

YELLOW MEDICINE EAST DISTRICT 2190 COMMUNITY EDUCATION & SCHOOL NEWS

Winter-Spring 2024

- SERVING RESIDENTS OF ALL AGES -

INCLUDING THE COMMUNITIES OF CLARKFIELD, ECHO, GRANITE FALLS, HANLEY FALLS, HAZEL RUN, AND SURROUNDING AREAS.



Tim Knapper

Community Ed. & Activities Director

📞 320-564-4081 ext. 110
✉️ knapper@isd2190.org

Alyssa Hoffman

Community Ed. & Activities Administrative Assistant

📞 320-564-4081 ext. 111
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Community Ed. Staff

Tim Knapper Director
 Alyssa Hoffman Program Coordinator
 Keisha Louwagie Preschool Coordinator
 Jan Lerohl Senior Advocate

Community Ed. Policy Statement

The YME Community Ed. Department does not provide accident insurance for the participants in any of its programs/activities. Participants assume all inherent risk of injury resulting from their involvement in programs or activities. Participants, upon payment of activity/program fee, give consent to the use of any photographs taken by Community Ed., its employees, agents, and elected officials and such photographs shall become the property of Community Ed. and participants are not entitled to compensation of any kind for the use of such photographs.

School Contact Information

LITTLE STINGERS PRESCHOOL

555 7th Ave.
 Granite Falls, MN 56241
 320-564-4081 ext. 114

BERT RANEY ELEMENTARY

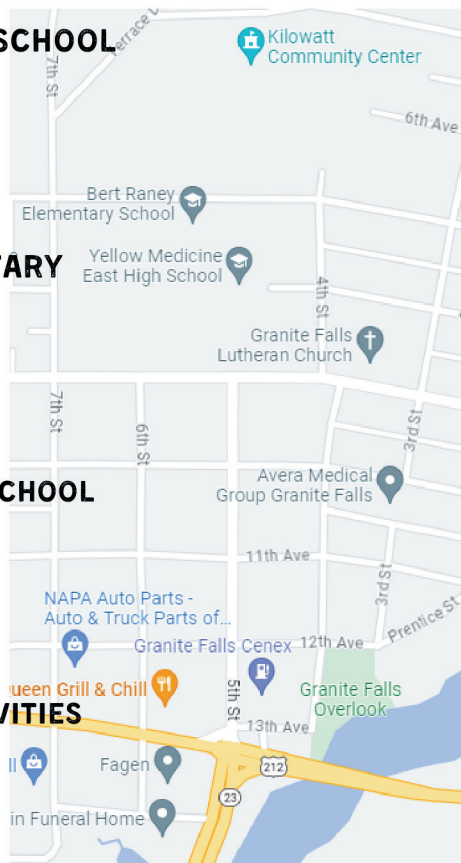
555 7th Ave.
 Granite Falls, MN 56241
 320-564-4081 ext. 244

MIDDLE SCHOOL/HIGH SCHOOL

450 9th Ave.
 Granite Falls, MN 56241
 320-564-4081 ext. 100

COMMUNITY ED. & ACTIVITIES

450 9th Ave.
 Granite Falls, MN 56241
 320-564-4081 ext. 111



YME Community Education Advisory Council

Tim Knapper	Cindy Anderson
Terri Dinesen	Rae Ann Keeler-Aus
Mark Jensen	Scott Rasmusson
Barb Torke	Elmo Volstad
Warren Velde	

The advisory council is a group of community representatives who advise and promote the programs and services of Yellow Medicine East Community Education.

Any YME community member is welcome to apply for these positions. The council meets from 12-1pm four times during the school year. Contact the Community Ed. Office if interested.

Instructors Wanted

Community Ed. is always looking for adults who are willing to share a skill, talent, expertise, hobby, or career experiences with students of all ages. Classes can be as flexible as you need them to be, and a teaching degree is not necessary. Contact the Community Ed. office if you are interested.



YME SCHOOL CALENDAR

January 1 New Year's Holiday
January 8 Board Meeting
January 15 & 16 No School - Staff Development
January 25 End of Quarter 2
January 26 No School - Staff Development

February 12 School Board Meeting
February 16 No School - Staff Development
February 19 No School - Presidents' Day

March 11 School Board Meeting
March 21 Parent/Teacher Conferences
March 25 Parent/Teacher Conferences
March 27 End of 4th Quarter
March 28 No School - Staff Development
March 29 No School - Easter Break

April 1 No School - Easter Break
April 8 School Board Meeting

May 13 School Board Meeting
May 27 No School - Memorial Day
May 30 End of 4th Quarter
May 31 No School - Staff Development

June 10 School Board Meeting

The 1st school day missed due to an emergency closure will be forgiven and will not be made up.
Up to 5 eLearning days can be used for school days due to inclement weather during the school year.
Additional days missed could be made up at the discretion of the district.

EMPLOYMENT OPPORTUNITIES

WE ARE **HIRING**

- Inside Maintenance
- Substitute Staff
 - Teachers,
 - Paraprofessionals
 - Custodians
 - Food Service



For more information or to apply online, visit:

www.isd2190.org/Content2/10

or Contact Tara Miller
tmiller@isd2190.org
320-564-4081 - Ext. 112



MORE INFO

GRANITE FALLS SUMMER RECREATION

The City Rec. Department will be taking applications starting in April for summer recreation instructors for this summer. If you are interested in applying for a position, stop by the YME Community Ed. office for an application.

Deadline to apply is May 3rd.

UMPIRES NEEDED

YME is in need of umpires for the spring of 2024. These are paid positions and some training is available. If you are interested in helping with these duties, please contact Tim Knapper at 320-564-4081 ext. 110 or knapper@isd2190.org.



Gf Community Artist in Residence Program



New things are happening with the Granite Falls CAIR program in 2024! Stay tuned to our [website](#)

for more information, exciting announcements and upcoming events.

