

October 2023

JAMES CASE, PRINCIPAL

LAURA KERSTETTER, SCHOOL COUNSELOR

Upcoming Dates



- **October 2nd - 6th**
Homecoming Spirit Week
- **October 3rd**
School Board Work Session (6:30)
- **October 5th**
Pep Assembly at IS (2:00)
- **October 6th**
First-Grade Fire Safety
- **October 9th**
No School
- **October 10th**
School Board Meeting (7:30)
- **October 13th**
Wildcat Wiggle
- **October 19th**
H.S.A. Meeting (5:30)
MES LGI
- **October 20th**
Hat Day
- **October 23rd - 27th**
Red Ribbon Week
- **October 26th - Nov. 3rd**
Elementary Book Fair
- **October 27th**
ROAR Assembly
- **November 2nd**
Parent - Teacher Conferences (8:00 - 7:30)
- **November 3rd**
Parent Conferences (8:00 - 11:30)



A Note from the Principal:

WOW! It is hard to believe it is October already! We have had a great first month here at the Elementary School. We have held our first H.S.A. meeting and discussed many great opportunities that they will be sponsoring throughout the year. Our title I teachers have been holding booster groups for students in first and second grades and have been pushing into classrooms to support all of our Kindergarten Students. As we move into October, you will see we will be just as busy. Please be sure to check out the "Upcoming Dates" to the left and be sure to mark your calendars with the important dates. In addition to the monthly newsletters, weekly reminders and updates are sent via blackboard connect emails to families. If you are not receiving these weekly communications and would like to, please contact the school office and speak to Mrs. Hummel to update the blackboard connect information we have in the system. I am excited to move into another month here at M.E.S. and look forward to seeing all families at Parent-Teacher Conferences in November, if not before! ~ Mr. Case ~

Title I Reading

Our Fall reading assessments have been completed by our Title I Reading Team. These quarterly assessments are used to identify those students in need of Title I Reading Supports. Mrs. Young, Mrs. Beck, and Mrs. Dagle are the Reading Specialists that provide additional reading supports to all students. Additionally, Mrs. Roush, Mrs. Maletta, and Mrs. Amabile are the instructional aides that work with our Reading Specialists. If your child will be receiving pull-out reading supports during the grade-level intervention period from one of our Reading Specialists or Aides, you will be receiving a letter explaining these services and supports. If you have any questions, please do not hesitate to contact one of our Reading Specialists.

Red Ribbon Week - October 23rd - 27th

23rd - "Rally in red to be drug free" - Wear Red Day
 24th - "I mustache you to be drug free" - Wear a Mustache
 25th - "Give Drugs the Boot" - Western Wear/Boot Day
 26th - "Work it out and be drug free" - Wear Workout Gear
 27th - "Wildcats ROAR against drugs" - Wear ROAR Shirts

A Note from Mrs. Pliska, School Social Worker

October is Mental Health Awareness Month

Signs of mental illness in children:
 *Withdrawing from social interactions
 *Mood changes
 *Behavior that can be harmful to self/others
 *Sleep/Appetite change

Positive Ways to Increase Mental Health
 *Practice positive coping skills
 *Support positive friendships/relationships
 *Monitor good sleep, exercise and eating habits
 *Ask about feelings, thoughts, emotions

Title I Family Engagement Night

Please join us for our Title I Teams Family Engagement Night on October 24th from 6:00 - 7:00 in the L.G.I. here at the Elementary School.

MES H.S.A.

On Thursday, September 14th, the H.S.A. held the first meeting of the school year. We are still looking for volunteers to help with the Wildcat Wiggle that is coming up on the 13th of this month and are in need of more volunteers to assist with the book fair. The next H.S.A. meeting will be held in the elementary school LGI on October 19th at 5:30. We hope to see many of the elementary families there.

MES R.O.A.R.

Respect everyone and everything
 Organize yourself
 Act safely
 Remember to be responsible

ROAR is the program we use at Mifflinburg Elementary to teach, recognize, and praise the positive behaviors of all students. Each week we celebrate student behavior by drawing student names from classroom ROAR buckets to put their names on the ROAR board. Every time we fill a row, those students get an award and special activity. Our first row was filled on September 22nd and those 14 winners celebrated by having a side-walk chalk activity with Mrs. Kerstetter.

On Friday, October 27th, we will be holding our first ROAR celebration assembly. We will begin with a virtual assembly, select students to visit the ROAR store and conclude with grade-level games and a school wide video!

Please see reverse side for a parent letter from the ROAR Team!

Mrs. Kerstetter, School Counselor



Three skills needed to be successful students are: listening, being organized and following directions. These skills are taught daily by our teachers and are imbedded in our ROAR expectations. You can support these skills at home by going through your child's backpack together each night, helping them remember to charge their devices and having your child follow one and two step directions. Please remember to reach out to Mrs. Kerstetter if you ever need help with anything related to your child at school.

Email: lkerstetter@mifflinburg.org



Dear Elementary Families,

What an amazing start we have had to the schoolyear. **Thank you** for working together with us to encourage your child to be Respectful, Organized, Act Safely and be Responsible.

Throughout the month of September, we have been working schoolwide to explicitly discuss, model, teach and reteach each of our expectations. As we move into October, we will continue to support our students and help them to be their best. When instances occur where students are not following our expectations, we will continue to work with students to reteach the expected behavior. Additional consequences including minor and major behavior write ups will also begin. If you have any questions regarding your child's behavior or our Roar Expectations, please don't hesitate to reach out to us.



Respectfully,
The ROAR Team