



## 2024-FITNESS CENTER MEMBERSHIP INFORMATION

The Fitness Center is available:  
4:30 am - 10:30 pm, Monday - Friday  
6:30 am - 10:00 pm, Saturday & Sunday

This spacious center offers high quality equipment with a variety of bikes, treadmills, free weights, and weight machines. Personal training and group accountability are available for those who would like extra assistance and motivation while achieving your personal best.

Fitness Memberships are available to anyone with no restriction on residence.

Memberships can be purchased online. Membership cards and door access should be picked up at the Front Desk, in the Lobby during normal business hours.

Picture ID cards will be issued to all members, and all will be expected to scan in at each use.

Clean, dry athletic shoes must be worn in the Fitness Center and on the Racquetball Courts.

Appropriate athleisure wear should be always worn. A shirt or tank top with either athletic shorts or pants must be always worn.

There is a \$5.00 replacement fee for damaged, lost or stolen picture ID Cards.

Chalk is not allowed in the fitness center.

DCE students are allowed to be in the Fitness Center after school with school supervision and do not need a membership. Students should only be in the Fitness Center during the school day with school supervision.

Children age 16-18 need to have a parent's permission.

**\*A discount if you pay all at once. \***

**Adult Unlimited Membership  
Fitness Center & Group Fitness Classes \*Best Value\***

\$384/year Unlimited save \$156  
\$45/month Unlimited

**Adult Membership (Fitness Center Only)**

\$175/year save \$5  
\$15/month

**Couples Unlimited Membership  
Fitness Center & Group Fitness Classes \*Best Value\***

\$576/month Unlimited save \$204  
\$65/month Unlimited

**Couples Membership (Fitness Center Only)**

\$260/year save \$4  
\$22/month

**Senior Membership 55+ (Fitness Center Only)**

\$165/year save \$3  
\$14/month *less than a dollar a day*

**Family Membership (Fitness Center Only)**

\$320/year save \$4  
\$27/month

**Youth/ Student Membership- 16-26 years**

\$80/year save \$4 (Fitness Center only)  
\$7/month

### Group Fitness

Group fitness classes from cardio or dance classes to weightlifting and yoga/meditation. Also, we are the only gym in the Wausau/Weston area to offer Les Mills classes! Our goal is to provide a service to our community, so we have reasonable rates and a judgement-free gym atmosphere. Check us out today! New members receive a FREE WEEK of classes to try!

**20 Classes- \$130 save \$50    10 Classes- \$70 save \$20    Walk-In Class \$9**