

January 2024 LESD Breakfast Menu

MON		TUES		WED		THURS		FRI	
1		2		3		4		5	
Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*	
8		9		10		11		12	
Concha with Fresh Piña (v)		Waffle with Strawberries + Turkey Sausage		Cheesy Bolillo with Chorizo & Beans		French Toast with Glazed Peaches (v)		Double Chocolate Chip Muffin (v)	
Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)	
Tangerines/Mandarins		Apples		Bananas		Locally Grown: Navel Oranges		Grapes	
Dried Cranberries		100% Orange Juice		Applesauce Cups		Raisins		Apple Chips	
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
15		16		17		18		19	
Dr. Martin Luther King, Jr. Day *School not in session*		Variety Bagels & Cream Cheese (v) Variety Cereal + String Cheese or Sunflower Kernels (v)		Blueberry Yogurt Cup & Granola Variety Cereal + String Cheese or Sunflower Kernels (v)		Mantecada Muffin (v) Variety Cereal + String Cheese or Sunflower Kernels (v)		Quesadilla with Pico de Gallo (v) Variety Cereal + String Cheese or Sunflower Kernels (v)	
		Apples		Bananas		HOTM: Navel Oranges		Grapes	
		100% Orange Juice		Applesauce Cups		Raisins		Apple Chips	
		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
22		23		24		25		26	
Concha with Fresh Piña (v)		Waffle with Strawberries + Turkey Sausage		Cheesy Bolillo with Chorizo & Beans		French Toast with Glazed Peaches (v)		Double Chocolate Chip Muffin (v)	
Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)	
Tangerines/Mandarins		Apples		Bananas		Locally Grown: Navel Oranges		Grapes	
Dried Cranberries		100% Orange Juice		Applesauce Cups		Raisins		Apple Chips	
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
29		30		31		2/1		2/2	
Pancake Squares + Turkey Sausage (v)		Variety Bagels & Cream Cheese (v) Variety Cereal + String Cheese or Sunflower Kernels (v)		Blueberry Yogurt Cup & Granola Variety Cereal + String Cheese or Sunflower Kernels (v)		Mantecada Muffin (v) Variety Cereal + String Cheese or Sunflower Kernels (v)		Quesadilla with Pico de Gallo (v) Variety Cereal + String Cheese or Sunflower Kernels (v)	
Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)		Variety Cereal + String Cheese or Sunflower Kernels (v)	
Tangerines/Mandarins		Apples		Bananas		HOTM: Navel Oranges		Grapes	
Dried Cranberries		100% Orange Juice		Applesauce Cups		Raisins		Apple Chips	
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	

(v)= Vegetarian

(p) = Contains Pork

This institution is an equal opportunity provider.

January 2024

LESD Elementary School 2nd Chance Breakfast Menu

MON		TUES		WED		THURS		FRI	
1		2		3		4		5	
Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*	
8		9		10		11		12	
Concha with Fresh Piña (v)	Banana Chocolate Chunk BeneFit Bar (v)	Variety Cereal + Sunflower Kernels or String Cheese (v)		Mini Yogurt (v) + Cinnamon GoldFish (v)		Double Chocolate Chip Muffin (v)			
Tangerines/Mandarins	Apples	Bananas		Locally Grown: Navel Oranges		Grapes			
Dried Cranberries	100% Orange Juice	Applesauce Cups		Raisins		Apple Chips			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
15		16		17		18		19	
Dr. Martin Luther King, Jr. Day *School not in session*		Strawberry Yogurt Chex Mix + String Cheese (v)		Campfire S'mores Bar (v)		Mantecada Muffin (v)		Variety Cereal + Sunflower Kernels (v)	
		Apples		Bananas		HOTM: Navel Oranges		Grapes	
		100% Orange Juice		Applesauce Cups		Raisins		Apple Chips	
		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
22		23		24		25		26	
Concha with Fresh Piña (v)	Banana Chocolate Chunk BeneFit Bar (v)	Variety Cereal + Sunflower Kernels or String Cheese (v)		Mini Yogurt (v) + Cinnamon GoldFish (v)		Double Chocolate Chip Muffin (v)			
Tangerines/Mandarins	Apples	Bananas		Locally Grown: Navel Oranges		Grapes			
Dried Cranberries	100% Orange Juice	Applesauce Cups		Oranges		Apple Chips			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
29		30		31		2/1		2/2	
Cinnamon Toast Crunch Cereal Bar + Sunflower Seeds (v)	Strawberry Yogurt Chex Mix + String Cheese (v)	Birthday Cake Bar (v)		Mantecada Muffin (v)		Variety Cereal + Sunflower Kernels (v)			
Tangerines/Mandarins	Apples	Bananas		HOTM: Navel Oranges		Grapes			
Dried Cranberries	100% Orange Juice	Applesauce Cups		Raisins		Apple Chips			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			