New workshops coming in 2024!
Sat April 13: Art Party at the Casino!

www.gfcair.com



Scan with your smart phone camera to learn more about us!

ADMINISTRATOR ARTICLES



Rich Schneider
SUPERINTENDENT

We have finished the first quarter of the school year, and it is definitely off to a great start. It is hard to believe we have finished our first sports season and academic marking period. It feels like the year is flying by.

As we enter December and approach the holiday season, we begin to expect some inclement weather. As in past years, we will use some eLearning days with our students. We may also use some traditional snow days, which could result in changes to the calendar. There are many factors for us to consider when we use eLearning days or traditional snow days, but the most important one is the safety of the students, staff, and families. If you ever feel your student is unnecessarily being put at risk due to the weather, please contact the student's school office and they will be

You may have noticed that the school board authorized us to enter into an agreement with RA Morton to conduct a facilities analysis of all of our facilities including the buildings and grounds. Like most schools in Minnesota, YME has a combination of buildings that are as old as 1930 and include our most recent auxiliary gym addition from 2019. Even though investments have been made in the facilities (such as the dehumidification of the buildings in 2010-2011), it is important to know the current condition and try to determine how long the facilities will serve our needs. This analysis will help us to more accurately develop a 10-year Long-Term Facilities Maintenance (LTFM) plan which is required by MDE.

The process will involve a thorough analysis of the buildings including the building envelope, electrical, plumbing, heating and cooling, and the entire grounds including the fields and parking lots. The information from the study provided by architects and engineers will help us determine how we should focus our attention and our limited resources. Ultimately, one product of the analysis is a multi-year plan that will avoid having to deal with emergencies, or worst case, catastrophic failures within one of those areas. No matter what we find out, it will be necessary to prioritize the needs and decide what is best for our situation. You can expect to hear more about the results of this process in the coming months.

On another note, one of the greatest responsibilities a school undertakes is exposing our students to careers, especially careers within our communities. Many of these career opportunities will allow them to live and work within our community and possibly even raise families here. We strive to expose students to all career fields, especially those in high demand such as healthcare, agriculture, manufacturing, and the trades such as carpentry, electrical, HVAC, and plumbing. All of these fields are in high demand in our region and locally. If you have a business and would like to speak to our high school students even to recruit them into your career field, we urge you to contact me, High School Principal Stacy Hinz, or Success Coach Leah Schueler.

It is also noteworthy that school districts are also facing a shortage of staff including teachers, paraprofessionals, food service workers, custodians, maintenance, bus drivers, and all other areas. Please urge your students to consider these areas.

Thank you for your ongoing support of YME schools and programs. If you have questions or concerns, please reach out to me directly.

Rich Schneider
YME Superintendent

AT YELLOW MEDICINE EAST OUR MISSION IS:

To provide a caring environment of high expectations that prepares every student for a successful future and instills the value of learning.

THE VISION AT YME IS:

The vision of the Yellow Medicine East Schools is to be a place that inspires students to achieve their fullest potential.

ADMINISTRATOR ARTICLES

What is Community Education?



Tim Knapper
**COMMUNITY ED. &
ACTIVITIES DIRECTOR**

I typically use this space to talk about something related to activities, but I'm going to switch gears and shed some light on the other half of my job. I'm guessing if I were to ask twenty-five people what Community Education was, there is a good chance I would get twenty-five different answers, and they may all be right.

I've seen a number of marketing campaigns over the years, but my favorite was a bumper sticker from MCEA that said "Community Education – From the Womb to the Tomb." It may sound funny, but it is true. Community Education has provided or partnered in educational opportunities that range from prenatal classes, toddler time and preschool to things like foot care clinics, estate planning, and caregiver support groups for those dealing with dementia and Alzheimer's.

One of the most important things we are charged with, especially in communities our size is to collaborate with other groups to avoid duplicating scarce resources. We have good working relationships with other area Community Ed. departments that we partner with for things we couldn't support on our own. We pool resources with MRVED schools to help streamline things like Adult Basic Education and Adults with Disabilities offerings. We also are fortunate to have worked collaboratively with the KCC, Living at Home Block Nurse Program, Granite Area Arts Council, City of Granite Falls, Yellow Medicine County, the Granite Falls Kiwanis and Lions Clubs, and various booster clubs to provide a wide array of programming that we could never support on our own.

Our preschool program is robust and has grown substantially with the much-needed funding increases from MDE for our earliest learners. Our youth have many opportunities to explore and develop athletic and other interests before they reach the high school programs, and Jan Lerohl and her board have the Senior Center fully recovered from the pandemic with daily activities, classes, support groups, and special events for anyone interested.

If there is an area we could use some help with, it would be adult and youth enrichment classes. Ideas are plentiful, but willing instructors are illusive. These offerings can really be anything you are interested in and might be willing to share your skill or passion with others. We have had requests in the past for cooking classes, painting or craft projects, dancing, introduction to technology, and many other classes geared towards adults or youth. You don't have to be an employee at school or a teacher to teach a Community Ed. class. If you or somebody you know might be interested, please contact our office, and we will answer any questions you may have and help set up and market your class. It is a great way to make a little extra money and enrich the lives of others at the same time.

We are also always looking for adults to serve on our advisory council. We meet four times a year over lunch to evaluate current programming, brainstorm new ideas, and identify potential resources. Again, contact us if you are interested in serving.

Tim Knapper

Community Ed. & Activities Director

☎ 320-564-4081 ext. 110
✉ knapper@isd2190.org

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 www.isd2190.org

 YME Community Ed. & Activities



ECFE & PRESCHOOL INFORMATION



LITTLE STINGERS PRESCHOOL INFORMATION

BERT RANEY ELEMENTARY SCHOOL | GRANITE FALLS, MN | 320-564-4081 x114

REGISTRATION IS NOW OPEN FOR
2024-2025! CALL 320-564-4081 X114 OR
FIND OUR REGISTRATION FORMS AT
WWW.ISD2190.ORG.

