30 PM • Jan. 24-March 13

Course #1623-02 Wed 6:00 PM - 6:30 PM • April 10-May 29

#### YOUTH BEGINNER VIOLIN (1-4th GRADE)

Experience the fun of musical activities for the Beginning Violin Student. Incorporates the use of notereading, rhythm, music symbols, and ideas from Suzuki violin in a fun atmosphere. Violin rentals are available. Book fee of \$13.77 at 1st class. • 8 Session(s) — \$160 • Kawai Music

Course #1625-01 Wed 5:30 PM - 6:00 PM • Jan. 24-March 13 Course #1625-02 Wed 5:30 PM - 6:00 PM • April 10-May 29



# YOUTH ENRICHMENT - DRUMS/GUITAR



# ROCHESTER SCHOOL OF MUSIC

PIANO · VOICE · GUITAR · BASS · DRUMS · PERCUSSION

Rochester School of Music 1423 Walton Blvd., Rochester Hills, MI 48309 (NEW LOCATION)

#### KIDZ ROCK COED (AGES 4-6)

KidzRock is our FUN introduction to music class. In this rock band class, children will rotate on the 3 most popular instruments, drums, guitar, and piano. They will also sing, while learning simple rhythms and rehearse the kid friendly songs to perform a Rock Show at the last class. We are the only school in the area offering this one of kind experience for this age group. Classes sellout fast so register today! It's a blast! • Instructor: Joe Chila • 8 Session(s) — \$229

Course #1635-01 Mon 4:15 PM - 5:00 PM • Jan. 8-Feb. 26 • Rochester School of Music

#### CRASH COURSE IN DRUMS COED (AGES 7-9)

JC's Famous Fun with Drums Class! This class introduces beginning drum students to some of the essentials of drumming. Basic stick patterns - strengthening exercises - coordination building - and of course, plenty of playing along to songs. Our hope is to get our students excited about playing drums and advancing to our private lesson program, where we will then customize the lessons to each individual's learning abilities. Have Fun with Drums! Let's Go! There will be a \$30 material fee payable to instructor at 1st class. • Instructor: Joe Chila • 8 Session(s) — \$249



**Course #1613-01** Thur 5:30 PM - 6:15 PM • Jan. 11-Feb. 29 • Rochester School of Music

#### **RAYA Financial Assistance**

READY, SET, GO ... GET THE KIDS INVOLVED!
With so many enriching opportunities for kids in the RCSD,
Rochester Area Youth Assistance (RAYA) provides financial
assistance for qualifying families in order to support young people to
explore activities and interests in their school and
community. Youth programs can include sports, arts, music,
BASES programs, SAC (School Age Care), tutoring, camps and
other enrichment programs.

Please visit our website at <a href="https://www.raya-mi.org">www.raya-mi.org</a> or contact our office at <a href="https://www.raya-mi.org">248-656-3558</a> for more information.

Rochester Area Youth Assistance

3200 W. Tienken Rochester Hills, MI 48306



#### **ENRICHMENT - PRIVATE PIANO**

#### PRIVATE PIANO LESSONS (AGES 5-ADULT)

Private one on one piano lessons teaching theory, lesson, technique, and performance (how to sight-read music). We will be learning from piano adventure books by Nancy Faber. Main aim is to help the student to learn how to Read, Write and Play music independently. Material fee of \$66.75 payable to instructor at 1st class. Optional rental keyboard available for \$26/4 weeks. • Instructor: Kenny Asewe • 4 Session(s) — \$98

Course #1609-01 Mon 4:30 PM - 5:00 PM • Jan. 8-Feb. 5 • Hart-Media Center • No class Jan. 15

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Course #1609-02 Mon 5:00 PM - 5:30 PM • Jan. 8-Feb. 5 • Hart-Media Center • No class Jan. 15
Course #1609-03 Mon 4:30 PM - 5:00 PM • Feb. 26-March 18 • Hart-Media Center
Course #1609-04 Mon 5:00 PM - 5:30 PM • Feb. 26-March 18 • Hart-Media Center
Course #1609-05 Mon 4:30 PM - 5:00 PM • April 1-22 • Hart-Media Center
Course #1609-06 Mon 5:00 PM - 5:30 PM • April 1-22 • Hart-Media Center
Course #1609-07 Mon 4:30 PM - 5:00 PM • April 29-May 20 • Hart-Media Center
Course #1609-08 Mon 5:00 PM - 5:30 PM • April 29-May 20 • Hart-Media Center
Course #1611-01 Tue 4:30 PM - 5:00 PM • Jan. 9-Feb. 6 • Hart-Media Center • No class Jan. 16
Course #1611-02 Tue 5:00 PM - 5:30 PM • Jan. 9-Feb. 6 • Hart-Media Center • No class Jan. 16
Course #1611-03 Tue 5:30 PM - 6:00 PM • Jan. 9-Feb. 6 • Hart-Media Center • No class Jan. 16
Course #1611-04 Tue 6:00 PM - 6:30 PM • Jan. 9-Feb. 6 • Hart-Media Center • No class Jan. 16
Course #1611-05 Tue 4:30 PM - 5:00 PM • Feb. 27-March 19 • Hart-Media Center
Course #1611-06 Tue 5:00 PM - 5:30 PM • Feb. 27-March 19 • Hart-Media Center
Course #1611-07 Tue 5:30 PM - 6:00 PM • Feb. 27-March 19 • Hart-Media Center
Course #1611-08 Tue 6:00 PM - 6:30 PM • Feb. 27-March 19 • Hart-Media Center
Course #1611-09 Tue 4:30 PM - 5:00 PM • April 2-23 • Hart-Media Center
Course #1611-10 Tue 5:00 PM - 5:30 PM • April 2-23 • Hart-Media Center
Course #1611-11 Tue 5:30 PM - 6:00 PM • April 2-23 • Hart-Media Center
Course #1611-12 Tue 6:00 PM - 6:30 PM • April 2-23 • Hart-Media Center
Course #1611-13 Tue 4:30 PM - 5:00 PM • April 30-May 21 • Hart-Media Center
Course #1611-14 Tue 5:00 PM - 5:30 PM • April 30-May 21 • Hart-Media Center
Course #1611-15 Tue 5:30 PM - 6:00 PM • April 30-May 21 • Hart-Media Center
Course #1611-16 Tue 6:00 PM - 6:30 PM • April 30-May 21 • Hart-Media Center
Course #1612-01 Thur 4:30 PM - 5:00 PM • Jan. 11-Feb. 1 • Hart-Media Center
Course #1612-02 Thur 5:00 PM - 5:30 PM • Jan. 11-Feb. 1 • Hart-Media Center
Course #1612-03 Thur 5:30 PM - 6:00 PM • Jan. 11-Feb. 1 • Hart-Media Center
Course #1612-04 Thur 4:30 PM - 5:00 PM • Feb. 29-March 21 • Hart-Media Center
Course #1612-05 Thur 5:00 PM - 5:30 PM • Feb. 29-March 21 • Hart-Media Center
Course #1612-06 Thur 5:30 PM - 6:00 PM • Feb. 29-March 21 • Hart-Media Center
Course #1612-07 Thur 4:30 PM - 5:00 PM • April 4-25 • Hart-Media Center
Course #1612-08 Thur 5:00 PM - 5:30 PM • April 4-25 • Hart-Media Center
Course #1612-09 Thur 5:30 PM - 6:00 PM • April 4-25 • Hart-Media Center
Course #1612-10 Thur 4:30 PM - 5:00 PM • May 2-23 • Hart-Media Center
Course #1612-11 Thur 5:00 PM - 5:30 PM • May 2-23 • Hart-Media Center
Course #1612-12 Thur 5:30 PM - 6:00 PM • May 2-23 • Hart-Media Center
Course #1610-01 Fri 4:30 PM - 5:00 PM • Jan. 12-Feb. 2 • Hart-Media Center
Course #1610-02 Fri 5:00 PM - 5:30 PM • Jan. 12-Feb. 2 • Hart-Media Center
Course #1610-03 Fri 5:30 PM - 6:00 PM • Jan. 12-Feb. 2 • Hart-Media Center
Course #1610-04 Fri 4:30 PM - 5:00 PM • Feb. 23-March 15 • Hart-Media Center
Course #1610-05 Fri 5:00 PM - 5:30 PM • Feb. 23-March 15 • Hart-Media Center
Course #1610-06 Fri 5:30 PM - 6:00 PM • Feb. 23-March 15 • Hart-Media Center
Course #1610-07 Fri 4:30 PM - 5:00 PM • April 5-26 • Hart-Media Center
Course #1610-08 Fri 5:00 PM - 5:30 PM • April 5-26 • Hart-Media Center
Course #1610-09 Fri 5:30 PM - 6:00 PM • April 5-26 • Hart-Media Center
Course #1610-10 Fri 4:30 PM - 5:00 PM • May 3-24 • Hart-Media Center
Course #1612-11 Fri 5:00 PM - 5:30 PM • May 3-24 • Hart-Media Center
Course #1612-12 Fri 5:30 PM - 6:00 PM • May 3-24 • Hart-Media Center
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#### **WESSEN TENNIS**



