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Principal: Simon Davies

Our ref: AGH / HLE / TBHA 100

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Dear Parent/Carer

Re: TBHA 100

We have now launched '**TBHA 100**' to our students, and would like to further promote and encourage them to engage and achieve as many of the activities as possible. Students have 100 activities to complete, and their aim is to accomplish as many as they can before leaving the academy. Support from their parents/carers would be most appreciated, with the initiative aiming to help students develop their **ambition**, **curiosity**, **determination and kindness**.

The scheme includes 100 activities that have been carefully selected to challenge and engage our students, with many having close links to their subjects and key life skills. The process and achievements will help raise their confidence, independence, motivation and well-being.

We will be using the Class Charts platform to monitor student's progress, with teachers and tutors able to award students when they have completed an activity.

The process is as follows:

1. Student completes an activity eg. Runs 10K / Cooks for parents / Grows a plant

2. Provides evidence to tutor or teacher eg. witness statement / written note signed from parents / photo evidence.

3. Teacher awards on Class Charts TBHA 100 tab - 1-100 achievements

Students can achieve **20**, **40**, **60** and **80** to receive Bronze, Silver, Gold and Champion awards, with tutor competitions also running to recognise and celebrate the achievements of our students. Tutors will be working alongside their tutees, and setting goals along the way.

We look forward to working together to support our student's 'TBHA 100' success.

Yours sincerely

Adam Griffith Assistant Principal Safeguarding and Personal Development

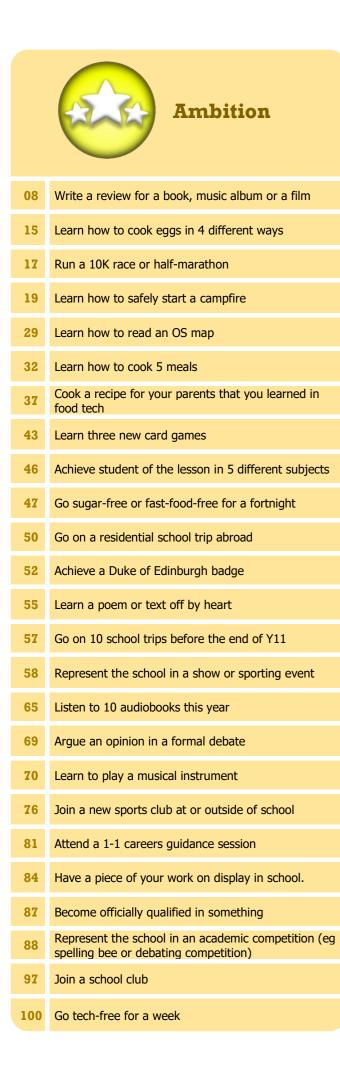
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TBHA100



	Curiosity
03	Fix a broken item, don't buy a new one
05	Visit another region of the United Kingdom
12	Take part in the RSPB bird or butterfly watch
16	Learn to count from 1 to 20 in a new language
22	Attend a live sporting event
26	Go orienteering with a map and compass
28	Swim in the sea
30	Learn how to correctly use a vacuum cleaner
33	Visit a place of worship
44	Visit an ancient monument of the British Isles (eg Stone Henge)
45	Visit a gallery or museum
60	Go vegan for a week
62	Learn the names of 10 flowers or trees in your local area
66	Eat meals from 5 cultures that are new to you
68	Read a classic novel (pre-1914), not taught in class
71	Learn the basics of personal finance
73	Visit a farm and learn how food is produced
74	Join your local library
75	Watch a sunset or sunrise
77	Try a new beach sport
82	Visit an aquarium
83	Go to London on a school trip
89	Take up a new hobby
92	Go to a festival
93	Go to a theatre to see a play or musical

	Determination
01	Grow your own fruit or vegetables and eat it
02	Grow a plant from a seed, bulb or cutting
09	Take a train to Brighton
11	Walk 10,000 steps every day for a fortnight
14	Present in tutor time about an inspiring artist, writer or human rights activist
18	Learn the flags of 25 countries
20	Order a drink in a café on your own
25	Learn to touch type
27	Cook a meal on a campfire
35	Read aloud in class a piece of work that you are proud of
39	Camp overnight under the stars
41	Complete CPR (first aid) training
48	Watch a film in a different language with subtitles
49	Take part in a house competition
54	Take up running, such as 'couch to 5K'
56	Learn how to use chopsticks
59	Present or talk in an assembly
72	Open a bank account
80	Learn to swim
85	Win a game of chess
86	Compete in at least 5 sports day events before the end of Y11
90	Learn to knit or crochet
95	Learn to sew on a button
98	Learn the capital cities of 25 countries covering 6 continents
99	Cook a meal for your family for £5



Kindness

04	Learn how to correctly use the washing machine
06	Write a letter to a resident at a local care home
07	Learn how to say hello and introduce yourself in 10 languages
10	Raise and donate money to a charity
13	Help decorate your tutor room
21	Volunteer for a local community group
23	Help maintain a garden (mowing the lawn, weeding or planting)
24	Show visitors around the school
31	Take up a new chore and do this every day (eg put away clothes in the laundry) for a week
34	Help a younger student with their homework
36	Give a new student a tour of the school on their first day
38	Take a 60-minute walk in nature
40	Attend a fundraising event for charity
42	Make friends with someone new in your year group
51	Get to know and help an elderly neighbour
53	Eat dinner at the table with your family or friends
61	Donate 5 items you own to a charity shop
63	Bake a cake for a family member or friend just to make them smile
64	Look after a friend or neighbour's pet
67	Write a thank you letter or card to a teacher
78	Volunteer for a charity
79	Go litter picking in the local community or in school
91	Visit a primary school to read to the pupils
94	Run a club for younger students
96	Do the washing up for a week