BUMBLEBEES



Ages: 4 - 5 by September 1, 2024
Full Days | 8:00AM - 3:00PM
Monday - Friday
Approx. 171 Days/Year
Price: \$450/Month

HONEY BEES



Ages: 3 - 4 by September 1, 2024
Full Days | 8:00AM - 3:00PM
Mondays, Wednesdays, & Fridays
Approx. 100 Days/Year
Price: \$265/Month

BUSY BEES

Ages: 3 - 4 by September 1, 2024
Full Days | 8:00AM - 3:00PM
Tuesdays & Thursdays
Approx. 71 Days/Year
Price: \$195/Month

2024-25 PRICES

	Full Fee/Month	Eligible for Reduced Meals/Month	Eligible for Free Meals/Month
Bumblebees	\$450	\$185	\$140
Honey Bees	\$265	\$105	\$80
Busy Bees	\$195	\$80	\$65

ECFE CLASS INFORMATION COMING SOON!



LIKE YELLOW MEDICINE EAST SCHOOLS ON FACEBOOK
FOR MORE INFORMATION AS IT BECOMES AVAILABLE.

PROGRAM REQUIREMENTS

Children who are eligible to participate in Yellow Medicine East Little Stingers School Readiness preschool program for the 2024-25 school year must:

- Be 3 years or older by September 1, 2024
- **Be toilet trained**
- Meet current MN immunization requirements
- Have completed or will complete early childhood screening in the fall of 2024

HIGHLIGHTS

All day, every day preschool for 4 year olds
All preschool programs will follow the YME School Calendar
Enhanced curriculum, including music, art, physical education, Spanish and Dakota language and culture and so much more!
Scholarships available to eligible students.
Call for more information!

Kindergarten Kickoff for the 2024-25 school year will be held on Tuesday, March 12, 2024! Watch for more information or call 320-564-4081 x114 to register!

OLE & LENA DAYS EVENTS

SATURDAY, JANUARY 27

JOIN US FOR A NIGHT OF FUN, FOOD & DANCING!
Mid-Winter Celebration & Fundraiser
SATURDAY, JANUARY 27, 2024

TICKETS: \$60 (INCLUDES DINNER & MUSIC)
TICKETS AVAILABLE AT THE CHAMBER OFFICE 761 PRENTICE STREET SUITE 320 (320) 321-3202

AMERICAN LEGION POST 69 60 6TH AVENUE GRANITE FALLS, MN

GAMES AND SILENT AUCTION

DRESS TO IMPRESS IN YOUR BEST 50'S STYLE ATTIRE!

SOCIAL HOUR: 5PM DINNER: 6 PM MUSIC: 7PM

Sponsor this event by renewing or signing up to be a Chamber Member today!
(a benefit of the \$750+ tier is having your logo's on flyers and signage.)

HOLY ROCKA ROLLAZ

MONDAY, JANUARY 29

Medallion Hunt Begins

Two medallions will be hidden within the city limits. Prizes for finding the medallions are \$100 (one per family). Clues will be posted on Facebook by the Granite Falls Chamber of Commerce, YME Community Ed. & Activities, and FM Bank and will also be announced on KDMA. One medallion may be claimed per family. Sponsored by Granite Falls Area Chamber of Commerce and FM Bank.



Ole & Lena Jokes

All week on KDMA Radio. Mail or email your Ole & Lena jokes to KDMA Radio:
P.O. Box 513 - Montevideo, MN 56265
news@kdmnews.com

HAHA!

OLE & LENA DAYS EVENTS

SATURDAY, FEBRUARY 3

Ole's on his death bed.

He says to Lena, who is there beside him, "When I die I want you to marry Sven."

Lena says, "I thought you hated Sven."

Ole replies, "I do."

OLE & LENA DAYS CRAFT & VENDOR SHOW

Saturday, February 3rd

9:00 AM - 1:00 PM

YME AUXILIARY GYM



**KIWANIS
PANCAKE FEED**
8:00 - 11:00 am
GYM MEZZANINE



Bert Raney Elementary & The Granite Falls Kiwanis

Invite you to:

A Pancake Breakfast



YME Espeland/Aux Gym

Concession Stand area

Saturday, February 3rd

8 a.m. to 11 a.m.

Age 13 & Over - \$7.00, Age 5 to 12 - \$5.00, Age 4 and Under - Free!

Thank you for your support!



Kiwanis
CLUB OF GRANITE FALLS, MN

Lions Club Buck Euchre Tournament

SATURDAY, FEBRUARY 3RD

@ THE ROCK

1:00PM

\$20 / PLAYER



SPONSORED AND RUN BY THE
GRANITE FALLS LIONS CLUB.
100% OF ENTRY FEES WILL BE
GIVEN OUT AS PRIZE MONEY.
FIND A GOOD PARTNER AND JOIN
US FOR A FUN AFTERNOON.
REGISTRATION STARTS AT NOON
AND CARDS WILL FLY AT 1:00PM.



19th Annual Granite Falls Volunteer Fire Dept. RAFFLE

Drawing to be held
February 3, 2024 at 10 pm
Prairie's Edge Casino Resort
Granite Falls, Minnesota

Drawing Prizes:

- Grand Prize: 2024 Polaris Ranger 1000 Premium
 - 2nd Prize: Toro 60V Power Clear Snow Blower
 - 3rd Prize: Winchester SX4 Hybrid Hunter 12 gauge
 - 4th Prize: Ruger American Rifle 7MM PRC
 - 5th Prize: Green Mountain Daniel Boone Pellet Grill
 - 6th Prize: 2 Tickets to the MN Wild and \$100 Cash
 - 7th Prize: Milwaukee Pole Saw
 - 8th Prize: \$250 Gift Certificate The Meat Shoppe
 - 9th Prize: \$200 Gift Certificate for Massage - Granite Family Chiropractic
 - 10th Prize: \$200 Gift Certificate Grandview Valley Winery
- Need not be present to win Exempt# X-35793-24-014



Raffle tickets
can be purchased
from Granite Falls Firemen
or at the Granite Falls Bank

TRIBUTE TO ALL FIRST RESPONDERS

Granite Falls
Firemen's Dance
Sponsored by
Prairie's Edge Casino Resort
February 3, 2024

Doors: 5:00 pm
FREE Admission
18 plus show
Standing Room Only
* Limited seating available *



ROCK IT MAN
entertainment

Dueling Pianos
6:00 pm



IV Play
9:00 pm

NOTE: Please be patient on property as we are doing our best to handle large crowds, as we are short staffed.

