

# December 2023

## OUSD Breakfast BIC Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Each day two of the fruits below will be served for students to choose from:**

Tangerines, Red Apples, Pears, Oranges  
Dried Cranberries and Bananas.



4

Concha

5

Banana Muffin

6

Cereal

7

Cinnamon  
Roll

8

Cereal

11

Cereal

12

Lemon  
Loaf

13

Maple  
Waffle

14

Apple  
Muffin

15

Concha

18

Concha

19

Banana Muffin

20

Cereal

21

Cinnamon  
Roll

22

Cereal

### OUSD Winter Break

Schools will be Closed 12/25-1/8. School will resume on Tuesday, Jan. 9th, 2024

Some CDC's will be open during the break. Please check with your CDC for more information.

29

### Don't Forget to Keep Learning even during Winter Break!

With School out for the next two weeks, it's important that you make sure your child especially if they are younger does at least a little school work during vacation. Before break go to the library and check out some new books they are interested in or excited about. Then make sure to set aside time each day for them to read or for you to read to them. If your child is a reader take turns reading different pages or chapters to each other. For math, if your child is in 1st-5th grade buy your child some flash cards (the dollar store has some) to help them keep memorizing addition or multiplication facts. Pre-school and TK students should be practicing counting and writing numbers each day. Doing a little work each day will help your child be all ready for school when we return on Tuesday, January 9th.



Two milk options are available every day.



For More Nutritional Information and to View Menus: [www.ousd.org/nutrition](http://www.ousd.org/nutrition)

"This institution is an equal opportunity provider."

Menu Subject to change

We use foods with 100% whole grains



# December 2023

## OUSD Breakfast CDC Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Each day two of the fruits below will be served for students to choose from:**

Tangerines, Red Apples, Pears,  
Dried Cranberries and Bananas.



4

Concha

5

Banana Muffin

6

Cereal

7

Cinnamon  
Roll

8

Cereal

11

Cereal

12

Lemon  
Loaf

13

Maple  
Waffle

14

Apple  
Muffin

15

Concha

18

Concha

19

Banana Muffin

20

Cereal

21

Cinnamon  
Roll

22

Cereal

Early Closure 2pm

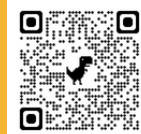
### OUSD Winter Break 12/25/23-1/8/24

Most CDC's closed from 12/25-1/8. CDCs (Not TK Classrooms) that will be open 1/3/24-1/5/24 are Arroyo Viejo, Bella Vista, Centro Infantil, Emerson, Harriet Tubman, Hintil, ICS, Jefferson, Kaiser, Manzanita, United Nations, & Yuk Yau. Please check with your CDC to find out their holiday schedule.

29

### Did you know you can Check out Toys from the Library?

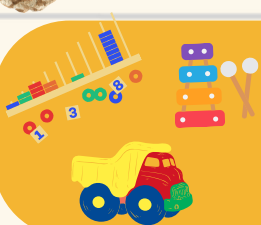
Oakland Libraries have a lending collection that currently includes durable toys for ages 0-6. Browse the Toy Lending Catalog and place a hold, or ask at any location. You can borrow up to two toys at a time. All toys are cleaned with Benefect Botanical Decon 30 on return. Scan the QR code to see what toys are currently available to check out.



Two milk options  
are available  
every day.



We use foods  
with 100%  
whole grains



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Menu Subject to change

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# December 2023

## OUSD Breakfast YMCA Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Each day two of the fruits below will be served for students to choose from:**

Tangerines, Red Apples, Pears,  
Dried Cranberries and Bananas.