# TENNIS PROGRAMS FOR ALL AGES!

Winter Session: Jan 7—Feb 24

Winter Session II: Feb 25—Apr 14

**Spring Session:** Apr 15—June 3\*\*

\*No classes Easter Sunday 3/31. \*\* No class Memorial Day 5/27; makeup 6/3.



www.wessenitc.com or call 248-253-9300

No Membership Required



#### **TENNIS PROGRAMS**



#### Play BIG.

WINTER SESSION I (7 weeks): January 7-February 24 WINTER SESSION II (7 weeks): February 25-April 14\*

\*no classes on Easter Sunday, 3/31

**SPRING SESSION** (7 weeks): April 15-June 3\*\*

\*\*no classes on Memorial Day 5/27; makeup on 6/3

One Hour Classes: \$188 per 7-week session

One-and-a-Half Hour Classes: \$284 per 7-week session

10% EARLY BIRD DISCOUNT—Check website for discount end dates

**Red Ball** - Emphasis on technique, hand-eye coordination and fun. Low compression red balls and mini nets help players succeed. \*If you feel your 6 year old is ready to be in a group setting for one hour and can follow group instruction, you may register.

**Orange Ball** - A continuation of Red Ball, players work to refine their strokes. Low compression orange balls are used.

**Teen Beginner** - A class designed especially for teens and preteens who are new to the game of tennis and want to learn to play tennis. Players will advance to Green Dot, Junior Excellence or High School training, based on age and level of play.

**Green Dot Ball** - Players are beginning to rally the ball successfully. Green Dot balls are used, transitioning into regulation balls. This class is the next step from Teen Beginner and/or Orange Ball.

**Junior Excellence** - Players with lesson experience, who can rally the ball, that are striving for excellence and increased match play. This is an appropriate class for Middle School team players.

**High School Varsity Training-** Aspiring tournament players and High School Varsity and JV team players. Match Play is front and center, with live ball drills and on-court coaching.

**Adult Beginner** - Adults 17+ who have never played tennis, or have been away from the sport for an extended time.

Adult Adv. Beginner - Adults 17+ / NTRP 2.5-3.0 players.

Adult Intermediate - Adults 17+ / NTRP 3.0-3.5 players.

Organized Practice - Adults 17+ / NTRP 3.5+ players.

Rock & Roll Tennis - Adults 17+ / NTRP 3.0-4.0 players.

#### \*Top Flight Development & Top Flight Academy—

There are level requirements for these programs. Call or check the website for details on UTR rating requirements and pricing.

**REGISTER ONLINE** 

www.wessenitc.com 248-253-9300

CLASS	AGE	DAY	TIME
Red Ball	7-10	Tues	6:30-7:30 pm
Red Ball	7-10	Thurs	6:30-7:30 pm
Red Ball	7-10	Sat	11:00a-12:00 pm
Red Ball	7-10	Sun	3:00-4:00 pm
Teen Beginner	11-16	Mon	6:30-7:30 pm
Teen Beginner	11-16	Wed	6:30-7:30 pm
Teen Beginner	11-16	Fri	4:30-5:30 pm
Teen Beginner	11-16	Sat	12:00-1:00 pm
Teen Beginner	11-16	Sat	1:00-2:00 pm
Teen Beginner	11-16	Sun	4:00-5:00 pm
Orange Ball	8-11	Tues	6:30-7:30 pm
Orange Ball	8-11	Wed	6:30-7:30 pm
Orange Ball	8-11	Thurs	6:30-7:30 pm
Orange Ball	8-11	Fri	5:30-6:30 pm
Orange Ball	8-11	Sat	12:00-1:00 pm
Orange Ball	8-11	Sat	1:00-2:00 pm
Orange Ball	8-11	Sun	3:00-4:00 pm
Green Dot Ball	10-13	Mon	6:30-7:30 pm
Green Dot Ball	10-13	Tues	6:30-7:30 pm
Green Dot Ball	10-13	Thurs	6:30-7:30 pm
Green Dot Ball	10-13	Fri	4:30-5:30 pm
Green Dot Ball	10-13	Fri	5:30-6:30 pm
Green Dot Ball	10-13	Sat	1:00-2:00 pm
Green Dot Ball	10-13	Sun	4:00-5:00 pm
*Top Flight Development	12-17	Tues	4:30-6:30 pm
*Top Flight Development	12-17	Thurs	4:30-6:30 pm
Junior Excellence	11-14	Sat	2:00-3:30 pm
Junior Excellence	11-14	Sun	12:00-1:30 pm
High School Varsity	14-18	Sat	3:30-5:00 pm
High School Varsity	14-18	Sun	1:30-3:00 pm
Adult Beginner	17+	Mon	7:30-9:00 pm
Adult Beginner	17+	Wed	11:30a-1:00 pm
Adult Adv Beginner	17+	Tues	10:30a-12:00 pm
Adult Adv Beginner	17+	Wed	7:30-9:00 pm
Adult Intermediate	17+	Tues	10:30a-12:00 pm
Adult Intermediate	17+	Thurs	7:30-9:00 pm
Organized Practice	17+	Sat	9:30-11:00 am
Rock & Roll Tennis	17+	Sun	10:30a-12:00pm
*TOP FLIGHT ACADEMY	12-18	M-Th	4:30-6:30 pm

Visit our website for additional classs information.

#### YOUTH RECREATION - GYMNASTICS



Gymnastics Training Center classes are held at 1813 Northfield Drive, Rochester, MI 48309

#### PARENT & TOT GYMNASTICS (12-36 MONTHS)

Enjoy fun, games and skill development in this introductory class for parent and child together. We will concentrate on muscle development, motor control, hand/eye & foot/eye coordination, depth perception, medial & lateral awareness. New challenges weekly with a review of prior skills. Girls: prefer you wear gymnastic leotards but, may wear gym shorts and a comfortable tight-fitting t-shirt. Boys: please wear a t-shirt and gym shorts. Belts, buckles, jeans, and jewelry are not allowed. Sorry, no makeup classes will be offered.