Posters courtesy of the Upper Sioux Community

ACTIVITIES FOR YOUTH & ADULTS

INDOOR WALKING

YME High School Gym

5:45-7:45am | 3:05-6:00pm

Please note: Gym doors will only be open from 5:45-7:45am & 3:05-6:00pm. Indoor walking is not available the nights we host events in the gym.

CITY OF GRANITE FALLS SKATING RINK

Supervisors will be on duty and the warming house will be open from 1-7pm on Saturdays & Sundays & days when school isn't in session.

Location: Winter Park - Corner of 9th Ave. & 11th St. (By UPS)

DRIVER'S EDUCATION

When: June 3 - 14

Session 1: 8:30-11:30am | Session 2: 12-3pm

Where: YME High School - Room 108

Cost: \$320

Requirements:

1. Students must attend Echo Charter School or YME.
2. Students must be 15 by October 1, 2024. If a student wants to register but isn't 15 until after this date, he/she will be put on the waiting list.
3. Students must be able to attend all 10 classroom sessions to successfully complete the course.

* Behind the Wheel Driving will be scheduled on an individual basis as students pass their permit tests. Behind the Wheel will consist of 6 hours of instruction.

Registration forms will be available on the Community Ed. website or in the Community Ed. office in January.

If you have questions, contact the YME Community Ed. office - Phone: 320-564-4081 ext. 111 - Email: ahoffman@isd2190.org.

Required Parent/Teen meeting Sunday, June 2 at 6:30pm in the auditorium.



Therapeutic Riding Program

In 2010, Lee-Mar Ranch, a non-profit organization, began providing six-week Therapeutic Horseback Riding sessions in the fall, spring, and summer to children and adults who are referred based on various cognitive, emotional, and physical disabilities.

This spring, we are looking for individuals, ages 16 and older, who are willing to volunteer with our program. Horse experience is optional. Individuals typically volunteer one night each week for six weeks. Volunteers are a staple to our program as each client is matched with a horse, a horse leader volunteer, and side walker volunteers. We also seek volunteers who are interested in labor and maintenance opportunities at the barn.



OPEN GYM
@ YELLOW MEDICINE EAST MAIN GYM
SUNDAYS
NOVEMBER 27 - MARCH 24
3:00 - 5:00
NO OPEN GYM 12/24, 12/31, 1/14, & 3/3
The YME Main Gym will be open from 3:00-5:00pm for YME School District residents. All children grades 5 and under need to be supervised by an adult.

FLAG FOOTBALL FOR 1ST & 2ND GRADERS

DATES: WEDNESDAYS, MAY 1, 8, 15, & 22

TIME: AFTER SCHOOL - 4:00 PM

LOCATION: VOLSTEAD FIELD (MAIN FOOTBALL FIELD)

DESCRIPTION: ARE YOU READY FOR SOME FOOTBALL?

JOIN US FOR SKILLS, DRILLS, COMPETITIVE GAMES, AND FUN!

KIDS SHOULD MEET THE COACHES IN THE BRE GYM AT 3:00, AND PARENTS/GUARDIANS SHOULD PICK KIDS UP FROM THE BRE GYM AT 4:00. PRACTICES WILL BE HELD ON VOLSTEAD FIELD.

REGISTRATION FORMS WILL BE SENT OUT IN APRIL.

ELEMENTARY VOLLEYBALL

LOOK FOR INFORMATION COMING OUT IN JANUARY!



Lee-Mar Ranch Equine Center
and **MN Valley Riding Academy**

Healing Hearts with Hands & Hooves

Riding Lessons

Lee-Mar Ranch offers private and group riding lessons for children and adults year round. These lessons will be provided by a Certified Horsemanship Association Instructor. The lessons are intended for independent riders.

Other Ranch Happenings

Lee-Mar Ranch also offers clinics, arena use, boarding, birthday parties, rodeos, and more throughout the year. Visit our website www.lee-marranch.com and like us on Facebook to stay informed on the latest news and events.

COMMUNITY ED. TRIPS

All tours listed below will be taken on chartered coaches. Tours are open to people of all ages; however, students under the age of 16 must have an adult supervisor with them. See trip descriptions for more details. To register for a trip, stop by the Community Ed. office or contact Alyssa Hoffman - Phone: 320-564-4081 ext. 111 - Email: ahoffman@isd2190.org.



Unfortunately, The Ames Center has canceled *The Church Basement Ladies in a Mighty Fortress* is our Basement due to insufficient ticket sales, so there will no longer be a trip there on Wednesday, February 14th.

Beautiful: The Carole King Musical

Chanhassen Dinner Theatres - Time: 8:45am - 5:45 (Dinner @ 11:00 - Show @ 1:00) - Cost: \$105 - Deadline: March 13th

Chanhassen Dinner Theatres promises you will “Feel the Earth Move” when you visit for Beautiful: The Carol King Musical, and we couldn’t be more excited to bring it to you! For six years, Beautiful, the Tony and Grammy Award-winning Carole King musical, thrilled Broadway audiences with the inspiring true story of Carole King’s remarkable journey from teenage songwriter to the Rock & Roll Hall of Fame music legend!