4

Concha

5

Banana Muffin

6

Cereal

7

Cinnamon  
Roll

8

Cereal

11

Cereal

12

Lemon  
Loaf

13

Maple  
Waffle

14

Apple  
Muffin

15

Concha

18

Concha

19

Banana Muffin

20

Cereal

21

Cinnamon  
Roll

22

Cereal

Early Closure Day 2 pm

### OUSD Winter Break 12/25/23-1/8/24

Most CDC's closed from 12/25-1/8. CDCs (Not TK Classrooms) that will be open 1/3/24-1/5/24 are Arroyo Viejo, Bella Vista, Centro Infantil, Emerson, Harriet Tubman, Hintil, ICS, Jefferson, Kaiser, Manzanita, United Nations, & Yuk Yau. Please check with your CDC to find out their holiday schedule.

29

### Did You Know You Can Check out Toys from the Oakland Public Library?

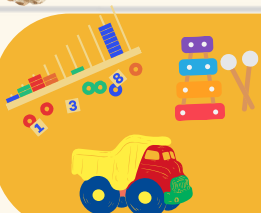
Oakland Libraries' lending collection currently includes durable toys for children ages 0-6. Browse the Toy Lending Catalog and place a hold, or ask at any location to check out a toy. You can borrow up to two toys at a time. All toys are cleaned with Benefect Botanical Decon 30 on return. Scan the QR code to see what toys are currently available to check out at your local library.



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# December 2023

## OUSD Secondary Breakfast Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Each day two of the fruits below will be served for students to choose from:**

Tangerines, Red Apples, Pears,  
Dried Cranberries and Bananas.



Apple Frudel

Cereal

Apple Cinnamon  
Scone

Cereal

Concha

Cereal

Cinnamon  
Roll

Cereal

Banana Bread  
Mini Loaf

Cereal

Pancakes

Cereal

Lemon Loaf

Cereal

Maple Waffle

Cereal

Blueberry Muffin

Cereal

French Toast Sticks

Cereal

Apple Frudel

Cereal

Apple Cinnamon  
Scone

Cereal

Concha  
Cereal

Early Closure Day 2 pm

Cinnamon  
Roll

Banana Bread  
Mini Loaf

Cereal

### OUSD Winter Break 12/25/23-1/8/24

Most CDC's closed from 12/25-1/8. CDCs (Not TK Classrooms) that will be open 1/3/24-1/5/24 are Arroyo Viejo, Bella Vista, Centro Infantil, Emerson, Harriet Tubman, Hintil, ICS, Jefferson, Kaiser, Manzanita, United Nations, & Yuk Yau. Please check with your CDC to find out their holiday schedule.

### Make the Most of your Winter Break

Everyone needs a break but also use your Winter Break to recharge but also catch up maybe look ahead to the rest of your school year. If you are behind in any classes ask to meet with the teacher to see how you can make up any missed work. It's never too early to start thinking about what you want to do after High School. Start doing research on colleges, trade schools, or other programs that interest you. If you are able to sign up or plan a visit to the schools. Review the application process for programs you are interested in. You can also use the break to work on any applications due in January.

Two milk options  
are available  
every day.



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whole grains

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Menu Subject to change



# December 2023

## OUSD TK-8th Cooking Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### December's Produce Bar Menu

Students will be given a variety of the following produce to choose from each day: Carrots, Oranges, Celery, **HOTM Baby Kale**, Pears, Sliced Cucumbers, Celery Sticks, Apples, Romaine Lettuce, Tangerines, and Corn



Our Pepperoni is made from Turkey not Pork

Chicken Chow Mein

Cheese Tamale

Pepperoni Pizza

Cheese Pizza

Cheeseburger

Veggie Burger

Chicken n' Waffles

Cheese Quesadilla

Beef Bolognese Pasta

Mac & Cheese w/  
Cornbread



Beef Tacos

Bean & Cheese Burrito



Pepperoni Pizza

Cheese Pizza

Crispy Chicken Sandwich

Grilled Cheese

Beef Hot Dog

Veggie Burger

Chicken & Mashed Potato  
Bowl w/ Roll

Raviol/ Roll

Chicken Chow Mein

Cheese Tamale

Pepperoni Pizza

Cheese Pizza

Cheeseburger

Veggie Burger

Chicken n' Waffles

Cheese Quesadilla

Beef Bolognese Pasta

Mac & Cheese w/  
Cornbread

Beef Tacos

Bean & Cheese Burrito

### OUSD Winter Break

Schools will be Closed 12/25-1/8. School will resume on Tuesday, Jan. 9th, 2024

Some CDC's will be open during the break. Please check with your CDC for more information.



