

# Tomball Independent School District Intermediate Breakfast Menu

# JAN

MENU 2024

## BIG BEND STATE PARK



**We are now hiring for kitchen jobs!**

- Part-time
  - Medical Benefits
  - Daytime Schedule
  - Holidays off
  - Weekends off
- Visit our website for more details!



**TOMBALL**  
INDEPENDENT SCHOOL DISTRICT  
Not just a district, a destination.

## MONDAY

Our unit breakfast consists of 3 or more components, at least one must be a fruit.

8 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs Fruits & Milk

15 **Holiday**



22 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs Fruits & Milk

29 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs Fruits & Milk

## TUESDAY

Food Components Required at Breakfast:  
Whole Grain Fruits & Milk

9 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk

16 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk

23 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk

30 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk

## WEDNESDAY

All breakfast cereals and pastries contain at least 51% whole grain.

10 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs Fruits & Milk

17 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs Fruits & Milk

24 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs Fruits & Milk

31 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs Fruits & Milk

## THURSDAY

1% White Milk and Fat-Free Chocolate Milk are offered daily.

11 Chicken & Waffle or Cereal or Mini Waffles Fruits & Milk

18 Chicken & Waffle or Cereal or Mini Waffles Fruits & Milk

25 Chicken & Waffle or Cereal or Mini Waffles Fruits & Milk

**Student Breakfast:**  
**\$1.50**

## FRIDAY

Meals are Subject to Change due to Ongoing Supply Chain and Staffing Issues

12 Whole Grain Donut Cereal or Yogurt Meal Kit Fruits & Milk

19 Whole Grain Donut Cereal or Yogurt Meal Kit Fruits & Milk

26 Whole Grain Donut Cereal or Yogurt Meal Kit Fruits & Milk

**Adult Breakfast:**  
**\$3.10**



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

This product was funded by USDA.  
This institution is an equal opportunity provider.



Food and Nutrition Division  
National School Lunch Program



Updated 1/1/2024  
[www.SquareMeals.org](http://www.SquareMeals.org)

# Tomball Independent School District Intermediate Lunch Menu

# JAN

MENU 2024

## BIG BEND STATE PARK



Peanut Butter & Jelly Sandwich and Grilled Cheese Sandwich are offered daily.

To add money to a student's account visit: [www.schoolcafe.com](http://www.schoolcafe.com)



**TOMBALL**  
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### MONDAY

Our unit lunch consists of 3 or more components, at least one must be a fruit or vegetable

8 Orange Chicken or Teriyaki Beef or Fruit & Yogurt Plate  
**New! Chow Mein**  
Vegetables, Fruits & Milk

15 **Holiday**



22 Breakfast for Lunch: Pancakes Eggs Sausage or Fruit & Yogurt Plate  
Vegetables, Fruits  
Milk

29 **New! Rotini & Beef Meatsauce**  
or Cheesy Breadsticks or Fruit & Yogurt Plate  
Vegetables, Fruits  
Milk

### TUESDAY

Food Components:  
Meat/Meat Alternate  
Whole Grain  
Fruits, Vegetables  
Milk

9 Taco Tuesday or Cheese Enchiladas or Chicken Popper Salad  
Vegetables, Fruits  
Milk

16 Taco Tuesday or Tamales or Chicken Popper Salad  
Vegetables, Fruits  
Milk

23 Taco Tuesday or Cheese Enchiladas or Chicken Popper Salad  
Vegetables, Fruits  
Milk

30 Taco Tuesday or Tamales or Chicken Popper Salad  
Vegetables, Fruits  
Milk

### WEDNESDAY

All lunch rolls, tortillas, rice, and bread items contain at least 51% whole grain

10 Mac & Cheese or **New! Vegetarian Chicken Nuggets**  
Chicken Popper Salad  
Tomato Soup, Fruits  
Vegetables, Milk

17 **New! Meatball Sub** or Chicken Drumsticks  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

24 Mac & Cheese or **New! Vegetarian Chicken Nuggets**  
Chicken Popper Salad  
Tomato Soup, Fruits  
Vegetables, Milk

31 **New! Meatball Sub**  
Chicken Drumsticks or Chicken Popper Salad  
Vegetables, Fruits  
Dinner Roll & Milk

### THURSDAY

1% White Milk and Fat-Free Chocolate Milk offered daily.

11 Pizza Slice or Baja Fish Sticks or Chicken Popper Salad  
Vegetables, Fruits  
Milk

18 Pizza Slice or Chicken Bites or Chicken Popper Salad  
Vegetables, Fruits  
Milk

25 Pizza Slice or Baja Fish Sticks or Chicken Popper Salad  
Vegetables, Fruits  
Milk

**Student Lunch:**  
**\$2.75**



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### FRIDAY

Meals are Subject to Change due to Ongoing Supply Chain and Staffing Issues

12 Cheeseburger or Corndog or Chicken Popper Salad  
Vegetables, Fruits  
Milk  
Frozen Friday Fun Treat!

19 Cheeseburger or Chicken Sandwich or Chicken Popper Salad  
Vegetables, Fruits  
Milk  
Frozen Friday Fun Treat!

26 Cheeseburger or Corndog or Chicken Popper Salad  
Vegetables, Fruits  
Milk  
Frozen Friday Fun Treat!

**Adult Lunch:**  
**\$4.60**



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MENU 2024

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### MONDAY

Our unit lunch consists of 3 or more components, at least one must be a fruit or vegetable

8 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk

15 **Holiday**



22 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk

29 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk

### TUESDAY

Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk

9 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk

16 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk

23 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk

30 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk

### WEDNESDAY

All lunch rolls, tortillas, rice, and bread items contain at least 51% whole grain

10 Breaded Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk

17 Breaded Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk

24 Breaded Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk

31 Breaded Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk

### THURSDAY

1% White Milk and Fat-Free Chocolate Milk offered daily.

11 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk

18 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk

25 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk

**Student Lunch:**  
**\$2.75**

### FRIDAY

Meals are Subject to Change due to Ongoing Supply Chain and Staffing Issues

12 Cheeseburger or Chicken Popper Salad Vegetables, Fruits Milk

19 Cheeseburger or Chicken Popper Salad Vegetables, Fruits Milk

26 Cheeseburger or Chicken Popper Salad Vegetables, Fruits Milk

**Adult Lunch:**  
**\$4.60**