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January 2024 LESD Lunch Menu

MON		TUES		WED		THURS		FRI			
1		2		3		4		5			
Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*			
8		9		10		11		12			
Chicken Drumstick & Waffle Mac & Cheese with Waffle Happy Birthday Ice Cups	Grass Fed Beef Burger Chipotle Black Bean Burger (v) Bananas	Mandarin Orange Chicken Bowl + Crackers PB&J Sandwich (v) HOTM: Navel Oranges	Tamales: Chicken & Red Sauce + Pinto Beans Bean & Cheese Burrito (v) Grapes	French Bread Pepperoni Pizza (p) French Bread Cheese Pizza (v) 100% Fruit Juice	Celery Sticks w/ Ranch Krypton Kale Salad 8 oz NF or 1% White Milk or NF Chocolate	Baked Beans & Baby Carrots with Ranch Shredded Lettuce & Cheese, Sliced Tomatoes 8 oz NF or 1% White Milk	Chili Carrot Coins Mandarin Crunch Salad 8 oz NF or 1% White Milk or NF Chocolate	Pico de Gallo, Cucumber Cuties Shredded Lettuce & Cheese 8 oz NF or 1% White Milk	Corn & Baby Carrots with Hummus Garden Fresh Tossed Salad 8 oz NF or 1% White Milk or NF Chocolate		
15		16		17		18		19			
Dr. Martin Luther King, Jr. Day *School not in session*		Corn Dog Grilled Cheese (v) Bananas Chili Jicama Sticks Shredded Lettuce & Cheese 8 oz NF or 1% White Milk	BBQ Chicken Drumstick + Corn Bread PB&J Sandwich (v) Locally Grown: Navel Oranges Baby Carrots w/ Ranch & Buffalo Ranch Fava Beans Kale Blend Salad 8 oz NF or 1% White Milk or NF Chocolate	Bean & Cheese Pupusa (v) with Curtido Yogurt & Granola (v) Grapes Baby Carrots with Hummus Cucumber Cuties 8 oz NF or 1% White Milk	Pepperoni Pizza Slice (p) Cheese Pizza Slice (v) Frozen Fruit Cups Corn Garden Fresh Tossed Salad 8 oz NF or 1% White Milk or NF Chocolate	Chicken Drumstick & Waffle Mac & Cheese with Waffle Freshly Sliced Apples Celery Sticks w/ Ranch Krypton Kale Salad 8 oz NF or 1% White Milk or NF Chocolate		Grass Fed Beef Burger Chipotle Black Bean Burger (v) Bananas Baked Beans & Baby Carrots with Ranch Shredded Lettuce & Cheese, Sliced Tomatoes 8 oz NF or 1% White Milk	Mandarin Orange Chicken Bowl + Crackers PB&J Sandwich (v) HOTM: Navel Oranges Chili Carrot Coins Mandarin Crunch Salad 8 oz NF or 1% White Milk or NF Chocolate	Tamales: Chicken & Red Sauce + Pinto Beans Bean & Cheese Burrito (v) Grapes Pico de Gallo, Cucumber Cuties Shredded Lettuce & Cheese 8 oz NF or 1% White Milk	French Bread Pepperoni Pizza (p) French Bread Cheese Pizza (v) 100% Fruit Juice Corn & Baby Carrots with Hummus Garden Fresh Tossed Salad 8 oz NF or 1% White Milk or NF Chocolate