There are two milk options available every day

### December's Harvest Of the Month - Baby Kale

Move over Spinach. Kale is a Nutrition Superstar that has more calcium, Vitamin K, and twice as much Vitamin C as Spinach! Kale is also high in Vitamins A and B6, folate, fiber, and Manganese. One cup of raw Kale is just 20 calories. Look for Baby Kale on your Produce Bar this month.



On Mondays Chocolate Non Fat Milk is available



We use foods made with 100% whole grains



Menu Subject to change

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# December 2023

## OUSD TK-8th Satellite Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### December's Produce Bar Menu



Students will be given a variety of the following produce to choose from each day: Carrots, Oranges, Celery, **HOTM Baby Kale**, Pears, Corn, Sliced Cucumbers, Celery Sticks, Apples, Romaine Lettuce, and Tangerines



Our Pepperoni is made from Turkey not Pork

Chicken Chow Mein

Cheese Tamale

Pepperoni Pizza

Cheese Pizza

Cheeseburger

Veggie Burger

Chicken n' Waffles

Cheese Quesadilla

Beef Bolognese Pasta

Mac & Cheese



Beef Tacos

Bean & Cheese Burrito



Pepperoni Pizza

Cheese Pizza

Crispy Chicken Sandwich

Grilled Cheese

Beef Hot Dog

Veggie Burger

Chicken Teriyaki Bowl

Ravioli w/ Roll

Chicken Chow Mein

Cheese Tamale

Pepperoni Pizza

Cheese Pizza

Cheeseburger

Veggie Burger

Chicken n' Waffles

Cheese Quesadilla

Beef Bolognese Pasta

Mac & Cheese

Beef Tacos

Bean & Cheese Burrito

### OUSD Winter Break



Schools will be Closed 12/25-1/8. School will resume on Tuesday, Jan. 9th, 2024

Some CDC's will be open during the break. Please check with your CDC for more information.



There are two milk options available every day

We use foods made with 100% whole grains



### December's Harvest Of the Month - Baby Kale

Move over Spinach. Kale is a Nutrition Superstar that has more calcium, Vitamin K, and twice as much Vitamin C as Spinach! Kale is also high in Vitamins A and B6, folate, fiber, and Manganese. One cup of raw Kale is just 20 calories. Look for Baby Kale on your Produce Bar this month.

On Mondays Chocolate Non Fat Milk is available



Menu Subject to change

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# December 2023

## OUSD 9th-12th Satellite Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

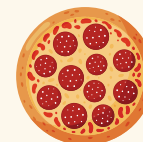
THURSDAY

FRIDAY

### December's Produce Bar Menu



Students will be given a variety of the following produce to choose from each day: Carrots, Oranges, Celery, **HOTM Baby Kale**, Pears, Corn, Sliced Cucumbers, Celery Sticks, Apples, Romaine Lettuce, and Tangerines