• Instructor: Gymnastic Training Center • 8 Session(s) — \$160

Course #1680-01 Sat 11:30 AM - 12:15 PM • Jan. 13-March 9 • No Class Feb. 17 Course #1680-02 Sat 11:30 AM - 12:15 PM • March 16-May 18 • No Class March 23 & March 30



#### LEVEL 1 GYMNASTICS (AGES 3-5)

Level 1: Enjoy a FUN beginner class with little or no experience necessary. This class will introduce the 4-6 year-old to pre-gymnastic terminology & equipment through exciting games and activities. This general movement class will stress fine and gross motor skills with emphasis on pre-gymnastic development. Girls: prefer you wear gymnastic leotards but, may wear gym shorts and a comfortable tight fitting t-shirt. Boys: please wear a t-shirt and gym shorts. Belts, buckles, jeans, and jewelry are not allowed. Sorry, no makeup classes will be offered. All parents must wait in the GTC lobby during lessons. • Instructor: Gymnastic Training Center • 8 Session(s) — \$160

**Course #1681-01** Sat 12:30 PM - 1:15 PM • Jan. 13-March 9 • No Class Feb. 17 **Course #1681-02** Sat 12:30 PM - 1:15 PM • March 16-May 18 • No Class March 23 & March 30

#### **GYMNASTICS (AGES 6-10)**

Enjoy a fun beginner gymnastics class with age-appropriate games and gymnastic activities. This class is perfect for the 6-10-year-old with little or no gymnastics experience, or a child wishing to learn the famous cartwheel! All four gymnastic events will be introduced along with pre-gymnastic drills to skills. Girls: prefer you wear gymnastic leotards but, may wear gym shorts and a comfortable tight-fitting t-shirt. Boys: please wear a t-shirt and gym shorts. Belts, buckles, jeans, and jewelry are not allowed. Sorry, no makeup classes will be offered. All parents must wait in the GTC lobby during lessons. • Instructor: Gymnastic Training Center • 7 Session(s) — \$160

**Course #1683-01** Sat 1:30 PM - 2:15 PM • Jan. 13-March 9 • No Class Feb. 17 **Course #1683-02** Sat 1:30 PM - 2:15 PM • March 16-May 18 • No Class March 23 & March 30

#### YOUTH RECREATION-SPORTS

#### PICKLEBALL (AGES 7-9 & 8-10)

One of the fastest growing racquet sports in the U.S., pickleball is quickly becoming a favorite activity among young athletes. Skyhawks Pickleball class will give your young athlete an opportunity to learn the fundamentals of this great sport while leaning life skills such as sportsmanship and respect.

• Coach Skyhawks • 6 Session(s) — \$135

#### (AGES 7-9)

Course #2639-01 Thur 6:00 PM - 7:00 PM • Jan. 11-Feb. 15 • Baldwin-Gym (AGE 8-10)

Course #2646-01 Thur 7:05 PM - 8:05 PM • Jan. 11-Feb. 15 • Baldwin-Gym



#### MULTI-SPORT (SOCCER, BASKETBALL, FLOOR HOCKEY) (AGES 4-6 & 8-10)

This multi-sport program was designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship and teamwork. • Coach Skyhawks • 6 Session(s) — \$135

#### (AGES 4-6)

Course #2640-01 Fri 6:00 PM - 7:00 PM • Jan. 12-Feb. 23 • Baldwin-Gym • No class Feb. 16 (AGES 8-10)

Course #2641-01 Fri 7:05 PM - 8:05 PM • Jan. 12-Feb. 23 • Baldwin-Gym • No class Feb. 16

#### FLAG FOOTBALL FUELED BY USA FOOTBALL (AGES 5-7 & 8-10)

Give your child the perfect introduction to America's favorite game with Skyhawks Flag Football Fueled by USA Football. Students learn fundamentals like passing, receiving, kicking, and flag pulling in a fun, positive environment. • Coach Skyhawks • 6 Session(s) — \$135

#### (AGES 5-7)

Course #2642-01 Thur 6:00 PM - 7:00 PM • March 7-April 18 • Baldwin-Gym • No class March 28 (AGES 8-10)

Course #2645-01 Thur 7:05 PM - 8:05 PM • March 7-April 18 • Baldwin-Gym • No class March 28

#### VOLLEYBALL (AGES 7-9 & 10-13)

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. • Coach Skyhawks • 6 Session(s) — \$135

#### (AGES 7-9)

Course #2624-01 Thur 5:30 PM - 6:30 PM • April 11-May 16 • Baldwin-Gym (AGES 10-13)

Course #2625-01 Thur 6:35 PM - 7:35 PM • April 11-May 16 • Baldwin-Gym

#### BEGINNING GOLF (AGES 5-7 & 8-10)

Skyhawks Beginning Golf is powered by Payne Stewart Golf Experiences. The recommended entry-level golf program for PGA Junior Golf Camps. The unique, games-based play program and modified learning equipment make it easier for kids to hit the ball and experience early success. Putting, chipping, pitching and full swing, are all taught through games, simple repetitive motions and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age-appropriate golf equipment is provided. • Coach Skyhawks • 6 Session(s) — \$135

#### (AGES 5-7)

**Course #2643-01** Fri 5:30 PM - 6:30 PM • April 12-May 17 • Baldwin-Gym (AGES 8-10)

Course #2644-01 Fri 6:35 PM - 7:35 PM • April 12-May 17 • Baldwin-Gym

#### MARTIAL ARTS- YOUTH & ADULT



#### TAE KWON DO (AGES 7-ADULTS)

Ages 7 to adult are taught a traditional style of Tae Kwon Do in a friendly, peaceful-minded, but structured environment. With a combined 48 years of martial arts training instructors Marc Harder and Ryan Wasmund have helped students of all ages reach personal goals. For students young and old, we have been, and continue to be a place to refuel, recharge and remember the value of keeping one's body fit. There is a \$50 test fee and students will test for promotion only when qualified to do so. Talk to instructor regarding uniform. Approved sparring gear can be brought to class or purchased through instructor. No makeup classes will be given. • Instructor: Marc Harder • McGregor Elem.-Gym • No Class Jan. 15 & Feb. 19. Class on Feb. 12 and Feb. 15 will be at Long Meadow Elem-Gym.

Course #1480-01 Mon/Thur 6:30 PM - 7:45 PM
• Jan. 8-March 21 • 20 Sessions — \$215
Course #1480-02 Mon/Thur 6:30 PM - 7:45 PM
• April 4-May 23 • 15 Sessions — \$185

#### ADULT SCUBA

#### ICE DIVER (AGES 18+)

If extreme, unusual, and challenging scuba diving scenarios appeal to you, try diving under the ice. Ice diving is one of the most adventurous scuba specialties because you confront conditions and see beauty few others ever experience. Plus, you might get a chance to play with your exhaled bubbles on the bottom of the ice. Flash your PADI Ice Diver certification card to get instant respect, and usually a lot of questions from other divers about what it's like under the ice. Students will be expected to complete eLearning prior to classroom via Zoom.

- Dives will be conducted at Stony Lake Township Park (1397 Lapeer Rd., Oxford).
- Instructor: Mario Lepore 3 Session(s) \$499

Course #1884-01 Fri 6:00 PM-8:00 PM, Sat/Sun 12:00 PM - 3:00 PM • Feb. 2-4 Course #1884-02 Fri 6:00 PM-8:00 PM, Sat/Sun 12:00 PM - 3:00 PM • Feb. 16-18



#### **ADULT RECREATION & ENRICHMENT**

#### ENRICHED AIR/NITROX DIVER (AGES 15+)

Enriched Air, also known as NITROX, is a form of breathing gas that allows divers to extend bottom time and reduce nitrogen loading. It is PADI's most popular specialty course. You'll learn why diving with air that has higher oxygen and lower nitrogen content gives you more bottom time, along with enriched air equipment considerations.

