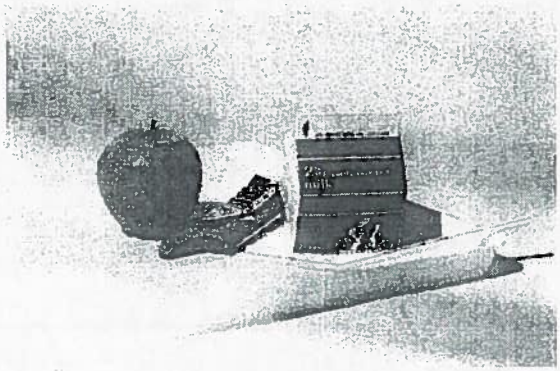
Summary of Senate Bill (SB) 210

1. Limit access to unhealthy foods and beverages in schools
2. Increase daily physical activity
3. Raise standard for physical & health education programs
4. Implement body mass index screening
5. Develop/implement a school health measure on district and building report cards
6. Create Healthy Choices Healthy Children Council
7. Develop a best practice registry

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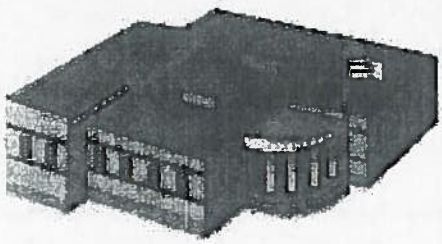
Focusing on Food and Beverage Sales During the Regular School Day

- What Foods and Beverages are NOT Affected?
  - Foods and beverages that are part of a USDA reimbursable school breakfast or school lunch meal
  - Foods and beverages being sold individually in a serving portion of the same size as in the complete meal
  - Food and beverages sold exclusively to adults



Focusing on Food and Beverage Sales During the Regular School Day

- Who Must Comply?
  - The entire school campus except
    - Interscholastic sporting events
  - The School Campus Includes:
    - School food service
    - School sponsored fund raisers
    - Any vending machines
    - School stores and restaurants



ACTION STEPS - Food Restrictions

- **Nutrition Standards in the Act**
  - Per Senate Bill 210, schools have two options in evaluating food items to sell a la carte:
    - 1) Comply with the act's nutritional requirements which requires the use of a nutrition software program
      - **ODE does not currently have a nutrition software program available for schools to use**
    - 2) Comply with the most recent guidelines for competitive foods issued by the Alliance for a Healthier Generation in respect to the sale of a la carte food items

The Bottom Line for Beverage Sales

- The only beverages that a school can sell a la carte for elementary or middle schools is:
  - Water, juice (in appropriate serving size) and milk
- The only beverages that can be sold at the high school level are:
  - Water, juice (in appropriate serving size), milk and beverages meeting the "other" category

The Bottom Line for Food Sales – The "Component Rule"

- Any food item that can count as a component in either the school breakfast program or the school lunch program
  - Can be sold a la carte without regard to the nutritional value of the food item
  - Must be sold in the same serving size as with a reimbursable breakfast or lunch meal

The Bottom Line for Food Sales – All Other Food Items

- If a food item can not count as a component (potato chips or ice cream for example)
  - The school must evaluate the nutrition value of the product
  - Compare the product to the guidelines of the Alliance for a Healthier Generation
  - If the product meets the guidelines, the product can be sold a la carte

ACTION STEPS - Beverage Restrictions

Revised per Ohio House Bill 153, 6/30/11

At least 50% of offerings at any sale location must be low or no calorie offerings (exclude milk from this calculation)

Grades	Beverages allowed			
Schools composed primarily of grades K-4	Water	Milk	8 ounces or less of 100% fruit juice, or a 100% fruit juice and water blend with no added sweeteners, that contains no more than 160 calories per 8 ounces	***No other beverages***

Note:

Starting in School Year 2011-2012, milk served in the National School Lunch or School Breakfast Program must be either 1% fat or skim. A "variety" of milk must be offered; different flavors now count as a variety.

ACTION STEPS - Beverage Restrictions

Revised per Ohio House Bill 153, 6/30/11

At least 50% of offerings at any sale location must be low or no calorie offerings (exclude milk from this calculation)

Grades	Beverages allowed			
Schools composed primarily of grades 5-8	Water	Milk	10 ounces or less of 100% fruit juice, or a 100% fruit juice and water blend with no added sweeteners, that contains no more than 160 calories per 8 ounces	***No other beverage***

Note:

Starting in School Year 2011-2012, milk served in the National School Lunch or School Breakfast Program must be either 1% fat or skim. A "variety" of milk must be offered; different flavors now count as a variety.

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ACTION STEPS - Beverage Restrictions

Revised per Ohio House Bill 153, 6/30/11

At least 50% of offerings at any sale location must be low or no calorie offerings (exclude milk from this calculation)

Grades	Beverages allowed			
Schools composed primarily of grades 9-12	Water	Milk	12 ounces or less of 100% fruit juice, or a 100% fruit juice and water blend with no added sweeteners, that contains no more than 160 calories per 8 ounces	12 ounces or less of any beverage that contains no more than 66 calories per 8 ounces, or any size of a beverage that contains no more than 10 calories per 8 ounces. The latter may include caffeinated beverages and beverages with added sweeteners, carbonation, or artificial flavoring.

Note:

Starting in School Year 2011-2012, milk served in the National School Lunch or School Breakfast Program must be either 1% fat or skim. A "variety" of milk must be offered; different flavors now count as a variety.

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Resources

- The Ohio Department of Education
  - www.ode.state.oh.us
  - Search SB 210
  - ODE has published a SB 210 Q and A document and a recorded webinar is available for viewing
- Alliance for a Healthier Generation
  - http://www.healthiergeneration.org/companies.aspx?id=3463
  - A product calculator and list of commercially available products meeting the guidelines