

## K-8 Lunch Menu

January 2024



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Monday	Tuesday	Wednesday	Thursday	Friday
1	Ha	appy New Y	rear!	5
8 Meat Ravioli Breadstick Steamed Green Beans Vegetable Juice Snack Box (Crackers, Turk Stks, & String Cheese) Brownie Baby Carrots	9 Chicken Tortellini Soup Grilled Cheese Sandwich Baby Carrots Vegetable Juice Taco Salad with Corn Chips Salsa Cup Vegetable Juice	10 Cheese Pizza Slice Garden Salad Cucumber Sticks Lunch Yogurt Parfait	11 Popcorn Chicken Dinner Roll Mashed Potatoes Corn Chicken Caesar Salad with a Dinner Roll Chef Salad with a Roll	12 Corn Dog Baked Beans French Fries Celery Sticks Sunbutter Cup  Turkey & Bacon on a Hoagie Fritos Corn Chips Vegetable Juice Baby Carrots
15  I HAVE A DREAM	16 Taco Meat Tortillas Cheddar Cheese Lettuce and Tomato Toppers Refried Beans Salsa Cup Taco Salad with Corn Chips Salsa Cup Vegetable Juice	17 Mandarin Orange Chicken Rice Bowl Steamed Mixed Vegetables Vegetable Juice Lunch Yogurt Parfait	18 Spaghetti with Meatsauce Dinner Roll Garden Salad Baby Carrots Chicken Caesar Salad with a Dinner Roll Chef Salad with a Roll	19 Cheeseburger French Fries Lettuce and Tomato Toppers Turkey & Bacon on a Hoagie Fritos Corn Chips Vegetable Juice Baby Carrots
22 Lasagna Cheese Rollup Breadstick Garden Salad Steamed Green Beans  Snack Box (Crackers, Turk Stks, & String Cheese) Brownie Baby Carrots	23 Chicken Fajitas Tortillas Garden Salad Refried Beans Taco Salad with Corn Chips Salsa Cup Vegetable Juice	24 Bean and Cheese Burrito Corn Vegetable Juice Lunch Yogurt Parfait	25 Meatball Sub on a Hoagie Roll Fritos Corn Chips Cucumber Sticks Baby Carrots Chicken Caesar Salad with a Dinner Roll Chef Salad with a Roll	26 Chicken Patty on WG Bun Baked Beans Potato Wedges Vegetable Juice Turkey & Bacon on a Hoagie Fritos Corn Chips Vegetable Juice Baby Carrots
29 Chili & Cheese with Corn Muffin Cucumber Sticks Baby Carrots Snack Box (Crackers, Turk Stks, & String Cheese) Brownie Baby Carrots	Taco Meat Tortillas Cheddar Cheese Spanish Rice Lettuce and Tomato Toppers Salsa Cup Taco Salad with Corn Chips Salsa Cup Vegetable Juice	31 Chicken Alfredo and Roll Steamed Broccoli Baby Carrots Lunch Yogurt Parfait	This institution is a	CT TO CHANGE.  n equal opportunity  nd provider.

## Yreka Union School District

## **Did You Know?**

Although celery is made up of almost 95% water, it is packed with vitamins and minerals. It is a great source of fiber and helps keep you hydrated.



1% and Fat-free Chocolate Milk and choice of fruit offered daily with every meal!