• 1 Session(s) — \$199

During our virtual classroom session you will:
Discuss managing oxygen exposure;
Discuss analyzing oxygen content in your scuba tank
Set your dive computer for diving with enriched air/
NITROX

 Classes are done via ZOOM. Upon student registration, each participant will receive e-Learning material for review. Classroom and exam will be conducted via Zoom.
 Instructor: Mario Lepore



Course #1883-OL01 Wed 6:00 PM - 9:00 PM • Jan. 24

#### DRYSUIT DIVER (AGES 15+)

Want to stay warm? Want to extend your scuba diving season? Then dive dry. A dry-suit seals you off from the water and keeps you comfortable, even in surprisingly cold water. There is incredible diving in the world's cooler regions like our Great Lakes, conditions are even better in colder months. Becoming a dry-suit diver allows you to expand your boundaries and dive more places, more often. • Training dives will be conducted at Stony Lake (1397 Lapeer Road, Oxford 48371). • Instructor: Mario Lepore

2 Session(s) — \$199 Dry-suit rental fee not included.

Course #1882-01 Sat/Sun 12:00 PM - 3:00 PM • Jan. 20-21 Course #1882-02 Sat/Sun 12:00 PM - 3:00 PM • April 6-7



#### RETIREMENT PREPARATION MASTERCLASS (AGES 18+)

By far the most popular presentation we give. We'll have educational content prepared for around 15-20 topics in the finance space (tax law, tax strategies, education, funding, retirement planning, estate planning, Medicare, social security, and plenty more). We're always adding and modifying the topics and content based on the feedback we get and the audience we expect. Content for each topic starts as a high-level and gradually goes into more detail. Every 5-7 minutes, we'll conduct a Roman Vote (thumbs up or thumbs down) from the audience and let them decide if we want to continue talking about the current topic or start over with a new topic! If we vote to start over, we'll go back to the "menu" of topics and let the group choose something new. This way, we keep the content fresh, keep everyone engaged and essentially let the group pick and choose what they may be most interested in discussing, and learning about.

• Instructor: Justin Rush-Nemes Rush Family Wealth Management • 1 Session(s) — \$15

**Course #1039-01** Wed 6:30 PM - 7:30 PM • Jan. 24 • Van Hoosen MS-Room 127 **Course #1039-02** Tue 6:30 PM - 7:30 PM • March 5 • Van Hoosen MS-Room 127

#### visit our website for additional classs infor

#### ADULT RECREATION & ENRICHMENT

#### FRIDAY NIGHT VOLLEYBALL (AGES 18+)

Drop-in intermediate COED Volleyball for experienced players. Excellent opportunity to connect with other volleyball players in the area. Must know the rules of play, be able to make legal contact with the ball, and play safely. Teams are assigned weekly. There is a \$7.00 drop-in fee payable to the instructor at each week or a 10-visit punch pass can be purchased at the door for \$70.00. Please, for everyone's safety, NO MINORS ALLOWED, this is an adult only class. • Instructor: Josiah Eberle • No Class Feb. 16, March 22, 29 & April 5

Fri 7:00 PM - 10:00 PM • Jan. 12-June 14 • Reuther-Gym & AUX Gym



#### ADULT DROP-IN BASKETBALL (AGES 18+)

This is a fun, but competitive drop-in basketball program for players of intermediate to advanced ability. Play is by invite only. If you are interested in playing, please call or text Jack at 731-483-1781 to request an invitation. There is a \$7.00 drop-in fee payable to the instructor at each week or a 10-visit punch pass can be purchased at the door for \$70.00. Please, for everyone's safety, NO MINORS ALLOWED, this is an adult only class. • Instructor: Jack Novak • No Class Feb. 20, 27 & March 26

Tue 8:00 PM - 10:00 PM • Jan. 9-June 11 • Reuther-Main & AUX Gym

#### ROCHESTER TABLE TENNIS (AGES 5-ADULT)

Come to Rochester's Table Tennis Club to play, learn the sport, polish your skills, practice, and get your heart pumping! It's fun, physical, and cardiovascular action learning and competition! Play singles, doubles, or just practice. Compete against various skill levels. See website and schedule at https://www.rochestermitabletennis.com. Bring your ping pong paddle and balls. Wear or bring court/tennis shoes, shorts or sweats. **There is a \$7.00 drop-in fee payable to the instructor at each week.** 

• Instructor: Rich McLonis • No class Jan. 11, 15, Feb. 19, 20, 27, March 25, 26, 28, May 7, 9, 27, 28, 30, June 3

Mon/Tue/Thur 7:00 PM - 10:00 PM • Jan. 8-June 13 • Hart-Cafeteria

#### FEED ME (AGES 18+)

Are calories king? What does counting macros even mean? Come join this workshop as we discuss: calories, macros, tracking and nutrition labels. • Instructor: Rebecca Obudzinski/Rebecca the Wellness Coach

**Course #1253-OL01** Tue 7:00 PM - 8:15 PM • Jan. 9 • Online-Zoom • 1 Session(s) — \$50 **Course #1253-01** Wed 6:00 PM - 7:15 PM • Feb. 7 • Van Hoosen MS-Room 127 • 1 Session(s) — \$50



#### **ADULT RECREATION & ENRICHMENT**

#### YOGA (AGES 16+)

Even though Yoga is 5,000 years old, it is still relevant today as we look for balance in our bodies (flexibility and stability), in our minds (openness and focus) and our hearts (calmness and liveliness). We access these levels through physical postures, breathing and how we use our attention. Beginning and experienced students are welcome. Have a blanket and a mat. • Instructor: Tracy Flynn • West MS-LGI/Think Room #232

**Course #1428-01** Mon 7:00 PM - 8:15 PM • Jan. 8-March 18 • No class Jan. 15 & Feb. 19 • 9 Session(s) — \$122

**Course #1428-02** Wed 7:00 PM - 8:15 PM • Jan. 10-March 20 • 11 Session(s) — \$149 **Course #1428-03** Mon 7:00 PM - 8:15 PM • April 1-May 20 • 8 Session(s) — \$108 **Course #1428-04** Wed 7:00 PM - 8:15 PM • April 3-May 22 • 8 Session(s) — \$108

#### ITALIAN A2.3 (PRE-INTERMEDIATE) (AGES 18+)

Italian A2.3 (Pre-Intermediate) is a language course designed for students who have completed the Italian A2.2 course or who already know the Italian language at least at an Upper Elementary Level. Students are expected to know the present tense, the "passato prossimo" tense and the simple future tense of both regular and irregular verbs. Emphasis will be placed on further developing speaking, listening and reading skills, while learning more about modern Italy, including geography, culture and society. This class will be held online via ZOOM. • Textbook: The New Italian Project: Student's book + Workbook + DVD + CD 1b by T. Marin/S. Magnelli - Publisher: Edilingua; ISBN-978-8899358921 (students are required to purchase the book by the first day of class). Please contact the teacher for links to online stores (Amazon, online libraries...). marta.cappato@gmail.com (Once class meets the enrollment minimum, students are required to purchase the book, please have the book by the first day of class). • Instructor: Marta Cappato • 9 Session(s) — \$165 • No Class Feb. 20

**Course #1574-OL01** Tue 6:30 PM - 7:30 PM • Jan 9-March 12 • Online-Zoom

#### ITALIAN A2.4 (PRE-INTERMEDIATE) (AGES 18+)

Italian A2.4 (Pre-Intermediate) is a language course designed for students who have completed the Italian A2.3 course or who already know the Italian language at a Pre-Intermediate level. Students are expected to know the present, "passato prossimo" and simple future tenses of regular and irregular verbs; they should know possessive adjectives and pronouns and have at least some understanding of direct object pronouns. Emphasis will be placed on further developing speaking, listening and reading skills, while learning more about modern Italy, including geography, culture and society. This class will be held online via ZOOM.

