

# January 2024

## LESD Breakfast Menu

MON		TUES		WED		THURS		FRI	
1/1		2		3		4		5	
<b>Winter Break</b>		<b>Winter Break</b>		<b>Winter Break</b>		<b>Winter Break</b>		<b>Winter Break</b>	
*School not in session*		*School not in session*		*School not in session*		*School not in session*		*School not in session*	
8		9		10		11		12	
Quesadilla + Pico de Gallo Salsa (v)		Waffle with Strawberries + Turkey Sausage		Cheesy Bolillo with Chorizo & Beans		French Toast with Glazed Peaches (v)		Variety Cereal (v)	
Tangerines/Mandarins		Apples		Bananas		Oranges		Raisins	
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
15		16		17		18		19	
<b>Dr. Martin Luther King, Jr. Day</b>		Variety Bagels & Cream Cheese (v)		Blueberry Yogurt Cup & Granola		Variety Cereal (v)		Potato & Turkey Sausage Breakfast Wrap	
*School not in session*		Apples		Bananas		Oranges		Raisins	
		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
22		23		24		25		26	
Quesadilla + Pico de Gallo Salsa (v)		Waffle with Strawberries + Turkey Sausage		Cheesy Bolillo with Chorizo & Beans		French Toast with Glazed Peaches (v)		Variety Cereal (v)	
Tangerines/Mandarins		Apples		Bananas		Oranges		Raisins	
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
29		30		31		2/2		2/3	
Pancake Squares + Turkey Sausage (v)		Variety Bagels & Cream Cheese (v)		Blueberry Yogurt Cup & Granola		Variety Cereal (v)		Potato & Turkey Sausage Breakfast Wrap	
Tangerines/Mandarins		Apples		Bananas		Oranges		Raisins	
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	

(p) = Contains Pork

This institution is an equal opportunity provider.

# January 2024 LESD Lunch Menu

MON		TUES		WED		THURS		FRI	
1/1		2		3		4		5	
<b>Winter Break</b> *School not in session*		<b>Winter Break</b> *School not in session*		<b>Winter Break</b> *School not in session*		<b>Winter Break</b> *School not in session*		<b>Winter Break</b> *School not in session*	
8		9		10		11		12	
Chicken Drumstick Freshly Sliced Apples  Krypton Kale Salad 8 oz NF or 1% White Milk		Grass Fed Beef Burger Bananas  Cucumber Cuties 8 oz NF or 1% White Milk		Mandarin Orange Chicken Bowl + Crackers HOTM: Navel Oranges  Mandarin Crunch Salad 8 oz NF or 1% White Milk		Tamale: Chicken with Red Sauce + Pinto Beans Raisins  Pico de Gallo, Baby Carrots 8 oz NF or 1% White Milk		Cheese Pizza Sliders(v) 100% Fruit Juice  Garden Fresh Tossed Salad 8 oz NF or 1% White Milk	
15		16		17		18		19	
<b>Dr. Martin Luther King, Jr. Day</b>  *School not in session*		Grilled Cheese (v) Bananas  Chili Jicama Sticks 8 oz NF or 1% White Milk		BBQ Chicken Drumstick + Cornbread Locally Grown: Navel Oranges  Kale Blend Salad 8 oz NF or 1% White Milk		Bean & Cheese Pupusa (v) with Curtido Raisins  Refried Beans & Baby Carrots 8 oz NF or 1% White Milk		Pepperoni Pizza Slice (p) 100% Fruit Juice  Garden Fresh Tossed Salad 8 oz NF or 1% White Milk	
22		23		24		25		26	
Chicken Drumstick Freshly Sliced Apples Krypton Kale Salad 8 oz NF or 1% White Milk		Grass Fed Beef Burger Bananas Cucumber Cuties 8 oz NF or 1% White Milk		Mandarin Orange Chicken Bowl + Crackers HOTM: Navel Oranges Mandarin Crunch Salad 8 oz NF or 1% White Milk		Tamale: Chicken with Red Sauce + Pinto Beans Raisins Pico de Gallo, Baby Carrots 8 oz NF or 1% White Milk		Cheese Pizza Sliders(v) 100% Fruit Juice Garden Fresh Tossed Salad 8 oz NF or 1% White Milk	
29		30		31		2/1		2/2	
Chicken Nuggets Freshly Sliced Apples Carrots w/ Ranch 8 oz NF or 1% White Milk		Grilled Cheese (v) Bananas Chili Jicama Sticks 8 oz NF or 1% White Milk		BBQ Chicken Drumstick + Cornbread Locally Grown: Navel Oranges Kale Blend Salad 8 oz NF or 1% White Milk		Bean & Cheese Pupusa (v) with Curtido Raisins Refried Beans & Baby Carrots 8 oz NF or 1% White Milk		Pepperoni Pizza Slice (p) 100% Fruit Juice Garden Fresh Tossed Salad 8 oz NF or 1% White Milk	

(v)= Vegetarian

(p) = Contains Pork

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