22		23		24		25		26			
Chicken Drumstick & Waffle Mac & Cheese with Waffle Freshly Sliced Apples Celery Sticks w/ Ranch Krypton Kale Salad 8 oz NF or 1% White Milk or NF Chocolate		Grass Fed Beef Burger Chipotle Black Bean Burger (v) Bananas Baked Beans & Baby Carrots with Ranch Shredded Lettuce & Cheese, Sliced Tomatoes 8 oz NF or 1% White Milk	Mandarin Orange Chicken Bowl + Crackers PB&J Sandwich (v) HOTM: Navel Oranges Chili Carrot Coins Mandarin Crunch Salad 8 oz NF or 1% White Milk or NF Chocolate	Tamales: Chicken & Red Sauce + Pinto Beans Bean & Cheese Burrito (v) Grapes Pico de Gallo, Cucumber Cuties Shredded Lettuce & Cheese 8 oz NF or 1% White Milk	French Bread Pepperoni Pizza (p) French Bread Cheese Pizza (v) 100% Fruit Juice Corn & Baby Carrots with Hummus Garden Fresh Tossed Salad 8 oz NF or 1% White Milk or NF Chocolate	Chicken Tenders + Sweet Crackers Mozzarella Breadsticks with Marinara (v) Freshly Sliced Apples Celery Sticks w/ Ranch Garden Fresh Tossed Salad 8 oz NF or 1% White Milk or NF Chocolate		Chicken Sandwich Grilled Cheese (v) Bananas Chili Jicama Sticks Shredded Lettuce & Cheese 8 oz NF or 1% White Milk	BBQ Chicken Drumstick + Cornbread PB&J Sandwich (v) Locally Grown: Navel Oranges Baby Carrots w/ Ranch & Buffalo Ranch Fava Beans Kale Blend Salad 8 oz NF or 1% White Milk or NF Chocolate	Bean & Cheese Pupusa (v) with Curtido Yogurt & Granola (v) Grapes Baby Carrots with Hummus Cucumber Cuties 8 oz NF or 1% White Milk	Pepperoni Pizza Slice (p) Cheese Pizza Slice (v) Frozen Fruit Cups Corn Garden Fresh Tossed Salad 8 oz NF or 1% White Milk or NF Chocolate
29		30		31		2/1		2/2			
Chicken Tenders + Sweet Crackers Mozzarella Breadsticks with Marinara (v) Freshly Sliced Apples Celery Sticks w/ Ranch Garden Fresh Tossed Salad 8 oz NF or 1% White Milk or NF Chocolate		Chicken Sandwich Grilled Cheese (v) Bananas Chili Jicama Sticks Shredded Lettuce & Cheese 8 oz NF or 1% White Milk	BBQ Chicken Drumstick + Cornbread PB&J Sandwich (v) Locally Grown: Navel Oranges Baby Carrots w/ Ranch & Buffalo Ranch Fava Beans Kale Blend Salad 8 oz NF or 1% White Milk or NF Chocolate	Bean & Cheese Pupusa (v) with Curtido Yogurt & Granola (v) Grapes Baby Carrots with Hummus Cucumber Cuties 8 oz NF or 1% White Milk	Pepperoni Pizza Slice (p) Cheese Pizza Slice (v) Frozen Fruit Cups Corn Garden Fresh Tossed Salad 8 oz NF or 1% White Milk or NF Chocolate						