Our Pepperoni is made from Turkey not Pork

Turkey Sandwich  
Chicken Chow Mein  
Cheese Tamale

Turkey Sandwich  
Pepperoni Pizza  
Cheese Pizza

Turkey Sandwich  
Cheeseburger  
Veggie Burger

Turkey Sandwich  
Chicken n' Waffles  
Cheese Quesadilla

Turkey Sandwich  
Beef Bolognese Pasta  
Mac & Cheese w/ Roll

Turkey Sandwich  
Beef Tacos  
Bean & Cheese Burrito

Turkey Sandwich  
Pepperoni Pizza  
Cheese Pizza

Turkey Sandwich  
Crispy Chicken Sandwich  
Grilled Cheese

Turkey Sandwich  
Beef Hot Dog  
Veggie Burger

Turkey Sandwich  
Chicken Teriyaki w/ Roll  
Ravioli w/ Roll

Turkey Sandwich  
Chicken Chow Mein  
Cheese Tamale

Turkey Sandwich  
Pepperoni Pizza  
Cheese Pizza

Turkey Sandwich  
Cheeseburger  
Veggie Burger

Turkey Sandwich  
Chicken n' Waffles  
Cheese Quesadilla

Turkey Sandwich  
Beef Bolognese Pasta  
Mac & Cheese w/ Roll

Turkey Sandwich  
Beef Tacos  
Bean & Cheese Burrito

### OUSD Winter Break



Schools will be Closed 12/25-1/8. School will resume on Tuesday, Jan. 9th, 2024

Some CDC's will be open during the break. Please check with your CDC for more information.



There are two milk options available every day

We use foods made with 100% whole grains



### December's Harvest Of the Month - Baby Kale

Move over Spinach. Kale is a Nutrition Superstar that has more calcium, Vitamin K, and twice as much Vitamin C as Spinach! Kale is also high in Vitamins A and B6, folate, fiber, and Manganese. One cup of raw Kale is just 20 calories. Look for Baby Kale on your Produce Bar this month.

On Mondays Chocolate Non Fat Milk is available



A Turkey and Cheese Sandwich is also available every day

**Menu Subject to change**

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# December 2023

## OUSD 6th-8th Cooking Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

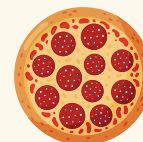
THURSDAY

FRIDAY

### December's Produce Bar Menu



Students will be given a variety of the following produce to choose from each day: Carrots, Oranges, Celery, **HOTM Baby Kale**, Pears, Corn, Sliced Cucumbers, Celery Sticks, Apples, Romaine Lettuce, and Tangerines



Our Pepperoni is made from Turkey not Pork

Turkey and Cheese Sandwich  
Beef Chili w/ Cornbread  
Philly Cheese Steak  
Cheese Pizza

Turkey and Cheese Sandwich<sup>4</sup>  
Chicken & Waffles  
Cheeseburger  
Pepperoni Pizza

Chicken Salad Sandwich<sup>5</sup>  
Kung Pao Chicken  
Chicken Burrito  
Bean & Cheese Burrito  
Cheese Pizza

Turkey and Cheese Sandwich<sup>6</sup>  
Teriyaki Wings w/ Roll  
Veggie Pizza

Chicken Salad Sandwich<sup>7</sup>  
Beef Bolognese Pasta  
BBQ Chicken Sandwich  
Cheese Pizza

Turkey and Cheese Sandwich<sup>8</sup>  
Mac & Cheese w/ Roll  
Beef Tacos  
Cheese Pizza

Turkey and Cheese Sandwich<sup>11</sup>  
Cheese Tamale  
Beef Hot Dog  
Pepperoni Pizza

Tuna Salad Sandwich<sup>12</sup>  
Chicken Chow Mein  
Crispy Chicken Sandwich  
Cheese Pizza

Turkey and Cheese Sandwich<sup>13</sup>  
Teriyaki Wings w/ Roll  
Veggie Pizza

Tuna Salad Sandwich<sup>14</sup>  
Chicken & Mashed Potato Bowl w/ Roll  
Grilled Cheese  
Cheese Pizza

Turkey and Cheese Sandwich<sup>15</sup>  
Beef Chili w/ Cornbread  
Philly Cheese Steak  
Cheese Pizza

Turkey and Cheese Sandwich<sup>18</sup>  
Chicken & Waffles  
Cheeseburger  
Pepperoni Pizza