- Textbook: The New Italian Project: Student's book + Workbook + DVD + CD 1b by T. Marin/S. Magnelli Publisher: Edilingua; ISBN-978-8899358921 (students are required to purchase the book by the first day of class). Please contact the teacher for links to online stores (Amazon, online libraries...). marta.cappato@gmail.com (Once class meets the enrollment minimum, students are required to purchase the book, please
- have the book by the first day of class). Instructor: Marta Cappato 9 Session(s) \$165
   No Class March 26

Course #1577-OL01 Tue 6:30 PM - 7:30 PM • March 19-May 21 • Online-Zoom

#### DIVORCE: WHAT YOU NEED TO KNOW (AGES 18+)

How will divorce affect my children? What will happen to my assets? What does my financial future look like? These are just a few of the questions that are asked when considering divorce.

Get the answers that you need from an experienced Family Law Attorney who knows. The legal process of divorce, what you need to know about child custody, asset division, spousal support and a number of other divorce-related topics will be discussed. The Law Office of Diane M. Twitty, PLLC. • Instructor: Law Office of Diane M. Twitty, PLLC

• 1 Session(s) — \$26

Course #1516-01 Tue 7:00 PM - 9:00 PM • Jan. 23 • Van Hoosen MS-Room 127



#### ROCHESTER SOCCER CLUB



REGISTRATION OPENS

MID-OCTOBER!

# ROCHESTER SOCCER CLUB WINTER PROGRAMS

Sessions run January-March

As one of the biggest and best recreational leagues in Michigan, RSC emphasizes participation, skills development, teamwork and fun! Check out all we have to offer!

#### THUNDERS (18 MO-3 YRS)

(3) 4-week winter sessions will introduce young players to movement, motor skills, balance, and coordination. Parents encouraged to participate.

#### MICROS (U4-U5)

(2) 6-week winter sessions (Winter I & II). Players will learn basic foot-skills and ball control through fun games and mini-scrimmages.

#### U6

A winter league of indoor games will develop teamwork and player collaboration in an environment based on learning.

#### U7-U10

Lightning Developmental Academy (Winter I & II) is for players looking to grow their skills under licensed coaches and a structured curriculum.

#### **U11-U14**

6-week Technical Training. Nationally licensed coaches teach dribbling, passing and shooting techniques.

Be on the lookout!

SPRING REGISTRATION WILL OPEN MID-JANUARY



For program details, please visit: rscsoccerrecreation.org





#### ADULT EDUCATION

# lochester Community

#### Rochester Adult Center for Education - R.A.C.E

Phone: 248-726-5950

1440 John R. Road, Rochester Hills, MI 48307 Website: https://www.rochester.k12.mi.us/schools/race

#### **ENGLISH AS A SECOND LANGUAGE (ESL) CLASSES**

Winter Semester - January 16 - May 6, 2024

#### In-Person FREE Classes

M/W 9am-12:15pm T/Th 9am-12:15pm M/W 6pm-9:15pm T/Th 6pm-9:15pm M/T/W/Th-12:30-2pm Beginning, Low Intermediate and High Intermediate Levels

Advanced Conversation Tuition Classes are also available, ask at Registration There is a tuition fee for Advance Conversation Classes.

#### **Walk-in ESL Registration Dates**

Registration is not all day long

- Tuesday, January 9 —9:00 am
- Tuesday, January 9 6:00 pm
- Wednesday, January 10 —9:00 am
  - Wednesday, January 10 −6:00 pm
- Thursday, January 11—9:00 am
- Thursday, January 11-6:00 pm

#### What to bring to registration:

- Proof birth (e.g., Valid driver's license, passport, Visa, or birth certificate)
- Your social security number
- Plan to spend 2–2.5 hours for registration and assessment testing.
- No children at registration, please. Spaces are limited. Questions: send an email to RACE@Rochester.K12.MI.US

### HIGH SCHOOL DIPLOMA/GED SKILLS CLASSES In-Person FREE Classes

Semester 2 – Classes begin November 27, 2023 Semester 3 – Classes begin March 4, 2024

- Part-time or Full-time
- Classes meet twice per week
- Class times are:

M/W 6:30-9:30pm M/W 3-6pm T/Th 3-6pm T/Th 6:30-9:30pm

- New semester every 12 weeks
- Small Class Sizes
- **Personal Counseling**
- **Academic & Career Advising**

#### GED/HIGH SCHOOL Registration is by APPOINTMENT ONLY

To schedule a registration appointment, call (248)726 -5952 or email with your name and phone number to RACE@Rochester.K12.MI.US

#### What to bring to registration:

- Your Driver's License
- Your Official High School transcripts if you want to earn your HS Diploma

#### **Dinosaur Hill Nature Preserve**



333 North Hill Circle, Rochester, MI 48307 www.DinosaurHill.org

Nature Center OPEN Fridays, Saturdays, Sundays 12-5 pm

Please visit www.DinosaurHill.org/Classes for descriptions and to register.

#### FREE SNOWSHOE RENTALS WHEN CONDITIONS ARE APPROPRIATE

FAMILY PROGRAMS \$6/person unless noted

Fossil Fest April 7 10am-2pm

Earth Day April 21 10 am-2pm FREE

May 11 8 pm Bat Chat

River Day June 9 10 am-2 pm FREE

DUNGEONS & DINOSAURS AGES 10-14 Join a campaign to keep the dinosaur asleep in the hill. Gameplay will include real-world ecological problems and testing. Snacks provided.

\$40 all sessions.

Fridays 5:30-7:30 pm Feb 16-March 15

#### STUDENT STEWARDS

Ages 12 & up can earn community service hours learning to identify invasive species and helping to control a different one each month. Students will be provided a link to learn to identify the species of the month beforehand.

4:30-6:30 pm March 21, April 18, May 16, June 20 12-2 pm, & March 28 2-5 pm

#### **Scary Story Conservation Campfires**

(\$5/3 with a max fee per family of \$15/12 per event)

#### All ages.

The scariest fear conservationists have is extinction of a species. Listen to the harrowing tales that some plants & animals face. S'mores supplies will be provided. 6:00-8:00 pm select Thursdays.

March 28 April 25 May 9 June 13

PRESCHOOL PROGRAMS Ages 3-6 (to enjoy with their adult)

Nature Tales Classic – 10-11 am each 3rd Thursday of the month. Story/Craft/Snack \$6/child

Story & STEAM - 10-11 am each (NEW!) 2nd & 4th Friday of the month Story & STEAM activities \$6/child

#### **Eco-Friendly Birthday Party Rental**

You may choose between **Dino Adventure**, **Explore Michigan Wildlife**, **Pirate Party**, or **Investigate Insects**. Party fee includes compostable paper goods, decorations, non-plastic party favors and your own naturalist who leads the group in indoor and outdoor activities related to the theme.

Fee: \$150 2 hour rental, limit 25

#### **Evening Campfire Rentals**

Enjoy a private seasonal evening hike & campfire with your group. Roasting sticks are provided for roasting marshmallows or hotdogs that you bring. A folding table is provided for your convenience. Firewood is provided. Building is open for restroom use. *All rentals with campfires require 7 day notice*.

Fee: \$100 2 hour rental, limit 50 people.