Beautiful The Carole King Musical

Experience the captivating journey of Carole King in Beautiful. King wrote a string of pop classics for singers from Aretha Franklin to James Taylor, as well as her own beloved chart-busting solo successes. Beautiful takes you back to when it all began — on the joy-filled and emotional ride of a lifetime! Featuring over two dozen hits including “One Fine Day,” “Will You Still Love Me Tomorrow,” “The Locomotion,” “So Far Away,” “Natural Woman,” and “You’ve Lost That Lovin’ Feelin’.” This Broadway celebration is filled with the songs you remember and a story you’ll never forget! Your fee includes chartered coach ride, lunch, and reserved ticket.

Til Beth Do Us Part

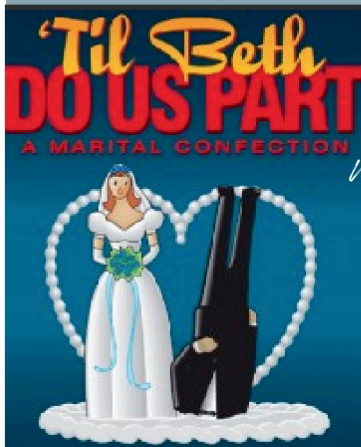
DayTrippers Dinner Theatre @ Plymouth Playhouse

(NEW LOCATION - CATERED BY THE GREEN MILL)

Wednesday, May 22nd - 9:30am-6pm (Lunch @ 12:15 - Show @ 1:15) - Cost: \$85 - Deadline: May 1st

‘Til Beth Do Us Part is a comedy from the creators of The Dixie Swim Club and Always a Bridesmaid.

This side-splitting romp about marriage and careers introduces us to the Haydens - Suzannah and her husband Gibby, a local TV weatherman. They are a couple who both work and decide an assistant is needed to help put the house in order. So they hire a highly motivated, gregarious southerner named Beth. Little do they know, Beth is after Suzannah’s job! Throw in a couple of wise-cracking best friends and a British boss lady, and you discover the hazards of hiring an assistant can be hilarious!



Lake Minnetonka Boat Cruise & Minnesota Landscape Arboretum

Wednesday, June 12th - 9:00am - 7:00pm - Cost: \$98 - Deadline: May 22nd

Enjoy this narrated tour on one of America’s most popular lakes! Learn about the lake history past and present as you enjoy a relaxing cruise. Lunch will also be served on the boat. After the boat cruise, you’ll head to the Minnesota Landscape Arboretum. The Arboretum features more than 1,215 acres of magnificent gardens, model landscapes, and natural areas - from woodlands and wetlands to prairie - with extensive collections of northern-hardy plants. We’ll be taking a tour on the Arboretum Trumpet Creeper Tram for a narrated tour of the 1,200+ acres of gardens and woodlands. There will also be time to meander on your own. Your fee includes chartered coach ride, cruise, lunch, admission to the Arboretum, and the tram tour.



SENIOR ADVOCACY

Jan Lerohl, Senior Advocate

155 7th Avenue - Granite Falls, MN 56241
Phone: 320-564-0947 - Email: jlerohl@isd2190.org

Senior Advocate's Office Hours

Mondays & Tuesdays: 8:30-11am & 12-3:30pm
Wednesdays: 12-3:30pm
Thursdays & Fridays: Office Closed



YMC Senior Advocacy is a non-profit organization that provides a variety of events, activities, workshops, and services to senior citizens in the Granite Falls area. Our goal is to:

- *promote holistic wellness in the senior population
- *provide education and recreational programming to senior citizens
- *help enable senior citizens to continue living in our rural area independently
- *promote and help enable senior citizens to continue to be contributing members of society

PRAIRIE FIVE TABLET LENDING LIBRARY/EDUCATION OPPORTUNITIES

Laura Thomas, Prairie Five Age Friendly Communities Coordinator, has developed a Tablet Lending Library for older adults in the five-county area Prairie Five serves. Chippewa and Yellow Medicine Counties are part of this service area. The Tablet Lending Library includes a technology orientation program and online resources library. Laura will assist you in a step-by-step process to make using the tablet easy to handle. Also, the Live Well Age Wisely groups will continue to meet virtually for now. Please contact Laura (320-269-6578) for more information on these educational opportunities.

PRAIRIE FIVE RIDES

Please call the dispatch number 1-877-757-4337 to schedule an in-town or out-of-town rides.

PRAIRIE FIVE TELE-INFORMATION SERVICE FOR OLDER ADULTS & CAREGIVERS YELLOW MEDICINE COUNTY

Phone: 320-226-8861

Do you have questions or concerns about aging-related topics such as Healthcare Directives, unbiased Medicare information, scams and fraud, memory loss, or caring for a loved one or family member? The line is available M-F from 8:00 a.m.-4:30 p.m. The service can also be reached by emailing laura.thomas@prairiefive.org

GRANITE FALLS SENIOR CENTER ACTIVITIES

You are most welcome to meet with friends at the Senior Center for coffee and a visit, to play a card game or board game of your choice, to work on a puzzle, etc. There are also books, newspapers and magazines to read, if you so choose. We'd love to have you come!

Bingo	2nd Monday of each month	12:45 pm	\$.25 to play & \$.25/card
Bingo	4th Monday of each month (prizes)	12:45 pm	no cost
Ice Cream Sundaes	4th Monday of each month <i>(vanilla ice cream and various toppings to make your own sundae)</i>	2:00 pm	\$1.00
Cards (variety)	Mondays	1:00 pm	no cost
Canasta	Tuesdays & Wednesday	12:30 pm	no cost



Whist and Pinochle are currently not meeting because we don't quite have enough players. We are also looking for Buck Euchre players. If you would like to participate, please call Jan at 320-564-0947. We would love to have you join us!

Whist	Mondays	1:00 pm	no fee
Pinochle	Wednesdays	1:00 pm	no fee

FYI: While at the Senior Center, we encourage participants to continue hand sanitizing, especially now during the cold and flu season. And, if you are exposed to someone with COVID, please take precautions as to not spread it to others. Face masks are not required, but you are welcome to wear one if you so choose.