Chicken Salad Sandwich<sup>19</sup>  
Kung Pao Chicken  
Chicken Burrito  
Bean & Cheese Burrito  
Cheese Pizza

Turkey and Cheese Sandwich<sup>20</sup>  
Teriyaki Wings w/ Roll  
Veggie Pizza

Chicken Salad Sandwich<sup>21</sup>  
Beef Bolognese Pasta  
BBQ Chicken Sandwich  
Cheese Pizza

Turkey and Cheese Sandwich<sup>22</sup>  
Mac & Cheese w/ Roll  
Beef Tacos  
Cheese Pizza

### OUSD Winter Break



Schools will be Closed 12/25-1/8. School will resume on Tuesday, Jan. 9th, 2024

Some CDC's will be open during the break. Please check with your CDC for more information.



There are two milk options available every day

We use foods made with 100% whole grains



### December's Harvest Of the Month - Baby Kale

Move over Spinach. Kale is a Nutrition Superstar that has more calcium, Vitamin K, and twice as much Vitamin C as Spinach! Kale is also high in Vitamins A and B6, folate, fiber, and Manganese. One cup of raw Kale is just 20 calories. Look for Baby Kale on your Produce Bar this month.

On Mondays Chocolate Non Fat Milk is available



Menu Subject to change

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# December 2023

## OUSD 9th-12th Cooking Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

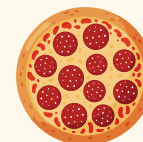
THURSDAY

FRIDAY

### December's Produce Bar Menu



Students will be given a variety of the following produce to choose from each day: Carrots, Oranges, Celery, **HOTM Baby Kale**, Pears, Corn, Sliced Cucumbers, Celery Sticks, Apples, Romaine Lettuce, and Tangerines




Our Pepperoni is made from Turkey not Pork


Turkey and Cheese Sandwich  
Beef Chili w/ Cornbread  
Philly Cheese Steak  
Cheese Pizza

Turkey and Cheese Sandwich <sup>4</sup>  
Chicken & Waffles  
Cheeseburger  
Pepperoni Pizza

Chicken Salad Sandwich <sup>5</sup>  
Kung Pao Chicken  
Chicken Burrito  
Bean & Cheese Burrito  
Cheese Pizza

Turkey and Cheese Sandwich <sup>6</sup>  
Teriyaki Wings w/ Roll  
Veggie Pizza

Chicken Salad Sandwich <sup>7</sup>  
Beef Bolognese Pasta  
BBQ Chicken Sandwich  
Cheese Pizza 

Turkey and Cheese Sandwich <sup>8</sup>  
Mac & Cheese w/ Roll  
Beef Tacos  
Cheese Pizza 

Turkey and Cheese Sandwich <sup>11</sup>  
Cheese Tamale  
Beef Hot Dog  
Pepperoni Pizza

Tuna Salad Sandwich <sup>12</sup>  
Chicken Chow Mein  
Crispy Chicken Sandwich  
Cheese Pizza

Turkey and Cheese Sandwich <sup>13</sup>  
Teriyaki Wings w/ Roll  
Veggie Pizza

Tuna Salad Sandwich <sup>14</sup>  
Chicken & Mashed Potato Bowl w/ Roll  
Grilled Cheese  
Cheese Pizza

Turkey and Cheese Sandwich <sup>15</sup>  
Beef Chili w/ Cornbread  
Philly Cheese Steak  
Cheese Pizza

Turkey and Cheese Sandwich <sup>18</sup>  
Chicken & Waffles  
Cheeseburger  
Pepperoni Pizza

Chicken Salad Sandwich <sup>19</sup>  
Kung Pao Chicken  
Chicken Burrito  
Bean & Cheese Burrito  
Cheese Pizza

Turkey and Cheese Sandwich <sup>20</sup>  
Teriyaki Wings w/ Roll  
Veggie Pizza

Chicken Salad Sandwich <sup>21</sup>  
Beef Bolognese Pasta  
BBQ Chicken Sandwich  
Cheese Pizza

Turkey and Cheese Sandwich <sup>22</sup>  
Mac & Cheese w/ Roll  
Beef Tacos  
Cheese Pizza

### OUSD Winter Break



Schools will be Closed 12/25-1/8. School will resume on Tuesday, Jan. 9th, 2024

Some CDC's will be open during the break. Please check with your CDC for more information.