Private Group Programs for Scouts, Homeschool, Family Reunion- \$6 per person,



Oakland Township Parks and Recreation and Dinosaur Hill Nature Preserve have partnered to bring Oakland Township residents and others exciting programs at Lost Lake Nature Park! Family, friends and neighbors are invited to explore themed indoor and outdoor activities at any of these **FREE** drop in events, with no pre-registration required.

Open House events occur 12-3 pm on every 2nd Saturday & 4th Sunday of the month!\*

#### Saturday, January 13 & Sunday, January 21 12-3 pm—Space

January **13th** we'll see stars by projecting constellations in the nature center and designing our own with toothpicks. Outside we'll stand in groups and connect the dots with rope to act out constellations. On **January 21st**, we'll take a scaled down solar system hike outside, then explore the moon phases and make a full moon painting.

#### Saturday, February 10 & Sunday, February 25 12-3 pm- Winter Wetland Wonder

On **February 10th**, we'll explore above the surface, looking for plant life left over winter along the shore, decorating a small grapevine wreath, and exploring the wetland habitat. **February 26th** the focus is on what's happening under the water and underground in the winter. We'll lower a camera under the water from the dock to see how fish are spending the winter. Color an underwater scene and glue cutout animals where they belong.

#### Saturday, March 10 & Sunday, March 24 12-3 pm- Birdy Business

March will be spent getting ready for baby birds! **March 10th** we'll examine nests inside and search for nests outside, then weave a birds' nest picture. **March 24th** explore eggs! Make a plastic egg into a baby bird and join an egg scavenger hunt in the meadow. Use natural dyes to color eggs in the warming shelter.

#### Saturday, April 13 & Sunday, April 28 12-3 pm- April Showers & Storms

**April 13th**, we'll look at types of clouds, make a cotton ball cloud magnet, and try to identify any clouds or rainbows in the sky. On **April 28th**, explore thunder and lightning, make a rain stick, and take a hike to look for storm damaged trees.

#### Saturday, May 11 & Sunday, May 19 12-3 pm- Totally Turtles

We'll discover Michigan's endangered land turtle during the **May 11th** OPEN HOUSE, and even meet one! Make a paper bowl turtle and play turtle tag. On **May 19th**, we'll search for aquatic turtles along the lakeshore and dock, make an origami turtle, and examine the many types of aquatic turtle found in Michigan.

All programs on this page take place at Lost Lake Nature Park. The park is located in Oakland Township so it is close by for everyone! The park is just West of Rochester Rd off of Predmore: 846 Lost Lake Trail

Dinosaur Hill offers programs at other Township parks as well. Check out the Oakland Township section of this guide to see what is coming up soon!

\*alternate dates when those fall on Federal Holidays



#### Register online: oaklandtownship.recdesk.com

# Nature Programs Winter/Spring

The Glorious Winter Sky Friday, January 19, 2024

6:00pm-8:00pm This program is both Indoor and Outdoor

Adults & Kids 8+ Cranberry Lake Farm 388 W. Predmore Rd Oakland, MI 48363

Don't miss this early-evening smorgasbord of heavenly delights! Oakland Astronomy Club members will give an indoor presentation to orient you to the night sky and weather permitting, we will head outdoors to feast on Saturn\*, Neptune, Jupiter, Uranus, highly detailed views of the lunar surface, glorious star clusters of winter, and the delights of Orion's colorful nebula. Taste them all and enjoy complimentary star cookies and cider too! (\*Saturn's rings will be edge-on in 2024 and 2025 and won't

look this good again until 2026!) OAC will provide telescopes. Bring your curiosity and binoculars or borrow ours. Dress for the

elements. All family members in attendance must register. Resident Registration open now. Register by Jan. 16 Non-Resident registration opens: Dec. 29 Residents: \$5 Non-residents: \$7

Love Letter-Boxing Tuesday, February 13, 2024 4:30pm-6:00pm

846 Lost Lake Trail, Oakland, MI 48363 Letterboxing is a fun puzzle scavenger hunt. We'll make a journal and a stamp of our own designs and practice the types of puzzles used as clues. Test your new letterboxing skills against a course with both indoor and outdoor clues to find the stamp that marks the end.

Resident Registration open now. Non-Resident registration opens: Jan. 23

Residents: \$5 Non-residents: \$7 Register by Feb. 9

Maple Mysteries Saturday, February 24, 2024 1:00pm-2:15pm OR 2:30pm-3:45pm

2 Sessions

Families Cranberry Lake Nature Park 388 W. Predmore Rd Oakland, MI 48363

After School - Ages 7-10

Lost Lake Nature Park

Michigan is one of the few places in the world where the conditions are just right for the collection of sap from maple trees. In the indoor portion of this program we explore the history and techniques of tapping maple trees to collect sap which is turned into maple syrup. Learn important tips such as how to identify a suitable maple tree and how many taps can be placed in one tree. Then practice finding and tapping trees, then get the sweet reward- a taste of sap! Taste different grades of maple syrup, maple sugar, and maple candy. Take home a tapping kit to try on your own maple trees. All family members in attendance must register. Children under age 18 must be accompanied by an adult. Resident Registration open now.

Non-Resident registration opens: Feb. 3

2 Fun

**Family** 

Adventures

Families

Residents: \$5 Non-residents: \$7 Register by Feb. 20

On App Scavenger Series



Bring your device and join us for the best ways to use your phone or tablet in nature. We'll go over using Seek, Merlin, and iNaturalist, along with a few less Naturalist | Merlin | common applications, to help identify and report sightings of natural organisms. Please download Seek, Merlin, and iNaturalist prior to program start if possible.

Every program participant who completes our target list of sightings in our iNaturalist project during the January

scavenger hunt at Lost Lake Nature Park will win a sticker. In April we'll have a new iNaturalist project to complete during a spring hike at Fox Nature Preserve. Compare some of the same

plants you saw in January to their April counterparts. Earn different stickers and prizes based on your contributions to our Naturalist projects between hikes as well as during the hikes. All family members in attendance must register. Children under age 8 must be accompanied by an adult. Resident Registration open now.

Residents: \$5/person/date Non-residents: \$7/person/date

10:00am-11:00am Saturday, January 20, 2024 Cranberry Lake Farm, 388 W. Predmore, Oakland, MI 48363

Non-resident registration opens; **Dec. 30** Register by: Jan. 16

10:00am-11:00am Saturday, April 20, 2024 Fox Nature Preserve, 1627 West Predmore Road, Oakland, MI 48363 Non-resident registration opens; March 30 Register by: April 16 Cranberry Lake Farm Scavenger Hunt

Fox Nature Preserve Scavenger Hike



Register online: oaklandtownship.recdesk.com

# Nature Programs Winter/Spring

Wildlife Rescue Common Question Thursday, March 7, 2024 6:30pm-8:00pm

# FREE!! 3 Great ways to participate!

Adults 18+ In persons at Township Hall 4393 Colins Rd. Rochester MI 48306



Want to do more for wildlife? Discover the rules of when and how to rescue wildlife for the safety of all involved. Learn how to tell if fawns, cottontails, birds, or turtles are orphaned or practicing their skills for an independent life. How should you react if this happens at your home? We'll discuss some of the ethics and legalities involved in wildlife rehabilitation, where to find help, and next steps if you are interested in becoming a licensed wildlife rehabilitator. Attend in person at the Oakland Township Main Hall, watch live streamed from the Oakland Township website OR the Oakland Township Municipal cable television channel 17! No registration required.

