



### *School Health Advisory Council Meeting*

#### Minutes

October 24, 2019

Members Present: Rebecca Lott, Nikki Adams, Stephanie Rainbolt, Amy Rodriguez, Patsy Wilson, Noemi Hernandez, Diana Rios-Rodriguez, George Townsend, Rachel Kday, Robyn Smith, Anne Weir, Robert Weir, and Kitzy Daniels

The committee was asked if afternoon or evening meetings worked better for all involved. The majority preferred the evening due to work schedules.

I. SHAC Overview  
Partnerships and Wellness Director Becky Lott

Provided information on the role and responsibilities of the SHAC and the role of the committee within the district.

II. Opioid & Stop the Bleed Compliance Updates  
Health Services Assistant Director Diana Rios-Rodriguez

Questions asked included: what age should Opioid Education be taught and the consensus was to teach at 6<sup>th</sup> grade. The earlier the better when it comes to opioid education.

Question about Stop the Bleed: Is there grant funding available? At this time there is none and therefore we will have to have board approval to fund buying the kits and then start training to be in compliance with the HB 496.

III. EpiPen Policy Review and Recommendations  
Health Services Assistant Director Diana Rios-Rodriguez

The committee was in agreement to recommend a local policy for Epi Pens. Questions included do we have a lot of students with anaphylactic type allergies? Diana Rios-Rodriguez will provide an update with the numbers at the next meeting.

IV. Flu Shot Clinics for Students - Health Heroes  
Health Services Assistant Director Diana Rios-Rodriguez

Explained the partnership and that these vaccines were available to all students regardless of insurance status. Consents were shared with them and well as information shared on how it was communicated at the elementary and secondary campuses.

V. Wellness Policy Next Steps  
Food and Nutrition Director George Townsend

Mr. Townsend updated the committee on the triannual review of the MISD Wellness Policy which needs to be reviewed and updated (if needed). In January meeting, the SHAC will review all the information and determine if changes are needed. The wellness policy will be shared with the committee before the next meeting.

The final item discussed was asking to see if there was anyone interested in being the chair. The SHAC bylaws will be shared with the committee prior to the January meeting.

The meetings will be held quarterly from 6:00 to 7:15 PM on the following dates:

- ⇒ October 24, 2019
- ⇒ January 16, 2020
- ⇒ March 26, 2020
- ⇒ May 14, 2020