There are two milk options available every day

We use foods made with 100% whole grains



Menu Subject to change



### December's Harvest Of the Month - Baby Kale

Move over Spinach. Kale is a Nutrition Superstar that has more calcium, Vitamin K, and twice as much Vitamin C as Spinach! Kale is also high in Vitamins A and B6, folate, fiber, and Manganese. One cup of raw Kale is just 20 calories. Look for Baby Kale on your Produce Bar this month.

On Mondays Chocolate Non Fat Milk is available



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# December 2023

## OUSD CDC Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### December's Produce Bar Menu



Students will be given a variety of the following produce to choose from each day: Carrots, Oranges, Celery, **HOTM Baby Kale**, Pears, Corn, Sliced Cucumbers, Celery Sticks, Apples, Romaine Lettuce, and Tangerines



Our Pepperoni is made from Turkey not Pork

Veggie Chow Mein

Cheese Pizza

Hamburger

Chicken n' Waffles

Beef Bolognese Pasta

Beef Tacos

Cheese Pizza

Crispy Chicken Sandwich

Beef Hot Dog

Cheese Ravioli

Veggie Chow Mein

Cheese Pizza

Hamburger

Chicken n' Waffles

Beef Bolognese Pasta

Beef Tacos

### OUSD Winter Break



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# December 2023

## OUSD YMCA Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### December's Produce Bar Menu



Students will be given a variety of the following produce to choose from each day: Carrots, Oranges, Celery, **HOTM Baby Kale**, Pears, Corn, Sliced Cucumbers, Celery Sticks, Apples, Romaine Lettuce, and Tangerines



Our Pepperoni is made from Turkey not Pork

Veggie Chow Mein

Cheese Pizza

Hamburger

Chicken n' Waffles

Beef Bolognese Pasta

Beef Tacos

Cheese Pizza

Crispy Chicken Sandwich

Veggie Burger

Cheese Ravioli

Veggie Chow Mein

Cheese Pizza

Hamburger

Chicken n' Waffles

Beef Bolognese Pasta

Beef Tacos

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Menu Subject to change



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# December 2023

## OUSD Supper Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



### Free Telescope Viewing at Chabot Space Center

Every Friday and Saturday night weather permitting from 7:30 pm - 10:30 pm use Chabot's three large historic telescopes to experience the awe and wonder of the Universe. Check thier website for more information.

