HILLSBORO CITY SCHOOLS
SENATE BILL 210 PROCEDURE

Goal: Hillsboro City School District is committed to promoting and protecting our students' health, well-being and ability to learn by supporting healthy eating and physical activity. Therefore, it is our policy at Hillsboro Schools that:

- The school district will engage students, parents, teachers, food service professionals, and health professional in reviewing district wide nutrition and physical activity policies.
- The school district will comply with the most recent guidelines for competitive foods issued by the Alliance for a Healthier Generation in respect to the sale of an ala carte food items. We will follow the National Standards for beverages and food guidelines as follows:

  Nutrition Standards for Beverages

  K-4 *Water
  *8oz. 100% juice or fruit juice – water blend with no added sweeteners, not more than 160 calories per 8oz.

  5-8 * Same as K-4, but they can have 10oz. 100% juices

  9-12 * 12oz. – 100% juice or fruit juice – water blend
  16oz. low fat or fat free milk, not more than 160 calories per 8oz.

  ***The "Component Rule"** – Any food item that can count as a component in either the school breakfast program or the school lunch program
  - Can be sold ala carte without regard to the nutritional value of the food item
  - Must be sold in the same serving size as with ta reimbursable breakfast or lunch meal

- All items sold on Ala Carte, that are not a component of the USDA meals program, will have the nutritional label input into the *Healthy Alliance Navigation calculator*, which will tell us if it is compliant or not.