

Title: Physical Education Exception

Students in grades Kindergarten-12 shall be required to participate in regularly scheduled physical education classes unless excused by the principal of their school.

The principal shall excuse a student from physical education when any one of the following conditions apply:

1. A written statement by a physician states the student should not participate because of illness or injury.
2. The activity in question would be detrimental to the student's health or is inappropriate as determined by the student's individualized education plan.
3. A written statement by a parent or guardian states religious beliefs are in conflict with the activity.
4. The student is enrolled in a cooperative, work-study or other educational program authorized by the Council Bluffs Community School District which requires the student's absence from the building.
5. The student is enrolled in an academic course not available at any other time.
6. The student has been approved for early graduation.
7. The student is enrolled in an activity that is sponsored by the school which requires at least as much physical activity per week as one-eighth unit of physical education.

Cross References:

604.1, 607

Legal References:

Iowa Code 256.11, 280.3, 281; Iowa Admin. Code 12.5(3)-(6)

Approved: Jul. 18, 1989

Reviewed: _____

Revised: Feb. 27, 2007

May 22, 2012

May 23, 2017

April 26, 2022

September 26, 2023