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January 2024 LESD Supper Menu

MON		TUES		WED		THURS		FRI	
1		2		3		4		5	
Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*		Winter Break *School not in session*	
8		9		10		11		12	
Half Popped Popcorn (v) String Cheese (v) Sunflower Seeds (v) Sour Blue Raspberry Raisins Baby Carrots 8 oz NF or 1% White Milk		Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p) Apples Celery Sticks w/ Ranch 8 oz NF or 1% White Milk or NF Chocolate		Campfire S'mores Bar (v) Buffalo Ranch Fava Bean Crisps (v) Sunflower Seeds (v) Bananas Cucumber Cuties 8 oz NF or 1% White Milk		Chocolate No Nut Butter (v) Scooby Doo Cinnamon Grahamz (v) Crunchy Roasted Chickpeas (v) Oranges Baby Carrots 8 oz NF or 1% White Milk or NF Chocolate		Variety SunChips (v) String Cheese (v) Pineapple Mango Smoothie (v) Baby Carrots 8 oz NF or 1% White Milk	
15		16		17		18		19	
Dr. Martin Luther King, Jr. Day *School not in session*		Cheez It Crackers (v) Smokehouse Turkey Breast Stick String Cheese (v) Apples Broccoli w/ Ranch 8 oz NF or 1% White Milk or NF Chocolate		ChatSnax Graham Crackers (v) Honey Sunflower Seeds (v) Mini Yogurt (v) Bananas Chili Jicama Sticks 8 oz NF or 1% White Milk		Tostitos Tortilla Scoops (v) + Cinnamon Teddy Grahams (v) Cheddar Cheese Stick (v) Chili Lime Cruncherz (v) HOTM: Navel Orange Salsa Cup 8 oz NF or 1% White Milk or NF Chocolate		Cocoa Cherry Bar (v) String Cheese (v) Salted Sunflower Seeds (v) Grapes Baby Carrots 8 oz NF or 1% White Milk	
22		23		24		25		26	
Half Popped Popcorn (v) String Cheese (v) Sunflower Seeds (v) Sour Blue Raspberry Raisins Baby Carrots 8 oz NF or 1% White Milk		Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p) Apples Celery Sticks w/ Ranch 8 oz NF or 1% White Milk or NF Chocolate		Campfire S'mores Bar (v) Buffalo Ranch Fava Bean Crisps (v) Sunflower Seeds (v) Bananas Cucumber Cuties 8 oz NF or 1% White Milk		Chocolate No Nut Butter (v) Scooby Doo Cinnamon Grahamz (v) Crunchy Roasted Chickpeas (v) Oranges Baby Carrots 8 oz NF or 1% White Milk or NF Chocolate		Variety SunChips (v) String Cheese (v) Pineapple Mango Smoothie (v) Baby Carrots 8 oz NF or 1% White Milk	
29		30		31		2/1		2/2	
WG Strawberry PopTart String Cheese (v) Salted Sunflower Seeds (v) Sour Blue Raspberry Raisins Baby Carrots 8 oz NF or 1% White Milk		Cheez It Crackers (v) Smokehouse Turkey Breast Stick String Cheese (v) Apples Broccoli w/ Ranch 8 oz NF or 1% White Milk or NF Chocolate		ChatSnax Graham Crackers (v) Honey Sunflower Seeds (v) Mini Yogurt (v) Bananas Chili Jicama Sticks 8 oz NF or 1% White Milk		Tostitos Tortilla Scoops (v) + Cinnamon Teddy Grahams (v) Cheddar Cheese Stick (v) Chili Lime Cruncherz (v) HOTM: Navel Orange Salsa Cup 8 oz NF or 1% White Milk or NF Chocolate		Cocoa Cherry Bar (v) String Cheese (v) Salted Sunflower Seeds (v) Grapes Baby Carrots 8 oz NF or 1% White Milk	

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