SENIOR ADVOCACY

SENIOR LINKAGE LINE

phone: 1-800-333-2433

Call the Senior LinkAge Line to find answers to questions concerning Medicare, supplemental insurance, long-term care, in-home services, caregiver support, fraud and scams, in-person help, and other older adult services and resource

MNRAAA CLASSES

A variety of classes are being offered online by the Minnesota River Area Agency on Aging. Please call to see which classes may be of interest to you.

MNRAAA/Senior LinkAge Line phone:
1-800-333-2433

MNRAA

online: mnraa.org

MNRAAA (Minnesota River Area Agency on Aging) serves older adults in 27 counties in southwest Minnesota. The agency is a “catalyst in building communities where older adults live with dignity, mutual respect and shared responsibilities across generations and cultures.” MNRAA provides information, education and assistance to older adults and their families and communities through the Senior LinkAge Line.

YELLOW MEDICINE COUNTY VETERAN SERVICES

phone: 320-313-3037
address: 180 8th Ave., Granite Falls, MN 56241

GRANITE FALLS LIVING AT HOME BLOCK NURSE PROGRAM

Evidence-Based Programs & Classes

Granite Falls Living at Home Block Nurse Program offers the following evidence-based programs and classes. These classes are free and open to the public. All are held at the Granite Falls Senior Center with the exception of the Building Bridges Choir. For more information, call the Living at Home Block Nurse Program (LAH/BNP) at 320-564-3235.

Caregiver Support Group

When: 1st Monday of every month
Where: Granite Falls Senior Center
Time: 1:30 – 2:30 p.m.
Cost: no fee

Diabetic Support Group

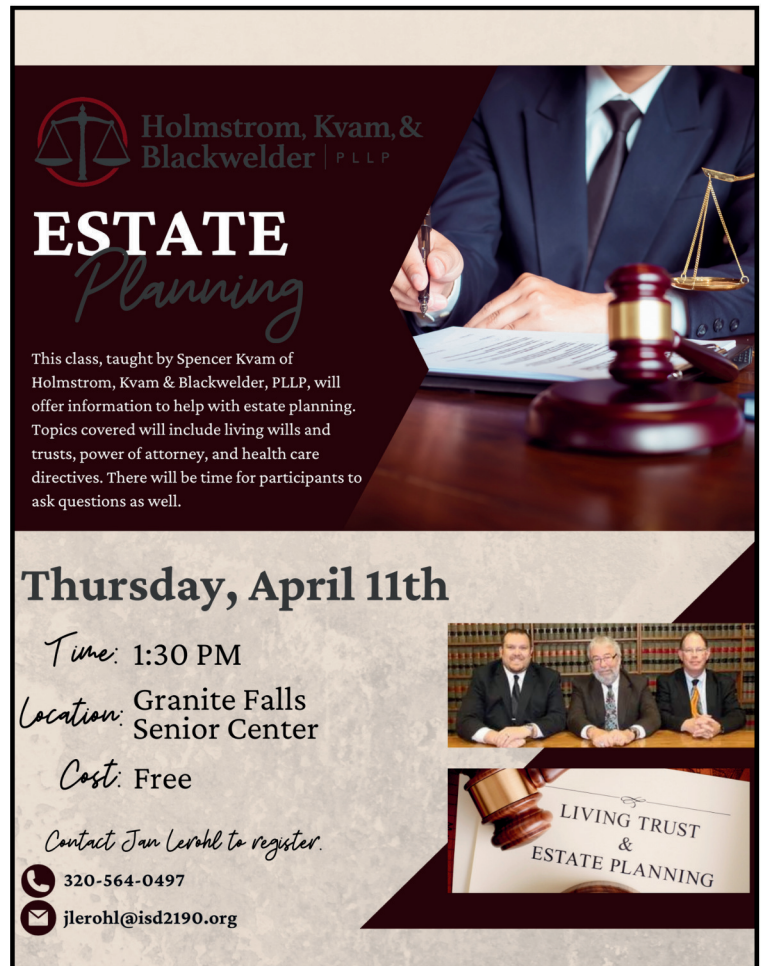
When: 3rd Monday of every month
Where: Granite Falls Senior Center
Time: 1:30 – 2:30 p.m.
Cost: no fee

Heart 2 Heart Memory Café

When: 4th Tuesday of every month
(except December, June, July, & August)
Where: Granite Falls Senior Center
Time: 9:00 – 10:30 a.m.
Cost: no fee

Gentle Fitness Exercise Group

When: Fridays (NEW day & time)
Where: Granite Falls Senior Center
Time: 10:00 - 11:00 a.m.
Cost: no fee



Holmstrom, Kvam, & Blackwelder | PLLP



ESTATE Planning

This class, taught by Spencer Kvam of Holmstrom, Kvam & Blackwelder, PLLP, will offer information to help with estate planning. Topics covered will include living wills and trusts, power of attorney, and health care directives. There will be time for participants to ask questions as well.

Thursday, April 11th

Time: 1:30 PM
Location: Granite Falls Senior Center
Cost: Free

Contact Jan Lerohl to register.
320-564-0497
jlerohl@isd2190.org



OLDER AMERICANS BANQUET

TUESDAY, MAY 7TH

WATCH FOR MORE INFORMATION TO COME.

SENIOR ADVOCACY

PRAIRIE FIVE MEAL SITES IN YELLOW MEDICINE COUNTY

From Erick Hedman, Prairie Five Meals, 320-269-9009

Let us do the cooking for you!