4  
Delicious Sunflower Spread,  
Fritos Corn Chips®,  
Carrots w/ Ranch Seasoning,  
100% Juice, Milk

5  
Jack Links® Chicken Bites,  
String Cheese,  
Sliced Apples, Wheat  
Crackers, 100% Juice, Milk

6  
Cheese Cup, Tortilla Chips,  
Carrots w/ Ranch  
Seasoning, 100% Juice,  
Milk

7  
Butterball® Turkey Stick,  
Sunflower Seeds,  
Whole Grain Cinnamon  
Grahams, Apple Sauce, 100%  
Juice, Milk

8  
Sweet Heat Trail Mix,  
Sunflower Seeds, Doritos®  
Chips, Carrots, Milk

11  
Sunbutter Sandwich,  
Carrots, 100% Juice, Milk

12  
Honey and Cranberry Trail  
Mix, String Cheese, Corn  
Nuts Ketttle Corn®, Jicama  
Sticks, Milk

13  
Cheese Cubes,  
Whole Wheat Crackers,  
Carrots, 100% Juice, Milk

14  
Butterball® Turkey Stick,  
Sunflower Seeds,  
Whole Grain Cinnamon  
Grahams, Apple Sauce, 100%  
Juice, Milk

15  
Roasted Kettle Corn  
Chick Peas  
Chex Mix®, String Cheese,  
Sliced Apples, 100% Juice, Milk

18  
Delicious Sunflower Spread,  
Fritos Corn Chips®,  
Carrots w/ Ranch Seasoning,  
100% Juice, Milk

19  
Jack Links® Chicken Bites,  
String Cheese,  
Sliced Apples, Wheat  
Crackers, 100% Juice, Milk

20  
Cheese Cup, Tortilla Chips,  
Carrots w/ Ranch  
Seasoning, 100% Juice,  
Milk

21  
Butterball® Turkey Stick,  
Sunflower Seeds,  
Whole Grain Cinnamon  
Grahams, Apple Sauce, 100%  
Juice, Milk

22  
Sweet Heat Trail Mix,  
Sunflower Seeds, Doritos®  
Chips, Carrots, Milk

OUSD Schools are closed Monday 12/25 through Monday 1/8/24 for Winter Break See you on Tuesday 1/9.



### December Facts

-12/1 While here in the Bay Area, Winter is just about to start. In Australia today it's the first day of Summer.



-12/21 Is the Winder Solstice and the first day of Winter and also means the beginning of lengthening days and shortening nights.



-12/26 Will be the first full moon of the 2023-2024 winter season. It is traditionally called the Cold Moon.



-During the month of December the Sun doesn't rise in the North Pole, and in the South Pole, the Sun does not set. This occurs because the Earth is tilted on its axis by approximately 23 degrees. At the poles (both north and south), this means that the sun only rises and sets once each year.



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24/7

"This institution is an equal opportunity provider."

For More Nutritional Information and to View Menus: [www.ousd.org/nutrition](http://www.ousd.org/nutrition)

We use foods  
with 100%  
whole grains





# December 2023

## YMCA @ Burbank Snack Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



### Free Telescope Viewing at Chabot Space Center

Every Friday and Saturday night weather permitting from 7:30 pm - 10:30 pm use Chabot's three large historic telescopes to experience the awe and wonder of the Universe. Check thier website for more information.

Graham  
+  
Fruit

4

Yogurt  
+  
Fruit

5

Graham  
+  
Fruit

6

Yogurt  
+  
Fruit

7

Graham  
+  
Fruit

8

Graham  
+  
Fruit

11

Yogurt  
+  
Fruit

12

Graham  
+  
Fruit

13

Yogurt  
+  
Fruit

14

Graham  
+  
Fruit

15

Graham  
+  
Fruit

18

Yogurt  
+  
Fruit

19

Graham  
+  
Fruit

20

Yogurt  
+  
Fruit

21

Graham  
+  
Fruit

22

Early Closure 2pm

The YMCA Program is closed Monday 12/25 through Monday 1/1/24 for Winter Break See you on Tuesday 1/2!



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# December 2023

## CDC Snack Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



### Free Telescope Viewing at Chabot Space Center

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Graham  
+  
Fruit

4

Yogurt  
+  
Fruit

5

Graham  
+  
Fruit

6

Yogurt  
+  
Fruit

7

Graham  
+  
Fruit

8

Graham  
+  
Fruit

11

Yogurt  
+  
Fruit

12

Graham  
+  
Fruit

13

Yogurt  
+  
Fruit

14

Graham  
+  
Fruit

15

Graham  
+  
Fruit

18

Yogurt  
+  
Fruit

19

Graham  
+  
Fruit

20

Yogurt  
+  
Fruit

21

Graham  
+  
Fruit

22

All OUSD CDC's are closed Monday 12/25 through Wednesday 1/3/24.

Check with your CDC to find out the holiday schedule.



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