Stars of the Hunters Friday, March 8, 2024

7:00pm-9:00pm This program is both Indoor and Outdoor

Adults & Kids 8+ Cranberry Lake Farm 388 W. Predmore Rd Oakland, MI 48363

Orion is at its peak! Don't miss this last moonless *early-evening* opportunity (the last one before DST begins) to enjoy the winter hexagon of bright stars that surround Betelgeuse and more! After an orientation to the night sky by the Oakland Astronomy Club, weather permitting, enjoy the stars of Orion The Hunter and marvel at the galaxies of the bear and the lion. OAC will provide telescopes. Celebrate with us with complimentary star cookies and cider. Bring your curiosity and binoculars or borrow ours. Dress for the elements. All family members in attendance must register.

Resident Registration **open now.** Residents: **\$5** 

Non-Resident registration opens: **Feb. 16**Non-residents: **\$7** Register by **March 5** 

Orion

Crion's Bel'

Figel

*River Roles* Friday, April 12, 2024 10:00am-11:00am



We will color animal finger puppets, then read the book "Over in a River Flowing Out to the Sea" and learn about the animals and their roles in the riverbank ecosystem. Feel the feathers and fur from river animals and compare it to animals that live on land. Follow our closest rivers with your finger on a map to discover where they meet the sea. Children under age 5 must be accompanied by an adult.

Resident Registration open now.

Non-Resident registration opens: March 22

Register by April 9

PreK 3-5yrs. old

Peek in the Pond! Tuesday, May 14, 2024 4:30pm-6:00pm

After School - Ages 7-10
Bear Creek Nature Park,
Pavilion, Lawn and Pond
740 W. Snell Rd.,Rochester MI 48306

Lost Lake Nature Park, Nature Center

Discover what the insects found in a pond can show you about water quality. Be a Dragonfly or Caddisfly in our Macroinvertebrate Mayhem game. Take a net to the pond, search for invertebrates in the water, and identify the invertebrates you find. Make a dragonfly craft out of natural materials

Resident Registration open now.

Non-Resident registration opens: April 23

Non-residents: \$7

Residents: \$5 Non-residents: \$7 Register by May 10

# Fitness & Wellness Winter/Spring

Yoga Walk in the Park

Saturday Afternoons 1pm-2pm

Adults 12

Bear Creek Nature Park, 740 W. Snell Rd, Rochester, MI 48306

Residents: \$5

We often forget that yoga is not tied to indoors or places where we can roll out our yoga mats. Yoga is wherever our bodies are. Try a new twist – led by a certified yoga instructor, walk the trails through the park while intermittently adding yoga poses to calm your mind, improve balance, and flexibility. 6 weeks. Resident registration **open now.** 

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Jan. 13-Feb. 17 Non-Resident registration opens: Dec. 23 Register by Jan. 9

6 weeks Residents: \$60 Non-residents: \$72



#### Register online: oaklandtownship.recdesk.com

# Fitness & Wellness Winter/Spring

All Levels Yoga Paint Creek Cider Mill Sundays 9:30am - 10:30am Indoors OR Livestream

Ages 12+

4480 Orion Rd. Rochester, MI 48306



Join Up Dog Yoga and Oakland Township Parks and Recreation as they team up to bring you high quality yoga! All Levels classes will accommodate all skill levels with an option to modify. Bring your water bottle and yoga mat. Continue your practice inside at the Paint Creek Cider Mill or choose the Live Stream option. Spring classes meet outdoors at Cranberry Lake Farm. Resident Registration open now.

Jan. 7-Feb. 11 6 weeks Feb. 18-March 31 7 weeks

April 7-May 5 5 weeks

Cranberry Lake Farm May 12-June 16

6 weeks

Register by Jan. 3

Non-Resident registration opens: **Dec. 17** Residents: \$60 Non-residents: \$72

Non-Resident registration opens: Jan. 28 Non-residents: \$84

Residents: \$70 Non-Resident registration opens: March 17 Residents: \$50 Non-residents: \$60

388 West Predmore, Oakland, MI 48363 Outdoors Non-Resident registration opens: April 21

Residents: \$60 Non-residents: \$72

Ages 12+

Register by Feb. 13

Register by **April 2** 

Register by May 7

Slow Flow Yoga Sundays 11:00am - 12:00pm Paint Creek Cider Mill Indoors OR Livestream 4480 Orion Rd. Rochester, MI 48306

This class is accessible for most yoga students. Challenges will be offered along with modifications. Movement connected to breath for one hour will leave you feeling peaceful and energized! All sessions are 6 weeks. Resident Registration open now.

Jan. 7-Feb. 11 Feb. 25-March 31 April 14-May 19 6 weeks

Non-Resident registration opens: Dec. 17 Non-Resident registration opens: Feb. 5 Non-Resident registration opens: March 25 Residents: \$60 Non-residents: \$72 Register by Jan. 3

Register by Feb. 20 Register by April 9

Ages 12+

Monday Gentle Yoga Mondays 4:45pm-5:45pm Paint Creek Cider Mill Indoors OR Livestream

4480 Orion Rd. Rochester, MI 48306

This basic yoga class is designed to meet you were you are. Modifications are offered and encouraged. Enjoy basic yoga postures, gently stretch and strengthen the body while connecting with the breath, and calming the mind. 6 week sessions. Resident Registration open now.

Jan. 8-Feb. 12 Feb. 19-March 25 April 1-May 6 May 13-June 17 6 weeks

Non-Resident registration opens: Dec. 18 Non-Resident registration opens: Jan. 29 Non-Resident registration opens: March 11 Non-Resident registration opens: April 22

Register by Jan. 3 Register by Feb. 13 Register by March 26 Register by May 7

Residents: \$60 Non-residents: \$72

Wednesday Gentle Yoga Wednesdays 4:45pm-5:45pm Indoors OR Livestream Paint Creek Cider Mill 4480 Orion Rd. Rochester, MI 48306

Ages 12+

This basic yoga class is designed to meet you were you are. Modifications are offered and encouraged. Enjoy basic yoga postures, gently stretch and strengthen the body while connecting with the breath, and calming the mind. 6 week sessions. Resident Registration open now.

Jan. 3-Feb. 7 Feb. 14-March 20 March 27-May 1 May 8-June 12 6 weeks

Non-Resident registration opens: **Dec. 13** Non-Resident registration opens: Jan. 24 Non-Resident registration opens: March 6 Non-Resident registration opens: April 17 Residents: \$60 Non-residents: \$72

Register by **Dec. 28** Register by Feb. 11 Register by March 24 Register by May 5



### Register online: oaklandtownship.recdesk.com

# Fitness & Wellness Winter/Spring

Tai Chi Beginners

Tuesdays 6:00pm - 7:00pm

Adults 18+

Register by **Dec. 28** 

Adults 18+

These classes will cover the beginning movements of the Tai Chi form and principles, as well as enhance your overall health by improving balance and feelings of wellbeing. You should be able to support your weight while standing or bring a chair if unable to stand without assistance. Grab some comfortable clothing and shoes. No flip flops or sandals. In May, our practice will move outdoor to Cranberry Lake Farm. All sessions are led by Marci Jenkins who has over 20 years of Tai Chi training and practice. Resident Registration open now.

Non-Resident registration opens: Dec. 12

Paint Creek Cider Mill

Jan. 2-Feb. 20 March 5-April 23

8 week sessions.

Residents: \$64

Outdoors

Indoors

Non-Resident registration opens: Feb. 13 Register by March 1 Non-residents: \$80

4480 Orion Rd. Rochester, MI 48306

388 W. Predmore Rd Oakland, MI 48363

Resident Registration open now.