LOCATION	MEAL PRODUCER	MEAL TYPE	DELIVERY DAY
Canby	The Porter Café	Hot Home Delivered & Frozen & Shelf Stable Meals	Monday-Friday
Porter	The Porter Café	Congregate, Hot Home Delivered, & Frozen & Shelf Stable Meals	Monday-Friday
Echo	The Vesta Café	Hot Home Delivered	Monday - Friday
Wood Lake	The Vesta Café	Hot Home Delivered	Monday - Friday
Hanley Falls	Montevideo Kitchen	Congregate, Hot Home Delivered, & *Frozen & Shelf Stable Meals	Monday-Friday
Clarkfield	Montevideo Kitchen	Hot Home Delivered, & *Frozen & Shelf Stable Meals	Monday-Friday
Granite Falls	Montevideo Kitchen	Congregate, Hot Home Delivered, & *Frozen & Shelf Stable Meals	Monday-Friday
St. Leo	Montevideo Kitchen	Home Delivered, & Frozen & Shelf Stable Meals	Consumer Schedule
Hazel Run	Montevideo Kitchen	Home Delivered, & Frozen & Shelf Stable Meals	Monday-Friday

*frozen meal consumer choice

*We deliver meals right to families living on their farm site. We drive on county and township roads to get meals to people.

Who to Call:

Porter & Canby	Call the Porter Cafe @ 507-296-4636
Echo/Wood Lake	Call the Wagner Café @ 507-762-3600
Hanley Falls, Clarkfield & Granite Falls	Call Prairie Five Meals @ 320-269-9009

Volunteers are needed to help deliver meals in Canby!
Please call 320-269-9009 if you can help.

**SUGGESTED DONATION
FOR THE PRAIRIE FIVE
MEALS:
\$4.50 FOR 60+ OLDER
ADULTS**



Website: www.prairiefive.org

**ASK ABOUT
WEEKEND MEALS**



**ASK ABOUT OUR
BUNDLED MEALS
PROGRAM**



KILOWATT COMMUNITY CENTER



KILOWATT COMMUNITY CENTER

600 Kilowatt Drive - Granite Falls, MN 56241

Phone: 320-564-3127

Email: nrichter@granitefalls.com

Winter Facility Hours

Monday-Thursday: 6am-8pm

Friday: 6am-7pm

Saturday: 9am-7pm

Sunday: 1pm-7pm

Lifeguards are on duty:

Saturday & Sunday: 1-6pm

Lifeguard Schedule:

(Subject to change - Please call to confirm)

Saturday & Sunday 1-6pm

No lifeguards on duty during the week unless no school.

Facility Rentals

We have several facilities available to rent. In order to officially reserve a facility you must complete and sign a rental application form available at the front desk. The meeting rooms are equipped with high speed wireless internet and WiFi.

Room Rental Rates: (Profit) (Non-Profit)

Both mtg. rms. w/ kitchen \$200/event \$150/event

Small mtg. rm. w/ kitchen \$150/event \$100/event

Small mtg. rm. w/o kitchen \$100/event \$75/event

Multi-purpose rm./gym \$50/hr. \$50/hr. or \$175/event

Pool (depends on # of people)

• 1-15 \$75/hr • 16-50 \$100/hr.

• 51-100 \$125/hr. • 101-150 \$175/hr.

• 151-200 \$225/hr.

- An additional \$50 per hour will be charged for all events held before or after regular operating hours.
- Additional \$50 clean-up fee may be charged if needed (discretion of the Director).

Membership Information

---- Amounts include tax. ----

Annual Membership Rates

GF Resident / Non-resident	EFT Resident / Non-resident
Single: \$300.00 \$332.00	\$25.00 \$27.67
Couple: \$444.00 \$491.00	\$37.00 \$40.92
Student: \$228.00 \$253.00	\$19.00 \$21.09
Family: \$516.00 \$571.00	\$41.61 \$47.59
Sr. Single: \$228.00 \$253.00	\$19.00 \$21.09
Sr. Couple: \$371.00 \$412.00	\$30.92 \$34.34

3-Month Membership Rates

	GF Resident	Non-resident
Family	\$274.00	\$292.00
Couple	\$228.00	\$251.00
Single	\$156.00	\$172.00
Sr. Couple	\$192.00	\$212.00
Sr. Single	\$121.00	\$133.00
Student	\$121.00	\$133.00

- Note: 3 month memberships must run for consecutive months and must be paid in full (NO EFT's)
- Reduced rates on memberships are available upon qualification.
 - KCC memberships include unlimited use of the entire facility.
 - KCC memberships also allow you to participate in programming including swim lessons, aerobics, and yoga classes at a discounted rate.
- The KCC accepts VISA, American Express, Discover, and MasterCard.

Daily Fees

\$6 for all guests

\$3 Kids 5 years and under

\$18 Family Rate (Limit: 6 people)

Options for payment on a membership:

12-Month Memberships

- Full payment
- Monthly EFT (Electronic Funds Transfer)
 - 12 month agreements only -
- Visa, American Express, Discover, and MasterCard

3-Month Memberships

(run for consecutive months)

- Payment options: Credit Card
 - Payment in full.
 - Sorry no EFT's.

Reduced rates available upon qualification.



KILOWATT COMMUNITY CENTER

KCC Opportunities

CIRCUIT TRAINING CLASS WITH COURTNEY LANGE

Mondays & Wednesdays - 5:00-6:00pm

Cost: \$4 Members - \$6 Non-Members

(Punch cards for this class are available at the front desk.)

This class will provide you with a challenging full body workout. You won't get bored when you do circuit training. This workout will get your heart rate up, and strengthen muscles at the same time. You'll move quickly through exercise stations to work different muscle groups with little to no rest between stations. Each station will have a different exercise. Push yourself as hard as you want, or you can work out at a more comfortable pace. If you want to make it more challenging, switch from station to station faster, or boost the intensity!

PICKLEBALL

Groups are playing on the following dates / times:

Mondays & Wednesdays - 6:00-8:00pm

Its FREE for members, and just the daily fee for non-members.

No experience necessary, so come join in on the fun!

CHAIR YOGA

Mondays & Wednesdays - 10:00-10:30am

This is a virtual streamed class, and is great opportunity to get some good stretching!

WATER AEROBICS

Mondays, Wednesdays, & Fridays - 8:00am

Open to all, and this is a member led class that provides low impact exercises, and it a great overall workout!



