

# January 2024

## LESD Breakfast Menu - CARSON

MON		TUES		WED		THURS		FRI	
1/1		2		3		4		5	
<b>Winter Break</b> *School not in session*		<b>Winter Break</b> *School not in session*		<b>Winter Break</b> *School not in session*		<b>Winter Break</b> *School not in session*		<b>Winter Break</b> *School not in session*	
8		9		10		11		12	
Bagel & Strawberry Cream Cheese (v)  Bananas  8 oz NF or 1% White Milk		Variety Cereal (v)  Apples  8 oz NF or 1% White Milk		Waffle with Strawberries + Turkey Sausage  Strawberries  8 oz NF or 1% White Milk		Breakfast Wrap: Sausage, Egg & Cheese  Oranges  8 oz NF or 1% White Milk		Variety Cereal (v)  Sliced Peaches  8 oz NF or 1% White Milk	
15		16		17		18		19	
<b>Dr. Martin Luther King, Jr. Day</b> *School not in session*		Variety Cereal (v)  Apples  8 oz NF or 1% White Milk		Chicken Sausage Breakfast Bagel Strawberries  8 oz NF or 1% White Milk		Blueberry Yogurt & Granola Cup Oranges  8 oz NF or 1% White Milk		Pancake Squares + String Cheese (v) Manager's Choice: Fresh, In Season Fruit  8 oz NF or 1% White Milk	
22		23		24		25		26	
Bagel & Strawberry Cream Cheese (v)  Bananas  8 oz NF or 1% White Milk		Variety Cereal (v)  Apples  8 oz NF or 1% White Milk		Waffle with Strawberries + Turkey Sausage  Strawberries  8 oz NF or 1% White Milk		Breakfast Wrap: Sausage, Egg & Cheese  Oranges  8 oz NF or 1% White Milk		Variety Cereal (v)  Sliced Peaches  8 oz NF or 1% White Milk	
29		30		31		2/1		2/2	
1/2 Bagel & Sun Butter (v)  Bananas  8 oz NF or 1% White Milk		Variety Cereal (v)  Apples  8 oz NF or 1% White Milk		Chicken Sausage Breakfast Bagel Strawberries  8 oz NF or 1% White Milk		Blueberry Yogurt & Granola Cup Oranges  8 oz NF or 1% White Milk		Pancake Squares + String Cheese (v) Manager's Choice: Fresh, In Season Fruit  8 oz NF or 1% White Milk	

(p) = Contains Pork

This institution is an equal opportunity provider.

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## LESD Lunch Menu - CARSON

MON		TUES		WED		THURS		FRI	
1/1		2		3		4		5	
<b>Winter Break</b> *School not in session*		<b>Winter Break</b> *School not in session*		<b>Winter Break</b> *School not in session*		<b>Winter Break</b> *School not in session*		<b>Winter Break</b> *School not in session*	
8		9		10		11		12	
SunButter & Jelly Sandwich + String Cheese (v) Apples Broccoli w/ Ranch 8 oz NF or 1% White Milk		Chicken Sandwich Bananas Baby Carrots 8 oz NF or 1% White Milk		Grilled Chicken & Corn + Tortilla Chips Oranges Jicama Sticks 8 oz NF or 1% White Milk		Tamale: Chicken & Red Sauce + String Cheese & Beans Sliced Peaches Cucumber Slices 8 oz NF or 1% White Milk		Mozzarella Breadsticks + Marinara Sauce (v) Manager's Choice: Fresh, In Season Fruit Corn 8 oz NF or 1% White Milk	
15		16		17		18		19	
Chicken Nuggets Apples Broccoli w/ Ranch 8 oz NF or 1% White Milk		Grass Fed Beef Hamburger Bananas Baby Carrots 8 oz NF or 1% White Milk		Mandarin Orange Chicken Bowl Oranges Cucumber Slices 8 oz NF or 1% White Milk		Bean & Cheese Pupusa with Curtido Sliced Peaches Baby Carrots 8 oz NF or 1% White Milk		Cheese Pizza Slice (v) 100% Fruit Juice Corn 8 oz NF or 1% White Milk	
22		23		24		25		26	
SunButter & Jelly Sandwich + String Cheese (v) Apples Broccoli w/ Ranch 8 oz NF or 1% White Milk		Chicken Sandwich Bananas Baby Carrots 8 oz NF or 1% White Milk		Grilled Chicken & Corn + Tortilla Chips Oranges Jicama Sticks 8 oz NF or 1% White Milk		Tamale: Chicken & Red Sauce + String Cheese & Beans Sliced Peaches Cucumber Slices 8 oz NF or 1% White Milk		Mozzarella Breadsticks + Marinara Sauce (v) Manager's Choice: Fresh, In Season Fruit Corn 8 oz NF or 1% White Milk	
29		30		31		2/1		2/2	
Chicken Nuggets Apples Broccoli w/ Ranch 8 oz NF or 1% White Milk		Grass Fed Beef Hamburger Bananas Baby Carrots 8 oz NF or 1% White Milk		Mandarin Orange Chicken Bowl Oranges Cucumber Slices 8 oz NF or 1% White Milk		Bean & Cheese Pupusa with Curtido Sliced Peaches Baby Carrots 8 oz NF or 1% White Milk		Cheese Pizza Slice (v) 100% Fruit Juice Corn 8 oz NF or 1% White Milk	

(v)= Vegetarian  
(p) = Contains Pork

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