

# January 2024

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K-12 Cold Breakfast Menu



| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|---|---|--|--|---|
| 1<br><b>HAPPY NEW YEAR!!!</b>   | 2<br>Assorted WG Cereal<br>Assorted WG Crackers<br>Shelf Stable Fruit Cup<br>Dried Fruit<br>Choice of Milk    | 3<br>WG Golden Grahams Cereal<br>WG Granola Crispy Bites<br>100% Fruit Juice<br>Fruit Cup<br>Choice of Milk    | 4<br>WG Breakfast Bread Slice**<br>100% Fruit Juice<br>Applesauce Cup<br>Choice of Milk                | 5<br>WG Honey Bunches of Oats Cereal<br>Cheese Stick<br>100% Fruit Juice<br>Fresh Banana<br>Choice of Milk                          |
| 8<br>WG Zucchini Bread Slice**<br>100% Fruit Juice<br>Applesauce Cup<br>Choice of Milk                                      | 9<br>Assorted WG Cereal<br>Assorted WG Crackers<br>100% Fruit Juice<br>Dried Mixed Fruit<br>Choice of Milk    | 10<br>WG Triple Berry Crunch Dunker Bar**<br>100% Fruit Juice<br>Fresh Banana<br>Choice of Milk                | 11<br>WG Cinnamon Flakes Cereal<br>Cheese Stick<br>100% Fruit Juice<br>Fruit Cup<br>Choice of Milk     | 12<br>WG Cinnamon Toast Crunch Soft Filled Bread**<br>100% Fruit Juice<br>Fresh Banana<br>Choice of Milk                            |
| 15<br>Assorted WG Cereal<br>Assorted WG Cracker<br>100% Fruit Juice<br>Applesauce Cup<br>Choice of Milk                     | 16<br>WG Banana Bread Slice**<br>100% Fruit Juice<br>Fruit Cup<br>Choice of Milk                              | 17<br>WG Frosted Flakes Cereal<br>WG Maple Waffle Grahams<br>100% Fruit Juice<br>Dried Fruit<br>Choice of Milk | 18<br><b>NEW! WG RS Cocoa Puffs</b><br>Cheese Stick<br>100% Fruit Juice<br>Fruit Cup<br>Choice of Milk | 19<br>WG Cherry Apple Crunch Dunker Bar**<br>100% Fruit Juice<br>Fresh Banana<br>Choice of Milk                                     |
| 22<br><b>NEW! WG RS Trix Cereal</b><br>WG Cinnamon Goldfish Grahams<br>100% Fruit Juice<br>Applesauce Cup<br>Choice of Milk | 23<br>WG Vanilla Bear Grahams<br>Chocolate Chickpea Spread<br>100% Fruit Juice<br>Fruit Cup<br>Choice of Milk | 24<br>WG Strawberry Rockin'ola<br>Strawberry Yogurt Cup<br>100% Fruit Juice<br>Fresh Banana<br>Choice of Milk  | 25<br>WG French Toast Crunchmania Crackers**<br>100% Fruit Juice<br>Dried Fruit<br>Choice of Milk      | 26<br>WG Strawberry Filled Bagel**<br>100% Fruit Juice<br>Fresh Banana<br>Choice of Milk  |
| 29<br>WG Cinnamon Chex Cereal<br>WG Apple Cinnamon Bear Grahams<br>100% Fruit Juice<br>Applesauce Cup<br>Choice of Milk     | 30<br><b>NEW! WG Cinnamon Mini Cinni's</b><br>100% Fruit Juice<br>Dried Fruit<br>Choice of Milk               | 31<br>WG Honey Bunches of Oats Cereal<br>Cheese Stick<br>100% Fruit Juice<br>Fresh Banana<br>Choice of Milk    | ** indicated 2 oz grain equivalent item  | <b>MILK FOR SCHOOLS:</b><br><b>SKIM WHITE</b><br><b>LOW FAT WHITE</b><br><b>SKIM CHOCOLATE</b><br><br><b>MENU SUBJECT TO CHANGE</b> |

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

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This institution is an equal opportunity provider.