

January 11, 2022

Dear Manhasset School Community,

Late yesterday, we were informed of important changes to the COVID-19 isolation and quarantine guidelines for Nassau County public schools. The Nassau County Department of Health ([NCDOH](#)) has adopted the [NYSDOH](#) and [CDC](#) recommendations to shorten quarantine and isolation periods as follows:

Quarantine (for individuals who are exposed to someone with COVID-19):

- **Vaccinated Individuals:** All fully vaccinated individuals (regardless of booster status), who are **symptom free** and have been exposed to an individual with COVID-19 may continue to attend school. Only those individuals who are vaccinated and boosted (if applicable) may participate in after school or extracurricular activities during the shortened quarantine period.
- **Unvaccinated Individuals:** Individuals who are not vaccinated or have not completed a primary vaccine series who came into close contact with someone with COVID-19 will be required to quarantine for at least 5 days. Furthermore, those individuals may NOT participate in after school or extracurricular activities during the shortened quarantine period. Individuals must watch for symptoms until 10 days after they last had close contact with someone with COVID-19. If individuals develop symptoms they must isolate immediately.

Isolation (for individuals testing positive for COVID-19):

- Students and employees who test positive for COVID-19 will be required to isolate for a minimum of five days regardless of vaccination status. If at the end of 5 days, symptoms are resolving, including being fever free for 24 hours without the use of fever-reducing medication, the isolation period ends.

Returning to School after Quarantine/Isolation:

- In order to return back to school, a release of [quarantine/isolation notice](#) must be secured from the NCDOH. The release of quarantine/isolation notice must be forwarded to the school's health office prior to a student or employee returning to school.

If your child was directed to isolate or quarantine for ten days and has completed five days of isolation with symptoms resolving and is fever free for 24-hours without the use of fever reducing medication, you may obtain a release of quarantine/isolation from the [NCDOH website](#) and submit to your school nurse. Individuals who are symptomatic MUST stay home from school and continue to isolate/quarantine.

If you have any questions regarding the isolation period, please contact your school's health office or Allison Rushforth, Assistant Superintendent for Student Services via email at Allison_Rushforth@manhassetsschools.org.

Sincerely,

Dr. Gaurav Passi
Acting Superintendent of Schools