May 7-June 25

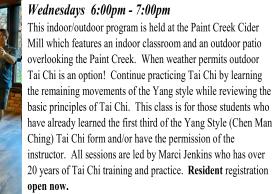
Cranberry Lake Farm

8 week sessions. Residents: \$64

Non-Resident registration opens: April 16 Non-residents: \$80

Register by May 3

#### Next Step Tai Chi Beginners Wednesdays 6:00pm - 7:00pm



Indoors 4480 Orion Rd. Rochester, MI 48306

Non-Resident registration opens: Dec. 13 Non-Resident registration opens: Feb. 14

Register by Jan. 1 Register by March 3

Non-residents: \$80

Paint Creek Cider Mill Indoors/Outdoors 4480 Orion Rd. Rochester, MI 48306

Resident Registration open now.

Paint Creek Cider Mill

Jan. 3-Feb. 21

March 6-April 24

8 week sessions.

May 7-June 25

Non-Resident registration opens: April 16 24 8 week sessions. Residents: \$64 Non-residents: \$80

Residents: \$64

Register by May 3

#### Outdoor Ice Skating & Snow Sledding

(Weather permitting)

Outdoor Ice Rink at Bear Creek Nature Park Come visit our outdoor ice rink at 740 West Snell Road, Rochester, MI 48306. The ice rink is **open every day** from 10:00am to 5:00pm weather conditions permitting. Skating is FREE. The rink is unsupervised and children should have adult supervision. Hockey is not permitted.

Call the Ice Rink HOTLINE at 248-651-4440 extension 289 for rink open and closure information.

Sled Hill at Lost Lake Nature Park Come visit our outdoor sled hill at 846 Lost Lake Trail, Oakland, MI 48363. The sled hill is open every day from 10:00am to 5:00pm weather conditions permitting. Sledding is FREE. The hill is unsupervised and children should have adult supervision.



Call the Sled Hill HOTLINE at 248-651-4440 extension 299 for hill open and closure information.



Register online: oaklandtownship.recdesk.com

# Archery Winter/Spring

Marsh View Park, Archery Range 3100 E. Clarkston Rd. Oakland, MI 48363

#### **Beginning Archery**

#### Saturdays 9:00am - 10:30am

Ages 8+

Looking for something new and fun to try on a beautiful spring Saturday morning? This fun class is for you and your family! Our instructors will cover safety, equipment and basic fundamentals of shooting. Sanitized equipment provided. 5 weeks. Resident registration **open now** 

April 13 - May 11

Non-Resident registration Opens: March 23

Residents: \$90 Non-Residents: \$112

Register by: April 10



#### **Next Step Archery**

#### Saturdays 10:45am - 11:45am

Ages 8+

Once you've completed our Beginning Archery program, take your skills to the next level by improving your form, discover the use of sights to improve your aim, and sharpen your release skills to prepare yourself for competition or to simply master the target during practice. This program is designed for everyone over the age of eight. **Pre-Requisite:** Must have completed a Beginning Archery class or its equivalent. 5 weeks.

April 13 - May 11 Residents: \$60

Resident registration open now

Non-Residents: \$75

Non-Resident registration Opens: March 23

Register by: April 10

#### Marsh View Park Archery Club

#### Tuesdays 7:00pm-8:00pm

Ages 10-18

Joining an archery club is a great way to achieve your archery goals, make new friends and have fun! Shooting year-round will improve your accuracy, efficiency and confidence. You'll benefit from tips and tricks others share with you, laugh at common mistakes and failures, and, most importantly, enhance your overall archery experience. For the more serious archer we will teach you how to use sights to ready you for the next level. You'll find no better place to meet like-minded people who share your archery passions. Use our equipment or bring your own. **Prerequisite: Must have completed Beginning and Next Step Archery** (Intermediate) courses. Subject to instructor approval.

#### **Baldwin Elementary School**

Indoor

4325 Bannister Blvd., Rochester, MI 48306

**Jan. 9 - Jan. 30** Resident and Non-Resident registration **Open** 

4 weeks Register by: Jan. 4

Residents: \$48 Non-Residents: \$60

Feb. 6 - March 12 Resident and Non-Resident registration Open

4 weeks Register by: Feb. 1

No class Feb. 13 & 20 Residents: \$48 Non-Residents: \$60



#### **Open Range Shoot**

#### FREE

Ages 8-Adult



April 13-June 15

**Saturdays** 

12:00pm-4:00pm 1 Hour Sessions

Register for a 1 hour session: Sessions begin at 12:00pm, 1:00pm, 2:00pm or 3:00pm No Open Range Shoot on Saturday, May 25th

April 11-June 13

**Thursdays** 

4:00pm-7:00pm 1 Hour Sessions

Register for a 1 hour session: Sessions begin at 4:00pm, 5:00pm, or 6:00pm A month's worth of sessions are available for registration at any one time.



Register online: oaklandtownship.recdesk.com

# High School and Middle School Students from Rochester Community Schools and Lake Orion Community Schools are invited to join the team. Previous archery experience is NOT necessary

Marsh View Park, Archery Range 3100 E. Clarkston Rd. Oakland, MI 48363

#### **Team Archery**

Oakland Township Parks and Recreation, the Michigan High School Archery Association and USA Archery have partnered again this year to further develop archery as a club sport. Students that attend middle and high schools in the Rochester and Lake Orion Community School Districts are invited to join Team Archery for practice and competition in the Spring of 2023. This is a "no cut" sport for beginner to advanced archers, however, space is limited. No previous archery experience is necessary. All team members will have the opportunity to compete against other teams at a state-wide tournament in southeast Michigan.

Maximum 16 students per practice session.

All team practices held at Marsh View Park, 3100 E. Clarkston Rd., Oakland

Select a 50-minute session from the following practice sessions (dates and times subject to change):

Tuesdays, April 2 - May 14 4:00 - 4:50pm,

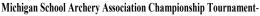
5:00 - 5:50pm, 6:00 - 6:50pm

Wednesdays, April 3 - May 15 4:00 - 4:50pm, 5:00 - 5:50pm,

6:00 - 6:50pm

Tuesday, March 19, 4pm-5pm OR 5:15pm-6:15pm

Mandatory meeting for archers and parents. Coaches discuss team expectations and range protocol with parents and athletes. Meeting will be held at the Marsh View Park Archery Range.



Saturday, May 18, 2024 at The Hawk-Farmington Hills Community Center, 29995 Twelve Mile Rd., Farmington Hills, MI 48338

Fee: \$150.00 Includes: All equipment, USA Archery and Safe Sport certified instructors and coaches, 7 team practices, team shirt, tournament fees, and use of Oakland Township's Marsh View Park Outdoor Archery Range.

Registration Open: January 2nd - March 12, 2024



**Team Archery Orientation Meeting** 







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Rochester Community School Enrich ment posses Degrindre Rd





#### Enrichment/BASES Community Service Organizer (CSO)

\$10.50 hour / Mon-Thurs for shifts 3:00pm-4:30pm and/or 3:45pm-5:15pm

The Rochester Enrichment BASES Program is looking for organized and responsible people to work at one, or more, of the 13 elementary schools to oversee the BASES program. Applicants age 18 and over must be background checked with fingerprinting.

The main responsibility would be to take attendance, monitor the class, assist in the classroom and release students to their parents at the end of the class.

In compliance with federal law, all persons hired will be required to verify identity and eligibility to work in the United States.

Call with Questions

248-726-3162

Email Letter of Interest & Resume

enrichment@rochester.k12.mius

# NOW HIRING!

Aquatics Instructors/Lifeguards/Supervisors!

If you're a certified lifeguard,
have W.S.I. certification or have instructing
experience, we may have a position for you!

Weekend and evening positions available.
Early applicants will have priority in scheduling,
SO APPLY TODAY!



Email a resume with copies of your current certifications to enrichment@rochester.k12.mi.us

Applications can be requested via email or by phone (248) 726-3165 Enrichment Department, 52585 Dequindre Rd. Rochester, MI 48307