BIRTHDAY PARTY PACKAGES

Don't have time to get ready for a birthday party? Let us help. You bring the kids and food; we'll provide the room, pool, and gym. \$50 for members - \$100 for non-members.

GOLDEN GRANDS SOCIAL/EXERCISE TIME

Mondays, Wednesdays, & Fridays - 8:30-10:30am

Seniors – This is a great opportunity just for you! Come in and exercise, take your blood pressure, have some coffee, and fellowship with friends. It is always open to new members, and the coffee is always FREE!

EARLY MORNING SWIMMERS

Are you an early riser? If so, come on up to the KCC at 7:00am on weekday mornings and join our Early Morning Swim Group! They exercise, socialize, and have a great time! They are looking for new members – like you!

Now accepting:

- Silver Sneakers (Free Membership) • One Pass (Free Membership) • Medica • HealthPartners • UCare • Preferred One • Avera Health • BCBS of ND • Midco • PrimeWest • South County Health Alliance

Earn up to \$20 a month reimbursement for working out!

Call today for more information.



FOLLOW US ON FACEBOOK!

VISIT OUR WEBSITE:

<http://www.granitefalls.com/kcc.html>



KILOWATT COMMUNITY CENTER

ABOUT THE KILOWATT COMMUNITY CENTER

The City-owned Kilowatt Community Center (KCC) is a 36,578 ft. multi-purpose activity center that includes an indoor pool, multi-purpose room, fitness room, indoor track, and numerous meeting rooms. The staff at the KCC strives to offer a wholesome, fun environment to help build healthy individuals and families, and a greater sense of community. Whether it is a weight lifting facilities you are looking for or simply a place to conduct a meeting, the KCC something for you.

KCC WINTER SWIMMING LESSONS 2024

Monday - Thursday each week

March 4th - March 14th

Levels: 1, 3, 5 Times: 5:00pm - 5:45pm

Levels: 2 & 4 Times: 6:00pm - 6:45pm

Cost: \$50.00 for KCC Members

\$55.00 for Non-Members

Please return this slip and payment when you sign up at the KCC.

***PARENTS ARE NOT ALLOWED IN THE POOL AREA DURING LESSONS UNTIL THE LAST DAY!**

Child's Name: _____ Level: _____

Parents Name: _____ Phone Number: _____

Yellow Medicine East
 Public Schools ISD #2190
 450 9th Avenue
 Granite Falls, MN 56241

Postal Customer, Local

Non-Profit Org.
 U.S. Postage Paid
 Granite Falls, MN 56241
 Permit No. 67

BOYS BASKETBALL GIRLS BASKETBALL

Fri.	12/1	ACGC	Home
Tues.	12/5	Benson	Away
Fri.	12/8	Lakeview	Home
Mon.	12/11	Canby	Home
Thurs.	12/14	Minneota	Away
Fri.	12/15	Montevideo	Home
Tues.	12/19	RCW	Away
Thurs.	12/21	RRC	Away
Thurs.	12/28	BLHS	Away
Fri.	1/5	MACCRAY	Away
Tues.	1/9	TMB	Home
Fri.	1/12	LQPV	Home
Thurs.	1/18	Ortonville	Home
Mon.	1/22	BOLD	Home
Thurs.	1/25	CMCS	Away
Fri.	1/26	Wabasso	Away
Mon.	1/29	Dawson-Boyd	Home
Thurs.	2/1	KMS	Away
Tues.	2/6	Lakeview	Away
Fri.	2/9	Canby	Away
Tues.	2/13	Minneota	Home
Fri.	2/16	RCW	Home
Tues.	2/20	TMB	Away
Mon.	2/26	Conference Championship	
Thurs.	2/29	Sections Begin	

Mon.	11/27	Wabasso	Home
Tues.	11/28	BOLD	Away
Fri.	12/1	Lakeview	Away
Mon.	12/4	Canby	Away
Thurs.	12/7	Minneota	Home
Tues.	12/12	RCW	Home
Fri.	12/15	TMB	Away
Tues.	12/19	RRC	Home
Fri.	12/22	LQPV	Away
Wed.	12/27	Tournament	Windom
Thurs.	12/28	Tournament	Windom
Thurs.	1/4	MACCRAY	Home
Mon.	1/8	Ortonville	Away
Thurs.	1/11	CMCS	Home
Tues.	1/16	Dawson-Boyd	Away
Thurs.	1/18	Benson	Away
Fri.	1/19	KMS	Home
Tues.	1/23	Lakeview	Home
Fri.	1/26	Canby	Home
Fri.	2/2	Minneota	Away
Tues.	2/6	WWG	Away
Thurs.	2/8	RCW	Away
Mon.	2/12	ACGC	Home
Thurs.	2/15	TMB	Home
Mon.	2/19	Conference Championship	
Tues.	2/20	Montevideo	Home
Thurs.	2/22	Sections Begin	

WRESTLING

Mon.	11/30	Quad	LQPV
Sat.	12/2	Tournament	St. James
Tues.	12/5	Triangular	Tracy
Thurs.	12/7	Quad	KMS
Sat.	12/16	Tournament	Luverne
Sat.	1/6	Tournament	Wabasso
Thurs.	1/11	Triangular	Benson
Thurs.	1/18	Quad	Paynesville
Sat.	1/20	Tournament	Wabasso
Tues.	1/23	Triangular	Redwood
Fri.	2/2	Triangular	Home
Sat.	2/3	Tournament	Dawson
Tues.	2/6	Triangular	Home
Thurs.	2/8	Triangular	Minneota
Thurs.	2/15	Sections Begin	

DANCE

Sat.	12/9	RCW
Sat.	12/16	BOLD
Sat.	1/6	Alexandria
Fri.	1/12	Montevideo
Mon.	1/15	MACCRAY
Sat.	1/20	Home Competition
Fri.	1/26	Conference @ Lakeview
Sat.	1/27	Mounds View
Sat.	2/10	Sections @ Montevideo